

SHABBAT MATTERS

Friday, April 21	Shabbat, April 22				
7:00 pm Mincha / Maariv Sanctuary	7:30 am Hashkama Minyan - Beit Midrash	11:35 am	Kiddush* - Sisterhood Hall for both the Main and Downstairs Minyanim	Torah Reading:	Haftarah:
7:46 pm Candles (earliest 6:43 pm)	8:10 am Chumash-Rashi with Melech Halberstadt - Classroom 106	11:50 am	Shiur with Prof. Novak - Beit Midrash	<i>Vayikra</i>	Yeshayahu
Count Omer 16 after dark	9:00 am Shacharit - Sanctuary: Rabbi Bergman	6:50 pm	Pre-Mincha Shiur - Sanctuary: Rabbi Anstandig	12:1-15:33	66:1-24
	9:00 am Shacharit - Sisterhood: Rabbi Diamond	7:35 pm	Mincha - Sanctuary	Hertz P. 460	Hertz P. 944
	9:30 am Shacharit - Beit Midrash: Rabbi Anstandig	7:55 pm	Seudah Shlishit* - Sisterhood Hall: Rabbi Diamond	Stone P.608	Stone P. 1208
	9:45 am Youth Programs - Classrooms			Maftir:	
	9:45 am Teen Minyan - Lower Level Social Hall	8:55 pm	Maariv / Shabbat Ends	<i>Bamidbar</i>	
	Recite Shema before 9:49 am		Count Omer 17 after Maariv	28:9-15	
			*Pareve from dairy kitchen	Hertz P. 646	
				Stone P.890	

MAZAL TOV AND OTHER MEMBERS MATTERS

Mazal Tov to **Milla & Mendel Tenenbaum** on the engagement of their granddaughter, Rachel Rubin to Nathan Joel. Proud parents are Sally Tenenbaum & Wolf Rubin.

TODAH RABAH to our sponsors:

RABBI TAYLOR'S TORAH FOR YOUR LIFE:

Ricky & Dianna Zauderer in commemoration of the yahrzeit of Ricky's father, Elazar Zauderer ^{z"l}

SHABBAT MATTERS:

Harry Krakowsky & Golda Brown in commemoration of the yahrzeit of Harry's mother, Paula Krakowsky ^{z"l}

WEEKLY MATTERS:

Tammy & Jerry Balitsky in commemoration of the yahrzeit of Tammy's father, Icek Muskat ^{z"l}

KIDDUSH:

George Weinberger and Family in honour of Florence's birthday

Joel & Rochelle Monson in commemoration of the yahrzeit of Joel's brother, Michael Monson ^{z"l}

9:30 AM MINYAN KIDDUSH:

Rabbi Jared & Sarit Anstandig in honour of the birth of their daughter

Ricky & Dianna Zauderer in commemoration of the yahrzeit of Ricky's father, Elazar Zauderer ^{z"l}

RABBI BERGMAN'S YEchezkel SHIUR:

Helen & Alan Cohen and Brondell Shapiro in commemoration of the yahrzeit of Helen and Brondell's father, Harry Bobkin ^{z"l}

YOM HA'ATZMAUT BREAKFAST:

Sponsored in honour of the 75th anniversary of the founding of the State of Israel by:

Jerry & Tammy Balitsky and Family

Dorothy & Melech Halberstadt and Family

UPCOMING SHIURIM & PROGRAMS

Along with the services and programs in the shul building, **weekday services and programs will continue on Zoom**. To obtain the access information, please email info@shomayim.org. Below is a list of upcoming shiurim and programs:

- Sunday, April 23, following Shacharit - **Breakfast & Talk with Dr. Shoshana ElHarar**: "The First Zionist Congress and its Background on its 125th Anniversary." In the Lower Level Social Hall.
- Mondays, 9:30 am - **Rabbi Bergman's Yechezkel Shiur**. On Zoom.
- Mondays, 5 minutes after Maariv - **Saving Our Speech Shiur** with **Rabbi Bergman**. In person & Zoom.
- **The Agnon Group with Rav Gemara** will be giving **monthly lectures** on a few of the Agnon books stories. If interested in being part of the live-stream, send your name and email to nicole@shomayim.org and we will send you the live-stream link.
- Tuesdays, 10:30 am - **Walkie Talkies** with **Rabbi Bergman**.
- Wednesday, April 26, 7:00 am - **Yom HaAtzmaut Shacharit & Musical Hallel** with **Rabbi Bergman** and **Zev Spiro**, followed by **Breakfast** with a **Dvar Torah & Ideas on Israel** by **Rabbi Taylor**. Breakfast is free, RSVP is required at <https://www.shomayim.org/form/atzmautbreakfast23>.
- Wednesday, April 26, 5:30 pm - **Yom HaAtzmaut Celebration at Shaarei Shomayim!** Free of charge. Register at <https://www.shomayim.org/form/yomhaatzmaut23>.
- Thursdays, 9:00 am - **Coffee Klatch** with **Rabbi Bergman**. On Zoom.
- Wednesdays, May 3-24, 10:00 am - **Jewish Migrations: Origins of Ashkenazim & Sephardim** with **Rabbi Torczyner**. On Zoom. Register at <https://torontotorah.com/wednesdays/>.
- Wednesdays, May 3, 10 & 17, 12:30 pm - **Business Ethics: The Ethical Challenge** with **Rabbi Torczyner**. On Zoom. Register at <https://torontotorah.com/business/>.
- Monday, May 15, 8:00 pm - **BMZD Medical Ethics: Dealing with Difficult Patients** with **Rabbi Torczyner**. On Zoom. Register at <https://torontotorah.com/cme/>.
- May 19-20 - *The Weinbaum Family Scholar In Residence* **Rabbi Dr. Raphael Zarum**.
- Shabbat, May 20, 10:00 am - **Caffeine for the Soul** with **Rebbetzin Emma Taylor**.

Please note:

- Rabbi Diamond's Parshat Hashavua Shiur will resume on May 2.
- Rabbi Taylor's Mishna Berura Shiur will resume on May 3.
- Mincha on Wednesday, April 26 will take place at **8:00 pm** following the shul's Yom HaAtzmaut Celebration.

Plag Mincha Hours: Please note that throughout the spring & summer, weekday Mincha & Maariv services (Sunday to Thursday) will be using **Plag Mincha** times. *This may change from time to time due to some programming.* Davening times are available on our website: <https://www.shomayim.org/calendar>.

The Yizkor Memorial Book continues to be an important part of our community's remembrance of loved ones and observance of Yizkor prayer. Please complete the online form at <https://www.shomayim.org/form/yizkor2023> or return the completed printable form via email to coordinator@shomayim.org or fax 416-789-1728. **DEADLINE IS THIS COMING SUNDAY, APRIL 23.**



TORAH MATTERS:

DATE	DAVENING TIMES: IN PERSON & ZOOM		SHIURIM & PROGRAMS: IN PERSON AND / OR ZOOM	
Sunday, April 23 / 2 Iyyar <i>Count Omer 18 after dark</i>	8:30 am 6:30 pm	Shacharit followed by Breakfast & Talk with Dr. Shoshana ElHarar Mincha / Maariv	7:45 am	Masechet Nedarim Shiur (in person & Zoom)
Monday, April 24 / 3 Iyyar <i>Count Omer 19 after dark</i>	7:10 am 6:30 pm	Shacharit Mincha / Maariv	6:30 am 9:30 am 5 min. Maariv	Masechet Nedarim Shiur (in person & Zoom) Rabbi Bergman's Yechezkel Shiur (Zoom) Rabbi Bergman's Saving Our Speech: Exploring the Laws of Lashon Hara and How it Applies Today Shiur (in person & Zoom)
Tuesday, April 25 / 4 Iyyar Yom HaZikaron <i>Count Omer 20 after dark</i>	7:15 am 6:30 pm	Shacharit Mincha / Maariv	6:30 am 9:30 am 10:30 am 1:30 pm	Masechet Nedarim Shiur (in person & Zoom) Dr. Zolty's Course (Zoom, by registration) Walkie Talkies with Rabbi Bergman (in person) Rabbi Torczyner's Kohelet Shiur (Zoom)
Wednesday, April 26 / 5 Iyyar Yom HaAtzmaut <i>Count Omer 21 after dark</i>	7:00 am 8:00 pm	Yom HaAtzmaut Shacharit & Hallel followed by Breakfast & Dvar Torah by Rabbi Taylor Mincha / Maariv	6:15 am 10:00 am 5:30 pm	Masechet Nedarim Shiur (in person & Zoom) Dr. Zolty's Course (in person & Zoom) Yom HaAtzmaut Celebration (in person)
Thursday, April 27 / 6 Iyyar <i>Count Omer 22 after dark</i>	7:10 am 6:30 pm	Shacharit Mincha / Maariv	6:30 am 9:00 am	Masechet Nedarim Shiur (in person & Zoom) Coffee Klatch with Rabbi Bergman (Zoom)
Friday, April 28 / 7 Iyyar <i>Count Omer 23 after dark</i>	7:15 am 7:00 pm 7:54 pm	Shacharit Mincha / Maariv Candle Lighting (earliest 6:50)	6:30 am	Masechet Nedarim Shiur (in person & Zoom)

Kriyat Shema should be repeated after 9:02 pm this week.

PARSHA MATTERS - by Rabbi Sammy Bergman

HEALING FROM ADVERSITY

How do we respond to adversity? What do we do when life disappoints us deeply? To succeed and excel we ought to continuously sharpen our approaches to facing the real and difficult challenges we often encounter.

The recovery process for the *metzora*, a person stricken with affliction known as *tzaraat*, may help to provide perspective. Vayikra 14:3 reads:

וַיֵּצֵא הַכֹּהֵן אֶל־מַחֲזִיץ לַמַּחֲנֶה וְרָאֵה הַכֹּהֵן וְהָיָה נִרְפָּא נִגַע־הַצָּרַעַת מִן־הָעֲרֹוּץ:

The Kohen shall go forth from the camp and Kohen will investigate and behold the tzaraat affliction has been healed from the person who was afflicted.

The Torah's language: "the affliction has been healed from the afflicted" seems both repetitive and backwards. The pasuk would have read much more smoothly if it had said "וְהָיָה נִרְפָּא הָעֲרֹוּץ," meaning the Kohen will find that the formerly afflicted person has been healed. Why does the Torah describe the healing of *tzaraat* in this strange way?

The Kli Yakar suggests a creative answer. The term *nega tzaraat* refers not to the physical skin affliction of *tzaraat*, but rather to the sinful behaviour which caused the affliction. The external skin defect reflects an internal moral flaw present within the person. Hashem afflicts a person with *tzaraat* to show them the negative impact of their character flaws in a tangible way. During the period in which a *metzora* separates himself from the community due to his impurity, he must ask: what character flaws within me brought upon me this miserable impurity and circumstance? How can I work to improve in these areas? Hence the Kli Yakar argues that the Torah states:

וְהָיָה נִרְפָּא נִגַע־הָעֲרֹוּץ, the *nega*, the spiritual cause of the affliction was healed from the person's challenging experience as *metzora*. Had the person never been exposed to their own flaws they never would have gone through the necessary growth process which helped them to improve.

Similarly, we might take inspiration from the healed *metzora* to help engage our adverse challenges. Whether our circumstances were caused by our own flaws like the *metzora*, or they simply result from misfortune that we could not control, we choose how we react. We can look at adversity as an opportunity to work on weaknesses we might not otherwise have addressed, and harness talents we might not otherwise have accessed. The unpleasantness of a difficult challenge can serve as the springboard for an internal growth process which yields both a better result and the satisfaction of realizing our potential.

May Hashem bless each of us with the strength, resilience, and wisdom to transform every difficult challenge we face into a meaningful, curative growth experience.

Rabbi Anstandig will give the **Pre-Mincha Shiur this Shabbat at 6:50 pm** on the topic: "Swearing Allegiance? Taking the Oath of Service for the IDF."

Shul-Wide Siyum of Masechet Ta'anit

Between Pesach and Shavuot, Shaarei Shomayim will be learning all of *Masechet Ta'anit*, with a Siyum on the 2nd day of Shavuot, May 27. Sign up to learn an amud, daf, mishnah, or the entire masechet by emailing mribparker@gmail.com. Resources: <https://www.sefaria.org/Taanit?tab=contents>; <https://www.dafyomi.co.il/taanis/index.htm>; <https://dafnotes.com/moed/taanis/>; <https://outorah.org/series/4099?masechta=Taanis&size=30>.

Saving Our Speech: Exploring the Laws of Lashon Hara and How it Applies Today

New Series with Rabbi Sammy Bergman

Mondays, 5 minutes after Maariv
In person and on the Shul's Zoom



Public Knowledge
Therapy
Prospective Spouses and Business Partners
Journalism - To Believe or not to Believe?

Light refreshments will be served

470 Glencairn Avenue | Toronto, ON M5N 1V8 | Tel 416-789-3213 | Fax 416-789-1728
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Please join us for a Sunday Breakfast & Talk on the topic:

"The First Zionist Congress and its Background on its 125th Anniversary"

Presented by our member

Dr. Shoshana ElHarar

In honour of Israel's 75th Anniversary

Sunday, April 23 | Following Shacharit



Dr. Shoshana ElHarar continued her academic career when she retired in Toronto after a long distinguished career in banking with Bank Hapoalim. Shoshana is a graduate of Tel Aviv University in Economics, followed by an MA in Philosophy. At York University, Shoshana completed an MA in Jewish Studies. She then embarked on her PhD program highlighted by a thesis on Bauhaus Architecture in Tel Aviv & Jaffa (her hometown). She is also the recipient of numerous citations and awards for her academic work. Her advanced studies were partly funded by the Avrom Silver (z"l) Graduate Student Research Fund. Avrom was a lifelong member of Shaarei Shomayim; his family are still members of the shul.



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Yom HaAtzmaut

Festive Shacharit & Musical Hallel

Led by Rabbi Sammy Bergman
with Zev Spiro on Guitar

Followed by a

Celebratory Breakfast

With a Dvar Torah & Ideas on Israel
by Rabbi Sam Taylor

Sponsored by

Jerry & Tammy Balitsky and Family
Dorothy & Melech Halberstadt and Family

In honour of the 75th anniversary of the founding of the State of Israel

Wednesday, April 26, 2023 | 7:00 am

Breakfast is free of charge but RSVP is required at
<https://www.shomayim.org/form/atzmautbreakfast23>



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Yom HaAtzmaut CELEBRATION!

Wednesday, April 26, 2023 | 5:30 pm



BBQ | MUSIC | FUN FOR ALL!

Register at

<https://www.shomayim.org/form/yomhaatzmaut23>

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The Sharp Family started a fund in memory of Max & Lena Sharp to support our young adults who go to Israel for a year of study. Grants are provided to members and friends of Shaarei Shomayim. The application closing date is May 15. The committee meets in early June and each recipient is advised before the end of June. Please apply at <https://www.shomayim.org/study-Israel> before May 15.

YAHREZITS

DATE

YAHREZITS BEING OBSERVED

Shabbat, April 22 / 1 Iyyar	Harry Bobkin, father of Helen Cohen and Brondell Shapiro Morris Nathan Factor, father of Lorne Factor and Linda Offenheim	Paula Krakowsky, mother of Harry Krakowsky
Sunday, April 23 / 2 Iyyar	Roslyn Fienberg, mother of Barry Fienberg and Stanley Fienberg	Aaron Ruvinsky, father of Esther Tabacznik
Monday, April 24 / 3 Iyyar	Leah Freudenstein, mother of David Freudenstein Hersz Hauer, father of Yona Gerstl Idella Herbert, mother of Paul Herbert	Gordon Kumer, father of Helen Singer Elazar Zauderer, father of Rick Zauderer
Tuesday, April 25 / 4 Iyyar	Isaac Tulchinsky, father of Ala Gamulka	
Wednesday, April 26 / 5 Iyyar	Freddy Hart, father of Barbara Held	Philip Hollinger, father of Allan Hollinger
Thursday, April 27 / 6 Iyyar	Alexander Gross, brother of Eva Burko	Irene Zion, mother of Liora Burton and Jonathan Zion
Friday, April 28 / 7 Iyyar	Charles Davis, father of Taube Zeifman Lawrence Fyman, father of Dale Fyman Ruth Klevansky, sister of Michael Heilbronn	Samuel Krohn, father of Debbie Spiegel Icek Muskat, father of Tammy Balitsky Manny Spring, father of Harold Spring

TODAH RABAH to our sponsors for YAHREZIT COMMEMORATIONS:

Anna Urowitz-Freudenstein & David Freudenstein in commemoration of the yahrzeit of David's mother, Leah Freudenstein, Laya bat Meir v'Chana Hindl ^{z"l}
Liora Zion Burton & Ariel Burton and Jonathan Zion in commemoration of the yahrzeit of Liora and Jonathan's mother, Irene Zion, Shlomit bat Mordechai ^{z"l}
Esther & Harold Tabacznik in commemoration of the yahrzeit of Esther's father, Aaron Ruvinsky ^{z"l}

Lorne & Yaffa Factor and Linda & Stephen Offenheim in commemoration of the yahrzeit of Lorne and Linda's father, Morris Nathan Factor ^{z"l}
Ala Gamulka in commemoration of the yahrzeit of her father, Isaac Tulchinsky ^{z"l}
Dale & Ruth Fyman in commemoration of the yahrzeit of Dale's father, Lawrence Fyman ^{z"l}

COMMUNITY MATTERS

- Tues.-Wed. April 25-26 - **Mizrachi Canada's Yom Hazikaron & 75th Yom Ha'atzmaut Celebrations.** April 25 - 7:00 pm Tekes Ma'avar: honouring Israel's fallen soldiers & victims of terror, transitioning into a Yom Ha'atzmaut Festival at 8:00 pm and Blue & White After Party at 9:30 pm. April 26, 5-7 pm - **Daytime Festival.** Schwartz Reisman, 9600 Bathurst St. Register at <https://mizrachi.ca/yh/>.
- Thursday, April 27, 7:00 pm - **NCJWC's Caring For The Caregiver: Panel Discussion & Workshops.** Lipa Green Building, 4600 Bathurst Street. Free of charge. Register at https://docs.google.com/forms/d/e/1FAIpQLSe5713uHm9xC5LMWwrrsySNwLB1A14Ak_w22KO1S96OxN3BQ/viewform.
- April 30 - **Limmud Toronto: The Festival of Jewish Learning.** At the University of Toronto, Faculty of Law, 78 Queens Park. Register at <http://www.limmud.ca/>.
- Tuesday, May 2, 8:00 pm - **The Iraqi Jewish Association of Ontario (IJA) Presents: A Discussion by Dr. Joseph Sassoon,** Director of the Center for Contemporary Arab Studies and Professor of History and Political Economy at Georgetown University. He will be discussing his latest book "The Sassoons: The Great Global Merchants and the Making of a Dynasty." The Sassoons, a Baghdadi-Jewish trading family, built a global trading enterprise by taking advantage of major historical developments during the nineteenth century. Live on YouTube at <https://www.youtube.com/@iraqijewishassociationofon8365/live>.
- Monday, May 22, 9:30 am - **UJA's Walk with Israel.** Starts at Earl Bales Park and ends on UJA's Sherman Campus with a Party - music, food, and activities. Register and donate at <https://give.ujafundraiser.com/event/ujas-walk-with-israel-2023/e461997>.
- A group of shul members are planning a **Trip to Scotland June 4-9, 2023**, to visit historical Jewish sites, well known distilleries and iconic castles. For more information contact Aaron Rifkind or Brian Lass at shomayim.scotland@gmail.com.
- Oct. 23-30 - **Canadian Hadassah-WIZO's Journey 4 Impact to Israel.** Experience challenges with a purpose, create social impact and economic independence for women entrepreneurs. Register at <https://chw.ca/journey-4-impact/>.

REFUAH SHLEIMAH

Eliyahu ben Ryejah, Yehuda Yoseif ben Miriam Yocheved (Jerry Genesove), Eliyahu ben Ruth, Adi bat Francis, Minah Tzurel bat Ita, Elyakum Zev ben Leeah, Moshe ben Malka, Yekutiell ben Sara, Ronitte bat Esther, Hinda Rivka bat Mindel Esther, Tova Rachel bat Elka Tema, Yehoshua Tzvi ben Sara, Baruch Bendit ben Chana Gittel, Elana Chana bat Gila Brynlah, Shaul Efraim ben Hendl, Leah Adi bat Miriam Gitel, Brachah bat Gitl, Eliyahu Yom Tov ben Leah, Aryeh ben Tzipporah, Israel Binyamin ben Telma, Yehuda ben Chana, Levi David ben Elisheva Leba, Oved ben Regina, Aron Shimon ben Faigi Chana, Emily Yael bat Naomi Gittel, Tova Sara bat Chana Rivka, Devora Malka Raizel bat Rut Chana, Eliyahu ben Clara, Rivka bat Chana Hentcha, Rivka Tzippora bat Chana Gittel, Inbal bat Shoshana, Moshe Mordechai ben Basha, Chaya bat Yachet, Mordechai Ron ben Rachel.

Rabbi Sam Taylor, Senior Rabbi

Rabbi Elliott Diamond, Rabbi
Jonathan Ostro, President

Rabbi Sammy Bergman, Assistant Rabbi
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