

SHABBAT MATTERS

Friday, January 12

4:43 pm Candles
4:50 pm Mincha /
Maariv - Sanctuary

Shabbat, January 13

7:30 am Hashkama Minyan - Beit Midrash
9:00 am Shacharit - Sanctuary: Rabbi Taylor
9:00 am Shacharit - Sisterhood: Rabbi Diamond
9:30 am Shacharit - Beit Midrash: Rabbi
Anstandig
9:45 am Youth Programs
9:45 am Teen Minyan
10:07 am Latest time to say Shema
10:30 am Teen Girls Parsha Chat with Yakira

Gasner: Youth Lounge

11:25 am Special Tehillim for the Hostages -
Sanctuary
11:50 am Congregational Kiddush
Banquet Hall*
4:35 pm Mincha - Sanctuary
4:55 pm Seudah Shlishit - Sisterhood Hall**
5:49 pm Shabbat Ends

* Meat

** Pareve from the meat kitchen

Torah Reading:

Shemot 6:2-9:35
Hertz P. 232
Stone P. 318

Haftarah:

Ezekiel 28:25 - 29:21
Hertz P. 245
Stone P. 1149

MAZEL TOV

- Mazel Tov to **Shelly Moskowitz (Sam ז"ל)**, Joyce Bennett Rosen, and Mathew Rosen on the birth of a granddaughter, Samantha Robin, born to Amanda & Jason Rosen. Proud great grandmother is Gilda Bennett. All aunts, uncles, & cousins are over the moon.
- Mazel Tov to **Leah & Mitchell Lerner** and Joey Lipner & Abigail Yasgur (Los Angeles) on the birth of their granddaughter Millie Sara (Meirah Adva), daughter of Elisha & Emma Lerner. Thrilled aunts and uncles are Daniele & Mikey Shulman, Max Lipner, and Rose & Elon Glouberman. Thrilled cousin is Harry Shulman.

ISRAEL MATTERS

As we approach the 100th day since October 7th, you need no reminder of the challenging period that people in Israel and Jews around the world are experiencing. This past week has been one of the more difficult ones as the war continues in Gaza. One initiative is called **"Just One Thing."** Sign up to get matched with a soldier and perform Mitzvot in their merit. Visit <https://www.sharejustonething.com/>. Please join us after Mussaf for special Tefillot and Tehillim for the safe return of the hostages. A list of the hostages' names can be found here: <https://bit.ly/3tJ6Y4t>

Solidarity Mission to Israel: Our Mission to Israel is planned for February 19–February 22, 2024. The trip will include visiting IDF bases, displaced communities, sites of the atrocities, *nichum aveilim*, and volunteering. The program will cost \$1600 + \$200 for Shabbat (airfare and accommodations not included). A tax receipt will be available for the maximum possible amount. For more information please contact [Rabbi Taylor](#) or [Brian Lass](#).



TODAH RABAH to our sponsors:

KIDDUSH:

Leah & Mitchell Lerner in honour of the birth of their granddaughter, Millie Sara
Andrew & Lauren Bloom in honour of the anniversary of Andrew's Bar Mitzvah

Bronia, Jeff & Laurie Fialkov and Family in commemoration of the yahrzeit of Bronia's daughter and Jeff's sister, Eynat Albert ז"ל

Shelly Moskowitz and Family in commemoration of the yahrzeit of Shelly's husband, Sam Moskowitz ז"ל and in honour of the birth of Shelly's granddaughter, Samantha Robin

Michael Klein & Family in commemoration of the yahrzeit of Michael's mother, Lucy Klein ז"ל

Rena Levy, Jonathan Levy & Joanne Levy in commemoration of the yahrzeit of Rena's husband and Jonathan & Joanne's father, Richard Levy ז"ל

RABBI DIAMOND'S SHIUR:

Jack & Eleanor Mintz in commemoration of the yahrzeit of Jack's father, Dr. David Mintz ז"ל

SHABBAT MATTERS:

Beverley Fromer in commemoration of the yahrzeit of her mother, Claire Fromer ז"ל

SIDDUR:

Shelly Moskowitz and Family in commemoration of the yahrzeit of Shelly's husband, Sam Moskowitz ז"ל

UPCOMING PROGRAMS AND SHIURIM

Along with the services and programs in the shul building, weekday services and programs will continue on Zoom. **Please contact the office for Zoom information.**

- Sunday, January 14 and 21 at 8:00 pm at Shaarei Shomayim—**Shiur with Rabbi Anstandig:** "The Get of Cleves: A Mental Health Debate that Rocked the 17th Century Jewish World"
- Mondays & Wednesdays, 1:00 pm—**Circle of Care Senior Exercise Class at Shaarei Shomayim.** To register contact Mila Robinson: mrobinson@circleofcare.com
- Monday Jan 15 and Feb 26, 7:00 pm **Legal Ethics: Your Jewish Clients Going to Civil Court** by Rabbi Yehuda Mann, on Zoom (<http://tiny.cc/BMZDlegal>). Please register at <https://torontotorah.com/cpd>. Email ymann@torontotorah.com for more information. These topics are eligible for CPD Credit.
- Tuesday, January 16, 12:00 pm: **Lunch & Learn—"Fraud Prevention Tips."** Register at shomayim.org/form/lunchnlearnjan2024
- Friday, January 19 starting with Mincha at 5:00 pm: Family Kabbalat Shabbat & Kids' Kiddush. Please register at: www.shomayim.org/form/kabbalatshabbatjan2024
- Shabbat, January 19-20: **Yoetzet Halacha Shabbaton.** Please see flyer on page 3 for information.
- Friday night, January 26 at 8:30 pm: **Teen Oneg Shabbat** at the home of the Eizicovics Family.

For Rabbi Taylor and Rabbi Diamond's weekly Shiurim, please see top of page 2.

Kosher Food Bank: We are pleased to join the **Beth Shalom Kosher Food Bank** initiative. In supporting this kosher food bank, we ensure that every week clients receive a bag of food staples. The Food Bank is facing unprecedented challenges in meeting the ever-growing crisis of food insecurity in our community. Please drop non-perishable food in the box located outside of the locker room on the lower level. Your support is needed now more than ever.

Volunteers for our Greeter's Table are needed for 45 minute shifts in the coming weeks. If you are able to assist please call the office or sign up at <http://tinyurl.com/ShShGreeters>

TORAH MATTERS:

Sunday, January 14 / 4 Shevat	8:30 am 4:50 pm	Shacharit Mincha / Maariv	7:45 am	Daily Gemara shiur - Mo'ed Katan (in person & Zoom)
Monday, January 15 / 5 Shevat	7:10 am 4:50 pm	Shacharit Mincha / Maariv	6:25 am 9:30 am	Daily Gemara shiur - Mo'ed Katan (in person & Zoom) Rabbi Taylor's Mishlei Shir (Zoom)
Tuesday, January 16 / 6 Shevat	7:15 am 4:50 pm	Shacharit Mincha / Maariv	6:30 am 9:30 am 8:00 pm	Daily Gemara shiur - Mo'ed Katan (in person & Zoom) Dr. Shoshana Zolty's Class (Zoom) Rabbi Diamond's Parshat Hashavua Shiur (Zoom)
Wednesday, January 17 / 7 Shevat	7:15 am 4:45 pm	Shacharit Mincha / Maariv	6:30 am 9:00 pm	Daily Gemara shiur - Mo'ed Katan (in person & Zoom) Rabbi Taylor's Mishna Berurah Shiur
Thursday, January 18 / 8 Shevat	7:10 am 4:45 pm	Shacharit Mincha / Maariv	6:25 am 9:00 am	Daily Gemara shiur - Mo'ed Katan (in person & Zoom) Coffee Klatch with Rabbi Taylor (Zoom)
Friday January 19 / 9 Shevat	7:15 am 4:52 pm 5:00 pm	Shacharit Candles Mincha	6:30 am	Daily Gemara shiur - Mo'ed Katan (in person & Zoom)

Please note:

- Melech Halberstadt's **Chumash/Rashi shiur** will resume on February 3, 2024
- **David Novak's shiur** will resume next week, January 20, 2024 at 12:00 pm

PARSHA MATTERS by RABBI ANSTANDIG

Short of Spirit and Hard Work

Earlier this week a number of Judaic Studies faculty at Bnei Akiva Schools and Netivot HaTorah had a day of professional development with two rabbis involved in a program based in Yeshivat Makor Chaim in Israel. The Rosh Yeshiva of Makor Chaim, Rabbi Dov Singer, created a program called "*Lifnai V'linfim*," dedicated to helping create a culture of God awareness in day schools in Israel and in North America.

During the day we spent together, we discussed a passage from the beginning of Parashat Va'era. Hashem instructs Moshe to inform Bnei Yisrael of their upcoming redemption. One would think that upon hearing the good news they would be overjoyed. Instead, we read, "וְלֹא שָׁמְעוּ אֶל מֹשֶׁה מִקְצֹר רוּחַ וּמֵעֲבֹדָה קָשָׁה" and they did not hear Moshe due to shortness of breath/spirit and hard work." Instead of celebrating Moshe's news, they apparently ignore him (see Shemot 6:6-9).

Bnei Yisrael do not internalize what Moshe says to them. Not because they choose not to, but because they are unable to. The Maharal of Prague comments on this verse explaining "ונשמתי קצרה" "כל מי שהוא מחשב על דבר קשה, הוא דואג ומציר לו, ונשמתי קצרה" "anyone who is thinking about a difficult matter, he worries about it and it distresses him, and his breath is shortened." In Egyptian servitude, Bnei Yisrael had too many distractions and worries to be able to imagine and hope for a better future. Through no fault of their own, our ancestors couldn't hear Moshe's fantastic news. Reflecting on our lives, are we, too, missing out? How often are we too distracted to listen? To listen to our teachers, students, parents, children or colleagues? As we read about their inability to listen, let us reflect on our own and קוצר רוח and עבודה קשה. May we be able to identify their causes, work to solve them, and open our hearts to truly listen.

YOUTH AND TEEN MATTERS

Teen girls are invited to this week's "Parsha Chat" with Yakira Gasner—10:30 am – Youth Lounge

Family Kabbalat Shabbat and Kid's Kiddush: January 19, 5:00 pm—register at

shomayim.org/form/kabbalatshabbatjan2024

Teen Oneg Shabbat, Friday Night January 26 - 8:30 pm—Home of Eizicovics Family

S.T.A.R.S. resumes January 16, 2024

PCL and PCL+ resume January 20, 2024

UPCOMING Youth & Teen Programs

Toronto Marlies Game * Teen Night Tubing @ Snow Valley * Family Chesed Project * Youth Shabbat Lunch/Learn/Laugh * Youth Movie Night * Teen Girls' Melaveh Malkah

TOTS MUSIC CLASS

If you would be interested in attending a Music Class for Children ages 3 & under, contact Rich

To sponsor a Youth or Teen Program, please contact Rich: rich@shomayim.org

SHAAREI SHOMAYIM ___ TH! What's Missing? YOU Are!



Lunch & Learn



FRAUD PREVENTION TIPS

Members - \$15.00
Non-Members - \$20.00

Tuesday, January 16, 2024
12:00 pm
Lower Level Social Hall

RSVP to: shomayim.org/form/lunchnlearnJan2024

בס"ד

Yoetzet Halacha Shabbaton

JANUARY 19TH-20TH

Learn more about the work of Yoatzot Halacha in the Toronto community and beyond.

**FRIDAY NIGHT ONEG FOR WOMEN:
AN EVENING OF STORY AND SONG**

8:00 pm at the home of Rachael Straus
62 Prue Avenue

Hear narratives from women in our community reflecting on their journeys with Taharat Hamishpacha through life's various stages. Join together to sing and give voice to the diversity of experience in this area of Jewish practice.

**POST MUSSAF DVAR TORAH BY
YOETZET HALACHA SARIT ANSTANDIG**

If you are interested in helping with the program, please contact sarit@yoatzot.ca

שערי שומאים
SHAAREI SHOMAYIM

CUJ CANADIAN YOATZOT INITIATIVE

שערי שומאים
SHAAREI SHOMAYIM

THE GET OF CLEVES

A Mental Health Debate that Rocked the 17th c. Jewish World

January 14th and 21st, 8pm
Shaarei Shomayim Beit Midrash
Rabbi Jared Anstandig

CONDOLENCES

- Our sincere condolences to **Danielle & Stewart Turk**, Patricia & Richard Cooper, Salomon Benatar, Liliane Benatar, Shirley Amar, and families on the passing of their father, father-in-law, brother, brother-in-law, former husband, grandfather, and great grandfather Joseph Benatar z"l.
- Our sincere condolences to **Adrianne & Peter Klemensberg**, Paul & Modeka Gross, and families on the passing of their mother / mother-in-law, sister, sister-in-law, grandmother, and great grandmother Edit Galfi z"l.

Yahrzeits

DATE OBSERVED	Yahrzeit		
Shabbat, January 13	3 Shevat	Samuel Moskowitz, husband of Shelly Moskowitz Bella Sherman, mother of Ruth Talesnick Helen Dymant, mother of Elizabeth Weber and Susan Pancer	Edith Nusbaum, wife of Mark Nusbaum and mother of Shari Weil Jeanette Blatt mother of David Blatt
Sunday, January 14	4 Shevat		
Monday, January 15	5 Shevat	Richard Levy, husband of Rena Levy and father of Jonathan Levy and Joanne Levy Claire Fromer, mother of Brenda Bessin and Beverley Fromer Fred (Siegrid) Van Zuiden, brother of Annemie Vlessing	Charlotte Kahn, mother of Jane Chapnick William Ulmer, father of John Ulmer and Linda Waks Mary Seaberg, mother of David Seaberg Toby Bottner, mother of Marlene Bottner
Tuesday, January 16	6 Shevat	Aaron Levine, brother of Ralph Levine Eynat Albert, daughter of Bronia Fialkov, and sister of Jeff Fialkov	Sam Kotzer, father of Brian Kotzer Elizabeth Levinson, mother of Ruth Fyman
Wednesday, January 17	7 Shevat	Rose Greenberg, mother of Ricki Ekstein	Irma Rosenberg, mother of Ilona Roberts
Thursday, January 18	8 Shevat	David Satok, husband of Lila Satok Heinz Boldes, father of Myer Boldes	Chaim Weinberg, husband of Helena Weinberg
Friday, January 19	9 Shevat	Rita Saskin, mother of Ted Saskin	

TODAH RABAH to our sponsors for Yahrzeit Commemorations:

Brenda & Moshe Bessin and Family to the Terror Victim Fund in commemoration of the yahrzeit of Brenda's mother, Claire Fromer z"l

COMMUNITY MATTERS

- Tuesdays, Jan 16 to Feb 13 at 8:00 pm: **Jews for Judaism with Rabbi Michael Skobac**: "Counter-Missionary Survival Seminar" on Zoom. Please register at www.jewsforjudaism.ca/cms24/. For more information: info@jewsforjudaism.ca
- Motzei Shabbat, Jan 13, 8:30 pm (doors open at 8:00 pm) at Shaarei Shomayim: **Meginei Channa** presents "Halacha, Hashkafa & Health".
- Motzei Shabbat, Jan 20, 7:30 pm: **Bnei Akiva SNIFF Saturday Night Israeli Film Festival**: Leah Posluns Theatre—Prosserman JCC. For tickets: mizrachi.ca/batsniff
- January 21, 10:00 am on Zoom: **Reverse ShinShinim Year of Service Information** for those aged 17-20 who have graduated high school, and want to spend a year volunteering in Eilat. To register: <https://www.jewishtoronto.com/events/reverse-shinshinim-info-session>
- Wednesday, January 24 at 7:30 pm at Yeshivat Or Chaim: **Women's Tu B'Shevat Seder**. Registration required: <https://torontotorah.com/tubshvat>

REFUAH SHLEIMAH

Eliyahu ben Ryejah, Yehuda Yoseif ben Miriam Yocheved (Jerry Genesove), Eliyahu ben Ruth, Minah Tzurel bat Ita, Elyakum Zev ben Leeah, Moshe ben Malka, Yekutiell ben Sara, Ronit Dvora bat Esther, Hinda Rivka bat Mindel Esther, Tova Rachel bat Elka Tema, Yehoshua Tzvi ben Sara, Baruch Bendit ben Chana Gittel, Elana Chana bat Gila Brynlah, Shaul Efraim ben Hendl, Leah Adi bat Miriam Gitel, Brachah bat Gitl, Eliyahu Yom Tov ben Leah, Aryeh ben Tzipporah, Israel Binyamin ben Telma, Yehuda ben Chana, Levi David ben Elisheva Leba, Aron Shimon ben Faigi Chana, Emily Yael bat Naomi Gittel, Tova Sara bat Chana Rivka, Devora Malka Raizel bat Rut Chana, Eliyahu ben Clara, Rivka bat Chana Hentcha, Rivka Tzippora bat Chana Gittel, Moshe Mordechai ben Basha, Mordechai Ron ben Rachel, Yosef ben Esther, Chaim Shmuel ben Dina, Shimon ben Esther, Rifka Malka bat Liba, Frimet Ita bat Feiga Perl, Davida Leiba bat Bracha Rut, Pesach Shlomo ben Leah, Aharon Leib ben Tzipora, Adi bat Francis, Lieba Rivka bat Chaya Reizel, Rochoel Beila bat Chaya, Neshama bat Luba, Malka Beila bat Golda, Tzvi Moshe ben Yeshaya, Yaakov Zvi ben Chaya Baila, Binyamin Uriel ben Sarah, Tzvi Mair Yishehar ben Sorola.

Rabbi Sam Taylor, Senior Rabbi

Rabbi Elliott Diamond, Rabbi
Jonathan Ostro, President

Rabbi Jared Anstandig, Rabbi
Nicole Toledano, Executive Director

Rabbi Chaim Freund, Chazzan

Executive Officers:

Yaakov Goldrich, Vice President | Raquel Goldberg, Vice President | Ian Rosmarin, Treasurer | Farokh Hakimi, Secretary |
Louis Vandersluis, Gabbai | Robin Gofine, Immediate Past President

Board Members:

Alan Burger, Advisory Council of Past Presidents Rep. | Tamar Arje-Lechtman | Dov Begun | Golda Brown | Sholom Eisenstat | Laurie Fialkov | Mark Greenberg |
Ian Kessler | Elianne Koschitzky | Sara Lass | Mendy Maierovitz | Gayle Roberts | Elie Roth | Brian Schwartz | Rachel Shour | Akyva Spiegel | Zahava Stadler |
Jesse Tepperman | Shlomie Yunger

470 Glencairn Avenue | Toronto, ON M5N 1V8 | Tel 416-789-3213 | Fax 416-789-1728 | WWW.SHOMAYIM.ORG