

**Sunday • February 27 • 4:00 PM**



## *Ladino Music from Yesterday to Today:*



SARAH AROESTE

### *A Virtual Presentation by Sarah Aroeste*

Come along on a virtual journey as we learn about Ladino culture and history with talented singer, songwriter, educator and storyteller, Sarah Aroeste.

Inspired by her family's Sephardic roots in Macedonia and Greece, Sarah has spent the last two decades bringing her contemporary style of original and traditional Ladino music to audiences around the world.

She works tirelessly to keep Ladino music alive for a new generation. Her musical style combines traditional Mediterranean Sephardic sounds with contemporary influences such as rock, pop and jazz. To date, she has released seven recordings, most recently an all-Ladino Hanukkah CD, [\*Hanuká\* \(2021\)](#).

Through her artful performance of music, Sarah will show you how Ladino culture has existed and transformed from the 15<sup>th</sup> century until today. It is sure to be a meaningful and joyful way to spend your late afternoon.

Register at [clc.bnaishalom.net](http://clc.bnaishalom.net) for the Zoom link.

This program is co-sponsored by participating members of a consortium of Jewish organizations, nationwide.

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### Friday Evening Candle Lighting

February 4.....	5:27 pm
February 11.....	5:36 pm
February 18.....	5:44 pm
February 25.....	5:53 pm

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Grandson of Sheri & Mike Abramson

For the latest information on Beth El's programming & services, visit [www.bethel-omaha.org](http://www.bethel-omaha.org).

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# Responses to Prayer

By Hazzan Michael Krausman



An exceptionally erudite member of our Shul posed a rhetorical but poignant question at minyan the other day: "Do people still say *Amen* and *Baruch Hu U'varuch Sh'mo* (Blessed is the Lord and Blessed is the Divine Name)"? The question led me to think about the vital importance of these responses to the interactive nature of the Jewish prayer service. Rather than being a passive experience during which the prayers are chanted by the officiants while the congregation sits as an audience, our services are designed to be a collaborative effort, with the leader and congregation praying together to the Almighty.

There are basically three types of responses that are mandated during the course of our prayer service: responses that come as a result of hearing the Divine Name, responses that are built into the text, and responses that indicate that the

responder wishes to be included in and/or is in accord with the prayer being offered.

Of the latter category, the response "Amen" is the most powerful. Saying Amen implies that one is in agreement with what the prayer represents and that one wishes to be included in the prayer being offered. In fact, by merely saying Amen to a prayer, one is considered as having said the prayer on one's own. Thus, if one person says the Motzi prayer over bread, all who say Amen may eat the bread without having to say their own blessing. Moreover, when a worshipper hears a Shaliach Tzibur (prayer leader) chant a prayer in the synagogue, simply by saying Amen, that person may be considered as having said the prayer as well. During the repetition of the Amidah (the standing prayer composed of a series of blessings and supplications), even a worshipper who cannot or has not had the chance to pray on their own can be

considered as though they personally has said the required prayers simply by listening to the Shaliach Tzibur and responding with Amen at the end of each blessing.

Some responses are part of the fixed liturgy. In order to emphasize the significance of these sections, Jewish law dictates that they can only be included in the service in the presence of a Minyan – a quorum of ten worshippers over the age of Bar/Bat Mitzvah. An example of this type of prayer is the Kedusha section of the Amidah, which focuses on the holiness of God. The Kedusha quotes sections of the Prophets which depict the angels worshiping the Almighty in a responsive fashion. We, as mortal worshippers, endeavor to emulate the celestial example by having each part of the prayer said individually by the members of the congregation and then repeated by the Shaliach Tzibur. It is often

(continued on page 5)



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## President's Corner: The Importance of Good Leadership

By Ari Riekas, President of the Board of Trustees



Shalom! As we plow through the cold winter months (hopefully we have not had to nor will have to literally plow much), I hope that

you have been able to stay warm. We certainly live in challenging times. As I write this article, the Omicron variant is spreading rapidly within our community. Here at Beth El, we pray that you stay healthy and that we continue to look out for one another. If you are in need of assistance, please let us know.

When we look to the secular calendar, the month of February is filled as a tribute to past leaders of our country. We celebrate the birthdays of two of our great United States presidents, Abraham Lincoln and George Washington. We also celebrate all former presidents on Presidents Day. Without getting too political, it's fair to say that our country has been blessed, at times, with amazing leadership. Of course, even our best presidents have fallen short from time to time. Clearly, none of our past presidents have been perfect. But we need to remember, all of our leaders have had one thing in common, they are human.

Interestingly, in the month of February we read the Torah portion, Ki Tisa. This portion has many different aspects. Ki Tisa involves: instructions for taking a census, instructions for making the Tabernacle, and emphasizes the manner in which Shabbat is to be celebrated. This portion also tells the story of the golden calf and Moses's and Aaron's leadership during this turbulent period.

Leadership was not easy in biblical times, and it is not easy today. Sadly, one could argue that finding good leaders is becoming more and more difficult. When we look at the political landscape, good people are often discouraged from participating due to the tremendous divisiveness within the political climate. We often see leaders at the local level and on school boards having their lives threatened while trying to do what they think is best.

From the stories of Abraham, Joseph and Moses through present day, one thing remains the same: leaders will always be tested. Nevertheless, as difficult as it is, leadership can also be extremely rewarding. I know, from my personal experience, being part of a movement, helping bring people

together, and building something for the future is an honor.

Here, at Beth El, we have had a history of amazing leadership. We have had so many individuals who have volunteered and helped put Beth El in a place of strength. Time and time again, members of our synagogue have stepped up to the plate to lead. However, the need for excellent leadership is not a thing of the past.

On that note, now is the time where we at Beth El begin to find people to replace those who will soon have fulfilled their tenure serving on the Board of Trustees. There is no financial commitment to serving on the Board. All that is required is to be a member in good standing with a willingness to be actively engaged. If you are interested in serving on the board, know someone who you think would be an outstanding board member, or if you want to serve in some other capacity, please let me, Jay Gordman or Allison Newfeld know.

Shalom,

Ari Riekas

### Havdallah

Saturday Evenings on Zoom

<https://zoom.us/j/944133237>

February 5.....6:20 pm

February 12.....6:30 pm

February 19.....6:35 pm

February 26.....6:45 pm

### Community Beit Midrash

Wednesdays at 7:00 pm

All Sessions will be on Zoom, JCC Sessions TBA

- **February 2 - Revelation**  
Hazzan Michael Krausman & Rabbi Brian Stoller
- **February 9 - American Loyalty to Israel vs. Progressive Values**  
Cantor Joanna Alexander & Rabbi Yoni Dreyer
- **February 16 - Same Prayer, Different Tune**  
Cantor Joanna Alexander & Hazzan Michael Krausman
- **February 23 - Holiday Observances Across Denominations**  
Rabbi Steven Abraham & Rabbi Aryeh Azriel

# Hazzan's Column

(continued from page 3)

our custom to join the Shaliach Tzibur in singing these important passages. Barchu, the formal call to worship which uses the same text as the beginning of the Torah blessings, is yet another example of this responsive form of prayer.

Perhaps the most interesting type of response is that which is associated with hearing mention of the Divine Name. During a prayer or blessing, it is customary to say "Baruch Hu U'varuch Sh'mo" (Blessed is the Lord and Blessed is the Divine Name) whenever the leader pronounces the formula "Baruch Ata Adonai," blessed are You, our Lord. There is, however, one caveat: saying "Baruch Hu U'varuch Sh'mo" constitutes a break in the flow of the blessing so that one does not say Baruch Hu U'varuch Sh'mo if one wishes to be considered as though they have said the required prayer. "Baruch Shem K'vod Malchuto L'Olam Vaed" (Blessed be God's glorious sovereignty throughout all time),

the response recited after the first line of the Shema, began in ancient times as the expected response to the mention of God's name. In our times, this phrase is said silently except on Yom Kippur. It was only on Yom Kippur that the high priest would enter the forbidden, holiest chamber of the Temple. He would utter – with great trepidation – God's Sacred Name, in order to determine the lot of the people of Israel for the year to come.

The best-known response in this category is "Y'hei Shmei Rabbah M'vorach L'olam Ul'al Mei Almaya," May God's great name be praised throughout all time. Out of this phrase, which began as a response used in the context of a rabbinic discourse, grew what was to become one of the best known and most familiar of all prayers; the Kaddish.

Responses from all the above categories are of fundamental importance to the nature of our services. A minyan of worshippers, by listening to the Kaddish and giving the appropriate responses,

empowers a mourner to have the courage to lead the community in praise of God in memory of a departed loved one. A congregation supports and encourages a Bar/Bat mitzvah by offering a resounding "Baruch Hu U'varuch Sh'mo" during the Blessing following the Haftara. A person connecting to the repetition of the Amidah feels fulfilled knowing they have expressed the required prayers simply by listening to the Shaliach Tzibur and responding with Amen.

The above examples show how these responses can galvanize the congregation as one strong unit in prayer. Indeed, our dear congregant raises a vital and valuable point through his query; active participation in the form of offering the traditional responses can be the wellspring from which flows true Kavana; sincere intent and intensity of worship that renders our prayers as true supplications to the Almighty.



Hazzan Michael Krausman

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## **Taking Control of Your Mental Health: Tips for Talking with Your Health Care Provider**

*From the CDC - Centers for Disease Control & Prevention*

Don't wait for your health care provider (HCP) to ask about your mental health. Start the conversation. Here are five tips to help prepare and guide you on how to talk to your health care provider about your mental health and get the most out of your visit.

### **1. Don't know where to start for help? Talk to your Health Care Provider.**

If you're going to your primary care provider (PCP) for other health concerns, remember to bring up your mental health concerns. Mental health is an integral part of health. People with mental disorders can be at risk for other medical conditions. You may be asked if you're feeling anxious or depressed, or had thoughts of suicide. Take this opportunity to talk to your PCP, who can help refer you to a mental health specialist.

### **2. Prepare ahead of your visit.**

HCP's have limited time for each appointment. Think of your questions or concerns beforehand and write them down.

- *Prepare your questions.* Make a list of what you want to discuss and any questions or concerns you might have.
- *Prepare a list of your medications.* It's important to tell your HCP about all the medications you're taking, including over-the-counter (nonprescription) drugs, herbal remedies, vitamins, and supplements.
- *Review your family history.* Certain mental illnesses tend to run in families, and knowing family mental health history can help determine whether you are at a higher risk for certain disorders. It can help your PCP recommend actions for reducing your risk and looking for early warning signs.

### **3. Consider bringing a friend or relative.**

Bring a close friend or relative to your appointment. Your companion can be there for support, help you take notes, and remember what you and the provider discussed. They might be able to offer input to your provider about how they think you are doing.

### **4. Be honest.**

Your HCP can help you get better only if you have clear and honest communication. Communications between you and a health care provider are private and confidential, and they cannot be shared with anyone without your expressed permission. Describe all of your symptoms and be specific about when they started, how severe they are, and how often they occur. Share any major stresses or recent life changes that could be triggering symptoms.

Examples of symptoms include:

- Persistent sad, anxious or "empty" mood
- Feelings of hopelessness or pessimism
- Irritability
- Feelings of guilt, worthlessness or helplessness
- Loss of interest or pleasure in hobbies and activities
- Decreased energy or fatigue
- Moving or talking more slowly
- Feeling restless or having trouble sitting still
- Difficulty concentrating, remembering or making decisions
- Difficulty sleeping, early-morning awakening or oversleeping
- Appetite or weight changes
- Thoughts of death or suicide, or suicide attempts
- Aches or pains, headaches, cramps, or digestive problems without a clear physical cause and/or that do not ease even with treatment

### **5. Ask questions.**

If you have questions or even doubts about a diagnosis or treatment your HCP gives, ask for more information. If your provider suggests a treatment you're not comfortable or familiar with, express your concerns and ask if there are other options. It's okay to disagree with your provider on treatment. You may decide to try a combination of approaches. You also may want to get another opinion. It's important to remember that there is no "one-size-fits-all" treatment. You may need to try a few different HCPs and several different treatments, or a combination of treatments, before finding one that works best for you.





**Zoom Movie Showing**  
**If These Knishes Could Talk:**  
*The Story of the New York Accent*

Thursday, February 10 at 2:00PM

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**Baking Dates**  
 Sunday February 20, 9:30 am - 12:00 pm  
 Wednesday February 23, 4:00 - 8:00 pm  
 Friday February 25, 10:00 am - 3:30 pm

Limited to 5 bakers per session  
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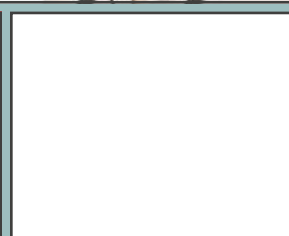
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**USY**

UPCOMING EVENTS

**USY Lounge Night**

Wednesday, February 2, 5:15 pm

**USY Board Meeting**

Sunday, February 6, 12:15 pm

**USY/Kadima Kinnus Hype-up**

Wednesday, February 9, 5:00 pm

**USY Convention Prep**

Thursday, February 10, 4:45 pm



## Chesed Caring Committee

Beth El's Chesed Committee focuses on Acts of Lovingkindness. We are there when times are the most difficult (illness, aging, death) and also at the most joyous times (birth). If you know of a congregant who is ill and would like the Chesed Committee to offer support, contact Eadie at [etsabari@bethel-omaha.org](mailto:etsabari@bethel-omaha.org).





## The More You Participate, the More You Belong

**By Eadie Tsabari,**  
**Director of Congregational Learning**

And just like that, we are back!

Second semester at BESTT has started in full swing and we are going to do our best to make it the greatest semester ever. I am really proud of the way our students have complied with the restrictions and changes from their normal activities at BESTT – masks, freezing rooms, construction zones and so many more diversions. They have all figured out how to get from one end of the building to the other, which isn't a small feat. How resilient kids are, how quickly they learn and how ready they are to face changes. Even with the Covid restrictions, Beth El has so many school programs and kid community activities planned that there is something for everyone.

One thing we need to start planning for immediately is summer camp. Jewish Summer Camp registrations are open and filling up quickly. Beth El is incredibly supportive of whichever Jewish Summer Camp you choose – as long as you go! The experiences, the friends, and connections that our kids make over the summer will shape their lives in the future. If you don't know or you aren't sure about camp, just give us a call and we can connect you with other experienced parents who send their kids to camp already. Scholarships are available from both the Jewish Federation of Omaha and Beth El's Camp Scholarship Fund. Every kid can go to camp – and we are here to help you. Parents of high school juniors and seniors – don't forget the Israel experience. There are plenty of scholarships ready for you, too. And lastly, all kids who are rising Kindergarten-Grade 5 are welcome and eligible for Kamp KEF at Beth El Synagogue. Campers, counselors, bubbies and more celebrate the best week of the summer. I'm already dreaming about our special time together when making memories that last for a lifetime can happen.

Stay warm, stay safe and enjoy the semester. Remember, we are all part of each other's lives, each with our own unique purpose. As I say every week, "the more you participate, the more you belong". I hope to see everyone being part of our Beth El Community.

*Eadie Tsabari*

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- Haftarah: Laurel Krausman

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- Julia Weill
- Ben Shapiro
- Georgianne Oman
- Marty Shukert
- Haftarah: Marty Shukert

### Vayechi

- Julian Witkowski
- Ben Shapiro
- Georgianne Oman
- Marty Shukert
- Alan Shulewitz
- Haftarah: Zach Krausman

### Shemot

- Beth Dotan
- Ben Shapiro
- Marty Shukert
- Georgianne Oman
- Haftarah: Marty Shukert



**SUNDAY, Feb. 6**

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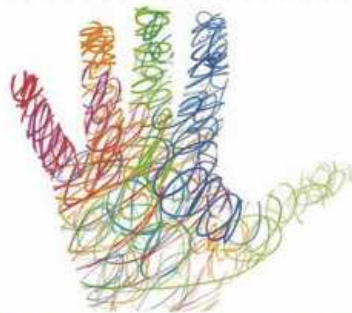


**Torah Tots w/ Morah Alex**  
Let's Talk About

**SHABBAT**



**Sunday, February 6 10:00-11:15 am Especially for 3-preK and their parents.**



**TOT SHABBAT**

**Friday, February 25**

**Services 6:00 pm**

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**Saturday, February 26, 6-9 PM**

**Dinner and a Movie Grades 3-7**



## A VIEW FROM THE NEIGHBORS

*35 Years of Excavating  
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Wednesdays at 6:00 pm  
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On ZOOM



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### Beth El Staff and Teens Team Up for MLK Day of Service



On MLK Day, Beth El Staff made lasagnas for Lasagna Love. Our teens also pitched in, making mandel bread & other treats.

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Beth El Synagogue, Omaha, NE

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## Contributions to Named Endowment & Synagogue Funds

This Kol lists contributions received by December 31. Donations received after that date will be listed in the next issue.

### Contributions to Named Endowment Funds

**1st Benjamin and Anna Wiesman Chapel Endowment Fund**  
In Memory of: Anna Wiesman

**Ann Goldstein Endowment Fund**  
In Memory of: Walter Anderson  
Yahrzeit of: Theodore Gershun, Leonard Goldstein

**Donna Bernstien Epstein Endowment Fund**  
In Memory of: Harriet Marko

**Feodora & Isidor Kahn Endowment Fund**  
In Honor of: Goldie Cohen, Michelle & Celine Kahn, Lara Litvin

**Isaac H. & Ruth S. Friedman Endowment Fund**  
Recovery of: Diane Malashock, Alan Parsow

**Lorri Anne & Saul Z. Davis Endowment Fund**  
Yahrzeit of: George Jacob Shafer

**Milton Marcus Instrumental Music Endowment Fund**  
In Memory of: Ethel Norman

**Ruth & David Platt Endowment Fund**  
Yahrzeit of: Ruth Platt, Sam Platt

**Selwyn Roffman Endowment Fund**  
In Memory of: Jerry Freeman  
Yahrzeit of: Abe Roffman, Izzy Roffman, Marie Roffman Ruback

**Willis Epstein Endowment Fund**  
Birthday of: Audrey Epstein  
In Memory of: Jerry Freeman

### Contributions to Named Synagogue Funds

**Building For The Future Campaign Fund**  
Birthday of: Ray Pred  
Recovery of: Karen Stuyvesant  
In Memory of: Clinton Weber  
Yahrzeit of: Myrle Erlich, William Hack, Pearl Hahn, Mae Ostrow

**General Fund**  
In Memory of: Esther Kahn, Sheldon Lippman  
Yahrzeit of: Ruth Taub Feldman, Sam Drolick

**Harold & Etta Epstein Family Chapel Of Remembrance Fund**  
In Memory of: Joe Kirshenbaum

### Music Fund

Yahrzeit of: David Gordon, Adele Mandell

**Rabbi Abraham's Discretionary Fund**  
In Memory of: David Abosch, Jerry Freeman  
Yahrzeit of: Alvin Nogg, Stuart Richard Rochman, Selma Sadofsky

### Seth Rich Memorial Camp Scholarship Fund

In Memory of: Ed Kanter, Joe Kirshenbaum, Clinton Weber  
Yahrzeit of: David Gordon, Sophia Kaslow, Ruby Kazlowsky, Ruth Sweet

### Shiva Meals Fund

Yahrzeit of: Joseph Goldstein, Martin L. Goldstein, Reva Goldstein

**Welcoming the Stranger Fund**  
Yahrzeit of: Dorothy Kushner

### In Memoriam

Beth El extends our profound sympathy to the families of:

**Marshall Becker  
Rose Milstein Davis  
Leonard Robert Nachman Jr.  
John Paul Zipay**

*May their memory always be for a blessing.*

## Service Grant Applications Due March 30

### \$1,000 Back-To-Camp Bonus!!!

With Covid-19 impacting camp enrollment for the last two summers, we want to make sure that cost won't be a problem for anyone who wants to send their kids to camp this year. So Beth El will provide an additional **\$1,000 bonus** on top of the normal percentage we pay for these summer programs. A Jewish summer living experience is the perfect complement to formal Jewish education, and we'd love to see as many kids as possible participate. All families, regardless of financial need, are eligible. We hope your kids will have an amazing summer camp experience in 2022!





# February 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11:30 am - Mussar with Rabbi 5:30 pm - Mincha/Ma'ariv	2 4:15 pm - BESTT (3-7) 5:15 pm - USY Lounge Night 5:30 pm - Mincha/Ma'ariv 6:00 pm - A View From the Neighbors with Dr.Arav 6:00 pm - Hebrew High (8-12) 7:00 pm - Beit Midrash	3 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv 7:00 pm - Revisiting the Classics with Hazzan	4 6:00 pm - Kabbalat Shabbat	5 10:00 am - Shabbat Services 10:00 am - Jr. Congregation 6:20 pm - Havdallah
6 9:30 am - Shacharit Service followed by Siddur 101 with Hazzan 9:30 am - BESTT (K-7) 9:30 am - World Wide Wrap 10:00 am - Torah Tots 10:00 am - Torah Study 12:15 pm - USY Board Meeting 5:30 pm - Mincha/Ma'ariv	7 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv	8 11:30 am - Mussar with Rabbi 5:30 pm - Mincha/Ma'ariv	9 4:15 pm - BESTT (3-7) 5:00 pm - USY/Kadima Kinnus Hype-up 5:30 pm - Mincha/Ma'ariv 6:00 pm - A View From the Neighbors with Dr.Arav 6:00 pm - Hebrew High (8-12) 7:00 pm - Beit Midrash	10 7:00 am - Shacharit Service 2:00 pm - Zoom Movie Day 4:45 pm - USY Convention Prep 5:30 pm - Mincha/Ma'ariv 7:00 pm - Revisiting the Classics with Hazzan	11 6:00 pm - Kabbalat Shabbat  Kadima Kinnus February 11-13 USY Winter Shabbaton February 11-13	12 10:00 am - Shabbat Services 10:00 am - Jr. Congregation 6:30 pm - Havdallah
13 9:30 am - Shacharit Service followed by Siddur 101 with Hazzan 9:30 am - BESTT (K-7) 10:00 am - Torah Study 5:30 pm - Mincha/Ma'ariv	14 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv	15 11:30 am - Mussar with Rabbi 5:30 pm - Mincha/Ma'ariv 7:00 pm - Board of Trustees Meeting	16 4:15 pm - BESTT (3-7) 5:30 pm - Mincha/Ma'ariv 6:00 pm - A View From the Neighbors with Dr.Arav 6:00 pm - Hebrew High (8-12) 7:00 pm - Beit Midrash	17 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv 7:00 pm - Revisiting the Classics with Hazzan	18 6:00 pm - Kabbalat Shabbat	19 10:00 am - Shabbat Services followed by Brisket Recipe Challenge Tasting/Voting 6:35 pm - Havdallah
20 9:30 am - Shacharit Service followed by Siddur 101 with Hazzan 9:30 am - Hamantashen Baking 10:00 am - Torah Study 5:30 pm - Mincha/Ma'ariv  No BESTT Presidents Weekend	21 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv	22 11:30 am - Mussar with Rabbi 5:30 pm - Mincha/Ma'ariv 7:00 pm - Young Adult Parlor Meeting at Stories Coffee	23 4:00 pm - Hamantashen Baking 4:15 pm - BESTT (3-7) 5:30 pm - Mincha/Ma'ariv 6:00 pm - A View From the Neighbors with Dr.Arav 6:00 pm - Hebrew High (8-12) 7:00 pm - Beit Midrash	24 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv 7:00 pm - Revisiting the Classics with Hazzan	25 10:00 am - Hamantashen Baking 11:30 am - Nebraska AIDS Coalition Lunch 6:00 pm - Kabbalat Shabbat 6:00 pm - Tot Shabbat	26 10:00 am - Shabbat Services 10:00 am - Jr. Congregation 6:00 pm - BESTT Movie Night 6:45 pm - Havdallah
27 9:30 am - Shacharit Service followed by Siddur 101 with Hazzan 9:30 am - BESTT (K-7) 10:00 am - Torah Study 4:00 pm - Ladino Music from Yesterday to Today 5:30 pm - Mincha/Ma'ariv	28 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv 7:00 pm - Women's Book Club					

## Brisket Tasting & Voting

Saturday, February 19, 12:00 pm (approximately)

Following Shabbat Morning Services



Throughout the month of January, congregants submitted their favorite brisket recipes. Finalists will be invited to prepare their brisket at Beth El. Congregants who join us on February 19 will sample each brisket and vote for their favorite.

**The winning recipe will be used for Passover 2022**

### Three Ways to Help with Beth El's Little Free Pantry



- Fill & manage the pantry for a week
- Donate food to the pantry
- Make a monetary donation

For more information and to sign up, visit [www.bethel-omaha.org](http://www.bethel-omaha.org). Questions? Contact Robby at [rerlich@bethel-omaha.org](mailto:rerlich@bethel-omaha.org).

### Building for the Future Campaign



EXODUS 25:8

"MAKE ME A SANCTUARY THAT I MAY DWELL WITHIN THEM"

וַעֲשׂוּ לִי, מִקֹּדֶשׁ; וְשִׁכְנֹתִי, בְּתוֹכָם

For more information or to donate online, visit [www.bethel-omaha.org](http://www.bethel-omaha.org).

**Stories COFFEE**  
11432 Davenport St.

## YOUNG ADULT PARLOR MEETING

### TUESDAY, FEBRUARY 22 AT 7:00 PM

Come be together with your Beth El friends!  
Catch up & help program plan for 2022.

RSVP for your free drink at [www.bethel-omaha.org](http://www.bethel-omaha.org).



## Beth El Staff

Steven Abraham .....Rabbi  
[rabbiabraham@bethel-omaha.org](mailto:rabbiabraham@bethel-omaha.org)

Michael Krausman.....Hazzan  
[hazzankrausman@bethel-omaha.org](mailto:hazzankrausman@bethel-omaha.org)

Allison Newfeld.....Executive Director  
[anewfeld@bethel-omaha.org](mailto:anewfeld@bethel-omaha.org)

Eadie Tsabari.....Director of  
 Congregational Learning  
[etsabari@bethel-omaha.org](mailto:etsabari@bethel-omaha.org)

Mike Newell.....Chef & Catering Manager  
[mnewell@bethel-omaha.org](mailto:mnewell@bethel-omaha.org)

Becky Kahn.....Senior Executive Assistant  
[bkahn@bethel-omaha.org](mailto:bkahn@bethel-omaha.org)

Robby Erlich .....Engagement Coordinator  
[rerlich@bethel-omaha.org](mailto:rerlich@bethel-omaha.org)

Michael Gerson.....Minyan Coordinator  
[mwgerson18@gmail.com](mailto:mwgerson18@gmail.com)

## Officers

Ari Riekes .....Beth El President

Adam Kutler .....Vice President

Linda Saltzman .....Vice President

Miriam Gottlieb .....Treasurer

Susan Witkowski.....Secretary

Ari Kohen .....Religious Life Chair

Jay Gordman .....Past President

David Finkelstein.....BESTT Chair

## Adult Education

Register online at [www.bethel-omaha.org](http://www.bethel-omaha.org)



### Siddur 101

*Starting with the Basics*  
 led by Hazzan Krausman

SUNDAYS AT 9:30 AM  
 FOR MORNING SERVICES

Followed by conversations about our liturgical tradition  
 The class meets concurrent to BESTT schedule

This class will be held in person only.

**MUSSAR WITH  
 RABBI ABRAHAM**

**Tuesdays**  
 11:30 am - 12:30 pm

This class will be held in person with the option to attend by Zoom.

### REVISITING THE CLASSICS WITH HAZZAN KRAUSMAN



*An opportunity to listen to the greatest Cantors of all time*

**Thursdays**  
 7:00 - 8:00 pm

This class will be held via Zoom only.

Beth El Synagogue  
14506 California St. Omaha, NE 68154

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[www.bethel-omaha.org](http://www.bethel-omaha.org)



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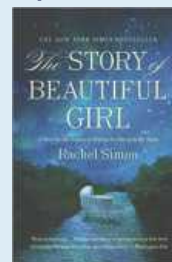


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Place your order at [www.bethel-omaha.org](http://www.bethel-omaha.org).

## Women's Book Group

Monday, February 28  
7:00 pm on Zoom



This month, we will discuss "The Story of a Beautiful Girl" by Rachel Simon. The author will join us on Zoom. Newcomers are always welcome. For more information, contact Darlene Golbitz at 402-334-7862, [darlene.golbitz@gmail.com](mailto:darlene.golbitz@gmail.com).



## משלוח מנות

SHARE THE MITZVAH OF PURIM BY GIVING!

## Mishloach Manot

It's a Purim tradition to send  
sweet treats & well wishes to friends & family!  
Order a bag for a loved one during the month of  
February to benefit the  
Building for the Future Campaign!

\$18 per entry

All orders due by March 7

Order Mishloach Manot bags at [www.bethel-omaha.org](http://www.bethel-omaha.org).