

SHABBAT MATTERS

Friday, January 19

4:52 pm Candles
5:00 pm Mincha /
Maariv - Sanctuary

Shabbat, January 20

7:30 am Hashkama Minyan - Beit Midrash
9:00 am Shacharit - Sanctuary: Rabbi Taylor
9:00 am Shacharit - Sisterhood: Rabbi Diamond
9:30 am Shacharit - Beit Midrash: Rabbi
Anstandig
9:45 am Youth Programs
9:45 am Teen Minyan
10:04 am Latest time to say Shema
10:30 am Teen Girls Parsha Chat with Yakira
Gasner: Youth Lounge

11:15 am D'var Torah—Sarit Anstandig
11:45 am Congregational Kiddush -
Banquet Hall*
12:00 pm Shiur with Prof. David Novak -
Beit Midrash
4:40 pm Mincha - Sanctuary
5:05 pm Seudah Shlishit - Sisterhood Hall**
5:58 pm Shabbat Ends
6:30 pm PCL and PCL+ - Lower Level Social Hall
* Meat—Catered by Menchens
** Pareve from the meat kitchen

Torah Reading:

Shemot 10:1-13:16
Hertz P. 248
Stone P. 340

Haftarah:

Jeremiah 46:13-28
Hertz P. 263
Stone P. 1151

MAZEL TOV

Mazel Tov to **Ariella Pratzer & David Rosenberg** on the birth of their son, Lev Eliah. Excited big sister is Izzy. Proud grandparents are **Malka Lewittes & Elan Pratzer** and Karen & Michael Rosenberg. Proud great grandmothers are Ida Pratzer, Betty Cohen, and Sherry Kelner.

ISRAEL MATTERS

- With the shocking attack on Ra'anana this week and the ongoing conflict with Gaza, now, more than ever, Am Yisrael needs to come together. **"Just One Thing,"** a new initiative to protect our soldiers, encourages individuals to perform mitzvot in the merit of our soldiers. Each person is matched up to an individual soldier. Sign up here: <https://www.sharejustonething.com/>.
- Solidarity Mission to Israel:** Our Mission to Israel is planned for February 19—February 22, 2024. The trip will include visiting IDF bases, displaced communities, sites of the atrocities, *nichum aveilim*, and volunteering. The program will cost \$1600 + \$200 for Shabbat (airfare and accommodations not included). A tax receipt will be available for the maximum possible amount. For more information please contact [Rabbi Taylor](#) or [Brian Lass](#). **If any member has a child who is currently studying at Yeshiva, Seminary and University in Israel or serving in the IDF please let the Shul Office know. The Mission to Israel group would like to invite them to join the program one evening for dinner and contact details are needed.**
- Since the launch of the "Siddur Campaign", the **Shaarei Shomayim community has successfully raised over \$14,000**—which will cover approximately 7,000 pocket siddurim. Yasher Koach! Am Yisrael Chai!



TODAH RABAH to our sponsors:

KIDDUSH:

Jeremy Rosh & Ilana Shiff, and
Randy & Donna Shiff in honour of
the birth of their son and grandson,
Eli Paul

RABBI DIAMOND 'S SHIUR:

Maryka Weisz in commemoration of
the yahrzeit of her mother-in-law,
Rebeka Weisz z"l

SHABBAT MATTERS:

Eli Klein & Miriam Erlichman in
commemoration of the yahrzeit of
Eli's mother, Magda Klein z"l

WEEKLY MATTERS:

George & Charlene Arje in
commemoration of the yahrzeit of
George's mother, Eva Arje z"l

YOUTH PROGRAMS:

Jodi Gurza and Family in
commemoration of the yahrzeit of
Jodi's parents, Sonny and Esther
Litz z"l

YOUTH KABBALAT SHABBAT AND KIDS' KIDDUSH:

Jonathan Grauman & Aviva Zieleniec

Adir & Elianne Koschitzky

Friends of Shaarei Shomayim Youth
& Teens

UPCOMING PROGRAMS AND SHIURIM

- Along with the services and programs in the shul building, weekday services and programs will continue on Zoom. Please contact the office for log-in information: 647-374-468.
- Sunday, January 21 at 8:00 pm at Shaarei Shomayim—**Shiur with Rabbi Anstandig: "The Get of Cleves: A Mental Health Debate that Rocked the 17th Century Jewish World"**
- Mondays & Wednesdays, 1:00 pm—**Circle of Care Senior Exercise Class at Shaarei Shomayim.** To register contact Mila Robinson: mrobinson@circleofcare.com
- Tuesdays, 10:30 am - **Walkie Talkies** (Banquet Hall)
- Wednesday, January 24 at 7:30 pm at Yeshivat Or Chaim: **Beit Midrash Zichron Dov: Women's Tu B'Shvat Seder.** Registration required: <https://torontotorah.com/tubshvat>
- Friday night, January 26 at 8:30 pm: **Teen Oneg Shabbat** at the home of the Eizicovics Family.

For **Rabbi Taylor and Rabbi Diamond's weekly Shiurim**, please see top of page 2.

Kosher Food Bank: We are pleased to join the **Beth Sholom Kosher Food Bank** initiative. In supporting this kosher food bank, we ensure that every week clients receive a bag of food staples. The Food Bank is facing unprecedented challenges in meeting the ever-growing crisis of food insecurity in our community. Please drop non-perishable food in the box located outside of the locker room on the lower level. Your support is needed now more than ever.



Volunteers for our Greeter's Table are needed for 45 minute shifts in the coming weeks. If you are able to assist please call the office or sign up at <http://tinyurl.com/ShShGreeters>

TORAH MATTERS:

Sunday, January 21 / 11 Shevat	8:30 am 5:00 pm	Shacharit Mincha / Maariv	7:45 am	Daily Gemara shiur - Mo'ed Katan (in person & Zoom)
Monday, January 22 / 12 Shevat	7:10 am 5:00 pm	Shacharit Mincha / Maariv	6:25 am 9:30 am	Daily Gemara shiur - Mo'ed Katan (in person & Zoom) Rabbi Taylor's Mishlei Shiur (Zoom)
Tuesday, January 23 / 13 Shevat	7:15 am 5:00 pm	Shacharit Mincha / Maariv	6:30 am 9:30 am 8:00 pm	Daily Gemara shiur - Mo'ed Katan (in person & Zoom) Dr. Shoshana Zolty's Class (In person) Rabbi Diamond's Parshat Hashavua Shiur (Zoom)
Wednesday, January 24/ 14 Shevat	7:15 am 5:00 pm	Shacharit Mincha / Maariv	6:30 am 9:00 pm	Daily Gemara shiur - Mo'ed Katan (in person & Zoom) Rabbi Taylor's Mishna Berurah Shiur
Thursday, January 25 / 55 Shevat Tu B'Shevat	7:10 am 5:00 pm	Shacharit Mincha / Maariv	6:25 am 9:00 am	Daily Gemara shiur - Mo'ed Katan (in person & Zoom) Coffee Klatch with Rabbi Taylor (Zoom)
Friday January 26 / 16 Shevat	7:15 am 5:01 pm 5:10 pm	Shacharit Candles Mincha	6:30 am	Daily Gemara shiur - Mo'ed Katan (in person & Zoom)

Please note:

Melech Halberstadt's **Chumash/Rashi shiur** will February 3.

PARSHA MATTERS by RABBI DIAMOND

BREAK A LEG!

While many people recognize these words as the appropriate phrase to say to someone about to perform on stage, never should these words be spoken to a Jew about to sacrifice and eat the Pesach sacrifice. In this week's Torah portion of Bo, the Torah is unequivocal about the prohibition to break any of the bones in the Korban Pesach. However, what is not so clear is the reason why not.

One explanation that resonates with contemporary relevance is offered by the great Torah scholar, the Chasam Sofer (Rabbi Moshe Schreiber). He suggests that bones symbolize the essential, bare minimum of a living organism. The skeleton constitutes the most minimal level of physical existence, even if it is bereft of excess muscle, fat and flesh. We are all too familiar with the haunting photos of concentration camp survivors who, when finally liberated, appeared to be living skeletons. But they were alive.

The Chasam Sofer explained that the miraculous Exodus from Egypt illustrates the fact that although the Jewish people may have been reduced to bare bones as a result of brutal and persistent enslavement and degradation and may have even appeared to be on the brink of complete annihilation, their bones "never broke".

Throughout history, it may have seemed that the Jewish people have come close to being destroyed and eliminated from the family of nations.

We may have suffered from the attacks, but our national bones were never broken. On the night that we observe and celebrate our redemption from the slavery of Egypt, we are instructed not to break a bone in the sacrifice because Hashem will never allow a fracture in the skeleton of the Jewish people. Am Yisrael Chai!

YOUTH AND TEEN MATTERS



Members of the STARS leadership program making over 200 sandwiches for Ve'ahavta

Teen girls are invited to this week's "**Parsha Chat**" with Yakira Gasner—10:30 am – Youth Lounge

Teen Oneg Shabbat, Friday Night January 26 - 8:30 pm—**Home of Eizicovics Family**

S.T.A.R.S. Teen Leadership Program (Winter session in progress)

PCL and PCL+ resumes this Motzei Shabbos January 20, 2024 – 6:30 PM

Teen Night Tubing @ Snow Valley – February 15th (registration opens this week)

UPCOMING Youth & Teen Programs

Toronto Marlies Game * Family Chesed Project * Youth Shabbat Lunch/Learn/Laugh *
Sunday Funday * Youth Movie Night Teen Girls' Melaveh Malkah * Shul-Wide Youth Raffle * Purim Carnival

TOTS MUSIC CLASS – (proposed start date: February 13th)

If you would be interested in attending a Music Class for Children ages 3 & under, contact Rich

To sponsor a Youth or Teen Program, please contact Rich: rich@shomayim.org

SHAAREI SHOMAYIM _ _ _ TH! What's Missing? YOU Are!



THE GET OF CLEVES

**A Mental Health Debate
that Rocked the 17th c.
Jewish World**

January 14th and 21st, 8pm
Shaarei Shomayim Beit Midrash
Rabbi Jared Anstandig



Yoetzet Halacha Shabbaton

JANUARY 19TH-20TH

Learn more about the work of Yoatzot Halacha in the Toronto community and beyond.

FRIDAY NIGHT ONEG FOR WOMEN: AN EVENING OF STORY AND SONG

8:00 pm at the home of Rachael Straus
62 Prue Avenue

Hear narratives from women in our community reflecting on their journeys with Taharat Hamishpacha through life's various stages. Join together to sing and give voice to the diversity of experience in this area of Jewish practice.

POST MUSSAF DVAR TORAH BY YOETZET HALACHA SARIT ANSTANDIG

If you are interested in helping with the program, please contact sarit@yoatzot.ca

Teen Oneg Shabbat

FRIDAY NIGHT
JANUARY 26
8:30 pm

with Rabbi Anstandig
**HOME OF THE EIZICOVICS FAMILY
28 FRONTENAC AVE.**

lets learn & sing
together...all in the
zechut of our brothers
and sisters in Israel

Divrei Torah, Snacks, Fun
BRING A FRIEND!!



Caffeine FOR THE SOUL

Chodesh Adar & Installment
With Rebbetzin Emma Taylor
**SHABBAT, FEBRUARY 17, 2024
10:00-10:30 AM**



Please join
Rebbetzin
Emma Taylor
for coffee and
inspiration on
Shabbat
morning,
February 17

Sponsored by Helen Brown and family in commemoration of the 3rd yahrzeit of David Wm. Brown, beloved husband, father and zaidy

CONDOLENCES

Our sincere condolences to **Jeff Goldfarb & Lydia Vale**, Stan Goldfarb, Gary & Synthia Goldfarb, Howard & Sophy Goldfarb, Pamela Goldfarb, Sheldon & Rocky Meslin, and Edith Kalev and families on the passing of their wife, mother, mother-in-law, sister, sister-in-law, grandmother and great grandmother, Sarah Sue Goldfarb z"l

Yahrzeits

DATE OBSERVED	Yahrzeit DATE		
Shabbat, January 20	10 Shevat	Esther Litz, mother of Jodi Gurza Stephen Cohen, husband of Barbara Cohen	Laurie Jacobson, father of Pam Rosmarin Benjamin Gofine, father of Timothy Gofine
Sunday, January 21	11 Shevat	Shlomo Adler, brother of Joseph Adler Reuben Neinstein, father of Gary Neinstein	Mary Yampolsky, mother of Bernice Resnick
Monday, January 22	12 Shevat	Louis Harry Mayerowitz, father of Pamela Chasen Melanie Hanser, daughter of Lorraine Hanser Abraham Bromberg, father of Bronia Fialkov	Sonny Litz, father of Jodi Gurza Fred Singer, father of Francine Green
Tuesday, January 23	13 Shevat	Philip Vlessing, husband of Annemie Vlessing and father of Marius Robert Vlessing	Kelly Hershenhorn, brother of Yetta Goodman
Wednesday, January 24	14 Shevat	Abraham Algy Bloom, father of Brian Bloom and Paul Bloom	Eva Arje, mother of George Arje Magda Klein, mother of Eli Klein
Thursday, January 25	15 Shevat		
Friday, January 26	16 Shevat	Barry Spiegel, brother of Randy Spiegel	

TODAH RABAH to our sponsors for Yahrzeit Commemorations:

- Lorraine Hanser to the *Philip Zucker Torah Fund* in commemoration of the yahrzeit of her daughter, Melanie Hanser z"l
- Alan Burger to the *Philip Wintrob Youth Fund* in commemoration of the yahrzeit of Anita Kerschenberg z"l
- Louis & Risa Vandersluis in commemoration of the yahrzeit of Louis's grandfather Joel Polak, z"l and Louis' grandmother Biena Polak z"l

COMMUNITY MATTERS

- Motzei Shabbat, Jan 20, 7:30 pm: **Bnei Akiva SNIFF Saturday Night Israeli Film Festival**: Leah Posluns Theatre—Prosserman JCC. For tickets: mizrahi.ca/batsniff
- Jan 21, 10:00 am on Zoom: **Reverse ShinShinim Year of Service Information** for those aged 17-20 who have graduated high school, and want to spend a year volunteering in Eilat. To register: <https://www.jewishtoronto.com/events/reverse-shinshinim-info-session>
- Tuesdays, Jan 23 to Feb 13 at 8:00 pm: **Jews for Judaism with Rabbi Michael Skobac**: "Counter-Missionary Survival Seminar" on Zoom. Please register at www.jewsforjudaism.ca/cms24/. For more information: info@jewsforjudaism.ca
- Wednesdays, Jan 24—February 7 at 10:00 am (ZOOM): **Beit Midrash Zichron Dov with Rabbi Noah Sonenberg**: "Morality, Ethics and Religion". Register at <https://torontotorah.com/wednesdays/>.
- Thursday, Feb 8 at 7:00 pm: **Benny Friedman "Am Yisrael Chai" Concert** at Ledbury Jewish Centre. Tickets can be purchased at: bennyconcert.ca

REFUAH SHLEIMAH

Eliyahu ben Ryejah, Yehuda Yoseif ben Miriam Yocheved (Jerry Genesove), Eliyahu ben Ruth, Minah Tzurel bat Ita, Elyakum Zev ben Leeah, Moshe ben Malka, Yekuti'el ben Sara, Ronit'el Dvora bat Esther, Hinda Rivka bat Mindel Esther, Tova Rachel bat Elka Tema, Yehoshua Tzvi ben Sara, Baruch Bendit ben Chana Gittel, Elana Chana bat Gila Brynlah, Shaul Efraim ben Hendl, Leah Adi bat Miriam Gittel, Brachah bat Giti, Eliyahu Yom Tov ben Leah, Aryeh ben Tzipporah, Israel Binyamin ben Telma, Yehuda ben Chana, Levi David ben Elisheva Leba, Aron Shimon ben Faigi Chana, Emily Yael bat Naomi Gittel, Tova Sara bat Chana Rivka, Devora Malka Raizel bat Rut Chana, Eliyahu ben Clara, Rivka bat Chana Hentcha, Rivka Tzippora bat Chana Gittel, Moshe Mordechai ben Basha, Mordechai Ron ben Rachel, Yosef ben Esther, Chaim Shmuel ben Dina, Shimon ben Esther, Rifka Malka bat Liba, Frimet Ita bat Feiga Perl, Davida Leiba bat Bracha Rut, Pesach Shlomoh ben Leah, Aharon Leib ben Tzipora, Adi bat Francis, Lieba Rivka bat Chaya Reizel, Roochel Beila bat Chaya, Neshama bat Luba, Malka Beila bat Golda, Tzvi Moshe ben Yeshaya, Yaakov Zvi ben Chaya Baila, Binyamin Uriel ben Sarah, Tzvi Mair Yishehar ben Sorola, Yaakov Chunan Ben Fraidel

Rabbi Sam Taylor, Senior Rabbi

Rabbi Elliott Diamond, Rabbi
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470 Glenairn Avenue | Toronto, ON M5N 1V8 | Tel 416-789-3213 | Fax 416-789-1728 | WWW.SHOMAYIM.ORG