



BLESSINGS & PRAYERS

Blessing Over Candles

Blessed are You, Eternal our God, Sovereign of the Universe. You hallow us with Your commandments and command us to kindle the lights of Shabbat.

*Baruch Atah Adonai, Eloheinu Melech haolam, asher kid'shanu
b'mitzvotav v'zivanu l'hadlik ner shel Shabbat.*

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ
בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

Blessing Over Wine (Grape Juice)

Blessed are You, Eternal our God, Sovereign of the Universe,
Creator of the fruit of the vine.

Baruch Atah Adonai, Eloheinu Melech haolam, Borei p'ri hagafen.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרִי הַגָּפֶן.



Blessing Over Children (gender-based)

For Boys:

May God make you like
Ephraim and Menashe.

Ye'simcha Elohim

Ke-ephraim v-chee Menashe

יְשִׁימָךְ אֱלֹהִים
כְּאֶפְרַיִם וּמְנַשֶּׁה

For Girls:

May God make you like
Sarah, Rebecca, Rachel and Leah.

Ye'simech Elohim

Ke-Sarah, Ke-Rivkah, Ke-Rachel v'Leah.

יְשִׁימָךְ אֱלֹהִים
כְּסָרָה רִבְקָה רָחֵל וְלֵאָה

Then for both:

May God Bless you and protect you.

May the light of God shine upon you, and may God be gracious to you.

May the presence of God be with you and give you peace.

Y'varechecha Adonai V'yish'm'recha.

Ya'er Adonai panav eilecha vichuneka.

Yisa Adonai panav eilecha v'yasem l'cha shalom.

יְבָרְכֶךָ יְהוָה וַיְשַׁמְרֶךָ
יֵאָר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחֲנוּךָ
יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וַיַּשֵּׁם לְךָ שְׁלוֹם



Blessing Over Children (gender-neutral)

For All:

May God make you like Sarah, Rebecca, Rachel, Leah, Ephraim and Menashe.

May the Holy One bless you and keep you.

May the Holy One shine light upon you and be gracious to you.

May the Holy One turn towards you and give you peace.

Y'simkhol Elohim k'sarah, rivka, rakhel leah ephraim u'menashe.

Yivarekhekhon Adonay v'yishmarekhon.

Ya'er Adonay panav elekhon v'yihunekhon

Yisa Adonay panav elekhon vayasem lekheon shalom

יְשִׁמְכֹל יי' כְּסָרָה, רִבְקָה, רָחֵל, לֵאָה, אֶפְרַיִם וּמְנַשֶּׁה

יְבָרְכֵךְ יי' וַיִּשְׁמְרֵךְ

יָאֵר יי' פָּנָיו אֵלֶיךָ וַיְחַנֶּךָ

יִשָּׂא יי' פָּנָיו אֵלֶיךָ וַיַּשֶּׁם לְךָ שְׁלוֹם

Written by Rakhel Silverman, August 2018