

Temple Ohabei Shalom



Lifelong Learning

2019-2020

Lifelong learning is one of our core values. Challenge your mind, uplift your spirit, and expand your horizons at Ohabei Shalom!

All classes are free and registration is not required unless indicated. ohabei.org

Shabbat Morning B'yachad

Monthly Saturday mornings:

January 4, February 29, March 21, April 18
and May 23

Free child care from 10:00 am to noon.

Come when you can, leave when you need to.

Join us for a morning of community and learning! All ages, stages and backgrounds

are welcome. Nosh and schmooze, study a little Torah, enjoy our Shabbat morning or Tot Shabbat service, and stay for a relaxing and delicious Kiddush lunch. Free child care is available if the little ones need a break!



10:00-10:25 Coffee, bagels, lox and schmoozing

10:00-11:15 TCEE Play Dates

10:25-11:10 Torah study for all ages and all backgrounds –
no Hebrew knowledge or prior knowledge of Jewish text is necessary.

11:10-12:00 Shabbat morning service

11:15-11:55 Tot Shabbat (in Leibovitch)

12:00-1:30 Kiddush lunch for all!

Sponsoring a meal for Shabbat Morning B'yachad is a wonderful way to mark a special occasion, or honor someone special. See our website for details or email rabbis@ohabei.org.

Everything you love about Shabbat B'yachad...in the MORNING!



Soul Cycle: Spiritual Insights into the Jewish Holiday Cycle with Rabbi Daniel Schaefer and Lifelong Learning Intern Ryan Leszner

Select Thursdays (dates below) 6:30 - 8 pm

The cycle of the Jewish year provides us with a road-map for spiritual growth and development. Come nourish your soul with song, meditation, and learning as we journey through the Jewish year.

Each session will focus on a couple stories and prayers as we mindfully attune our souls to themes of the season. Come to one, come to some, come to all. Free!

12/12 - Hanukkah - Rededication

4/2 - Passover - Redemption

1/9 - Shabbat - Peace

4/16 - Israeli High Holy Days - Peoplehood

2/6 - Tu Bishvat - Seeding

5/7 - Omer - Ascent

3/5 - Purim - Play

5/21 - Shavuot - Revelation



Rabbi Daniel Schaefer is the Assistant Rabbi of Temple Ohabei Shalom. He grew up in Connecticut before attending Stanford University, where he studied History and Jewish Studies. Rabbi Schaefer's award-winning honors thesis, *American Judaism Reconsidered: Religion & Nationalism in the Thought of Irving Reichert*, explored visions of American Judaism before World War II. At Hebrew College, his final project, *The Way of the Wilderness*, focused on connections between nature and Torah in the book of Numbers. Rabbi Schaefer was ordained by the Rabbinical School of Hebrew College in 2018.



Ryan Leszner, Lifelong Learning Intern, is a third-year Rabbinical Student at Hebrew College. Previously, Ryan served as the Educator for the Riverway Project, a twenties and thirties group at Temple Israel in Boston. Before moving to Boston, Ryan served as the Director of Youth Engagement for Congregation Rodef Shalom in San Rafael, CA. One of his passions is providing educational musical experiences that help connect to Jewish concepts and traditions.

Shabbat Band & Choir with Music Director David Sparr

We welcome our community to participate in the rich musical life of Ohabei Shalom by joining our Shabbat Band or the TOS Choir. Both ensembles offer performance opportunities, participation in Shabbat services, and Jewish enrichment through a musical lens. Contact Naomi Fisher for details: 617.277.6610





Monthly Women's Rosh Chodesh Group with Rabbi Audrey Marcus Berkman

Wednesday Evenings, 7 pm

Dec 18, Jan 29, Feb 26, March 25, Apr tbd,
May 27, and June 17

Come celebrate the beginning of each new Jewish month with women of all ages from 13 - 113. We'll have the chance to schmooze, learn, enjoy activities and just connect with one another, offering a variety of ways into Jewish learning, community and living.

Rosh Chodesh is a 'drop in' group — come to one, come to some, or come to all. This space is for newcomers and for folks who have been around TOS for decades, and everyone in between. No prior experience observing Rosh Chodesh, or familiarity with Hebrew necessary. Come join this warm circle of women!



Mindfulness & Meditation with Donna Rubenoff

Saturday mornings, 9 am - 10:15 am

December 21, January 18, February 15, March 21, April 18, May 16, and
June 13

Held one Saturday a month before Shabbat morning services. Together we learn how to bring more meaning to our Judaism through meditation and to explore how meditation can quiet the mind and encourage positive thought in support of mind body healing. By incorporating themes from Torah, Jewish texts and stories, and quotes from Jewish scholars into our meditations, we will deepen our understanding of Judaism through a spiritual connection.

New in 2019-2020

Confirmation Class with Rabbi Schaefer

Tuesday Evenings, 7 pm, December 3-March 24, Dinner included!

This special course is offered to 10th-12th graders only. Over the course of three months, teens will explore big topics with the rabbi: what does it mean to be Jewish? How do we understand our relationship with Israel? What are the Jewish traditions that are important to us? and more! Class runs from December 3-March 24, with the Confirmation Service on Friday, March 27. Email Amy with any questions, or simply sign up online (see our home page for registration.)



Hanging with the Rabbis

A chance for our teens to hang out with Rabbi Berkman and Rabbi Schaefer.



“Listen, Jewish People!”: Understanding the Shema with Rabbi Audrey Berkman

March 19 and 26, 6:30 - 8 pm

Take a deep dive into one of the most familiar parts of Jewish prayer, and the most important statement of Jewish faith. How has the Shema been interpreted by commentators through the generations? What might it mean for us today?

Rabbi Audrey Marcus Berkman, the senior rabbi of Temple Ohabei Shalom, is a graduate of Oberlin College and Harvard Divinity School (Masters of Theological Studies). She was ordained by the Reconstructionist Rabbinical College in 2007, where she also received a Wexner Graduate Fellowship. Rabbi Berkman has served as a teacher, service leader, and officiant in a wide variety of Jewish contexts and communities, most recently serving as Campus Rabbi and Hillel Director at Wellesley College and as rabbi of Shir Hadash, a congregation in Newton, MA. Rabbi Berkman has also served as a chaplain for Hebrew Senior Life and for Newton-Wellesley Hospital, an educator for the prestigious Bronfman Youth Fellowships in Israel, and a cantor at Congregation Mishkan Tefila.



Introduction to Judaism with Rabbi Daniel Schaefer

15 Wednesdays beginning January 15 - May 6, 7 - 9 pm

Tuition = \$275 per individual, \$375 per couple



Explore a modern take on Jewish life. Engage with Jewish values, celebrations, and spirituality. Voice your questions, discover multiple perspectives, and find what could be meaningful to you in liberal Judaism.

Introduction to Judaism is an engaging multi-session course for anyone interested in exploring Jewish life through a Reform lens.

Open to all, this course is perfect for interfaith couples, those raising Jewish children, spiritual seekers, individuals considering conversion, and Jews who want a meaningful adult Jewish learning experience.

Topics include holidays, life cycle celebrations, theology and core beliefs, Hebrew, prayer, the Bible and other sacred texts, history, anti-Semitism and the Holocaust, Zionism and Israel, the American Jewish experience, and the tapestry of the Jewish people today.

The course reflects the approach of Reform Judaism and is taught by Rabbi Schaefer. Students will be encouraged to raise questions and engage deeply and personally with all topics. Please contact us if you require financial assistance.

Please register on our website or contact Naomi Fisher: 617-277-6610.



**Transformational Torah:
Learning Torah for the Inner and Outer Self
with Ryan Leszner**

Thursday, Jan 16, 23 & 30, 6:30 PM - 8:00 pm

This three-session series will focus on Jewish texts from Rabbinic sources, Mussar, and modern sources, as a way to discuss our responsibility to the world around us and to ourselves. We

will talk about Jewish responsibility, current social justice issues, ethics, and how we can use a Jewish approach to individual and communal change.



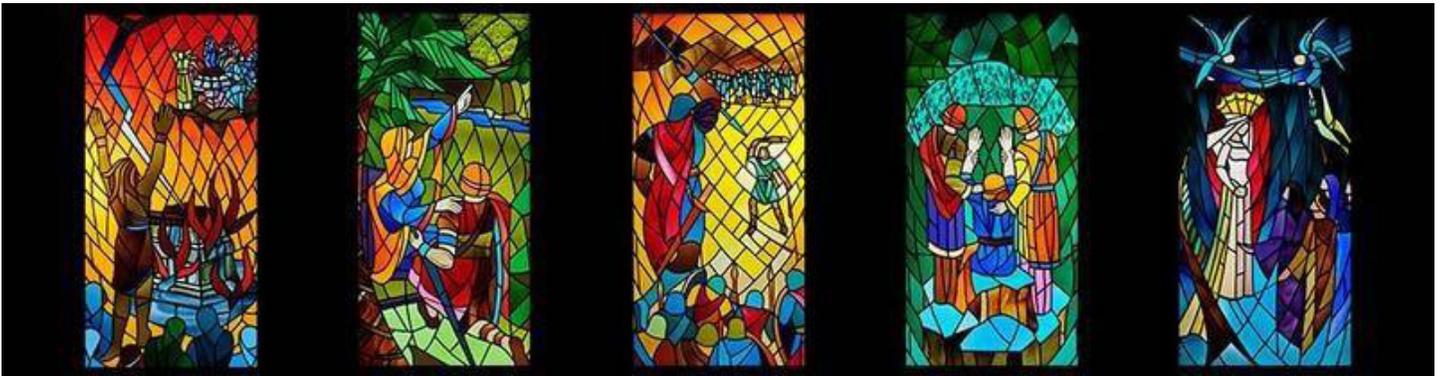
**2020 Weekend Kallah:
An Appreciation of Our Musical Heritage**
The Weekend of January 24 at the Portsmouth Sonesta

A Kallah is a weekend of togetherness and study.

During this Kallah, TOS Musical Director David Sparr will serve as our Resident Scholar, leading sessions exploring ancient and medieval Jewish music, Reform movement composers and modern day Jewish music. The weekend will otherwise include worship, Torah study, conversation, fun and games (including Jewish Name That Tune!) and good food.

If you are interested, please contact Larry Green, Kallah Chair, at lgreen@burnslev.com. For information about the Portsmouth Sonesta, including pricing and registration, go to our website.





The Chapel Windows

Tuesdays, February 18 & 25, 2020

6:30 - 8:00 pm Chapel

Two session course: Come to one or both!

Join Rabbi Emerita, Rabbi Emily Lipof, to learn the stories behind the stunning stained glass windows in our Chapel. On the eastern wall, are scenes of Priestly Piety, depicting the sacred days on the Jewish calendar. On the western wall, are images of Prophetic Protest, giants of justice, who struggled with man for the sake of God and with God for the sake of humanity. The windows were conceived by Rabbi Albert Goldstein and executed by Christy Rufo. Come learn about the beauty and history of Temple Ohabei Shalom!

Coming this Spring:



Parenting Through a Jewish Lens: Timeless Texts to Learn From & Other Parents to Lean On with Rabbi Audrey Berkman

New Group forming in the Spring- Free child care

Registration required: \$95 per person, \$155 per couple

Generous financial assistance is available.

Join a group of fellow parents of children ages 0 to 9 to discuss topics that matter to you as a

parent; explore Jewish values that can enrich your family; reflect on the joys and challenges of raising kids today; and find support, encouragement and connection. *Parenting Through a Jewish Lens* welcomes the participation of interfaith couples and families, and parents of all abilities, backgrounds, and sexual orientations. Topics include becoming a purposeful parent, making difficult topics easier, finding balance in everyday life, and fostering Jewish values.



Wise Aging with Donna Rubenoff

Sundays from 10 am - 12 pm

New Group Forming in the Spring

\$90 members; \$125 guests

Contact Donna Rubenoff If You are Interested:

drubenoff@comcast.net



Wise Aging is a groundbreaking new program designed to meet the social, emotional and spiritual needs of Jewish seekers entering second adulthood! In

addition to her experience leading meditation retreats and classes, Donna Rubenoff was trained by the Institute of Jewish Spirituality to facilitate the Wise Aging curriculum.

Through reflective work, this course guides you to new understandings about your life, self, values, and Jewish practices. Learning modes include text study, active listening, mindfulness meditation, exercises, reflection, and journaling. We will meet regularly to learn, share experiences and acquire skills for making changes in our lives that will lead to a deeper sense of well-being. **Topics include:**

- what is special about this life stage
- the value of life review
- our relationship to our bodies
- cultivating qualities of soul
- practicing forgiveness
- revitalizing and nourishing healthy relationships



Temple Ohabei Shalom

1187 Beacon Street • Brookline, MA 02446 • 617.277.6610 • www.ohabei.org

Questions? Contact Naomi Fisher nfisher@ohabei.org