

The Mental Health Initiative at Rodef Sholom

Emergency Numbers and Other Resources

24/7 Suicide Prevention Hotline: 1-415-499-1100

Rodef Sholom after-hours emergency number: 1-415-482-6307

Community Violence Solutions: 1-800-670-7273

(formerly Rape Crisis Center)

Center for Domestic Peace, home of Marin Abused Women's Services:

Women's Hotline: 1-415-924-6616 Men's Hotline: 1-415-924-1070

Alcoholics Anonymous 24-Hour Number: 1-415-499-0400

Mental Health Resources

• NAMI Marin: 1-415-444-0480

NAMI Marin advocates for individuals and families living with mental illness, and provides programs and services which support family wellness, and foster client recovery and independence.

- Huckleberry Youth Programs: 1-415-453-5200
 Huckleberry Youth Programs serves young people at risk from drug and alcohol addiction, physical and sexual abuse, emotional or physical
 - illness, family breakdown, homelessness, delinquency and suicide. **Buckelew Programs:** 1-415-457-6964

 Buckelew Programs provides mental, emotional, behavioral health and
- Jewish Family and Children's Services: 1-415-491-7960
 JFCS offers services for children, families, and older adults facing personal crises or challenges.

addiction services that promote recovery, resilience and hope.

Addiction/Recovery Resources

 Helen Vine Recovery Center: 1-415-492-0818
 Helen Vine is a licensed 26-bed co-ed residential detoxification program that provides recovery-oriented services to individuals with alcohol and drug addiction issues, as well as co-occurring psychiatric problems.

Alcoholics Anonymous 24 Hour Number: (415) 499-0400
 Alcoholics Anonymous is a nonprofessional, self-supporting, multiracial, apolitical program open to anyone who wants to do something about his or her drinking problem

Spiritual/Grief Resources

Bay Area Jewish Healing Center: 1-415-750-4197

The Bay Area Jewish Healing Center provides spiritual care and support services to anyone who in need, regardless of affiliation or financial resources.

Hospice by the Bay: 1-415-927-2273
Hospice by the Bay provides physical, mental, emotional and spiritual support during a terminal, chronic or life-limiting illness. This also includes grief counseling.

Violence/Domestic Abuse/Rape Resources

- Community Violence Solutions: 1-415-259-2850
 Community Violence Solutions provides support services to child and adult victims of sexual assault and their families.
- Center for Domestic Peace, home of Marin Abused Women's Services
 Women's Hotline: 1-415-924-6616 Men's Hotline: 1-415-924-1070
 Center for Domestic Peace provides services and programs for
 individuals impacted by domestic violence.

Shelter/Housing Food Resources

Marin Housing Authority: 1-415-491-2525
 The Marin Housing Authority provides rental assistance through low-rent public housing and leased housing programs.

- Homeward Bound of Marin: 1-415-457-2114

 Homeward Bound provides shelters and services for homeless families and individuals in Marin.
- St. Vincent de Paul Society: 1-415-454-3303
 St. Vincent's provides services to those in Marin County who are struggling to make ends meet and might not otherwise receive help,

including running the free dining room, finding people shelter and housing and preventing homelessness.

Marin Food Bank: 1-415-883-1302

The Marin Food Bank offers a variety of programs and services designed to support the health and wellbeing of people in our community who are struggling financially to provide healthy food for themselves and their families.

The **REAL** Mental Health Initiative at Rodef Sholom is supported by the Laszlo N. Tauber Family Foundation.