

The Bi-Monthly Publication of Congregation Beth El of Bucks County

September/October 2020

Elul/Tishrei/Cheshvan 5780-5781



Elul -- the Hebrew month that leads into Rosh Hashanah –
is a time to prepare for the coming High
Holidays. It is a time of spiritual reflection – and a time
to get ready for family get-togethers, too.
Here is a menu of Beth El Virtual Events to inspire your
heart and your soul during this special season.

#### September 2020



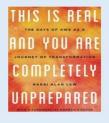
Wednesday, September 16 7:45pm
Thursday, October 8 7:45pm
"60 Days: A Spiritual Guide to the High
Holidays."
Leader: Anna Kitces

POWER OF PRAYER

Thursday, September 10 7:45pm & Tuesday, September 15 7:45pm Tools for Tefilla
Leader: Ruth Schapira



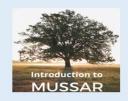
Thursday, September 3 7:45pm High Holiday Recipe Swap Leader: The Women of Beth El



Thursday, September 13 2:00pm Wednesday, September 23 7:45pm 30 Meaningful Minutes: Are You Prepared for Rosh Hashanah and Yom Kippur? Based on the book, This is Real and You are Completely Unprepared." Leader: Cantor Florence Friedman



Wednesday, September 9 7:45pm & Tuesday, September 15 2:00pm Jewish Mindfulness Meditation: A Practice of Transformation & Healing
Leader: Cantor Florence Friedman



<u>Tuesday, September 22 7:45pm</u>
30 Meaningful Minutes: Introduction to Mussar
Leader: Ruth Schapira



Thursday, September 24 7:45 pm 30 Meaningful Minutes: Getting Better. A Time for T'Shuva & Tikkun Olam Leader: Seth Fishman

We hope you will join us for these amazing programs. Visit www.bethelyardley.org for more information on each event and to join virtually. If you have any questions, email Helene Geiger at adulted@bethelyardley.org.



Congregation **Beth El** 

375 Stony Hill Road • Yardley, PA 19067 215-493-1707 • www.BethElYardley.org

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#### **Executive Committee Members 2020-2021**

Email Executive Committee Members executivecomittee@bethelyardley.org

#### **Schedule of Services**

Monday - Thursday Morning Minyan 8:00am

Evening Minyan 7:30pm

Friday Evening Services 6:00pm

Saturday Morning Services 9:30am

Sunday Evening Minyan

Morning Minyan 8:00am Evening Minyan 7:30pm

#### Reset the mi she'beirach list

(list of our loved ones in need of healing)
January 1 April 1
July 1 October 1
The list will be cleared and compiled anew to reflect more recent changes. Email barbara@bethelyardley.org or call 215-493-1707, prior to the reset date.

Check out our website www.bethelyardley.org



## Office Hours

Monday - Thursday

8:30am - 4:30pm

Friday

8:30am - 12:00pm

Please call before coming to the building.

Please continue calling the office before coming to the building.

Thank you

**Shop at AmazonSmile** and Amazon will make a donation to:

Congregation Beth El Simply Go to:

https://smile.amazon.com/ch/ 23-1538398



The month of Elul, which starts this week, is thought of to be the month for reflection. Elul is the countdown to Rosh HaShanah, which this year begins on Friday night, September 18th. As I reflect back on the past year, one thing is clear, it was a year unlike any other I have experienced. The beginning of the year was innocuous enough: the kids started school, the leaves fell from the trees, the air became cooler, the days got shorter. Winter came and we saw very little snow, but we celebrated Chanukah with our families, and perhaps took trips over the secular New Year. Purim arrived in March and we came together as a congregation to celebrate Muppets style. When we think about the Spring, we may think of the restrictions we had thrust upon us, or we may think of the unique family time we shared. This summer some of the

restrictions were eased, yet many of us still felt afraid to leave our homes except for necessary trips to the store.

When I think about what this year has meant to me, one word comes to mind: family. I was an empty nester who suddenly had my two college aged kids living at home full time. My parents needed me to run errands for them that they previously ran for themselves. With all of the time at home, I took a deep dive into my genealogy and spoke with several cousins who I previously didn't know. I even found out that a fellow Beth El member is a distant cousin of mine!! While I usually host two very large Passover Seders, instead we had virtual seders with only the immediate family. However, this meant that my brother, who lives in Michigan, and has not attended a seder with the family in years, was able to attend. He was also able to join us for our virtual Mother's Day and Father's Day dinners. Although these past few months have not been easy, I truly appreciate the time I've had with family and know that, in a way, they were a gift.

What about my Beth El family? As a community, we have come together over the last 5 months to pray together, to learn together and sadly, to mourn together. The very first week of the Stay at Home Order, we had virtual Shabbat Services and our twice daily minyans. As the Order continued, we added virtual meetings and events. In fact, very few of Beth El's scheduled events had to be cancelled due to the Stay at Home Order. I'd like to thank Steve Young for all of the time and effort he has put in over the last few months to keep Beth El running virtually. It was a Herculean job that he made seem easy.

Now as we look forward to the High Holidays and a new year let us think about what we have to look forward to. Although we will not all be able to gather together as we have grown accustomed to, we will nonetheless be able to pray together as a community. We have a dedicated group of members who have been working diligently making plans to have a meaningful Elul and High Holiday experience. We will be offering several opportunities over the next few weeks to gather together in small groups. We are having an outdoor Friday night service this Shabbat, several opportunities to hear the Shofar at drive thru "Sounds of Shofar events" and we will be opening the building for family groups of 10 or fewer to stand in front of the open ark for personal prayers and reflections.

Although I will miss seeing all of you in person this year, I look forward to a time when we can all gather together again and celebrate all that Beth El is.

Shana Tova U'metuka: Have a Happy and Sweet New Year,

Elizabeth Ravitch Co-President

president@bethelyardley.org

Galent Ramil





Shalom Friends,

Many years ago, when I was still a child, one Rosh HaShanah eve, I stumbled upon a *piyyut* (Hebrew devotional poem) standardly omitted from most of the mahzorim we use, but traditionally recited on Rosh HaShanah – a strange, poignant, and eerily dark poem called *Achot Ketannah*, meaning "Little Sister." As the youngest sister in my family and always hoping to discover traditional Jewish liturgy that represented young people and women, my interest was immediately piqued.

Reading the poem, penned in the 13<sup>th</sup> century by Rabbi Abraham Hazzan Gerundi, I was immediately struck by its visceral and plaintive qualities. The stanzas portrayed the immense suffering of the unnamed young protagonist, which clearly functions as a stand-in for the collective heartache of our exiled people. The refrain issues a most evocative and yet simple plea: "End this year and its curses." Only at the very end does the refrain suddenly shift to the ever-resilient coda of "Begin the new year and its blessings!"

Ever since discovering the piece, I committed to a personal private practice of reciting this poem every Rosh HaShanah Eve. Even though I personally could not always access the raw grief it conveyed, something about the poem always gripped me deep inside, such that I did not feel poised to begin a new year until I had recited it. Something about reading the poem felt like an important ritual of demarcating time and boldly insisting on a future of blessings, despite whatever very real challenges we may presently face.

This year, the refrain of Gerundi's enigmatic piece feels far less abstract, as our world continues to contend with so much pain and uncertainty. On virtually every level, from health, to finances, to civil rights, to interpersonal relationships, we have been reminded this year of the tremendous fragility of our time on this earth. But perhaps most devastating is to think through all of the upheaval we have witnessed through the eyes of a young person. This is where Gerundi's words feel most pressingly relevant.

The last line, which completely transforms the tenor of the piece, serves as a timely reminder to us, and perhaps even more importantly to our children -- many of whom are wondering if what they are experiencing is "normal" – that we can and must allow ourselves to envision a better time, a light at the end of the tunnel. We defy difficult moments with our prayers that not only ask for good fate but enable us, as a result, to visualize that good fate and aspire to it. Our hopes and dreams are what will sustain us during this time. Most crucially, we -- with our shared hopes and dreams -- will sustain each other during this time.

It is a blessing to build community with so many thoughtful, compassionate individuals who understand the urgency of continuing to dream together, especially during this time. As you will undoubtedly notice on the pages of this season's *Shofar*, our calendar remains brimming with so many opportunities to connect meaningfully with each other, whether through prayer, learning, or schmoozing. We are especially excited about our forthcoming slate of community-wide programming, which includes creative new ways to engage during this time, including our new *Beth Elevate Your Elul series*, a weekly series during the Hebrew month of Elul that leads up to Rosh HaShanah, which is designed to touch upon different aspects of the High Holiday season, from ritual, to food, to music, to applied spirituality and more.

Now, as the Jewish year of 5781 draws to a close, we pray fervently for a new year full of blessings, as we also take comfort in the tremendous blessing we have in our Congregation Beth El, that allows us to continue to develop together as a sacred community.

Tachel Shana u'virkhoteha – May the new year and its blessings for you and your loved ones commence,

Rabbi Raysh Weiss

rweiss@bethelyardley.org

Matheydr u

#### Staci O'Brien - Board Member



Staci O'Brien is the mother to Jordyn (14) and Averi (13), and wife to David. They will be married 19 years this November. Staci is an alumna from Pennsylvania State University, with her BS in Arts. Her current career has her selling insurance benefits for employees through their employers. In her spare time (what little there is) she takes the girls to dance class, knits, scrapbooks, and loves Sci Fi books. She enjoys spending time with family and friends, and really enjoys traveling. She has been a member at Beth El for 6 years.

#### Michael Rettig - Board Member



Michael grew up in Fort Lee, NJ, where he lived in a 2-family house, his father, mother, brother and dog on the first level, and his grandparents upstairs. Each night, dinner number 1 was on the second floor, until Michael followed the dog downstairs for dinner number 2.

Michael met Tina at Rutgers in 1980, where Michael went to Rutgers College of Pharmacy and Tina to Douglas College. Following graduation from Pharmacy, Michael attended Rutgers School of Law – Camden.

Initially focused on environmental law, insurance coverage and toxic tort defense work in private law firms in New York and New Jersey, Michael went "in house" to a company located in Bridgewater, NJ, which 6 months into the job decided to relocate its corporate headquarters to Memphis, TN. Michael, Tina and Mara, their newborn daughter, took the relocation. Max, their son, was born in Memphis.

In 1998, it was time to return to the north, and they landed in Holland, PA. They joined Beth El soon thereafter.

Michael had the honor of serving as Co-President of Beth El with Randy Flager from 2005-2013. Since then, the Rettigs have moved to New Hope, PA, and Michael continues to serve on the board.



Book Club is Back!

We will be reading "On Division"
by Goldie Goldbloom

Please join us on *Virtual Beth El* on
Thursday, Sept. 17 at 7:45pm





Shalom! I hope this note finds you well and enjoying your summer. I have been busy working with our faculty on plans for the upcoming year. While this is going to be an unprecedented year like no other, the faculty and I are working hard to ensure it will be an engaging and meaningful one for our children.

As I am sure you have heard by now, FJLC and HaMoadon will meet virtually for September and October 2020. In October, we will re-evaluate the plan and decide whether to hold classes in person or continue virtually. Like last year, we will be using Zoom for class meetings.

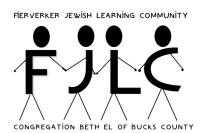
The first day of FJLC for everyone, (Pre-K through 7th grades), and HaMoadon (8th-10th grades) will be on Sunday, September 13th. Please check your email as we get closer to this start date for more details about our opening day!

If you have not already done so, please register your child(ren) for our education programs as soon as possible. You should have received an email with registration information. In order to make your child's experience a meaningful one, we must be informed of who is attending this year. Please help us expedite the process of getting accurate information by registering today! Thank you.

Please don't hesitate to contact me with questions, ideas.
Wishing all of us a *Shana Tova U'Metukah*, a good, healthy and sweet new year!

Karen B. Jewin

Karen B. Lewin Education Director klewin@bethelyardley.org





## To our B'nai Mitzvah...



Myles Oring, son of Rachael and Rich Oring will be called to the Torah as a Bar Mitzvah on Sunday, October 18, 2020. For his Bar Mitzvah project, Myles wanted to do something to make a difference for animals who need help and rehabilitation back into the wild. He found an organization called Aark, a non profit which helps animals with rehabilitation, education and training. Myles has been working hard to collect items from friends, relatives and neighbors that Aark needs to help these animals. Mazal Tov!



Greg Galonsky, son of Ella Goldmacher and Aaron Galonsky will be called to the Torah as a Bar Mitzvah on Saturday, September 13, 2020. For his Bar Mitzvah project, Greg is working with a rescue group that his family volunteers for called *The Stray Cat Project*. Greg is also helping to care for and socialize stray cats and kittens that they rescue from the streets to prepare them for adoption. Mazal Tov!



## **SAVE THE DATE**



HONK, BEEP, YELL, WAVE, CLAP and CHEER

## **Opening Day of FJLC & HaMoadon** Sunday, September 13th @ 10am

FJLC & HaMoadon Families are invited to join us in the Beth El parking lot for a fun festive WELCOME BACK DRIVE-THRU CELEBRATION





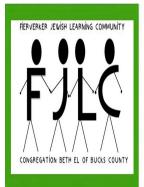


Drive on over to Beth El to

- \* Grab a drive-thru goodie bag!
- \* Wave to teachers & friends!
- \* Hear the shofar to remind us of the new year! \*Get excited for what promises to be an unforgettable year!

Plus! Do a mitzvah! Help the Mitzvah Food Pantry. Bring a canned kosher protein like: Canned Beans, Nut Butters and Canned Fish lower-salt and lower-sugar preferred

Youth Events 8



# BAR-BAT MITZVAH UNIVERSITY (BMU)



Calling All 5th, 6th & 7th Graders & Parents!

Join us on Saturdays at 10am as we pray, learn, practice, study & enjoy!

Put these dates on your calendars!

October 10th - Virtual November 7th - Virtual December 5th - TBA

During BMU sessions, we will form a community of learners and teachers, as families come together to share the B'nai Mitzvah journey. Each Shabbat we will focus on an important aspect of B'nai Mitzvah in an effort to create a meaningful experience for all. In the 5th, 6th and 7th grades, it is strongly recommended that B'nai Mitzvah learners attend Shabbat Morning Services at least once a month in order to become familiar with the service and gain comfort as both a participant and leader. For more information, contact Karen Lewin, Karen@BethElYardley.org or 215-493-1707 x3.

## THE MICAH INITIATIVE 6:8

Act justly, love mercy and walk humbly with your God

## TEEN LEADERSHIP TRAINING FOR 11TH & 12TH GRADERS

### **COME TOGETHER TO SOCIALIZE & LEARN**

Confirmation is over, yet you still want some type of Jewish connection to socialize, discuss issues and have meaningful experiences with your Jewish peers.

This program, brought to you by the Bucks County Clergy Council in partnership with local synagogues, has everything you are looking for!

2020-21 Dates coming soon! Virtual and in-person opportunities!

2-year community based program

Meets 6 times per year

Social Justice Conference
Connect with other Jewish Teens

For more information, contact your Rabbi , Cantor or Barbara Glickman at micahinitiative@gmail.com/267-980-6178

Register at: https://forms.gle/vPTJD6yWaEYWdFvF6



Join The Clergy of The Bucks County Kehillah for a Virtual Community-wide

Selichot Service & Program

"Jews and Laughter"
presented by
Rabbi - Comedian
Bob Alper

Saturday, September 12, 2020
Hosted by Congregation Beth El of
Bucks County

8:00pm

Musical Havdalah Service Rabbi Bob Alper Selichot Service

Visit www.bethelyardley.org to join virtually; click on the Virtual Beth El icon.



**Drive Thru Event** 



## Beth El has "a lot" to offer!

### Come hear the Shofar!

Thank you to our Shofar blowers: Zachary Bunin, Phil Freidenreich, Connor Landau, Charlie Lewin, David Sokol, Harve Strouse & Rabbi Weiss

\*September 1, 3, 6, 9, 13, 17

(Beth El's parking lot)

Stay in your car. Wear your mask.

Pop your trunk to receive a "Brag" bag gift and bring your Kosher food donations.

Reserve your spot on Sign Up Genius. Times will be available on the sign up.

Questions? Cara Weissman, 713-899-0354.



To join virtually, visit www.bethelyardley.org and click on the icon.



## The Women of Beth El Presents

The Secret Torah of Women with Rabbi Weiss

## Save the Dates Sundays

Nov. 1 Dec. 6 Jan. 3 Feb. 7 Mar. 21 Apr. 11 May 2 Jun. 6

More information will follow.



Thank you to Rami Sadiky for building wooden bridges that he placed along the path leading to the synagogue.



Thank you to
Marc Ostro, Perry Stein and
Phil Freidenreich for their vision
in renovating the Reader's Desk.
Thank you to Marc Ostro for his
craftmanship.



#### "13th Documentary" Discussion Film by Ava DuVernay

The Schwarz-Kurz-Zeller Adult Education Institute held a virtual discussion on Thursday, August 13th Documentary Discussion. Thank you to Carol Benderson-Lighter for leading the discussion.

### **WoBE & Hazak invites you to**

A Life of My Own: Meeting Eleanor Roosevelt Performed by: Linda Kenyon



This performance welcomes you back with an extraordinary glimpse of Eleanor Roosevelt through a virtual experience!

Sunday, September 13, 2020 at 11AM

Zoom details to follow



## Recipe Swap

For High Holidays

Have a recipe you love? Share it with us!

Thursday, September 3 7:45 pm

It's not just about the honey cake.

It not just about the gefilte fish.

It's not just about the chicken soup.

Come share your memories and stories relating to the recipe.

Visit www.bethelyardley.org, click on the Virtual Beth El icon to join virtually. Email your recipe to womenofbethel@bethelyardley.org.



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### Fall/Winter 2020 Classes Are Starting Soon!

This Fall & Winter, you can choose from a range of educational programs to fit your interest and your schedule. All of the programs below will be on **Virtual Beth El**. All classes use Virtual Beth El Icon link to Zoom on the website, unless noted otherwise.

#### **Weekly Classes**

⇒ **Inner Torah.** Traditional Torah study focusing on the weekly Torah Reading.

Facilitator: Ruth Schapira Tuesdays, 10:00 am – 10:50 am (Starts Oct. 13)

⇒ You call that a Shul? The History of Synagogues in America and the Evolving Art of Gathering.

Facilitator: Rabbi Weiss Wednesdays, 10:00 am - 10:50 am (Starts Oct. 14)

⇒ **Topic of the Week.** Discussion group on current topics of interest.

Facilitator: Rotating Wednesdays, 11:00 am - 11:50 am (Starts Oct. 14)

⇒ **Teachings in Jewish Renewal.** Chavruta-style text study based on the writings of Reb Zalman.

Facilitator: Seth Fishman Thursdays, 8:30 am - 9:30 am (ongoing)

#### **Limited Series**

⇒ Introduction to Hebrew Reading. Get comfortable and confident decoding written Hebrew.

8 sessions. Advanced RSVP required. More information will follow.

Facilitator: Rony Cohen Tuesdays, 6:30 pm - 7:30 pm (Nov. 3, 10, 17, 24; Dec. 1, 8, 15, 22)

⇒ **Art of Inner Hebrew.** Get creative in this hands-on workshop where Art and Jewish Spirituality meet up. (2-part series, Advanced RSVP required. Must sign up for both sessions)

Facilitator: Ruth Schapira This series will be offered twice.

Part 1. Thurs., Jan. 7, 7:30 pm - 8:30 pm; Part 2. Thurs., Jan. 14, 7:30 pm - 8:30 pm

Part 1. Sun. Mar., 7, 10:30 am - 11:30 am; Part 2. Sun., Mar. 14, 10:30 am - 11:30 am

⇒ **Book Nosh.** Discussion group about all things cultural. Come and talk about books, art, music, film/tv, apps, and museum exhibitions – all with a Jewish theme. BYOB (bring your own brunch!)

Facilitator: Alex Geiger Sundays, 10:30 am – 12:00 noon (Oct. 25, Jan. 10, Apr. 18)

⇒ **Beth El Book Club.** Book club open to all adults. Book under discussion can be found on Virtual Beth El (click on the Book Club tile).

Discussion Leader: Rotating Thurs., 7:45 pm - 8:45 pm (Sept. 17; Nov. 19; Jan. 21; Mar. 18; May 20, July 15)

#### ⇒ Dive into Davening.

Whether you are just getting your feet wet or ready for a deep dive into Jewish prayer, this program is for you. Join Rabbi Weiss on the first Monday of the Month from 12:30pm - 1:00pm. Join Virtual Beth El at bethelyardley.org.

#### **Special Events**

⇒ **Guest Speaker: We Share the Same Sky.** Rachael Cerrotti is an award-winning and widely-published multi-disciplinary story-teller and educator. Her podcast, "We Share the Same Sky", tells the story of her decade-long journey to retrace her grand-mother's war story. Rachael's work explores the inter-generational impact of migration and memory.

Speaker: Rachael Cerrotti Sun., Nov. 1 2:00 pm - 3:30 pm

⇒ **Tu B'Shevat Seder**. Tu Bishvat is sometimes known as the Jewish "New Year of the Trees." It's the holiday when we celebrate our connection to our planet and our environment. Come, learn, and celebrate with us at Beth El. Seder Leader: Judy Nussbaum

Thurs., Jan. 28 [time & format TBD]

⇒ **A Little Jewish Humor.** By February we'll all need a good laugh. So tune in and refill your stock of Jewish jokes. Format? We're not sure, but we can guarantee that a Priest, a Rabbi, and an Imam will walk into a bar. Speaker: TBD Sunday., Feb. 7 2:30 pm - 3:30 pm

#### Stay tuned for additional events, still in planning mode:

Wellness Day (January 2021) Tikun Leil Shavuot (May 2021)

We need your help! The Adult Ed Committee could use some help putting programs together. Are you good at Social Media? Do you have art, photography, or writing skills? Or maybe you enjoy planning events? All volunteers warmly welcomed! Please contact adulted@bethelyardley.org.



## Thank You for Sharing Your Passions!

From all of us in the Congregation Beth El Yardley community, we send special thanks to our presenters who generously shared their excitement, expertise and know-how with us this summer! It was a pleasure learning from you. And thank you for helping us get to know some of the other people in our community who share common interests.

- Penny Barfield -- "Portion Distortion" -- new insights and techniques on how to feed yourself to stay healthy.
- Rich and Rusty Gorelick -- "An American Guide to Soccer" -- What you need to know to fall in love with the sport of soccer.
- Jack Wellerstein -- "Start Your Own Backyard Garden" -- Tips, tools and techniques to get growing.
- **Jill Cohen** "Understanding the US Supreme Court's Recent Ruling Prohibiting Discrimination Based on Sexual Orientation and Gender Identity" What the recent decision said, and how it will help make our society more inclusive.
- **Ashara Shapiro** "An Evening of Artistic Expression Jewelry Making Like You've Never Seen It Before" Get a front row seat as an artist shares her inspiration and her creative process to create wearable art.

If you missed any of these presentations, you can watch them on video here: https://www.bethelyardley.org/adult-education.html

Do you want to get a little bit famous? Volunteer to share your special skill, talent or interest with our Beth El community! You would be surprised how many other people in the Congregation will be interested in your topic. We will be restarting our series later this year, so please contact <a href="mailto:adulted@bethelyardley.org">adulted@bethelyardley.org</a> or <a href="mailto:reversity">reversity</a> we will be restarting our series later this year, so please contact <a href="mailto:adulted@bethelyardley.org">adulted@bethelyardley.org</a> or <a href="mailto:reversity">reversity</a> we will be restarting our series later this year, so please contact <a href="mailto:adulted@bethelyardley.org">adulted@bethelyardley.org</a> or <a href="mailto:reversity">reversity</a> we will be restarting our series later this





## INTRODUCTION TO JEWISH MINDFULNESS MEDITATION

A PRACTICE OF TRANSFORMATION &
HEALING TAUGHT BY
\*CANTOR FLORENCE FRIEDMAN

Wednesday, September 9 7:45pm Tuesday, September 15 2:00pm

Be curious and learn: What is meditation? Why meditation? Experience a short guided meditation and short period of silence. Ask questions for further inquiry.

Jewish Mindfulness is a practice that helps us with our lives through a lens of:

- Acceptance
- Lovingkindness
- Compassion and love
- Paying attention and opening mind and body to what is
- Intention and learning to accept change from moment to moment

It ultimately leads to wisdom, equanimity, and freedom. In Jewish Mindfulness Meditation, Judaism is the yesod, the foundation, and mindfulness is the derech, the path.

Rabbi Alan Lew, z"I, said that, "Meditation always moves us from one place to another: from unconsciousness to awareness, from tension to relaxation, from being scattered to being centered, from a shallow relationship with our environment and ourselves to a deeper one, from sleep to wakefulness, from a sense of God's presence to the sense that God was in this place and I didn't know it."

\*Cantor Florence Friedman was trained as a Jewish Mindfulness Meditation teacher in 2011 with the Institute for Jewish Spirituality. She is Cantor Emerita at Temple Sinai in Summit, New Jersey.

Visit www.bethelyardley.org for more information. Click on Virtual Beth El to join virtually. Questions? Contact Helene Geiger, Adult Education Chairperson, adulted@bethelyardley.org.





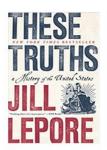


For the literary omnivore who likes to graze

Next Meeting Will Be Virtual: Sunday, October 25, 10:30 a.m.

Please visit www.bethelyardley.org join virtually on Zoom

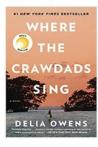
<u>Please Join Us on Zoom</u> to discuss all the interesting books, movies, TV shows, art exhibitions, Broadway shows, operas, and any other cultural happenings that have a Jewish theme, a Jewish author, or Jewish characters that you have run across since our last meeting.

















For more information, please contact <u>AlexanderGeiger@AOL.com</u>



375 Stony Hill Road • Yardley, PA 19067 215-493-1707 • www.BethElYardley.org

## CHESED



### Beth El's Chesed **Community** is here for you!

Each member of Congregation Beth El is a vital part of our caring community. We gladly share in each other's simchas and seek to be supportive of one another when we are experiencing challenges in our lives.



Please let us know if you or someone you know needs assistance. We offer:

\*rides to doctor appointments, Shabbat Services and programs

> \*occasional food shopping

\*set up for a Shiva

\*babysitter referrals

\*meals

We would love to add some more volunteers to our list.

Please call the office to let us know how you can assist us with the **Chesed Community.** 

The possibilities are endless!

For assistance or more information contact:

Barbara or Marian in the office: office@bethelyardley.org or call 215 - 493 - 1707 x4

### Our Community Sends their Deepest Condolences to...

- Judith Snyder on the passing of her mother, Lucille Kapelson, z"l.
- Sandy Jacobs on the passing of her husband, Marc Jacobs, z"l; father of Allyson Jacobs and Drew (Christine) Jacobs and Scott Kaplan; grandfather of Aiden and Emma; son of Betty Jacobs and brother of Dawn (Richard) Zimmerman; uncle of Dana (Ki) Rummer and Chad (Nicki) Zimmerman; great uncle of Rukia, Cosette and Gwendolyn.
- David (Lynne) Goldberg and their children Alyssa and Josh, on the passing his mother and long-time Beth El member and active volunteer, Sylvia Goldberg z"l. We also extend our deep condolences to David's siblings, Lynn (Candace), their children Rachel and Rebekah and granddaughter April, as well as David's brother Rich (Susan) and their children Jonathan and Melissa.
- Rachel (Adam) Reiss on the passing of her mother, Lynn Rabinowitz; grandmother of Addison.

#### Mazel Tov to...

Robyn and Eric Fishbein in honor of their anniversary

Charlotte and Harold Denenberg in honor of their 50th anniversary

Happy Birthday to Charlotte Denenberg

Caren & Nat Bosk on the birth of their grandson, Samuel Jett Maged

Happy Birthday to Karen Lewin, Love, Joe and Charlie Lewin and Faye Laveson

Happy 33rd anniversary to Cara and Leon

Happy Birthday Harve Strouse Love, Susan

Mazel Tov to Caryn and Jake Boisselle on the birth of their son, Eli Bernie



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Pantry at KleinLife in Northeast Philadelphia features an
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mail@jeremyheller.com for more information.

#### We are looking for a few good Virtual Minyaneers

Congregation Beth El holds both morning and evening minyan services open to our members and friends in the community. We invite you to join us and become a regular volunteer. Take some time from your busy day or week to pray with friends and neighbors, and be there to support a person saying kaddish or in a period of mourning.

It's a mitzvah...it's good for you and it's good for our community.

Daily Morning Services: Monday - Friday at 8:00am

**Daily Evening Services:** Monday - Thursday at 7:30pm and Sunday at 7:30pm

Weekly Sunday Morning Services: 8:00am

For more information call the synagogue office, 215-493-1707 x4. Join us virtually, visit www.bethelyardley.org and click on the Virtual Beth El icon.



#### Ways in which we can help you and you can help us during the Coronavirus Pandemic

- If you would like to be part of a check-in team and/or are available to assist members who can't leave their homes with picking up food or medicine, please let us know, and we can connect you.
- If you are in need of help picking up groceries, medicines, etc. please do not hesitate to let us know.
- To receive assistance or to volunteer, email checkins@bethelyardley.org checkins@bethelyardley.org.

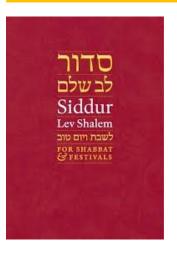


My synagogue is open.
It's open everyday because my synagogue is not a building.
It is the people who are helping each other and their community.
It is the prayers for those who are struggling medically, financially, and emotionally.
My synagogue never closed, it just opened in every home.

-Unknown Author



For the health of the staff and our Beth El members, continue calling the office before coming to the building; call 215-493-1707 x4 (all calls are being forwarded to Barbara Schwartz, Synagogue Administrator's, cell phone) or email barbara@bethelyardley.org.



### The Siddur Lev Shalem for Shabbat and Festivals

The Siddur Lev Shalem has all the prayers and psalms with commentary, spiritual reflections and historical background for some of the readings.



## The Mahzor Lev Shalem for Rosh Hashanah and Yom Kippur

The Mahzor Lev Shalem's running commentary presents both a historical overview and insight into the meaning of prayers. Many readings focus on spiritual issues and tikkun olam, as well as reflections, stories and quotes.

#### Siddur Lev Shalem/Mahzor Lev Shalem Donation

Please print legibly: Donor's Name:					
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I wish to donate (check one or all that app #Siddur Lev Shalem X \$54 (each)	• /	circle one: Home use or donate to Beth El			
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In memory of (name):					
In honor of (name/occasion for honor):					

Please use a separate piece of paper for additional book plate donations. Mail your check with this form to Congregation Beth El 375 Stony Hill Road Yardley, PA 19067 ATTN: Siddur/Mahzor



### Do a Mitzvah! Dedicate a Book!

## HONOR SOMEONE YOU KNOW BY DONATING A BOOK TO THE BETH EL LIBRARY THROUGH THE FIERVERKER JEWISH LEARNING COMMUNITY PTO

Donate a book for any and all occasions. Birthdays, B'nai Mitzvah, anniversaries and more! All money donated to this fund benefits the advancement of Jewish education for our Fierverker Jewish Learning Community, Pre-Kindergarten through 7th grades. In exchange for your donation, a special book plate will be inserted in one of our library books and shared with the community.

Suggested donation \$18

Any support is appreciated as it will go towards educational programs for PreK to 7<sup>th</sup> graders.

Personalize your dedication and make a payment by going to the following link:

http://www.bethelyardley.org/PTOdonate



Thank you for your generosity.

#### TUESDAY, SEPTEMBER 1

#### Reset mi'she beirakh list

8:00am Morning Minyan 7:30pm Evening Minyan

#### WEDNESDAY, SEPTEMBER 2

8:00am Morning Minyan

7:30pm Evening Minyan

7:45pm One on One Relational Meeting: Training Session with Ben Fink

8:00pm FJLC Open House

#### THURSDAY, SEPTEMBER 3

8:00am Morning Minyan

9:00am Teachings in Jewish Renewal with Seth Fishman

7:30pm Evening Minyan

7:45pm High Holiday Recipe Swap: The Women of Beth El

#### FRIDAY, SEPTEMBER 4

8:00am Morning Minyan 7:06pm Candle Lighting

### SATURDAY, SEPTEMBER 5

Parashat Ki Tavo

9:30am Shabbat Morning Services

8:05pm Havdalah

#### **SUNDAY, SEPTMBER 6**

8:00am Morning Minyan 7:30pm Evening Minyan

#### **MONDAY, SEPTEMBER 7**

Labor Day - Office closed

No evening minyan

8:00am Morning Minyan

#### **TUESDAY, SEPTEMBER 8**

8:00am Morning Minyan

7:30pm Evening Minyan

#### WEDNESDAY, SEPTEMBER 9

8:00am Morning Minyan

7:30pm Evening Minyan

7:45pm Jewish Mindfulness Meditation: A Practice o Transformation & Healing; Cantor Florence Friedman

#### THURSDAY, SEPTEMBER 10

8:00am Morning Minyan

9:00am Teachings in Jewish Renewal with Seth

7:30pm Evening Minyan

7:45pm High Holiday Workshop: Tools for Tefillah I; Ruth Shapira

#### FRIDAY, SEPTEMBER 11

8:00am Morning Minyan

6:00pm Shabbat Evening Services

6:55pm Candle Lighting

#### SATURDAY, SEPTEMBER 12

#### Leil Selichot

9:30am Shabbat Morning Services

9:30am Bar Mitzvah of Greg Galonsky

7:53pm Havdalah

8:00pm Bucks County Community-wide Virtual

Selichot Services hosted by Congregation Beth El

#### **SUNDAY, SEPTEMBER 13**

8:00am Morning Minyan

9:00am FJLC PreK - 7th grade

11:00am Hazak & The Women of Beth El: Zoom Performance of "A Life of My Own: Meeting

Eleanor Roosevelt"

2:00pm 30 Meaningful Minutes: Cantor Florence

Friedman

7:30pm Evening Minyan

#### **MONDAY, SEPTEMBER 14**

#### **Food Drive Begins**

8:00am Morning Minyan

7:30pm Evening Minyan

7:45pm Executive Committee Meeting

#### **TUESDAY, SEPTEMBER 15**

8:00am Morning Minyan

2:00pm Jewish Mindfulness Meditation: A

Practice in Transformation & Healing; Cantor

Florence Friedman

7:30pm Evening Minyan

7:45pm High Holidays Workshop: Tools for

Tefilah II; Ruth Schapira

#### WEDNESDAY, SEPTEMBER 16

8:00am Morning Minyan

4:30pm FJLC 3rd - 7th grade

7:30pm Evening Minyan

7:45pm 60 Days of Spiritual Guide to the High

Holidays; Anna Kitces

#### THURSDAY, SEPTEMBER 17

8:00am Morning Minyan

8:30am High Holiday Challah Pick Up

9:00am Teachings in Jewish Renewal with Seth Fishman

7:30pm Evening Minyan

7:45pm Book Club

#### FRIDAY, SEPTEMBER 18

Erev Rosh Hashanah - Office Closed

6:00pm Shabbat Evening Services

6:43pm Candle Lighting

#### SATURDAY, SEPTEMBER 19

Rosh Hashanah 5781

8:30am Rosh Hashanah Services

7:41pm Candle Lighting

#### **SUNDAY, SEPTEMBER** 20

Rosh Hashanah II - Office closed

8:30am Rosh Hashanah Services

7:40pm Havdalah

#### **MONDAY, SEPTEMBER 21**

#### Tzom Gedaliah

8:00am Morning Minyan

7:30pm Evening Minyan

7:45pm Board of Directors Meeting

#### TUESDAY, SEPTEMBER 22

8:00am Morning Minyan

7:30pm Evening Minyan

7:45pm 30 Meaningful Minutes: Ruth

Schapira

#### **WEDNESDAY, SEPTEMBER 23**

8:00am Morning Minyan

4:30pm FJLC 3rd - 7th grade

7:30pm Evening Minyan

7:45pm 30 Meaningful Minutes: Cantor

Florence Friedman

#### THURSDAY, SEPTEMBER 24

8:00am Morning Minyan

9:00am Teachings in Jewish Renewal:

Seth Fishman

7:45pm 30 Meaningful Minutes: Seth

Fishman

#### FRIDAY, SEPTEMBER 25

8:00am Morning Minyan

8:30am High Holiday Challah Pick Up

6:00pm Shabbat Evening Services 6:31pm Candle Lighting

#### SATURDAY, SEPTEMBER 26

Parashat Ha'Azinu/Shabbat Shuva

9:30am Shabbat Morning Services

7:30pm Evening Minyan

#### SUNDAY, SEPTEMBER 27

#### **Erev Yom Kippur/Kol Nidre Services**

8:00am Morning Minyan

9:00am FJLC PreK - 7th grade

6:30pm Kol Nidre Services

#### **MONDAY, SEPTEMBER 28**

Yom Kippur - Office closed

8:30am Yom Kippur Services 5:00pm Yom Kippur Mincha/Neila

Services 7:26 Havdalah

#### TUESDAY, SEPTEMBER 29

8:00am Morning Minyan 7:30pm Evening Minyan

#### WEDNESDAY, SEPTEMBER 30

8:00am Morning Minyan

4:30pm FJLC 3rd - 7th grade 7:30pm Evening Minyan

#### THURSDAY, OCTOBER 1

#### Food Drive Ends

#### Reset Mi she'beirakh

8:00am Morning Minyan

9:00am Teachings in Jewish Renewal: Seth Fishman

7:30pm Evening Minyan

#### FRIDAY, OCTOBER 2

#### Erev Sukkot - Office closes at noon

8:00am Morning Minyan

6:20pm Candle Lighting

6:45pm Erev Sukkot Services

#### **SATURDAY, OCTOBER 3**

9:30am Sukkot I Services

7:18pm Candle Lighting

#### SUNDAY, OCTOBER 4

#### Sukkot II

9:30am Sukkot Services

10:00am FJLC Sukkot Services

7:17 Havdalah

7:30pm Evening Minyan

#### **MONDAY, OCTOBER 5**

#### Sukkot III (CH"M)

8:00am Morning Minyan

12:30 Dive into Davening with Rabbi Weiss

7:30pm Evening Minyan

7:45pm Executive Committee Meeting

#### **TUESDAY, OCTOBER 6**

#### Sukkot IV (CH"M)

8:00am Morning Minyan

7:30pm Evening Minyan

7:45pm Share Your Passion Workshop/Future

Leaders: Henry Cohen "Climate Change"

#### **WEDNESDAY, OCTOBER 7**

#### Sukkot V (CH"M)

8:00am Morning Minyan

4:30pm FJLC 3rd - 7th grades

7:30pm Evening Minyan

#### **THURSDAY, OCTOBER 8**

#### Sukkot VI (CH"M)

8:00am Morning Minyan

9:00am Teachings in Jewish Renewal: Seth Fishman 7:45pm 60 Days: A Spiritual Guide to the High

Holidays: Anna Kitces

#### FRIDAY, OCTOBER 9

#### Sukkot VII (Hoshana Raba)

8:00am Morning Minyan

6:00pm Shabbat Evening Services

6:09pm Candle Lighting

#### **SATURDAY, OCTOBER 10**

#### Sh'mini Atzeret/Erev Simchat Torah

9:30am Shabbat Morning Services including Yizkor 10:00am B'nai Mitzvah University (BMU) 5th, 6th, & 7th graders & Parents

7:00pm Erev Simchat Torah Services

7:07 Candle Lighting

#### SUNDAY, OCTOBER 11

#### Simchat Torah

9:30am Simchat Torah Services

7:06pm Havdalah Service

7:30pm Candle Lighting

#### **MONDAY, OCTOBER 12**

8:00am Morning Minyan

7:30pm Evening Minyan

#### TUESDAY, OCTOBER 13

8:00am Morning Minyan

10:00am "Inner" Torah with Ruth Schapira

7:30pm Evening Minyan

#### WEDNESDAY, OCTOBER 14

8:00am Morning Minyan

10:00am You Call that a Shul? With Rabbi Weiss

11:00am Topic of the Week

4:30pm FJLC 3rd - 7th grades

7:30pm Evening Minyan

#### **THURSDAY, OCTOBER 15**

#### **Return borrowed Mahzor prayer books**

8:00am Morning Minyan

9:00am Teachings in Jewish Renewal: Seth

Fishman

7:30pm Evening Minyan

#### FRIDAY, OCTOBER 16

8:00am Morning Minyan

5:58pm Candle Lighting

6:00pm Shabbat Evening Services

#### SATURDAY, OCTOBER 17

#### Parashat Beresheit

9:30am Shabbat Morning Services

6:57pm Havdalah

#### **SUNDAY, OCTOBER 18**

#### Rosh Chodesh Cheshvan

8:00am Morning Minyan

9:00am FJLC PreK - 7th grades

9:00am Bar Mitzvah of Myles Oring

7:30pm Evening Minyan

#### **MONDAY, OCTOBER 19**

#### Rosh Chodesh Cheshvan

8:00am Morning Minyan

7:30pm Evening Minyan

7:45pm Board of Directors Meeting

#### **TUESDAY, OCTOBER 20**

8:00am Morning Minyan

9:00am "Inner" Torah with Ruth Schapira

7:30pm Evening Minyan

#### WEDNESDAY, OCTOBER 21

8:00am Morning Minyan

10:00am You Call that a Shul? With Rabbi Weiss

11:00am Topic of the Week

#### Continued - WEDNESDAY, OCTOBER 21

4:30pm FJLC 3rd - 7th grades

7:30pm Evening Minyan

#### THURSDAY, OCTOBER 22

8:00am Morning Minyan

9:00am Teachings in Jewish Renewal: Seth

Fishman

7:30pm Evening Minyan

7:45pm Book Club

#### FRIDAY, OCTOBER 23

8:00am Morning Minyan

5:48pm Candle Lighting

6:00pm Shabbat Evening Services

#### SATURDAY, OCTOBER 24

#### Parashat Noah

9:30am Shabbat Morning Services

6:47pm Havdalah

#### **SUNDAY, OCTOBER 25**

#### Yom HaAliyah

8:00am Morning Minyan

9:00am FJLC PreK - 7th graders

10:30am Book Nosh

7:30pm Evening Minyan

#### **MONDAY, OCTOBER 26**

8:00am Morning Minyan

7:30pm Evening Minyan

#### **TUESDAY, OCTOBER 27**

8:00am Morning Minyan

10:00am "Inner" Torah with Ruth Schapira

7:30pm Evening Minyan

#### WEDNESDAY, OCTOBER 28

8:00am Morning Minyan

10:00am You Call that a Shul? With Rabbi

Weiss 11:00am Topic of the Week

4:30pm FJLC 3rd - 7th grades

#### THURSDAY, OCTOBER 29

7:30pm Evening Minyan

8:00am Morning Minyan

9:00am Teachings in Jewish Renewal: Seth

Fishman

7:30pm Evening Minyan

#### FRIDAY, OCTOBER 30

8:00am Morning Minyan

5:39pm Candle Lighting

6:00pm Shabbat Evening Services

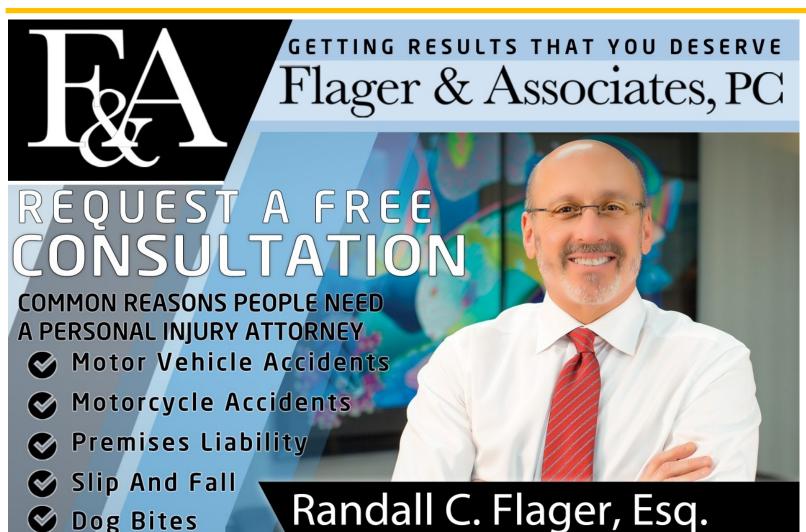
#### **SATURDAY, OCTOBER 31**

#### Parashat Lech-Lecha

9:30am Shabbat Morning Services

6:38pm Havdalah

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Randall C. Flager is the founder and managing partner of Flager & Associates, PC, a law firm located in Trevose with offices in Philadelphia and New Hope. He has more than 30 years of legal experience and has been named a Pennsylvania Super Lawyer 11 times.



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#### Mara Rettig's marriage to Lee

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#### Marc Jacobs, husband of Sandy Jacobs

Nancy Zion

## Cook for a Friend Fund (continued)

#### In Memory of:

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Beth & Ari Sadoff

Benjamin Goldberg

Estelle Blaustein

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Susan & Harve Strouse

Joan Wiley

#### Eric J. Marinoff Memorial College Outreach Program Fund

#### In Honor of:

Charlotte & Harold Denenberg's 50th anniversary

Janet & Norman Marinoff

Trudie Solarz

#### 52nd wedding anniversary of Marian & Milt Berger

Wendy & Rich Einhorn

#### In Memory of:

#### Sylvia Goldberg

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#### Lucille Kapelson, mother of Judith Snyder

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## Eric J. Marinoff Memorial College Outreach Program Fund (continued)

In Memory of:

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Harriet & Phil Freidenreich

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In Memory of:

Marc Jacobs, husband of Sandy Jacobs

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In Honor of:

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In Memory of:

Sylvia Goldberg

Cantor Florence Friedman Hurwitz & Loren Hurwitz

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#### Isadore Rose

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#### In Honor of:

#### Charlotte & Harold Denenberg's 50th anniversary

Eva & Sheldon Miller

#### In Memory of:

#### Marc Jacobs, husband of Sandy Jacobs

Brenda & Donald Spitzer Lori Perch & Mark Warshal Wendy Agins & Ira Silverman

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## Rhoda & Morris Volk Camp Ramah Scholarship Fund

In Memory of: Sylvia Goldberg Nat & Caren Bosk

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Make your contribution by visiting www.bethelyardley.org, click the "Donate" tab on the menu bar or fill out the Congregation Beth El Gift Opportunities Form on the last page of this Shofar.





Thank you to all who sent cards, meals and joined my virtual Shiva. You made this difficult time less painful.

- Judith Snyder

<u>Tree of Life</u>: Honor a birthday, anniversary, wedding, Bar/Bat Mitzvah or any other happy occasion with an engraved leaf on our tree of life for \$180 or a boulder for \$750.

<u>Donation Cards</u>: Our donation cards are a wonderful way to recognize important life - cycle events, extend wishes for speedy recovery or show your appreciation for someone's kindness and helps fulfil the mitzvah of tzedakah. There are two different cards to choose from-a beautiful menorah card (\$7) and a colorful picture of three of our Torot (\$18). Your gift can also be designated to one of the funds below. Contributions may be made online at www.bethelyardley.org, by contacting the office, 215-493-1707x4 or mailing in the form below.

**Book Dedications**: There are also opportunities to have a bookplate placed on the back of the front cover of a Siddur (prayer book) or Machzor (High Holiday Prayer Book) - any time someone opens the book, they will learn of your donation: Prayer Book, \$54; High Holiday Machzor, \$54.

Memorial (Yahrzeit) Plaques: Among the customs to help us with loss and bereavement is the commemoration of a loved one on a Yahrzeit plaque. These plaques, which are affixed to a special memorial board in our Chapel, are an expression of love and devotion. The plaque will be mounted on our Yahrzeit board in perpetuity, Each year you will receive a notice of the date of the Yahrzeit, it will be announced during our Shabbat Services, and the plaque will be lit in memory of your loved one for a full month. The cost is \$750 for members and \$900 for non-members. Contact the office to receive a form.

<u>Cemetery Plots</u>: Beth El owns plots at King David Memorial Park in Bensalem. Call the office for further details and pricing information or contact Michael Weinberg at 215-321-1312.

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Karen Lewin, Education and Youth Director	x2
Barbara Schwartz, Synagogue Administrator	x4
Marian Berger, Bookkeeper	x4

