

# Temple Ohabei Shalom



## Lifelong Learning

2018-2019

Lifelong learning is one of our core values. Challenge your mind, uplift your spirit, and expand your horizons at Ohabei Shalom!

*All classes are free and registration is not required unless indicated. [www.ohabei.org](http://www.ohabei.org)*

### **High Holy Days Meditation Retreat: Touching the Spirit Within with Donna Rubenoff**

Saturday, September 15, 12 pm - 4 pm

*Registration required, \$60: [www.meditationwithdonna.com](http://www.meditationwithdonna.com)*



You are invited to take a journey. Together we will accept what is with gentleness and compassion. Come along and open your heart for a day of reflection during the High Holy Days. The program includes sitting and walking meditation, Jewish text study, mindful eating in silence and more.

Participants are asked to wear comfortable clothes and to bring a vegetarian lunch. There will be chairs for sitting meditation. Please feel free to bring a yoga mat and/or pillows for your preferred meditation posture. Kindly refrain from wearing any fragrances in deference to others. All levels of experience are welcome. For special accommodations, questions, or to register, go to [www.meditationwithdonna.com](http://www.meditationwithdonna.com).

*Donna Rubenoff discovered meditation and studied Mind-Body techniques during a time of stress. As a peer leader at the Benson-Henry Institute for Mind-Body Medicine at MGH, she mentored those with stress-related illnesses to help them elicit the relaxation response through meditation. Donna finds inspiration in studying Torah as well as Buddhist teachings which she believes deepen our understanding of ourselves through a spiritual connection. She leads Mindfulness and Meditation groups at synagogues, senior residence communities, and adult education centers.*

## Wise Aging with Donna Rubenoff

Sundays from 10 am - 12 pm

October 7 & 21, November 11, December 9 & 23,  
& January 6

\$90 members; \$125 guests

Register with Donna Rubenoff: [drubenoff@comcast.net](mailto:drubenoff@comcast.net)



Wise Aging is a groundbreaking new program designed to meet the social, emotional and spiritual needs of Jewish seekers entering second adulthood! In addition to her experience leading meditation retreats and classes, Donna Rubenoff was trained by the Institute of Jewish Spirituality to facilitate the Wise Aging curriculum.

Through reflective work, this course guides you to new understandings about your life, self, values, and Jewish practices. Learning modes include text study, active listening, mindfulness meditation, exercises, reflection, and journaling. We will meet regularly to learn, share experiences and acquire skills for making changes in our lives that will lead to a deeper sense of well-being.

### Topics include:

– what is special about this life stage

– the value of life review

– our relationship to our bodies

– cultivating qualities of soul

– practicing forgiveness

– revitalizing and nourishing

healthy relationships



## Jewish Identity Versus Assimilation in Film with Dr. Barry H. Schneider, Ph. D., C. Psych.

Thursday evenings, 6:30 pm

October 11, November 1, and November 15

Several filmmakers have explored the challenges of preserving Jewish identity despite the overwhelming temptations to assimilate into contemporary Western society. Sometimes Jewish identity is imposed on people who have no conscious wish to cultivate it, as in Moshe Mizrahi's Academy-award winner *Madame Rosa*, a sensitive portrait of a Holocaust survivor (October 11). Sometimes Jewish moments surface at life-cycle milestones, as in the dance toward Jewish roots and back again in the Belgian comedy *Rashevski's Tango* (Nov. 1). The series concludes with the semi-biographical American classic, *Liberty Heights* (Nov. 15). The first session begins with some lessons about cultural identity from psychological research.

*Barry H. Schneider, is professor emeritus in the school of psychology at University of Ottawa. He is currently a Senior Lecturer in the department of psychology at Boston College.*



## TOS Talks: Israelis & Palestinians Choosing Peace: Connecting through Entrepreneurship & Music



Thursday, October 25, 7:30 pm

Tickets @ [www.ohabei.org](http://www.ohabei.org)

\$10 members, \$15 guests, \$5 seniors, free for students

You are invited to stay for conversation and a reception following the talk.

### TOS Talks. Big Ideas. Great Thinkers.

TOS Talks brings great thinkers to share their big ideas from the fields of art, culture, ethics, health, religion, science, and politics, followed by a provocative Q & A to continue the conversation.

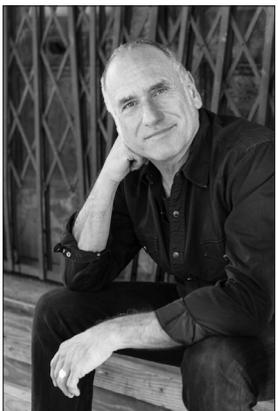
This evening we will explore a different perspective on Israeli/Palestinian relationships: working together and playing in harmony, a discussion of entrepreneurial ventures and musical collaborations, featuring Israeli singing superstar David Broza and business visionary Ohad Elhelo.

### OUR GUESTS:



While a junior in college, **Ohad Elhelo** founded Our Generation Speaks (OGS). OGS is a fellowship program and startup incubator whose mission is to bring together young Israeli and Palestinian leaders through entrepreneurship to change facts on the ground, develop relationships of trust and build a shared future for the region. In 2016, he initiated partnerships between OGS and the Heller School for Social Policy and Management and MassChallenge to launch the fellowship program. To date, the venture has raised over \$8 million.

He was selected for Forbes Magazine's annual "30 Under 30" list in 2018 in both Israel and the U.S., which recognizes business visionaries who are younger than 30 years old. He has been featured as a speaker at universities, synagogues, and in public forums across the United States.



Israeli superstar **David Broza** is considered one of the world's most dynamic and vibrant performers. From his whirlwind finger picking to Flamenco percussion and rhythms, David Broza's charismatic and energetic performances have delighted audiences worldwide. Since "Yihye Tov" first hit the airwaves in 1977, Broza's music has reflected a lifetime dedicated to peace and greater human understanding.

David Broza's latest project is a new documentary film and companion album *East Jerusalem/West Jerusalem*. Blending cultures, languages and styles, Israeli and Palestinian musicians come together for 8 days of music and song, resulting in a powerful statement about collaboration and coexistence.





## **Modern Ethical Dilemmas from a Jewish Perspective with Rabbi Daniel Schaefer**

Thursday evenings, 7 pm, December 6, 13, and 20

Since the Garden of Eden, Judaism has been concerned with ethics and has sought to provide principles for how to live in harmony with the earth, one's neighbors, and one's self. As new eras raised new questions and challenges, the Prophets, Rabbis, and Jewish leaders sought to respond with answers rooted in Jewish tradition. This December we'll discuss three modern ethical dilemmas, related to privacy, speech, and how to prioritize aid, and look to Jewish sources for help in finding answers.

*Rabbi Daniel Schaefer is the interim Assistant Rabbi of Temple Ohabei Shalom. He grew up in Connecticut before attending Stanford University, where he studied History and Jewish Studies. Rabbi Schaefer's award-winning honors thesis, American Judaism Reconsidered: Religion & Nationalism in the Thought of Irving Reichert, explored visions of American Judaism before World War II. At Hebrew College, his final project, The Way of the Wilderness, focused on connections between nature and Torah in the book of Numbers. Rabbi Schaefer was ordained by the Rabbinical School of Hebrew College in 2018.*

## **Jewish Justices of the U.S. Supreme Court with Denise Karlin, Esq.**

Thursday evenings, 7 pm, January 10, 17, and 24

This course will give participants an overview of the eight Jewish individuals who served as Justices of the United States Supreme Court. We will examine their views on various legal issues, the political circumstances under which they were nominated and approved, and the degree of influence each has had in shaping the Court. The first session will include discussions of Justices Brandeis, Cardozo, and Frankfurter; the second session will examine Justices Goldberg and Fortas and the nearly 25-year loss of the so-called "Jewish seat"; the last session will look at the modern era and review the three currently sitting Jewish Justices – Justices Ginsburg, Breyer and Kagan. An overarching theme will be, "Does it matter if Jews sit on the Supreme Court? Why or why not?"



*Denise J. Karlin, Esq. is Legal Counsel for the Massachusetts Department of Early Education and Care, the state agency that regulates all early education programs and is tasked with keeping our youngest and most vulnerable safe while in the care of others and with ensuring that high quality care is available to children of the Commonwealth. Attorney Karlin has worked in State Government for over 30 years and is an expert in State Administrative Law having authored articles and treatises on the subject. Attorney Karlin is a graduate of Harvard/Radcliffe College and Harvard Law School and is admitted to the bars of Massachusetts and Pennsylvania and to the bar of the United States Supreme Court. She is a long time member and lay leader at Temple Ohabei Shalom.*





## **Parenting Through a Jewish Lens: Timeless Texts to Learn From & Other Parents to Lean On**

For families with children ages 0 - 10  
Sunday afternoons, 4:30 - 6 pm, Free child care

January 27, February 3 & 10, March 3, 10 & 31

*Registration required:* \$95 per person, \$155 per couple

### **TOS Members save \$50**

Email [ars@ohabei.org](mailto:ars@ohabei.org) for your coupon code

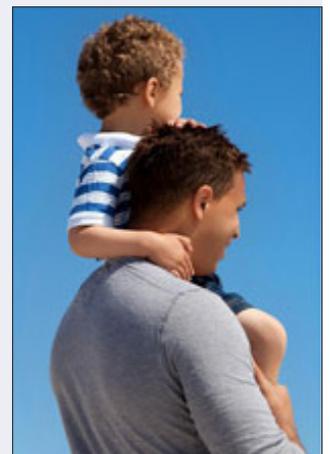
Join a group of fellow parents of children ages 0 to 10 to discuss topics that matter to you as a parent; explore Jewish values that can enrich your family; reflect on the joys and challenges of raising kids today; and find support, encouragement and connection. *Parenting Through a Jewish Lens* welcomes the participation of interfaith couples and families, and parents of all abilities, backgrounds, and sexual orientations.

#### **Topics include:**

- Towards Joyful Parenting
- Infusing Our Lives with Meaning
- Finding Peace in Our Homes
- Shabbat: A Time to Reconnect and Recharge
- Parenting at a Time of Loss
- Parenting for Kindness

*Instructor: Rabbi Hillel Greene is an educator at Gann Academy in Waltham, Mass. He formerly served as a rabbinic adviser and Jewish chaplain at Boston College and Northeastern University. He is a graduate of Columbia University and was ordained in 2014 from the Rabbinical School of Hebrew College. An avid reader, Greene is slowly working his way through the complete works of William Shakespeare.*

“The idea that Judaism has resources and wisdom to address parenting situations we find ourselves in — that is both comforting and inspiring. Taking this class has been a ‘shehecheyanu moment’ for me!” — PTJL Participant



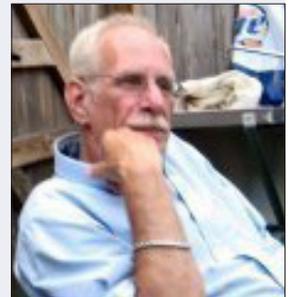
## Hannah Arendt: Controversy and Thought with Amos Lassen, Ph.D.

Thursday evenings, 7 pm, February 14, 21, and 28

Hannah Arendt covered the trial of Adolf Eichmann for *The New Yorker Magazine* which resulted in the publication of her most famous and controversial work, "Eichmann in Jerusalem: A Report on the Banality of Evil". That made "the banality of evil" a world-renowned phrase and its author the most reviled Jewish thinker since Baruch Spinoza. We will return to the issue and look at the original controversy at the time it occurred and revisit it now to see if it still holds true.

Additionally there will be two films — the feature film, a biopic *Hannah Arendt* directed by Margarethe Von Trotta and starring Barbara Sukowa as Arendt will open the class, and the documentary *Vita Activa: The Spirit of Hannah Arendt* will close the class.

*Amos Lassen moved to Brookline in May 2012, having spent 7 years in Arkansas after Hurricane Katrina changed his plans of a two year visiting professorship in New Orleans. He lived in Israel for many years and taught at the Hebrew University, the University of New Orleans and the University of Central Arkansas. He grew up in the Young Judaea movement in New Orleans.*



## The Book of Judges: From Unity to Chaos on the Road to Monarchy with Daniel Deykin, M.D.

Wednesday evenings, 6:30 pm, March 6, 13, and 20

The Book of Judges contains some of the most dramatic episodes in the Hebrew Bible. It is part of the Deuteronomistic History that begins with Deuteronomy itself and continues through Second Kings, with the fall of Jerusalem and the end of the Davidic monarchy. Judges begins with the Israelite tribes united under the leadership of Joshua. In a series of short stories and cycles of sinning, punishment, and forgiveness it tells how, after Joshua's death, the tribes display increasing disorder, violence, kidnapping, murder, rape, vengeance and civil war, culminating in their cry for a king. The course will examine the authorship of Judges and its structure by reading selected passages including the enigmatic Gideon and Samson sagas and the horrific events that led to the civil war. The goals of the course are to engage in a close reading of the texts and to discover a hidden political agenda that underlies much of the Hebrew Bible.

*Daniel Deykin M.D. is an Emeritus Professor of Medicine and Public Health at Boston University. He has been a member of Temple Ohabei Shalom for more than 50 years. He and a group of fellow Me'ah graduates have met weekly studying Jewish texts with teachers drawn from the Greater Boston religious community. He recently led a seminar on the Book of Judges at the Harvard Institute for Learning in Retirement.*



## ONGOING

### Shabbat Morning B'yachad with Rabbi Berkman

Monthly Saturday mornings: October 13, November 10, December 1, January 5, February 9, March 9, April 27, May 11, and June 15

*Free child care.*

Join us for a morning of community and learning! All ages, stages and backgrounds are welcome. Nosh and schmooze, study a little Torah, enjoy our Shabbat morning or Tot Shabbat service, and stay for a relaxing and delicious Kiddush lunch. Free child care is available if the little ones need a break!

10:00-10:30 Coffee, bagels, lox and schmoozing

10:30-11:15 Torah study for all ages and all backgrounds – no Hebrew knowledge or prior knowledge of Jewish text is necessary.

11:15-12:00 Shabbat morning service

11:15-11:45 Tot Shabbat (in Leibovitch)

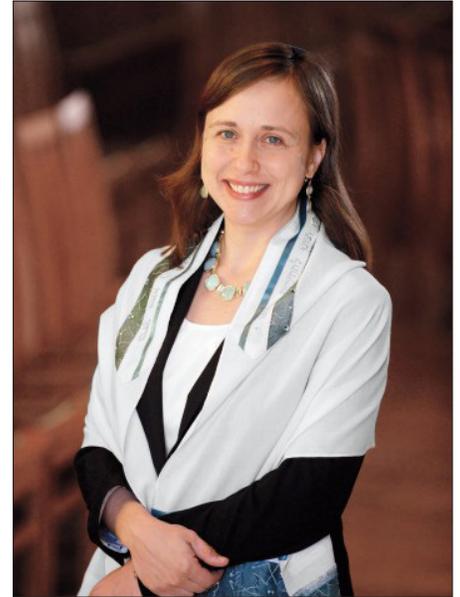
12:00-1:30 Kiddush lunch

Hosting a Shabbat Morning B'yachad is a wonderful way to mark a special occasion, or honor someone special. See our website for details.

Everything you love about Shabbat B'yachad...in the MORNING!

*Rabbi Audrey Marcus Berkman, the senior rabbi of Temple Ohabei Shalom, is a graduate of Oberlin College and Harvard Divinity School (Masters of Theological Studies). She was ordained by the Reconstructionist Rabbinical College in 2007, where she also received a Wexner Graduate Fellowship. Rabbi Berkman has served as a teacher, service leader, and officiant in a wide variety of Jewish contexts and communities, most recently serving as Campus Rabbi and Hillel Director at Wellesley College and as rabbi of Shir Hadash, a congregation in Newton, MA. Rabbi Berkman has also served as a chaplain for Hebrew Senior Life and for Newton-Wellesley Hospital, an educator for the prestigious Bronfman Youth Fellowships in Israel, a cantor at Congregation Mishkan Tefila, and a teacher for Parenting Through a Jewish Lens, through Hebrew College.*

*Rabbi Berkman believes that it is our Jewish obligation to create an ongoing dialogue between our individual torah (our life experiences, passions, challenges, and questions) and Torah (Jewish text, tradition, culture, and wisdom in all of its many forms). When we bring our own voices into conversation with Torah, we participate in the sacred task of creating new wisdom, and a better world.*





## Mindfulness & Meditation with Donna Rubenoff

Saturday mornings, 9 am - 10:15 am

September 22, October 20, November 17, December 15, January 19,  
February 23, March 16, April 27, May 18, and June 15

Held one Saturday a month before Shabbat morning services. Together we learn how to bring more meaning to our Judaism through meditation and to explore how meditation can quiet the mind and encourage positive thought in support of mind body healing. By incorporating themes from Torah, Jewish texts and stories, and quotes from Jewish scholars into our meditations, we will deepen our understanding of Judaism through a spiritual connection.



## Monthly Women's Rosh Chodesh Group with Rabbi Audrey Marcus Berkman and Rachel Greene

Wednesday evenings, 7:30 - 9 pm Leibovitch Hall

November 7, December 12, January 9, February 6, March 6, April 10,  
May 8, and June 5

Come celebrate the beginning of each new Jewish month with women of all ages from 13 - 113. We'll have the chance to schmooze, learn, enjoy activities and just connect with one another, offering a variety of ways into Jewish learning, community and living.



## Shabbat Band & Choir with Music Director David Sparr

We welcome our community to participate in the rich musical life of Ohabei Shalom by joining our Shabbat Band or the TOS Choir. Both ensembles offer performance opportunities, participation in Shabbat services, and Jewish enrichment through a musical lens. Contact Naomi Fisher for details: 617.277.6610 x 156.



## Temple Ohabei Shalom as a Membership Institution of the GBIO (Greater Boston Interfaith Organization)

The Greater Boston Interfaith Organization (GBIO) is a broad-based organization that works to coalesce, train, and organize the communities of Greater Boston across religious, racial, ethnic, class, and neighborhood lines for the public good. Their primary goal is to develop local leadership and organized power to fight for social justice.

This year as a Membership Institution, we will have the opportunity to join with the GBIO in their programs and initiatives. Watch for more information!



### Temple Ohabei Shalom

1187 Beacon Street • Brookline, MA 02446 • 617.277.6610 • [www.ohabei.org](http://www.ohabei.org)

Questions? Contact Naomi Fisher [nfisher@ohabei.org](mailto:nfisher@ohabei.org)