



High Holy Day Preview Guide

SEPTEMBER 2021
ELUL 5781—TISHREI 5782

A still life arrangement of autumnal items including a pomegranate, several red apples, yellow maple leaves, a wooden honey dipper, and a glass jar of honey. A white rectangular box is overlaid on the center of the image, containing the text "L'Shana Tovah U'Metukah".

L'Shana
Tovah
U'Metukah

Schedule of Services

Erev Rosh Hashanah

Monday, September 6

Virtual Service | Zoom Meeting ID: 880 6943 6612 | Passcode: HHD5182

5:00 pm | **"Apple and Punny" - Family Intergenerational Interactive Seder**

5:45 pm | **Traditional Ma'ariv Service**



Rosh Hashanah Day 1

Ticket Required for in-person attendance.

Tuesday, September 7

In-Person Service: Shapiro Sanctuary | Streaming: www.facebook.com/bethel.phoenix

9:00 am | **Morning Traditional Service with Shofar Service**

4:30 pm | **In-Person Tashlikh with Shofar Sounding** – 35 W. Dunlap Ave. (West of Sunnyslope High School)

Virtual Service Only | Zoom Meeting ID: 880 6943 6612 | Passcode: HHD5182

5:45 pm | **Evening Service**

Rosh Hashanah Day 2

Wednesday, September 8

In-Person Service: Shapiro Sanctuary | Streaming: www.facebook.com/bethel.phoenix

9:00 am | **Morning Traditional Service with Shofar Service**

Virtual Service Only | Zoom Meeting ID: 880 6943 6612 | Passcode: HHD5182

7:15 pm | **Ma'ariv Service (Lay-Led Weekday Minyan)**

Kever Avot Cemetery Service

Sunday, September 12

9:30 am | **Kever Avot Prayers** | Beth El Cemetery (NW section of Greenwood Memorial Park at 2300 W. Van Buren)

Erev Yom Kippur/Kol Nidre

Wednesday, September 15

In-Person Service: Shapiro Sanctuary | Streaming: www.facebook.com/bethel.phoenix

5:30 pm | **Kol Nidre Service**



Yom Kippur

Thursday, September 16

In-Person Service: Shapiro Sanctuary | Streaming: www.facebook.com/bethel.phoenix

9:00 am | **Yom Kippur Morning Service & Yizkor**

3:45 pm | **Exploring Shmita - the Sabbatical Year with Rabbi Stein Kokin**

4:45 pm | **Yom Kippur Mincha & Ne'ila Services**

7:30 pm | **Community Havdalah**

Beth El Congregation

1118 W. Glendale Ave. | Phoenix, AZ 85021 | (602) 944-3359 | www.bethelphoenix.com

Rabbi Nitzan Stein Kokin | Cantor Jonathan Angress

High Holy Day Youth Services



Rosh Hashanah

Erev Rosh Hashanah
Monday, September 6

Virtual Service only

5:00 pm | **Family Intergenerational Interactive Seder with symbolic foods**

Zoom ID: 880 6943 6612 | Passcode: HHD5182

Rosh Hashanah Day 1

Tuesday, September 7

9:00 am | **Preschool Rosh Hashanah Service** | Dreiseszun Pavilion

9:45 am | **Interactive Family Service** | Dreiseszun Pavilion

10:30 am | **Shofar Service** | Shapiro Sanctuary

11:00 am | **B'nai Mitzvah Cohort, Kadima, and USY Discussion** | Youth Lounge
(5th—12th Grades)

4:30 pm | **In-Person Tashlikh** – 35 W. Dunlap Ave. (West of Sunnyslope High School)



Yom Kippur

Thursday, September 16

9:00 am | **Preschool Yom Kippur Service** | Dreiseszun Pavilion

9:45 am | **Interactive Family Service** | Dreiseszun Pavilion

6:00 pm | **USY Youth Discussion** | Youth Lounge
(9th—12th Grades)

7:30 pm | **Community Havdalah** | Shapiro Sanctuary

Apple & "Punny" Rosh Hashanah Seder

Monday, September 6 | 5:00 pm | Zoom ID: 880 6943 6612 | Passcode: HHD5182

Simanim for Rosh HaShanah

compiled by Rabbi Nitzan Stein Kokin

Ashkenazi Jews typically preface their Rosh Hashanah meals with the consumption of apples dipped in honey (tapuah 'im devash), before quickly moving on to the main course. In the Sephardic tradition, by contrast, it is common to eat as many as a dozen or more symbolic foods or *simanim* (siman = symbol in Hebrew) to express our dreams and hopes for the new year. Accompanied by the standard liturgical exhortation formula *Yehi ratzon* ("May it be Your will"), the simanim texts often involve fanciful word-play between wish and food. We thought it would be meaningful and fun to "zoom" in on this tradition. So please stock up on some of the foods below and prepare to *punish* us with some of your own wit and wish!

INGREDIENT LIST of suggested foods:

Apples, Honey, Pomegranate seeds, a "head" food (brussel sprouts, fish head), dates, beets, leeks (or scallions/chives), tofu, a nice drink ("Mashke"), ice cream, kiwi, carrots, celery, peas, and more

SOME ORIGINAL SIMANIM

TOFU (by Daniel Stein Kokin, 2020):

Despite the replenishing Monsoon rains this summer, Arizona remains deep in drought: We need rain, so let's eat tofu...

יהי רצון מלפניך ה' אלוקינו ואלוקי אבותינו, שבשנה החדשה יטפטפו השמים

Yehi ratzon milfaneikha, Adonai Eloheinu ve-Elohei Avoteinu, sheba-shanah ha-hadashah yetaftefu ha-shamayim.

May it be your will, O Lord our God and God of our Forefathers, that in the new year the heavens will drip forth rain.

ICE CREAM:

Heat: The High Holy Days this year fall so early - we still need to cool down: so let's eat ice cream...

יהי רצון מלפניך ה' אלוקינו ואלוקי אבותינו, שבשנה החדשה יתקרר אווירינו כגלידה

Yehi ratzon milfaneikha, Adonai Eloheinu ve-Elohei Avoteinu, sheba-shanah ha-hadashah yitkarer avirenu ka-glidah.

May it be your will, O Lord our God and God of our Forefathers, that in the new year the air around us will become as cold as ice cream.

DRINK:

COVID: We are all eager to remove our masks, but staying safe from this new surge of infections and reducing the risk of spreading the Delta Variant we will keep them on. In the meantime, let's drink something real nice (Mashke משקה in Hebrew) to wash away our sorrow and restlessness...

יהי רצון מלפניך ה' אלוקינו ואלוקי אבותינו, שבשנה החדשה תרדנה מסכותינו מפנינו כמשקאות הזורמים בגרונו

Yehi ratzon milfaneikha, Adonai Eloheinu ve-Elohei Avoteinu, sheba-shanah ha-hadashah teredna masekhoteinu mi-paneinu ka-mashka'ot ha-zormim be-garonenu. May it be your will, O Lord our God and God of our Forefathers, that in the new year the masks will descend from our faces like the drinks flowing down our throats.

KIWI (Rabbi Yehoram Mazor, Israel):

יהי רצון מלפניך ה' אלוקינו ואלוקי אבותינו, שתתן תקוה לדורשיך, שמחה לארצך, וששון לעירך במהרה בימינו: קניתי יהוה קניתי נפשי ולידברו הוהילתי:

Yehi ratzon milfaneikha, Adonai Eloheinu ve-Elohei Avoteinu, she-titen TIKVA leDorshekha, Simcha leArtzekha, veSasson leIrekha bim-hera beYameinu: Kiwiti Adonai Kivta Nafshi veLiDvaro Hochalti. May it be your will, Lord, God and God of our Forefathers, that You may grant hope to those who seek you, joy to Your Land and delight to Your City speedily and in our days [as it says in Ps 130:5] I hope for Adonai; My soul hopes for [God]; I await [God's] word.

PEAS (by David Schwartz): May it be your will Adonai, that we may know peace in our hearts.

CELERY: May it be your will Adonai, that our salaries will be stable or increase.

BEETS: May it be your will Adonai, that all our fears be beaten away

CARROTS: May those we care for be happy.

Next Generation Poets

COMPOSITIONS FROM TALMUD TORAH'S MIDDLE SCHOOLERS



Holiday Poem by Randy Tuttle

sins and forgiveness
good and bad
get me in through the
doors of life
happiness and kindness
sadness with strife
these are things
that are the building
blocks of life.

time and time
again and again
i live in my den
swallowed in woe
i do good 10 days in
a row then more and
more, so let me in
i live for your doors. let me in
for the sake of life
the doors, my G-d.

I do not wish
to die so give
me your judgement
and bestow my
pain. shall I rise or fall
shall i live for the spring- summer and autumn
or shall i only last an ending
winter. i plead with you my Lord
let me in the door
of life. judge my soul
for my first and final
time. let me in the
doors of life.

Holiday Haiku by Ethan Philo

We apologize
We ask forgiveness
We are forgiven

We give tzedakah
We eat apples and honey
We blow the shofar

We wear all white clothes
Fish heads bring us a good year
We wake up and pray

Holiday Rhymes by Harper Meyer

Apples and honey
they are yummy and crunchy
Apples and honey

Then there is shofar
you hear it loud and afar
Then there is shofar

Also the great crown
shiny and gorgeous on the mound
Also the great crown

Holiday Haiku by Sarah Melkin

the sky was dark blue
awaiting Rosh Hashanah
and celebrations

the sounds of shofar
the smells of delicious food
the sights of the books

TESHUVA

Awake, awake, you sleepers from your sleep;
examine your deeds, return in repentance, remember
your Creator, look to your souls (Maimonides)

Rosh



L'Shana Tova from Rabbi

היום הרת עולם - *Today the world is born anew.*

This day, the whole of creation stands before you to be judged.
As we are Your children, love us in the way of mothers and fathers.
As we are Yours in service, guide us by the light of Your justice,
grace, and holiness.

Translation from Machzor Mishkan HaNefesh

Rosh HaShanah celebrates the creation of the universe as well as the creation of humankind. As we sing these lines after every Shofar blowing in the Musaf service, we affirm that we are blessed with the potential for self-creation and self-improvement. The Piyut opens with the word HaYom (Today), emphasizing that we are not merely concerned with the memory of the first creation. Rabbi Hayyim Herman Kieval teaches in his commentary on the Machzor that "Rosh HaShanah carries the momentous message that the human personality...possesses limitless capacities for renewal" (quoted from Mishkan HaNefesh). Creation can happen today and every day.

This year we are also entering a Shmita Year - the Sabbatical year. The laws of Shmita are designed to foster rest for the land and a "reset" for society, facilitating equal access to resources for all. While traditionally the notion of a sabbatical year only applies to the land of Israel and its inhabitants, I invite us to seize upon Shmita's lessons in this new year to find our own equilibrium, and to engage in helping others and the earth to find balance and peace.

"Today the world is born" - take this opportunity to renew your life and work for a better future, despite the challenges we face.

May you be inscribed to a life of blessing and renewed opportunity this 5782!

Rabbi Nitzan Stein Kokin

THE HEAD OF THE YEAR

The moon is dark tonight, a new moon for a new year. It is hollow and hungers zero of beginning.

Now you must void yourself of injuries, insults, incursions. Go with empty hands to those you have hurt and make amends.

It is not too late. It is early and about to grow. Now is the time to do what you know you must and have feared

to begin. Your face is dark too as you turn inward to face yourself, the hidden twin of all you must grow to be.

Forgive the dead year. Forgive yourself. What will be wants to push through your fingers.

The light you seek hides in your belly. The light you crave longs to stream from your eyes.

You are the moon that will wax in new goodness.

Adapted from Marge Piercy

THIS WORLD WAS CREATED IN TISHREI

Rabbi Eliezer says, "How do we know that the world was created in Tishrei? As it is said, "And God said let the land be covered with seed-bearing grasses and fruit-bearing trees. "And in which months is the land filled with grasses and the trees laden with fruit? ...Tishrei. And that is the rainy season....rains fell and plants came forth... a mist rose from the earth."

Babylonian Talmud, Rosh HaShanah 11a

BUILDING OUR COMMUNITY: THE CALLS OF THE SHOFAR

...First we hear a voice calling each blast by its name.

Then comes Tekiah, the single blast commanding us to care about others and to reach out to them.

Then Sh'varim, the triple blast commanding us to honor the promises we make on this Rosh HaShanah...

T'ruah, the nine blasts commanding us to respond to the needs of our people wherever they may be...

and Tekiah G'dolah, commanding us to do what we can to help make this year a better year for all people....

for if not now, when? (from the Family Service Mahzor of Stephen Wise Temple)

Hashanah

Greetings from the President

Dear Fellow Congregants,

What a year it has been. The strength and energy we have shown as a community fills me with great hope and confidence about the coming year.

Everything that happens at Beth El takes place because of our community. Even in the face of the ongoing challenges that we have met, Beth El has remained a needed source of spiritual, intellectual, and emotional strength for its members. Shabbat services. Zoomdalah! Daily Minyan. Hanukkah lighting. Purim with the Stars. Shavuot Farmers Market. CSA@BethEl (community-supported agriculture). JFCS programs. Valley Beit Midrash programs. Hebrew instruction. Jewish Learning. Talmud studies. Talmud Torah. Preschool. Joan Sitver School Supply Drive. Water Drives. Lunch Bag Drives. Streaming technology. Book Club. Women's League. Online cooking instruction. Blanket Boosters.

And the list goes on, as you will see on these pages. Maybe it's not quite right to say that the pandemic has been the spark for all that we have done in the past year and will be doing in 5782, but it has shown us who we are and what we can accomplish when we put our passion, heart, and mind in motion.

We wish you and yours a healthy, happy, and sweet New Year. L'shanah Tovah Tikatevu V'teichateimu.

May you be inscribed and sealed for a beautiful New Year,

Greg Harris

SHOFAR

Rambam [Maimonides] teaches us that the shofar comes to wake us up. "LOOK AT YOUR LIFE! WHO EVEN ARE YOU? NOW IS THE MOMENT TO CHANGE!". The wordless blasts of the shofar bear the great spiritual promise of the holidays: everything is possible. Things don't have to be as they are. We don't have to be as we are. If we take this moment seriously, it could change everything.

(Rabbi Sharon Brouse)

BUILDING OUR COMMUNITY: MEMBERSHIP

The Community Building activities of the Membership Committee are committed to enriching the experiences of our congregants while attracting and retaining new people in our congregation. The committee's ambitious agenda includes strengthening individual relationships by expanding on the initiative of the Chesed Committee in reaching out on a member-to-member basis. It also encompasses fostering the growth of Ma'agalim—"circles" of congregants and community members that run the gamut of interests, from Blanket Boosters and the Abe Meth Society of Torah Readers to hikers, cyclists, mahjong aficionados, novel readers, bridge enthusiasts, chess players, gardeners, cookie bakers, bourbon and scotch tasters, photographers, musicians, sports fans, and whatever else people would like to enjoy together. The Ma'agalim will be able to take advantage of the new Beth El coffeehouse that is nearing completion.

At the same time, the Community Building effort will be evaluating the shul's membership structures and requirements in order to open the doors to Beth El and tear down the barriers that keep people of all generations from participating in our community. Among other initiatives, we will be exploring alternative synagogue funding models that do not put a price tag on Jewish life. We will also be reviewing our policies and practices to make Beth El an even more welcoming and comfortable home for all Jews, including singles, young couples and families, empty nesters, seniors, interfaith families, and LGBTQ+ individuals and families.

Yom Kippur

Ashamnu Afghanistan by Daniel Stein Kokin

This prayer was inspired by the close proximity between the withdrawal of Western forces from Afghanistan and the Jewish season of repentance—and the strong emotions provoked by both. For whether we supported, opposed, or—as I imagine applies to most of us—were to some degree ambivalent about the war in Afghanistan, its seeming end now leaves us Americans with much for which to feel ashamed, and thus much for which we ought to say “Ashamnu.” My aim in what follows is thus much less to make any particular political point and more to stimulate the reflection appropriate for both this moment in our national history and this period in our spiritual calendar. Please note that the number of this text’s lines matches by intention the number of the traditional Ashamnu prayer’s phrases.

Ashamnu Bagadnu

We are guilty, we have betrayed

We took responsibility for twenty years

We now say we bear no responsibility

We said we supported the government

We negotiated behind that very government’s back

We exaggerated our power

We now behave as if we were powerless

We violated our agreement

We insisted that agreement tied our hands

We paid little attention for two decades

We now wish to forget the whole thing ever happened

We trained soldiers to fight with us and with our weapons

We were disappointed when they then didn’t fight on their own

We want to focus the world on bigger threats

We have caused the world to ask: can we be counted on?

We assumed we could reshape a country resistant to reshaping

We wrecked the very progress we had achieved

We claim we wish to promote freedom in the world

We have abandoned forty million to despotism and extremism

We lingered far too long

We were overly hasty in withdrawal

Ta’inu Tee’tanu

We have strayed from our path and misled others from theirs

Neilah: Building our Community

Where are the keys for your gates hidden?

What have you done to find them - what will you do?

What still-closed gates are you opening now - for yourself, family, community, country, your people,
your world - before the Closing of the Gates?

What gates can we open only together?

Music Notes from Cantor Angress: Yom Kippur

When most people think of Yom Kippur, there are two elements that come to mind: fasting and Kol Nidrei - one of the most famous and well known prayers in all of our liturgy. But in addition to Kol Nidrei, there is another piece of liturgy that is just as beautiful and inspirational. This prayer is called Ya’aleh in which we ask God that our prayers be answered and heard. Growing up, I was taught a haunting melody for Ya’aleh that I still use to this day. The past several years at Beth El, I have shared the singing of this melody with one of our youth, Sydney Goldfarb, who has so beautifully sung this melody with me as a duet. Thankfully, Sydney will be back this year to sing it with us but until then, you can hear the melody here: <https://youtu.be/aQFP66PisqE>

Yizkor

Holding On and Letting Go

Hold on and let go.
On the surface of things
contradictory counsel.
But one does not negate
the other.

The two are complementary, dialectical
two sides of one coin.

Hold on--death is not the final word
The grave no oblivion.

Hold on in Kaddish,
Yahrzeit, Yizkor.

No gesture, no kindness, no smile evaporates --
Every kindness, every embrace has its afterlife
in our minds, our hearts, our hands.

Hold on

Not enslaving memory
that sells the future to the past
nor recollection that makes us passive,
listless, resigned.
But memory that releases
us for a new life.

The flow of life --
the divine process
gives and takes
retains and creates.

Return the dust to the earth
not to bury hope
but to resurrect the will to live.

-- Rabbi Harold M. Schulweiss

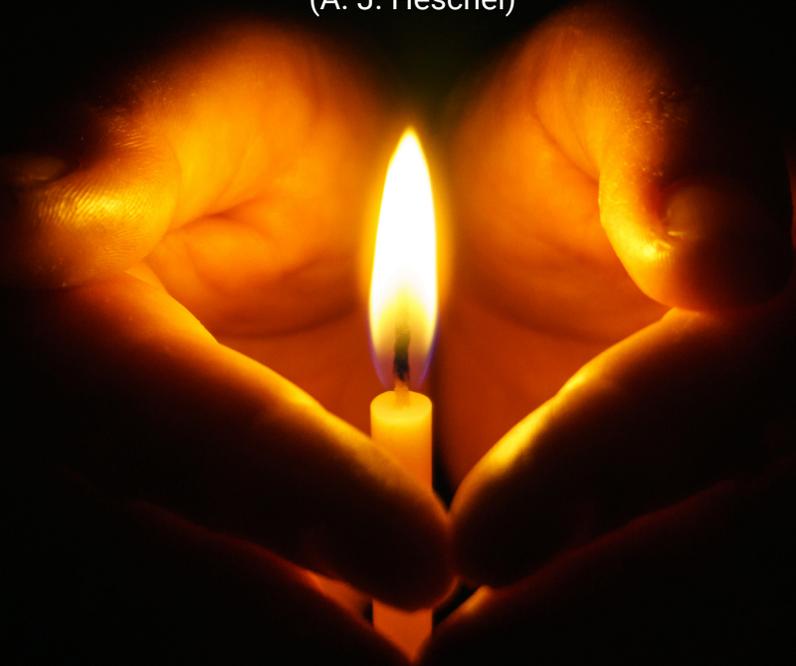
Building our Community ON LINKING GENERATIONS

The authentic individual is neither an end nor a beginning but a link between ages, both memory and expectation...

To us, recollection is a holy act; we sanctify the present by remembering the past.

To us Jews, the essence of faith is memory. To believe is to remember.

(A. J. Heschel)





Children's Holiday Book Recommendations by Nanci Siegel Manson

A challah baking Jewish giant, a young baseball champ, and an endearing boy in a pumpkin patch are three of my favorite holiday reads that I've chosen to begin the library of Jewish books for my nine-month-old grandson.

It's never too early to teach your children about Judaism, our holidays, living a Jewish life, and what better way to start than through a good Jewish book!

Below are the titles of the kid-centered, inspiring, and repairing the world books I've personally chosen for my little Bennett to get into the spirit of these high holidays.

1. Big Sam: A Rosh Tall Tale

Sampson, the Giant, known as "Big Sam", to his friends, sets out to make giant round challah for Rosh Hashana. He digs a big hole-the Grand Canyon, to use it as a mixing bowl. Step by giant step, he crosses the U.S., filling his bowl with mountains of flour, a lake of oil, hundreds of eggs, and more. For water, he dams up the Colorado River and then carves a giant California redwood into a spoon for stirring.

But before he can celebrate the holiday, two bald eagles caution the giant that he's caused an awful lot of damage to the environment, causing hills to flatten, and threatening habitats. In the spirit of the holiday, Big Sam considers his misdeeds and sets about to make things right. When he's finally ready to dig into the huge challah, Big Sam welcomes in Rosh Hashana with his American tall tale pal-Paul Bunyan.

2. Yom Kippur Shortstop

This story is about a young man named Jacob who makes the winning catch in the last inning of his Little League game. If they win the next game, they will be the champions, but that game is scheduled on Yom Kippur. After reminding his son that Yom Kippur is an important holiday, his father says, "think 'bout what you want to do."

Over the next few days, Jacob does just that. Will he go to the game or spend the day in the synagogue with his friends and family, observing the holy Jewish day? No spoilers here, but Jacob soon realizes that he's part of many teams: his family, friends, his people, and Little League.

Fun fact, this story is actually inspired by the Jewish baseball legend, Sandy Koufax, who sat out the opening game of the 1965 World Series because it was Yom Kippur.

3. The Best Sukkot Pumpkin Ever

Micah can hardly contain his enthusiasm for picking pumpkins at farmer Jared's pumpkin patch. He and his family join others from their synagogue who are helping the farmer pick the last of the seasons pumpkins to donate to a soup kitchen. Micah, however, thinks he's searching for the Peter pumpkin to decorate his family's sukkah, the temporary hut Jewish families build to celebrate the fall's harvest.

Even at a young age, we must engage our children in Jewish life. Children are naturally curious. They love to explore, to hear, and to ask questions. We must not let Jewish life become stale because if we do, they will begin to feel as if Judaism is boring. We must take responsibility to take these high holidays to share the joy and excitement of them with our children and grandchildren, and not let them pass us by.

We have the power to create memories for the generations to follow. The question is, when your children/grandchildren look back, will they see your image and all of your teachings during the holidays? I know mine will.....

Wishing you a happy and healthy new year!

SUKKOT

Hybrid = in-person and virtual options
Virtual = www.facebook.com/bethel.phoenix
and/or
Zoom meeting at
Meeting ID: 924 0856 8672 | Password: minyan

Schedule of Services

Monday, September 20 5:45 pm Yom Tov Service Hybrid	Friday, September 24 7:00 am Chol Hamoed Services Hybrid 5:45 pm Family Kabbalat Shabbat Hybrid
Tuesday, September 21 9:30 am Yom Tov Service Hybrid 5:45 pm Yom Tov Service Hybrid	Saturday, September 25 9:30 am Shabbat Chol Hamoed Hybrid 7:30 pm Musical Ma'ariv & Havdalah Virtual
Wednesday, September 22 9:30 am Yom Tov Services Hybrid 6:56 pm Havdalah 7:00 pm Yom Tov Service Zoom only	Sunday, September 26 8:00 am Chol Hamoed Services Hybrid 5:45 pm Chol Hamoed Services Zoom only
Thursday, September 23 7:00 am Chol Hamoed Services Zoom only 5:45 pm Chol Hamoed Services Zoom only	Monday, September 27 7:00 am Hoshanah Rabbah Services Hybrid 5:45 pm Yom Tov Services Zoom only



Greetings from Beth El Women's League

Our sisterhood is known as Beth El Women's League, or BEWL, which we like to pronounce as Be Well. We are a group of women of all ages. We are single women, wives, widows, mothers, daughters, grandmothers, and even great-grandmothers. Last year we had 80 members who are retired, working, or semi-retired. Our membership includes great cooks, embroidery and crocheting experts, artists, mahjonn and bridge players, fundraisers, readers and writers, teachers, lawyers, doctors, and world travelers. We are all different shapes and sizes and each has her own interests and abilities, but we do all have a common bond... we are members of BEWL, an affiliate of Women's League for Conservative Judaism.

We met in person in August for a Rosh Chodesh study session with Rabbi Stein Kokin and practiced embroidery skills while we kibitzed and had a snack. The next installment of our Rosh Chodesh group will meet on October 10 at 2:00 pm where we will enjoy an activity together. On October 16, you can join us in the sanctuary for the Pink Shabbat in support of Breast Cancer Awareness. We are scheduling an art project at a glass studio for later in the year.

Whether you attend every meeting or none at all, whether you are deeply religious or rarely attend services, you can be an integral part of our organization. Please join or renew online at www.bethelphoenix.com/about/bewl. L'Shanah Tovah!

SUKKAH SQUAD

Sunday, September 19, 2021
10:30 am – 12:00 pm

Please join us in assembling our annual Beth El Sukkah!
Cold refreshments and snacks will be served
while we come together as a community to complete
and decorate our beautiful Sukkah!
Please RSVP online: tinyurl.com/4ehs93pv



Shemini Atzeret

Schedule of Services

Zoom ID: 924 0856 8672

Password: minyan

Streaming:

www.facebook.com/
bethel.phoenix

In-Person:

Shapiro Sanctuary

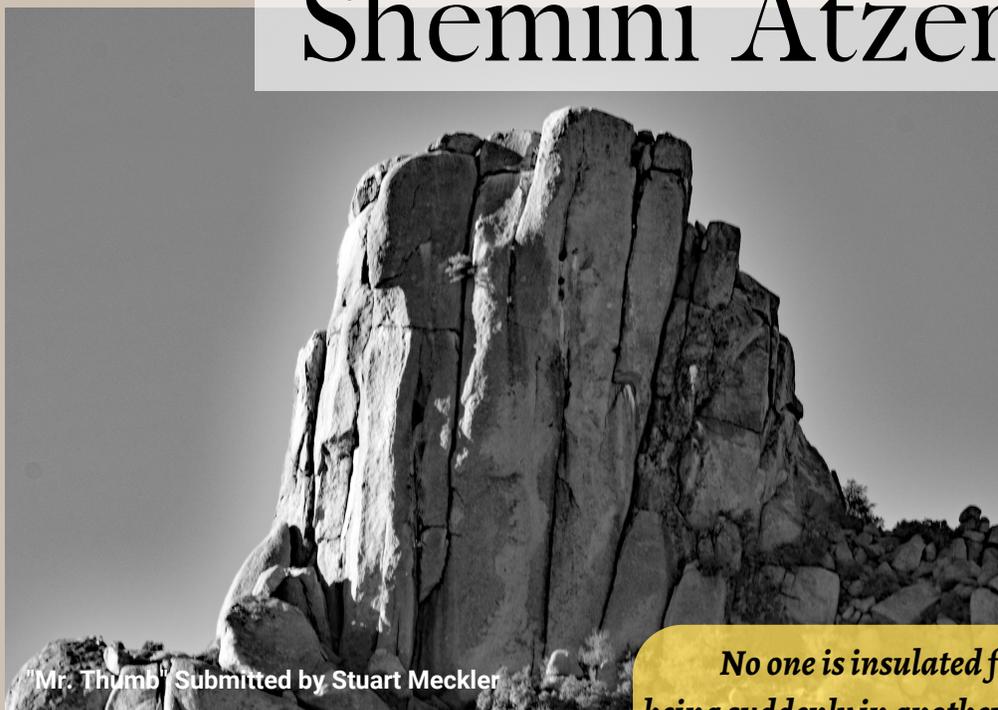
Monday, September 27

7:00 am | Hoshanah Rabbah
Services (Hybrid)

5:45 pm | Yom Tov Services
(Zoom only)

Tuesday, September 28

9:30 am | Yom Tov and
Yizkor Services (Hybrid)



"Mr. Thumb" Submitted by Stuart Meckler

*No one is insulated from
being suddenly in another position:
the healthy will be sick,
the joyous will be bereaved,
the rich man may be
brought low.*

*The Mishna is reminding
us that in an uncertain world,
we will all need each other —
we just never know when.*

Submitted by Jeanne Milstein

A YEAR OF RAIN

A day of rain is as great as the day on which heaven and earth were created.

On a day of rain, even salvation proliferates and grows.

A day of rain is as momentous as the ingathering of exiles...

But rain does not fall unless the sins of Israel are forgiven.

"May it be Your will... that this year be a year... of rain."

(Babylonian Talmud, Taanit 7b-8a)

Simchat Torah

Schedule of Services

Zoom ID: 924 0856 8672 | **Password:** minyan

Streaming | www.facebook.com/bethel.phoenix

In-Person | Shapiro Sanctuary

Tuesday, September 28

6:15 pm | Simchat Torah Services | Hybrid

Wednesday, September 29

9:30 am | Simchat Torah Services | Hybrid

6:45 pm | Mincha, Ma'ariv & Havdalah | Zoom only





SUPPLEMENTAL READINGS



MEDITATION BEFORE SHOFAR BLOWING

May the cry of the Shofar shatter our complacency.

May the cry of the Shofar penetrate our souls.

May the cry of the Shofar break the bonds of all that enslaves us.

May the cry of the Shofar destroy the idols we have placed at the forefront of our lives.

May the cry of the Shofar awaken us to how we have sinned.

May the cry of the Shofar summon us to a life of responsibility.

May the cry of the Shofar elicit the response, "HINEINI - Here I am."

May the cry of the shofar remind us that we can be instruments of redemption.

May the cry of the shofar penetrate our hearts.

May the cry of the Shofar bring blessing to us, the people who hear its call. -- from *Machzor Lev Shalem*



PRAYER OF FORGIVENESS

You, My Eternal Friend,
Witness that I forgive anyone
who hurt or upset me or offended me -
damaging my body, my property,
my reputation or people that I love;
whether by accident or willfully,
carelessly or purposely,
with words, deeds, thought, or attitudes;
in this lifetime or another incarnation -
I forgive every person,
May no one be punished because of me.

Help me, Eternal Friend,
to keep from offending You and others.
Help me to be thoughtful
and not commit outrage,
by doing what is evil in Your eyes.
Whatever sins I have committed,
blot out please, in Your abundant kindness.

Hear the words of my mouth and
may the meditations of my heart
find acceptance before You, Eternal Friend
Who protects and frees me. Amen.

Upcoming Events and Classes

Register at bethelphoenix.com or call (602) 944-3359

Hebrew 102

Mondays | 7:00 pm beginning 10/4

Continuation of Hebrew 101 with Wendy Rozov

12 sessions of intermediate Hebrew.

\$150 per person includes book and materials.

Details and registration online at:

www.bethelphoenix.com/adult-education

Intro to Judaism

Tuesdays | 7:00 -9:00 pm

Learn the basics of Judaism with Rabbi Stein Kokin.

Conversion study available for those who are interested.

Details and registration online at:

www.bethelphoenix.com/adult-education

Beth El Book Club

**Wednesdays | 6:30 pm
10/13 (more dates TBD)**

Join us with a glass of wine (or your favorite refreshment) as we discuss the book of the month.

Details and registration online at:

www.bethelphoenix.com/adult-education

Chai Tea Women's Study Group

Sundays | 12:30 pm beginning 10/17

What's in Your Jewish Spiritual Toolbox?

Explore many Jewish spiritual practices that allow us to open ourselves to find the holy in our lives.

Details and registration online at:

www.bethelphoenix.com/adult-education

Blanket Boosters

**Sundays | 1:00 pm
October Dates: 10/10 & 10/24**

Volunteer crochet and knitting club meets virtually twice a month. All blankets are donated to those in need.

Meeting link: zoom.us/j/92408568672

Call in: (669) 900-6833

Save the Dates

For our upcoming Youth and Family Events!

9/26 | 1:00 pm | Tie-Dye Tallit Making Workshop for B'nai Mitzvah and USY (7th –12th Grades)

10/3 | 9:00 am | Asylum Seeker Mitzvah Meal Prep for Talmud Torah students (Pre-K through 8th Grade)

10/3 | 1:00 pm | Paint Party and Lunch for Kadima (4th – 6th Grades)

10/9 | 7:00 pm | Havdallah and Bowling Night for B'nei Mitzvah and USY (7th –12th Grades)

10/10 | 12:00 pm | Noah's Ark Animal Blessing Ceremony for all ages

10/15 | 5:45 pm | Family Interactive Kabbalat Shabbat

10/22 | 5:45 pm | Shabbat Project Kabbalat Service and Dinner for all ages

10/24 | 12:30 pm | Fall Party for B'nei Mitzvah and USY (7th –12th Grades)

11/14 | 1:00 pm | Pottery Day for B'nei Mitzvah and USY (7th –12th Grades)

11/19 | 5:45 pm | Family Interactive Kabbalat Shabbat

11/21 | 11:00 am | Turkey Train Mitzvah Project for all ages

11/28 | 1:00 pm | Hanukkah Party for B'nei Mitzvah and USY (7th –12th Grades)

12/4 | 5:00 pm | Hanukkah Dinner and Game Night for all ages

12/5 | 1:00 pm | USY Regional Chapter Lunch for B'nei Mitzvah and USY (7th –12th Grades)

12/5 | 3:00 pm | Youth Social Action Blanket Making for B'nei Mitzvah and USY (7th –12th Grades)

12/17 | 5:45 pm | Family Interactive Kabbalat Shabbat



SAVE THE DATE



**JONATHAN
ANGRESS**

Cantor



**MICHELE
MCCONNELL**

Broadway Performer

FEBRUARY 27, 2022 | 7:00 PM



REAFFIRMATION CEREMONY RABBI NITZAN STEIN KOKIN

FRIDAY, FEBRUARY 4, 2022 | 5:45 PM

**KABBALAT SHABBAT FOLLOWED BY
REAFFIRMATION CEREMONY
WITH SPECIAL GUEST
RABBI CHERYL PERETZ | ASSOCIATE DEAN
ZIEGLER SCHOOL OF RABBINIC STUDIES**

SHABBAT DINNER | DETAILS TO FOLLOW



"The whole value of a benevolent deed lies in the love that inspires it."

--Talmud: Sukkah

Support the good deeds of our community by making a High Holy Day Appeal. We count on these annual donations to bring you quality ritual, educational, and social engagement opportunities as well as maintain our beloved building and grounds not only for our Beth El members, but for the wider community who we also host in our communal spaces.

Make a pledge at:

www.bethelphoenix.com/form/hhd2021-appeal or contact the office at (602) 944-3359.

Beth El thanks you for your generous support and participation throughout the year!

Visit the Beth El Gift Shop

Your Beth El Gift Shop is available for all your religious and spiritual needs. There are gifts for all occasions such as a new baby, birthday, anniversary, wedding and B'nai Mitzvah. Holiday items are always available before each celebration. Please remember there is no sales tax and special requests are welcomed. For questions please email: giftshop@bethelphoenix.com



TASHLIKH



Tuesday, September 7 at 4:30 pm

Arizona Canal at the Sunnyslope Swimming Pool
@ 35 W. Dunlap Ave in Phoenix

Join us for a fun service for all ages and
bring stale bread to cast away!