

## SHEHECHYANU BLESSING

RABBI MICHAEL S. BEALS

CANTOR ELISA ABRAMS COHN

The Shehechyanu is read by all family of the Bar or Bat Mitzvah during services on Shabbat Morning

> בָּרוּך אַתָּה יִי אֶלֹהֵינוּ מֶלֶךְ הָעוֹלָם, שֶׁהֶחֶיָנוּ וְקִיְּמֶנוּ וְהִגִּיעֲנוּ לַזְּמֵן הַזֶּה.

Barukh ata Adonai Eloheinu melekh ha'olam shehechyanu v'kiya'manu v'higyanu lazman hazeh.

## **Translation:**

Blessed are You, Lord our God, Ruler of the Universe, for granting us life, for sustaining us, and for helping us reach this day.