

PURIM CARNIVAL

COME IN YOUR
COSTUME

SUNDAY, FEBRUARY 25, 2018

11:30 AM - 1:30 PM

FOOD GAMES
For ALL Ages!



Win Prizes!



To sponsor a booth or purchase raffle tickets, please contact Rachel Bray-Spezia or Barbara Shechter at 314-576-9990

See the full "Super Mensch" Purim Schedule on page 17.

From Rabbi Carnie Shalom Rose



Shalom B'nai Amoona Chaverim!

"Rabbi Rose – I have loved all of the various congregational educational themes you have introduced over these last 13 years. However, I must say that this year's ZAY A MENSCH is my favorite by far. I especially love the stories, fables, and legends that you have been sharing in Shul, classes, and in the BA bulletin. I have taken the liberty of forwarding the Livestream sessions and your insightful articles to our children and grandchildren who live, as you know, on 3 different continents. Please continue to explore this timely and crucial topic. Our world is desperately in need of sources of inspiration to embrace Menschlichkeit. Thank you for all you do and all you represent. Though you are many years younger than I, I truly see you as my teacher. Rav - I look forward to seeing you soon and to working under your guidance towards becoming "the deepest expression of myself!"

It appears that our theme for the year resonates! How wonderful! How exciting! How inspiring! So in the spirit of further reflection upon the notion of Being A Mensch, I offer the following short yet powerful story for our collective consideration:

Moishe the water carrier lived in a Shtetl. He carried two clay pots on a yoke over his shoulder, and made many trips a day back and forth from the stream to houses in his neighborhood. One pot had a small crack, so it leaked slowly. As he walked, water leaked out of the cracked pot. Instead of two full pots, the last delivery got only one and a half pots of fresh water from the stream.

For a full two years this goes on daily, with the water bearer delivering only one and half pots full of water to the woman at the end of the road. The perfect pot was proud of its accomplishments, perfect for its mission in life. But the poor cracked pot was ashamed of its own imperfection, and deeply despondent that it was able to accomplish only half of what it had been created to do.

After two years of what it perceived to be a bitter failure, it spoke to the water bearer one day by the stream: "I am ashamed of myself, and I want to apologize to you." "Why?" asked the water bearer. "What are you ashamed of?" "I have been able, for these past two years, to deliver only half of my load because this crack in my side causes water to leak out all the way back to your neighbor's house. Because of my flaws, you have to do all this extra work, and you don't get full value from your efforts," the pot lamented.

The water bearer felt sorry for the old cracked pot, and in his compassion Moishe said, "As we return to the neighbor's house, I want you to notice the beautiful flowers along the path." Indeed, as they went up the hill, the old cracked pot took notice of the sun warming the beautiful wildflowers on the side of the path, and this cheered it up some.

But at the end of the trail, it still felt bad because it had leaked out half its load, and so again it apologized to the bearer for its failure. Moishe said to the pot, "Did you notice that there were flowers only on your side of the path, but not on the other pot's side? "That's because I have always known about your flaw, and I took advantage of it. I planted flower seeds on your side of the path, and every day while we walk back from the stream, you've watered them.

"For two years I have been able to pick these beautiful flowers to decorate my wife's Shabbes table. If you were not just the way you are, we would not have this beauty to grace our home. Thank you for being you!"

A true Mensch sees the beauty and uniqueness of every being, every entity. A true Mensch emphasizes the positive contributions made by each and every sentient being. A true Mensch sees and expresses gratitude and respect for the value added by each individual soul to our congregation, community, country, people, and world! A True Mensch knows that we are all Holy Vessels – even those of us who are Cracked Pots!

With love,

Carnie

Rabbi Carnie Shalom Rose
The Rabbi Bernard Lipnick Senior Rabbinic Chair
314-576-9990 x105
RavRoseBA@bnaiamoona.com

From Rabbi Krublitz



As we begin a new secular calendar year, I find myself wondering: What exactly is it that is so alluring about newness? Think about what it feels like to interact with something new: a fresh dusting of snow, a new dress, a new relationship. There is something that excites us about untapped potential, about the unknown and promise of the future. The excitement, anxiety, and charge that accompanies new things, whether those are calendar years or newlywed couples such as Meira and myself, speaks to our powerful and natural desire to be able to begin anew.

New year's resolutions are so ubiquitous in our culture because they afford us the ability to perform serious introspection while at the same time provide us with a sense of hope that our lives can be transformed. We know we can do better, that we can make course corrections (or in some cases even drastic reversals) and better direct ourselves as we move forward with our lives. By making resolutions we seek to assert control over our fates while simultaneously recognizing the untapped and exciting potential the future brings for change and for reinvention.

Coincidentally, the secular new year lines up with beginning the book of Shemot in our Parshat HaShavuah, our weekly Torah readings. We read, once again, about the Israelites enslavement and then Exodus from Egypt, about the birth of Moses and the rebirth of a nation. As we read the text anew for the first time this year, we might be tempted to ask: why do we keep reading these same stories over and over again? Year after year we repeat our recitations of these stories, even though by now many of us know the characters, plot development, and narrative.

The reason we do so is the same reason that many of us continue to make identical new year's resolutions year after year. It's not our inability to change that causes us to repeat the same promise or the same Torah reading over and over. Rather, it's our recognition that throughout our various journeys in the past year we have changed as people. We are no longer identical to our past selves, who made promises or read stories without our furthered perspective.

Instead, when we read stories or make promises that seem identical to those we've invested in in the past, we now approach them through a different lens. Each and every day, hour, and moment we live, has the potential to change the outlook through which we view the world. We can read a

story one year, find something relevant and germane to our lives, and then read the story again a year later and discover new and treasured insights about ourselves. We can make a solemn promise one year and then discover new ways to fulfill that resolution the next year.

This is what it means when our tradition says about the Torah, "Turn it, and turn it, for everything is in it." We rediscover, reinvent, and renew ourselves through our continual study and refinement of Torah. New things bring with them the potential for this discovery; it is through action that we can begin again the process of transforming ourselves and gaining new insights into our world, our families, and our communities. As we begin the year of 2018 ask yourself how the repetition of the old can bring forth the new. May you have a sweet new year, filled with growth, love, and renewal.

Orrin

Rabbi Orrin Krublitz
Assistant Rabbi
314-576-9990 x110

rabbiorrin@bnaiamoona.com

Shabbat Service Schedule

January 6	Shemot
January 13	Vaera Shabbat Mevarechim Hachodesh Bar Mitzvah of Jonah Grossman
January 30	Bo Bar Mitzvah of Samuel Herman
January 27	Beshalach Shabbat Shirah
February 3	Yitro
February 10	Mishpatim Shabbat Shekalim Shabbat Mevarechim Hachodesh Bat Mitzvah of Aydan Bricker
February 17	Terumah Bar Mitzvah of Jacob Rafael
February 24	Tetzaveh Shabbat Zachor

Cantorial Notes



We will celebrate Shabbat Shirah Saturday morning, **January 27**.

Shabbat Shirah **Frequently Asked Questions:**

1. What is Shabbat Shirah?

Shabbat Shirah, literally the Shabbat of Song, coincides with the Torah reading of Parashat Beshalach in which we chant Moses' Song at the Sea as well as Miriam's song, in celebration of crossing the Sea of Reeds after leaving Egypt. The Haftarah, the selection from Prophets that morning, is Devorah's Song. Hence the name, Shabbat of Song.

2. Is B'nai Amoona the only synagogue which celebrates Shabbat Shirah?

Synagogues all over the world celebrate Shabbat Shirah with some kind of special musical experience.

3. What does OUR congregation do to celebrate Shabbat Shirah?

Just as the celebration of crossing the Sea of Reeds was a communal celebration, we celebrate Shabbat Shirah by emphasizing communal singing during the Shabbat morning service, beginning with everyone singing together right at 9:00 am. Being surrounded by a sea of voices is a powerful, uplifting, experience.

4. Can I participate even if I'm not much of a singer?

Yes! Your voice is important! This is not about performing. This is about the members of our congregation being fully engaged in prayer. Please learn the melodies and sing with us.

5. How do I learn the melodies?

Everyone is invited to learning sessions with me to become familiar with the melodies. You may know some already and some may be brand new to you. The learning sessions are fun and aesthetically beautiful experiences. If you cannot make the learning sessions, let me know you are still interested in getting to know the melodies. I can help get you started.

6. How am I supposed to remember the melodies after I attend a learning session?

Most of the melodies will be posted on the B'nai Amoona website. If you are unable to go online I will make every effort to provide a cd.

7. What if my Hebrew reading is not very good?

Perfectly okay! I create easy to use transliterated pages so everyone has access.

8. Can I come to Shul that morning if I haven't learned the music?

Of course! It is a great morning even if you haven't learned the music. Please come to Shul!

9. People really get to Shul before 9:00 am for Shabbat Shirah?

Absolutely! We gather in the lobby at 8:30 am for coffee, a light breakfast, and Schmoozing. It's a pre-Shul party and I look forward to seeing you there!

Sharon

Hazzan Sharon Nathanson
314-576-9990 x104

sharon.nathanson@bnaiamoona.com



Shabbat Shirah

SHABBAT OF
SONG

January 27, 2018

- 8:30 am Tober Lobby for Noshing & Schmoozing
- 9:00 am Guller Chapel for services
- 10:15 am Sanctuary for Torah Service
with special guests, The Meshorerim
- 10:15 am Mendelson Library for Torah Study
- 11:15 am Sanctuary for Musaf

Shabbat Shirah has been generously sponsored by Lester Goldman and family in memory of Judy Goldman. Todah Rabbah!

COME LEARN THE MELODIES!

Please join us for learning sessions on **January 13 & 20**, following morning Shabbat Services (approx 12:30 pm) in the Guller Chapel.

From Our President



Shalom,

The Capital Campaign is in full swing and we are well on our way to achieving our current goal of ten million dollars. The construction team has been working diligently with the architects as we continue to get input from those who attended the past three town hall meetings. Your voice, as well as your participation, is important to our project. I encourage everyone to u

We are moving forward and the extent to which we can do all the renovations everyone needs is up to us. Each and everyone one of us needs to participate in order to make this concept come to the reality we want for *ATIDEYNU* (Our Future).

We are listening and we hear you. To those congregants who have already stepped up and made their contribution to the campaign THANK YOU! If you would like to make your contribution please contact Mark Dana and make an appointment to meet personally with Rabbi Rose, Jeff Singer, or me. Thank you, again, to all who have helped us get to this point in the campaign; we could not do it without you.

Please sign up for one of the upcoming town hall meetings listed below.

Wishing you and your family only the very best in 2018!

Andy

Andrew S. Oberman
President

314-603-0010

askoberman@gmail.com

B'nai Amoona Capital Campaign Town Hall Meetings

Town Hall Meeting #4: Sunday, January 7, 2018 at 10:30 am

Town Hall Meeting #5: Tuesday, January 9, 2018 at 5:00 pm

Town Hall Meeting #6: Sunday, January 21, 2018 at 7:00 pm

Please contact Tanya Spivey at 314-576-9990 x323, or tanya@bnaiamoona.com, and let her know which meeting fits into your schedule



This image is a visionary rendering. Actual renovation plans are subject to change.



Congregation B'nai Amoona
Board of Trustees/Executive Committee Nomination Form

The Nominating Committee requests your help in identifying talented, bright and committed members* to serve on the 2018-2021 Board of Trustees. Your input and suggestions will introduce us to qualified candidates and help us attract the capable leadership that has been vital to the success of our Congregation. In addition, we welcome your suggestions as to who you would like to see elected as an Officer on the Executive Committee**. Officers consist of: President, six Vice Presidents, Secretary and Treasurer.

Please complete the nomination form below and return it to our Executive Director, Andy Schwebel 324 South Mason Road, St. Louis, MO 63141, fax it to 314-576-9994, or email Andy Schwebel at andy@bnaiamoona.com with the information requested below. If you would like to submit more than one candidate for consideration, please use a different form for each nominee. Thank you for playing an important role in this process.

Congregation B'nai Amoona Board of Trustees Nomination Form
(please print clearly or type)

Name of Candidate: _____

Address: _____

Home Phone: _____ Business Phone: _____

Occupation: _____

Qualifications:

B'nai Amoona Involvement _____

Community Involvement _____

Why do you think this person would be a good candidate for the Board of Trustees?

Your Name _____

Phone Number _____

E-mail Address _____

*The qualification for election to the Board of Trustees shall be a member in good standing for at least one (1) year immediately prior to such election.

**The qualification for election as an officer of the Congregation shall be membership in good standing at the time of election and for at least four (4) years immediately prior to the election, and either membership on the Board of Trustees for at least one (1) term or having served for at least two years as an officer of Men's Club or Sisterhood as of the date of the annual meeting at which the election occurs.

In our Community

UPCOMING B'NAI MITZVAH



January 13, 2018
Jonah Grossman
Son of
Marla & Jeffrey Grossman



January 20, 2018
Samuel Herman
Son of
Leah Rogers and David Herman



February 10, 2018
Aydan Bricker
Daughter of
Jamie & Cory Bricker



February 17, 2018
Jacob Rafael
Son of
Christina & Tobias Rafael

CONDOLENCES

The Congregation extends heartfelt sympathy to the families of:

- Jeff Becker**
- Rosetta Davison**
- Arthur Eisen**
- Shirley Goldenberg**
- Barry Hapner**
- Sheila Krawll Hyatt**
- Howard Pearlstone**
- John Schwebel**

May their memories be a source of blessing!

MAZEL TOV TO...

Gloria and Sanford Spitzer and **Linda and Richard Gavatin** on the birth of their great-granddaughter and great-niece, Elianna Malka. Proud parents are Rachael Besser and Rafi Spitzer.

Diane and Paul Gallant and Linda Burkhart on the birth of their great-grandson and grandson, Hollis Thompson Honeysett. Proud parents are Melissa Hunter and Josh Honeysett.

Diane and Sam Valencia on the birth of their granddaughter, Shayna Valencia Ostrow. Proud parents are Toby and Jon Ostrow.

Ed and Rita Balk and **Lynsie Balk Kantor** on the marriage of their granddaughter and niece, Dena Balk to Judd Cohen. She is the daughter of Mitch (Sheila, Z"L) Balk.

Barbara and Stanley Goodkin on the birth of their granddaughter, Danielle Hillary Roth. Proud parents are Lauren and Marty Roth. Big brothers are Sam and Jacob Roth.

TREE OF LIFE FUND

Donor	In Memory of
Congregation B'nai Amoona	Arthur Eisen
Congregation B'nai Amoona	Barry Hapner

*Proceeds help populate the JNF Forest in Israel.
This project was inspired by Ron and Gerry Heller.*

SPECIAL OCCASIONS WALL

In Celebration of our Wedding and with Gratitude to our B'nai Amoona Family
December 10, 2017
Rabbi Orrin Krublitz & Meira Cohen

Don't miss these wonderful opportunities to remember or honor your family and friends.

For details, contact Barbara Shechter at 314-576-9990 x126 or grammy@bnaiamoona.com

Minyan Matters

This Minyan article was written by Gary Myers about 30 days after his wife died:

With the death of my beloved wife, Lynn, I was at a loss and with all my children out of town, so very alone. I turned to Rabbi Carnie Rose for help and guidance, but also joined the Minyan.

Until then, I was a three day a year Shul member. My wife and I were very Jewish, but just not observant. Therefore, I knew very few synagogue members. But the members of the Minyannaires greeted me with open arms and welcomed me into the group. Their concern for me was overwhelming. I also joined a group of people going through the same anguish I was having and therefore we communicated on a special level. I have now passed the thirty days of mourning. But I plan on continuing to go to the Minyan three mornings weekly. Maybe then I can be of assistance to someone else in their time of need.

As you can see we here at the daily Minyan are a welcoming community. No experience is needed. Please come and join us.

We have a new email minyan@bnaiamoona.com.

B'Shalom & See you in Shul!

Bob

Bob Rosenfield
Minyannaire Co-Chair
314-308-1784
rlrosenfield@aol.com

Laura

Laura Shapiro
Minyannaire Co-Chair
314-878-3446
lasmsw@sbcglobal.net

Shomrei Amoonim

Smiles! Joy! Appreciation!

Those are a few of the responses to the Shomrei Amoonim volunteers when they bring a little bit of B'nai Amoona to Congregants who are living in senior facilities. For Chanukah these Mensches had fun delivering smiling electric menorahs!

We also deliver soup to Congregants experiencing life's transitions. Whether it be the birth of a baby, or the death of a loved one.

Our work is inspired by many Jewish values. In this year when our theme is Be A Mensch, it is appropriate to honor our elders, visit the sick, comfort the mourner, etc.

We hope to see many of you at Mitzvah Day (see page 16 for details) where we will be putting together Mishloach Manot to be distributed around Purim.

Please contact us if you want to join our growing team of volunteer Mensches!

Sheryl

Sheryl Kalman
Shomrei Amoonim Chair
Shomrei.amoonim@gmail.com

Volunteers Needed at the Harvey Kornblum Jewish Food Pantry

Looking for a way to give back? Why not feed 6,498 people this month! Join one of our many volunteer teams at the Harvey Kornblum Jewish Food Pantry. The food pantry needs help on a regular basis during the work week. We are looking for volunteers over the age of 18, who can commit to a 2-4 hour shift once a week.

We would love to hear from you! Contact Chelsey Banaskavich, JF&CS Volunteer Coordinator, 314-513-1674 or cbanaskavich@jfcs-stl.org for more information.



Early Childhood *News*



Praise our children? We all do it all day long. We believe it builds self-esteem. As it turns out, there are better ways to build self-esteem than heaping on praise for everything a child does well. Children need to take risks, make choices, solve problems and stick with what they start in order to develop competence and self-esteem. Developing competence at a skill or task takes practice. As much as we want to, we can't praise our kids into competence. It comes from trying and failing many times.

When children make their own age-appropriate choices and take healthy risks, they feel more powerful. Wearing a coat is a perfect example. Once a child knows the difference between being cold and warm, he is able to make a choice as to whether or not to put on a coat. Having control over your own body is very empowering. A story, shared with me last week, made me smile. "Today my daughter finally wanted her coat. I've offered it every day, but before today her answer was, I want to be cold."

Children need opportunities to demonstrate their competence and feel that their contribution is valuable. A great way to create an opportunity is to expect them to help around the house. Even toddlers and young children can help with cooking, setting the table and putting things away. Another surefire way to boost confidence in your child is to encourage him/her to take on tasks they show interest in, but make sure they follow through to completion. It doesn't matter what the task, it could be anything from swimming laps to playing chess. The point is for him/her to stick with what he/she starts, so he/she feels the sense of accomplishment at the end.

Keep in mind, self-esteem is strengthened with accomplishment but sometimes you have to struggle and even fail a few times to succeed. Make clear that your love and support is unconditional. Let your child know you love her even when she fails or makes poor decisions. It's important for you to give the opportunities for your child to discover his/her own unique talents and qualities, and to value his/her strengths. These experiences will build the feeling of achievement and self-confidence.

Just something to think about...

10 great ways to boost your kiddo's self-confidence!

1. Teach good manners and expect them.
2. Stay away from comparisons.
3. Assign your child age-appropriate household chores which accentuate their strengths.
4. Compliment when they succeed.
5. Encourage when they don't succeed.
6. Be a mirror of your own self confidence.
7. Let them make decisions, based upon choices you present to them.
8. Set goals together.
9. Celebrate the little things.
10. LISTEN.

I am ready to send my child to preschool, but it's the middle of the year. What should I do?"

Contact Anita!

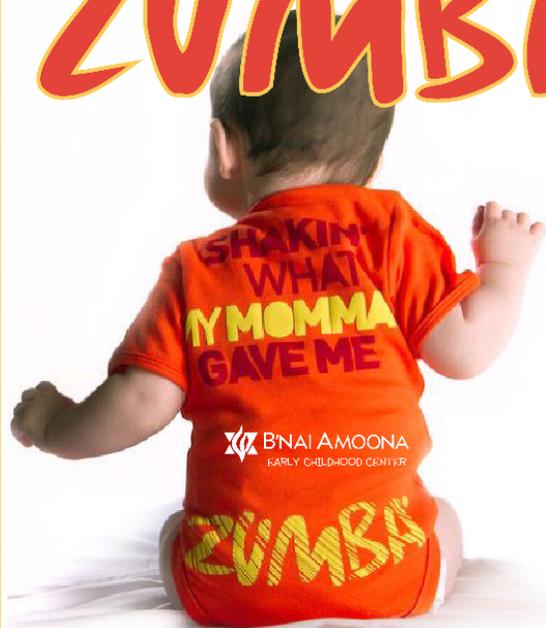
**Visit the B'nai Amoona
Early Childhood Center
and find your place**

**314-576-3688 or
anita@bnaiamoona.com**

Anita

Anita Kraus
Director of Early Childhood Education
anita@bnaiamoona.com
314-576-9990 x127

ZUMBA BABIES



AT THE B'NAI AMOONA ECC!

Zumba Babies is a FREE class for baby and parent, nanny, grandparent, or caregiver!
(birth - age 2)

TUESDAYS
9:15 - 10:15 AM

REGISTER TODAY!
eccsec@bnaiamoona.com or
314-576-3688

THE B'NAI AMOONA ECC PRESENTS:

SUPERHERO SUNDAY

FEBRUARY 11, 2018 ★ 9:00 - 11:00 AM

SUPER BREAKFAST ★ GAMES ★ RAFFLES ★ PHOTO BOOTH

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OR ONLINE AT [WWW.BNAIAMOONA.COM](http://www.bnaiamoona.com)

\$54/FAMILY
(UP TO 2 CHILDREN)
\$18 PER ADDITIONAL
PERSON



 B'NAI AMOONA
EARLY CHILDHOOD CENTER

The Meyer Kranzberg *Learning Center*



Over the summer, I wrote an article about my experience visiting out students at overnight camp and how integral these experiential programs are for our Jewish journeys. And yet here we are, at the January and February bulletin. How can we create similar experiences for our youth in the dead of (albeit St. Louis) winter?

Here at the Meyer Kranzberg Learning Center we do our best to capture the essence of camp in short 25 hour Shabbatonim or lock-ins here at B'nai Amoona. The 5th and 6th grade students are invited to spend all of Shabbat here on January 19-20, 2018. Our 3rd and 4th grade students are invited to join us for the Shabbat of February 9-10, 2018.

5th & 6th Grade Shabbaton



The Hebrew word for winter is *Choref*. When I hear this word, I immediately think of "ref" or "referee." This year's Congregational theme is "Be a Mensch," so I decided to meld together the idea of winter, good sportsmanship and how to referee difficult Jewish questions into a sports themed Shabbaton!

Drop off: Friday, January 19 at 4:50 pm

Join us for Havdalah: Saturday, January 20 at 5:30 pm

Contact the MKLC office to register!
idena@bnaiamoona.com

3rd & 4th Grade Shabbaton

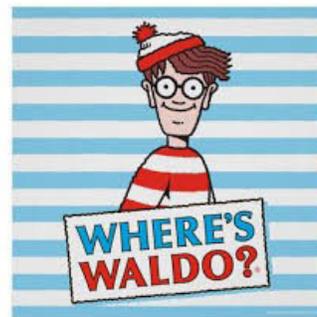
After the success from the Mystery of Sukkot, why not have the 3/4th grade students learn through additional investigation? The theme for this Shabbaton is "Where's Waldo?"

He could be inside of a Siddur, hiding at our Shabbat dinner table, and who else knows where? Join us to find out!

Drop off: Friday, February 9 at 5:00 pm

Join us for Havdalah: Saturday, February 10 at 6:00 pm

Contact the MKLC office to register!
idena@bnaiamoona.com



We are looking for additional high school aged staff for these Shabbatonim. Please email avital@bnaiamoona.com if you are interested. Compensation is based on experience.

©*Avital*

Avital Ostfield
Director of Religious Education
avital@bnaiamoona.com
314-576-9990 x116

From the BAUSY *Bunch*



To all of you who invest in the life of a child, you deserve a “thank you.” You probably feel like an Uber driver (ready to pick them up/drop them off whenever they call), coach (helping them perfect their sport), tutor (working with them on homework), guidance counsellor (preparing them for their future) and, sometimes, a jockey (pushing them to cross the finish line)...all wrapped up in one!

That's why, with all the insane busy schedules that go with parenting a child, it's easy to let youth group attendance slide off the grid. It's tempting to think, "My kid is just too busy for a night of hanging out with other teenagers, and playing some goofy games with friends." I'd like to point out a few reasons I believe may change your mind about taking youth group activities off the calendar.

1. Children need models and mentors.

Of course you, as a parent, are called to be the primary mentor of your own child but he/she needs other peers and adults as well. They need to have models and mentors who reinforce all of the transcendent truth they are learning from you.

2. Children need community.

In an age of bullying, gossip, slander and hatefulness (which can destroy a child's self-identity), young people need other young people who can lift them up, encourage and challenge them in all the right ways. Youth group is a place where children can discover their individuality and begin to use it to serve others. Working with their peers on a community project during teen years, is habit forming. The experiences they enjoy as a young teen will spill over into their adult years to build a love and desire to selflessly serve others for the rest of their lives in Social Action and Tikkun Olam (repairing the world)!

3. Children need a safe place to relax and confide

Often children can struggle with temptation and have nowhere to confess and confide. They feel trapped by their poor choices. A youth group can create a safe space for them to open up and talk honestly about their struggles. Skilled youth leaders know how to create a context of open and honest dialogue.

Our youth programs at B'nai Amoona are designed to help everyone in each age bracket connect in some way or another. From Atid Amoona grades 3-5, Kadima grades 6-7, Chalutzim grade 8, and USY grades 9-12 everyone has a spot that can help them define themselves. Make time for the important stuff.

Shelby

Shelby Cohen
Director of Youth & Camp
shelby@bnaiamoona.com
314-576-9990 x108

JANUARY PROGRAMMING

Gesher

Saturday, January 13, 2018

10:30am—1:00pm

USY: Mystery Bus Ride

Saturday, January 13, 2018

Starting at 6:00pm

Hop on our mystery bus, where will it take us? Join us to find out!

Cost is \$25/members
and \$30/non-members

USY: The Great BAUSY Bake Off

Wednesday, January 17, 2018

7:00pm—8:30pm

We will be putting our baking skills to the ultimate test. Who will be BAUSY's next great baker?

Cost is \$10/members
and \$15/non-members

Gesher

Friday, January 19, 2018

6:00pm

USY: Winter Shabbaton

Friday, January 26—

Sunday, January 28, 2018

Emtza's Winter Shabbaton is always a blast! Join us in Omaha, NE for this awesome regional event! If interested, please RSVP to Shelby@bnaiamoona.com

USY: Tu B'Shevat Program

Wednesday, January 31, 2018

7:00pm—8:30pm

Our Tu B'Shevat program is not to be missed, come celebrate with your BAUSY family. This program will be held in loving memory of Yana(Z"L) and Harold(Z"L) Shapiro in recognition of their support of Israel and USY.

Cost is \$10/members
and \$15/non-members

Please RSVP for USY events by emailing Rachel@bnaiamoona.com or in our BAUSY Facebook Group.

BA Sisterhood

Shalom!

Our sisterhood committees have been busy planning events for you to enjoy from now through April.

Sisterhood Chesed Baking Event

Thanks to our sisterhood members who attended our Thanksgiving Chesed Baking Project. It was a lot of fun baking pumpkin muffins together. Our own Linda Rosenblatt shared her grandmother's special strudel recipe. We all learned how to make this amazing strudel which we can now share with our own families. We decorated 35 bags with festive stickers and loaded them with candy and delicious baked treats. On November 17, Wendy Shanker delivered these to Covenant House who were grateful and thanked our BA Sisterhood for our thoughtfulness. They welcomed us to come back anytime with or without goodie bags!



Join us as we carry forward the B'nai Amoona theme of "Be a Mensch!" Peruse the events below and join the fun - whether it be for one or all, we'd love to see you! Questions? Please reach out to me or any of our Team chairs.

Nancy

Nancy Goodman, President
njgoodman@sbcglobal.net
314-650-6484

ENGAGE ✦ ENRICH ✦ EMPOWER

Sign up, join in, make friends, and build community!

Send in your B'nai Amoona Sisterhood remittance envelope or [CLICK HERE](#) to download a membership form to join. Sisterhood. Questions? Contact one of our awesome Membership Team Chairs:

Barbara Rosenfield, barb.rosenfield1@gmail.com or 314-323-3712; or

Dani Hoffman, hoffmandaniela83@gmail.com or 314-210-0985.

Sisterhood's New Tikkun Olam Project Continues: *Mathilde's Mentionables*

With the National WLCJ Convention 2017, Sisterhood began a particularly fitting project, called Mathilde's Mentionables, in honor of our founder Mathilde Schechter. In cooperation with Support the Girls, through your donations of new and nearly new bras we will be repairing one of the tears in the world.

B'nai Amoona Sisterhood is collecting new and nearly new bras. Look for a collection container with the logo at various programs or in the Tober Lobby to drop off your bras. All types of new or nearly new bras are welcome. We will distribute them to women in need and shelters in our own local community.

Update! Todah Rabbah to everyone who has donated thus far. We donated 140 bras to St. Martha's Shelter recently! The collection will continue, and the next donation will go to another shelter. Please contact Sheryl Kalman at 636-537-2538 or sheryl@kalman.net for more information or to volunteer to help.

THE JUDAICA SHOP

The shop has a new supply of the roll on hand crocheted beaded bracelets which are made in Nepal. Your purchase empowers women to rise above poverty through fair trade. These are inexpensive, and make great gifts.

We encourage B'nai Mitzvah and new brides to take advantage of our registry. We are also still honoring the 10% discount for birthdays and anniversaries

Please consider volunteering even if you can only work a couple of hours a month. We would like your support. Contact Charlene at charlene@bnaiamoona.com.

HOURS:

Monday 10:00 am - Noon and 1:00 - 3:00 pm

Tuesday 10:00 am - Noon and 1:00 - 3:00 pm
and 4:00-6:00 pm during MKLC

Wednesday 9:30 am - Noon and 1:00 - 2:30 pm

Thursday 10:00 am - Noon and 1:00 - 3:00 pm

Friday 10:00 am - Noon

Sunday 9:30 am - 12:30 pm



Like us on Facebook
[@JudaicaShopBASisterhood](https://www.facebook.com/JudaicaShopBASisterhood)

Metal Working with Deborah Katon January 21 at 10:00 am

Deborah Katon is a local St. Louis artist and instructor. In this workshop she will teach you the fun, rewarding technique of metal tooling, which is a quick process that mimics sterling silver Judaica. She will provide a choice of images while exploring this process, including Star of David, Chamsahj jm,k, Chai, Mizrach and more! You will leave this class with a finished wall piece for a gift for yourself or someone else!

See more of Deborah's work at www.katonstudios.com

Cost is \$5

RSVP at bnaiamoona.com under Sisterhood Calendar of Events.

Mah Jongg Continues



Join us for a regular game 1:00 - 3:00 pm every Wednesday afternoon (excluding days the building is closed). Drop by and check out the game. All are welcome. You don't need to make a regular commitment to participate and it's free. Contact Lisa Samis at lsamis53@gamil.com or 314-805-2254.

**Time to order your 2018 card!
See order form on page 20!**

Monthly Bridge Group

We meet regularly on the 2nd Monday of the month at 11:45 am. If you are interested in joining, contact Rita Goldman at 314-993-6909

Tribute Cards

Sisterhood Tribute Cards are a wonderful way to honor and remember loved ones AND support the work of Sisterhood. They are available in the B'nai Amoona Judaica Shop. Please make checks payable to "B'nai Amoona Sisterhood".



2018 PROGRAMS – SAVE THE DATE

February 3

Sisterhood Shabbat

Kari Kramer & Linda Spitzer Gavatin – Education VPs

Spring

Silent Mitzvah - The Heart of Giving

Jean Margul & Faith Waxman – Ways and Means VPs

April 19

Interfaith Conference at B'nai Amoona

Sandy Greenberg, Chair

April 28 – May 1

Intercontinental Regional Spring Fling in St Louis

Amy Abramson, Chair

Watch for more details!

Men's Club

Happy New Year, and welcome to Men's Club 2017-2018. Before I tell you about the exciting events coming up, let's do a recap of our year so far. Programming started early this year as we joined with the Kol Rinah Men's Club for their June bike ride, and in July we invited Sisterhood to join us for some Mid-Summer Night's Demolition Ball event. September began with our first ever CAMP-OUT Shabbat, cooking for the MKLC Opening Day Bar-B-QUE, and then came October and our ever popular SHABBAT IN THE SUKKAH [now with KARAOKE]. November was filled with our reinvigorated HEARING MEN'S VOICES and second annual BOWLING WITH THE BOYCHIKS. Finally, on December 17th we invited the Congregational Family to join us for our FAMILY CHANUKAH DINNER where an enjoyable time was had by all.

But the year is not over.....

January brings our second Hearing Men's Voices and starts our time working with MKLC with our annual BUILD-A-PAIR workshops.

February brings our study Tefillin effort to a climax with the FJMC World-Wide-Wrap on Super Bowl Sunday, February 4 at 8:45 am. Anyone who wants to learn more about the ritual of 'Laying Tefillin' is invited to join us at Minyan that morning at 9:00 am where we pray, learn, and finally enjoy a filling breakfast of eggs and other goodies.

March is the month for our MAN AND YOUTH OF THE YEAR festivities. Each year we join with Kol Rinah's Men's Club to acknowledge Men and Youth who reflect the ideals of our organization and congregation.

April 21st is this year's Men's Club Shabbat. Prayer does not come easy for us, and at B'nai Amoona, our Men's Club Shabbat is all about helping people to learn and become more comfortable with traditional Jewish prayer. Many of our most accomplished B'nai Amoona members lead Services for the first time as part of a Men's Club Shabbat Service.

Finally, this May is our famous every-other-year Mother's Day Brunch. Started by our past president Jeff Weis, this has become one of our favorite events as moms relax, children do crafts, and the rest of us acknowledge and applaud our significant others.

Whether you are an active member, or are just thinking about it, I hope you will take some time to attend one or more of our events to see how being part of Men's Club can help you connect to Judaism and to other men of the congregation....and you might have some fun, too.

Jay

Jay Englander

Men's Club President

mensclub@bnaiamoona.com

Congregation-Wide
Congregation **B'NAI AMOONA**
Where every Jew finds his or her home

Lynn Myers Memorial Mitzvah Day

*Honoring
Jan Baron*

Sunday, January 14, 2018
10:00 am - 12:00 pm
With luncheon to follow

Special Todah Rabbah To:

The Mitzvah Day Committee:
Erica Abowitz
Bruce & Enid Frank
Mark Gersten
Zeena Goldenberg
Nancy Goodman
Nicki Kruger
Jessica Landy
Jackie Lueg
Joyce Opinsky
Sara Schack
Jennifer Smith
Mike Tennenbaum
Mikey Wagner

and

The Mitzvah Day Partners
Men's Club
Meyer Kranzberg Learning Center
Minyanaires
Shomrei Amoonim
Sisterhood
Social Action

Generously sponsored by Dr. Gary Myers in loving memory of his wife, Lynn.

**LOOKING FOR A
PLACE TO GO
FOR PURIM?!**

SUPER



**WELL,
WONDER
NO MORE!**



PURIM 5778

**Don't Forget
To Wear
Your Costume!**

Wednesday, February 28, 2018

- 4:30 pm Purim Activities For Children (Preschool & Older)
- 5:30 pm Pre-Purim Dinner
- 6:15 pm Minyan & Full Megillah Reading
- 6:15 pm Megillah Lite
- 7:00 pm Purim Snack
- 8:00 pm Shushan Shooters (Festive Music & Purim Snacks)



Thursday, March 1, 2018

- 6:45 am Morning Minyan with Full Megillah Reading
- 8:15 am Festive Purim Seudah (Meal)
- 6:15 pm Minchah/Ma'ariv



**Come Celebrate Purim With Your
B'nai Amoona **SUPER MENSCH** Family!**



Purim at B'nai Amoona is generously sponsored by
Lauren, Kyle, Reese, Haley and Jake Kerner.

In Tribute...

The Congregation acknowledges with thanks the following contributions:

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The Following Contributions have been made in Memory of Barry Hapner:

- Maris Berg
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- Joan Hoffman
- Rozella & Jerry Lapp
- Lisa & Michael Samis
- Amy & Eric Wallerstein
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.. Barbara Shechter's 20 years of service at B'nai Amoona	
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.....	Engagement of Abby Green & Sam Ben-Zirki
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A special note from our Rabbis and Cantor: Though we do not publish the names of those who make contributions to our Discretionary Funds (as a way to protect their request for anonymity), we deeply appreciate your continued thoughtfulness and generosity. Todah Rabbah & may you continue to be blessed from On-High.

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Shabbat Across America

Save the date for another OUTSTANDING B'nai Amoona Shabbat dinner as we celebrate Shabbat Across America with congregations nation wide.

This event is organized by the B'nai Amoona Membership Committee and generously sponsored by Harvey and Fran Cantor

March 9, 2018

Watch for more details coming soon!