



www.bethel-omaha.org 402.492.8550

# **Celebrate Passover With Beth El**

Let Beth El help you make your home Chametz-free.

# SELL

Fill out the form by Friday, April 19.

All money will be donated to the JFS Food Pantry.

# DONATE

Bring donations any day through Friday, April 19.

We will collect unopened, nonperishable food for donation to the Food Bank for the Heartland.



### BURN

Join us Monday, April 22 at 7:00 am.

Shacharit will be followed by Siyyum B'khorim (fast of the first born) and Biur Chametz (burning of chametz).

Bring your opened chametz and let's have a bonfire!

Breakfast sponsored by Paul and Sandy Epstein.

# Passover Seder Tuesday, April 23

Mincha at 5:30 pm Seder to follow at 6:00 pm

Adults: \$52 Children 6-12: \$18 Children under 6: No charge

**Reservations Close: April 9** 

# Menu

Entree: Brisket or Salmon Vegan Option: Eggplant Casserole

Matzo Ball Soup, Gefilte Fish, Chopped Liver, Charoset, Sweet Potatoes Stuffed with **Quinoa & Raisins, Heirloom Carrots Roasted** with Pears, Dried Cranberries & Prunes

Lemon Cake topped with Parve Crème Fraiche, Blueberries & Raspberries.

Register online at www.bethel-omaha.org.



Passover Services - April 22-30 Complete Passover Service Schedule on Page 14

# Visit Beth El's Gift Shop For Your Passover Seder



# April 7 - 19

Sundays 9:30 am - 12:00 pm Wednesdays 4:00 -6:00 pm

# Seder Plates - Afikomen Bags - Hostess Gifts Matzo Plates - Candles - & More



# To schedule a personal shopping experience, call 402-492-8550

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# The Jewish Leap Year By Rabbi Steven Abraham



The Jewish calendar, rich in history and tradition, is a lunisolar system that beautifully intertwines the lunar months

with the solar year to ensure that the festivals, rooted in agriculture, occur in their appropriate seasons. This harmonization is crucial for festivals like Passover, which must occur in the spring. To achieve this, the Jewish calendar incorporates a leap year system, different from our secular Gregorian calendar's single leap day (February 29th) every four years.

In the Jewish calendar, a leap year involves adding an entire month rather than just a day. This adjustment occurs seven times in a 19-year cycle. The additional month ensures that the Jewish holidays align with their respective seasons (Sukkot in the Fall, Passover in the Spring, etc.).

The "leap" month, which we are currently finishing up, is known as Adar II. It follows Adar I, effectively extending the celebratory spirit of Purim and maintaining the seasonal integrity of the Passover. Adar, the last month of the calendar year in Jewish tradition, is chosen to align the calendar with the solar year before the cycle begins anew with Nisan, the month of Passover.

Adar is a month associated with joy and happiness, as marked by Purim, a festival celebrating the Jewish people's deliverance from a plot to destroy them, as recounted in the Book of Esther. The addition of Adar II is thought to double down on this joyous period, offering a time of increased happiness and celebration. Purim is celebrated in Adar II in leap years to ensure it remains one month before Passover.

The Jewish leap year and the addition of Adar II remind us of the delicate balance between time, tradition and religious observance. I hope this more profound understanding of our calendar strengthens our connections to the cycles of time and our people's heritage.



# **Chesed Caring Committee**

Beth El's Chesed Committee focuses on acts of lovingkindness. We are there when times are the most difficult (illness, aging, death) and also at the most joyous times (birth). If you know of a congregant who is ill and would like the Chesed Committee to offer support, contact us at 402-492-8550.



Beth El Synagogue, Omaha, NE

A 4C 02-1034



Nominating Committee Presents New Slate

We are pleased to announce the slate of officers and board members to serve Beth El for the upcoming year. The board members will be elected at our Annual Meeting on Friday, May 10 at 5:30 pm.

Officers & Committee Chairs on the Executive Committee who will begin the first year of their two-year terms:

- President - Marty Shukert

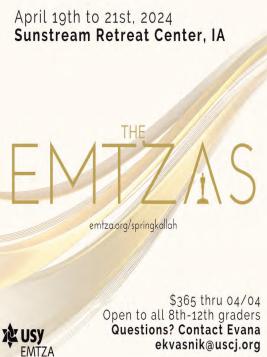
www.bethel-omaha.org.

- Past-President Linda Saltzman
- Vice President Howard K. Marcus
- Secretary Margie Gutnik
- Treasurer Miriam Gottlieb
- Religious Life Chair Ari Kohen
- BESTT Chair Caryn Scheer

Cemetery Chairs - Bob Belgrade & Bruce Kutler

Nominated for their first one-year terms: Sam Dubrow, Susan Long, Shiri Phillips, Caryn Rifkin, Wayne Schwarz

They will join these current members of the Board of Trustees: Jason Epstein, David Finkelstein, Jay Gordman, Erika Lucoff, Sandy Passer & Susan Witkowski. Thanks so much to Wendy Berenson, Sarah Frey, Darlene Golbitz, Andi Goldstein, Ari Riekes & Mike Sigmond who have completed their terms. We also want to thank our nominating committee members: Ari Riekes (chair), Hollie Fineman, David Finkelstein, Sarah Frey, Howard K. Marcus, Wayne Schwarz and Susan Witkowski.



# Kollectible

Mazel Tov to **Tristan Newman** who has been accepted to the Jewish Theological Seminary. We wish Tristan all the best as he begins his rabbinical studies program!





♥ Bruce & Sandy Gordon - 4/1

Marc & Caryn Scheer - 4/3

# In Memoriam

Beth El extends our profound sympathy to the family of:

Roger Friedman, M.D.

May his memory always be for a blessing.



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# **President's Corner: Navigating Our Post-October 7th World** By Linda Saltzman, President of the Board of Trustees



I had a troubling experience last month.

While walking in the St. Patrick's Day parade in support of a congressional

candidate, I encountered a pro-Palestinian group spewing vitriol against Israel and President Biden. Chances are, most of us have had similar experiences since October 7th.

But this group took it further. One of their chants was, "Jews want genocide." Over and over again they shouted it through a megaphone, for families and children to hear.

The group followed the political portion of the parade and found another spot a few blocks down the parade route. The antisemitic bile continued, for a new group of parade onlookers to hear.

My first instinct was to approach them and perhaps start a rational, productive dialogue. It became clear to me quickly that nothing rational or productive would result from my attempt at a conversation.

After the parade, I walked back to my car, getting angrier and angrier with each step. Free speech is one thing. Hate speech is another. And this was targeted at me. By the time I got home, I was livid.

I immediately composed a pointed email to the parade organizers. "I left the parade feeling angry that I was forced to question my safety at what should have been a festive event," I wrote.

Later that evening, I received a thoughtful response from Tim Lonergan, the President of the Ancient Order of Hibernians in Omaha, the group that organized the parade. He explained he had received word of the rally the day before the parade and contacted law enforcement. Omaha Police had undercover officers monitoring the group. He empathized with my position as a Jew and said the AOH would discuss potential preventative measures for next year's parade.

I couldn't take issue with his response. He took my concerns seriously and responded quickly. I will leave this incident, while not forgotten, in the rearview mirror and move forward.

It struck me how Jews are navigating this world of skyrocketing antisemitism as we prepare for Passover. According to an article in *The Jerusalem Post*, the October 7th massacres were originally scheduled to take place during a Passover seder in 2023.<sup>1</sup>

Some believe Passover has a different feel this year. They argue it is hard to sing "Dayeinu," claiming "it would have been enough," when Jews are being held hostage in Gaza. At this moment, it is not enough, they say.

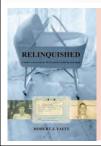
In February, dozens of Israeli rabbis and community leaders assembled at the Conservative Schechter Rabbinical Seminary to discuss potential updates to this year's seder. Among the possible changes adopted by Israeli families is to add an empty chair at the table to represent a victim of October 7th. Families may also add a 5th Question to the original Four Questions: "On all other nights, we think that we have answers. Tonight, we all just stay silent," says the passage, which is in Hebrew. "On all other nights, we remember, sing and cry.... On this night, we only cry."2

May we all have a meaningful Passover with our families and friends. I look forward to seeing you at Beth El's Second Seder on April 23rd. (Registration closes on April 9th, see cover for details.)

Anida Kartyme

<sup>1</sup> <u>https://www.jpost.com/israel-news/defense-news/article-771830</u>

<sup>2</sup> <u>https://www.jta.org/2024/03/05/religion/can-jews-sing-dayenu-while-there-are-hostages-the-passover-seder-gets-a-post-oct-7-rethink</u>



# Kollectible

Mazel Tov to **Robert Yaffe** on *Relinquished*, the book he wrote about his 30-year journey to find his birth family. A search that began before the Internet, Robert ran into many roadblocks along the way. This book follows his astounding findings and painful conflicts that at times led to intense guilt, family conflict and emotional trauma. Published in January 2024, availability includes Amazon, Kindle, Barnes & Noble and other locations.

### ROOTED IN TRADITION. EMBRACING CHANGE. 7





# Many Thanks to our Hamantashen Bakers

The following people joined us to bake Hamantashen for all of us to enjoy:

Hollie Fineman and M'Lee Hasslinger - Chairs Julia Brodkey, Rose Cooper, Jane Dreyfus, Beth Dworkin, Andrea Erlich, Pamela Friedlander, Alan Friedman, Elly Gordman, Alicia Granados, Margie Gutnik, Evan Halpain, Lewis Halpain, Sarah Halpain, Alan Hersch, Donna Hersch, Helen Kay, Abby Kutler, Carol Lainof, Lisa Marcus, Stacie Metz, Allen Morris, Donna Olesh, Linda Saltzman, Caryn Scheer, Ali Sherman, Patty Sherman, Sherry Shapiro, Nancy Skid, Beth Staenberg, Lindsey Thomas, Marilyn Tipp and Steve Tipp



Details & Registration to Come

SYNAGOGU

# **SUPPORT THE ADVERTISERS** that Support our Community!

# We Thank Our Yad Squad



The following members read Torah in February:

# Yitro

- Marty Shukert
- Georgianne Oman
- Sharon Brodkey
- Alan Shulewitz
- Ben Shapiro
- Haftarah: Patty Nogg

# **Mishpatim**

- Ben Shapiro
- Sharon Brodkey
- Georgianne Oman
- Marty Shukert
- Haftarah: Laurel Krausman

# Terumah

- Marty Shukert
- Alice Weiss
- Ben Shapiro
- Roslyn Mannon
- Haftarah: Nancy Rips

# Tetzaveh

- Jason Dubrow
- Georgianne Oman
- Alan Shulewitz
- Ben Shapiro
- Jay Gordman
- Haftarah: Marty Shukert

Brought to you by a generous gift from the Carolyn Kully Newman Memorial Fund of the Jewish Federation of Omaha and a Foundation IMPACT Grant





# YOUNG FAMILY PROGRAMMING Pre-Passover Fun LUNCH, MOVIE & CRAFT

Especially for families with 0-4 year olds.



# Sunday, April 7 12:00 pm

\$5 per Adult, \$3 per Child

Join us for this family-friendly Passover activity as we watch "Passover at Bubbe's" and make finger puppets with our Beth El friends.



# For the latest information about

Beth El programming & services,

visit www.bethel-omaha.org.



### ROOTED IN TRADITION. EMBRACING CHANGE. 9

# What Jews Think Series Thursday, April 11, 7:30 pm via Zoom

Dr. Andrea Dara Cooper, University of North Carolina at Chapel Hill "Jewish Philosophy and Feminism"

In this talk, we'll consider how scholars and theologians have attempted to find a feminist space within the Jewish interpretive tradition. How can contemporary approaches to gender analysis allow us to understand the use of gendered terms in Judaism, and in what ways can Judaism be both challenged and revitalized by these approaches?

Andrea Dara Cooper is Associate Professor and Leonard and Tobee Kaplan Scholar in Modern Jewish Thought and Culture in the Department of Religious Studies at the University of North Carolina at Chapel Hill.

**Sponsored by Jeffrey & Sherry Taxman** Register online at <u>www.bethel-omaha.org</u>.



# 5784 2024 THE BETH EL PASSOVER SPRING BREAK, MATZA CAKE, GOODNESS SAKE, PANCAKE MAKE, SHAKE AND BAKE Thursday, April 25 Open to all Beth El Kids kdg to 12th grade 9 am to 5:30 pm (need extended hours, just ask) Just \$15 for lunch and snacks ACTIVITIES: • WE WILL MAKE MATZAH MEAL AND MATZAH BREI PANCAKES, THEN DECIDE WHICH WE LIKE THE BEST! JUNIOR SERVICE · LEARN AND PRACTICE PASSOVER SONGS. . GAGA AND OTHER GAMES Register online at www.bethel-omaha.org.



# **SUPPORT OUR** ADVERTISERS!



# Creating An Inclusive Environment at BESTT by Mark Kelln, Education Director

What does inclusion look like at BESTT?

At BESTT, we would hope that all our students and their families feel welcome and where they can be successful. No two of our students are alike, nor are their families. There is so much to consider when striving to create an environment inclusive to all. Elements of this diversity may include family structure, religious background, ethnicity, gender expression, sexual orientation, physical disability, cognitive disability, neurodiversity, cultural background, socioeconomic status, education, marital status, health needs, military background, mental health, social roles, political beliefs, life experiences and so much more.

Trying to accommodate such a list of differences can seem daunting. However, the task becomes less overwhelming when we consider that a few guiding principles can help us provide a welcoming environment for all, regardless of real or perceived differences.

**Begin with compassion.** Always the starting point, being compassionate for all we interact with in our lives helps us ensure that we are protecting the dignity of others as well as our own. The key element of compassion is that compassion does not "turn away." When we show compassion, we are fully present in a way that allows us to meet others where they are.

Look for ways to say yes. Assume that there is a way to accommodate the needs of those that we work with. The solution may not be obvious at first but will often become clear suddenly. One important element to this is communication. It requires that we not be afraid of conversations.

**Confidently protect our identity.** No one expects us to compromise our identity. In fact, they would not be here if we did. Accommodating does not mean compromising our beliefs, values, or mission.

What is helpful for one is often helpful for many. In education we understand that elements of instruction that are particularly helpful for those with learning disabilities are almost always helpful to everyone. Some of the best accommodations that we may put in place for a particular person or group quickly become engrained as common practices that are good for all.

I am certain that there is work to be done towards creating the most inclusive environment we can at BESTT. One where each of our students can reach their full potential as Jews. One where students always feel welcome and can be themselves. That, in fact, is the final guiding principle. We must understand that it is an evolving process that takes work, reflection, and refinement.

Birthdays

### With 5-Year Multiples

Henry Cooper - 4/1 Linda Muskin - 4/1 Benjamin Kutler - 4/5 Lenore Ross - 4/12 Wendy Abraham - 4/15 Liat Frey - 4/22 Andrea Scioli - 4/22 Joanne Johnson - 4/27 Mindy Merrill - 4/28 Holly Weill - 4/30

# Friday Evening Candle Lighting

April 5	7:37 pm
April 12	7:44 pm
April 19	7:52 pm
April 26	7:59 pm

# Havdallah

Saturday Evenings on Zoom https://zoom.us/j/944133237 April 6 ......8:30 pm April 13 ......8:40 pm April 20 ......8:45 pm April 27 ......8:55 pm

# Contributions to Named Endowment & Synagogue Funds

This Kol lists contributions received by February 29. Donations received after that date will be listed in the next issue.

Contributions to Named Endowment Funds

**1st Benjamin and Anna Wiesman Chapel** Endowment Fund In Honor of: Rabbi Steven Abraham In Memory of: Anna Wiesman

Arnold Stern Endowment Fund Yahrzeit of: Seymour Cohn, Arnold Stern

Beverly & Lou Rich Kiddush Endowment Fund Yahrzeit of: Libby and Jacob Natkins

David & Ida Potash Endowment Fund Birthday of: Sheryl Friedman Yahrzeit of: Gordon Cherwitz

David & Idell Itkin Endowment Fund In Memory of: Marvin Polikov

Drazen Family Summer Experience Endowment Fund In Memory of: Rabbi Jules Harlow

Henry & Dorothy Riekes Endowment Fund Birthday of: Carl Riekes In Honor of: Margo Riekes

Isaac H. & Ruth S. Friedman Endowment Fund Recovery of: Sandy Romanoff In Memory of: Roger Friedman

Milton Marcus Instrumental Endowment Fund Birthday of: Sheryl Friedman, Helene Lohman In Memory of: Doris Parker

Rabbi Alexander Katz Educational Endowment Fund In Memory of: Rabbi Jules Harlow

Selwyn Roffman Endowment Fund Yahrzeit of: Rose Roffman

Stephen R. Skid Endowment Fund In Memory of: Lois Bowen Boerger

### Contributions to General Synagogue Funds

BESTT Youth Education Fund In Memory of: Roger Friedman

Blanche Wise Educational Fund In Memory of: Rabbi Jules Harlow Yahrzeit of: Murray Feldman, Ida Krasnow, Harry Staenberg

Building For The Future Fund Yahrzeit of: Abraham Al Lavin, Rose Lavin

Cemetery Improvement Fund In Memory of: Rabbi Jules Harlow Yahrzeit of: Faye Remer, Ilyah Tomtchin

Education For The Future Fund Birthday of: Sheryl Friedman In Memory of: Cindy Salkin

General Fund In Memory of: Marvin Polikov Yahrzeit of: Louie Blumkin, William Ostrow, Edward Smith, Philip Smith, Maurice Weiss

Little Free Pantry Fund Birthday of: Linda Saltzman

Lucy White Kitchen Fund In Honor of: Chef Allen

Music Fund Birthday of: Sheryl Friedman

Project Isaiah Fund Yahrzeit of: Anita Knox

### Rabbi Abraham's Discretionary Fund

Birthday of: Sheryl Friedman Marriage of: Rabbi Steven Abraham & Pam Berkowitz In Memory of: Lois Bowen Boerger Yahrzeit of: Marilyn M. Bernstein, Barbara Uehling

### Seth Rich Memorial Camp Scholarship Fund

Birthday of: Sheryl Friedman

Shavuot To Go Fund Yahrzeit of: Ruth Feldman

Youth Education Fund In Honor of: Rabbi Steven Abraham



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Beth El Synagogue, Omaha, NE

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# Mental Health Series - Emotions: Free to Flow Through You By Jessica Edelbaum, MA MFT & Travis Strickland, MSW



Let's talk about emotions. Emotion=Energy in motion. We experience our emotions through bodily sensations. However, for many of us we learn to stuff down, ignore, hide, and even fear our emotions which leaves this energy stagnant and stunted. Have you ever seen a body of water that's been sitting there for a while? It tends to collect moss, bacteria, odor, etc. A common reaction is to not want to go near the water. However, ignoring this doesn't make it go away. Sometimes when we pretend it's not there, it can intensify and affect the whole water supply. What does assist the situation is figuring out a way to clean it and create flow.

For those of us who dare be with our emotions, there is a tendency to want to THINK our way through them, swim in circles in the stories and reasons why. Because cognition and sensations are different, you won't find your answer in your thoughts. Your harmony lies in being willing to ride the wave of what is present in your body.

In a society that tends to value the "cognitive" more than your heart, body, and soul, many of us find it easier and even necessary to live from the shoulders up. When we do this, we become detached and de-sensitized to your body's communication (sensations).

So how do you transition from stagnation to flow?

If you are willing, give this a go:

- 1. Get in a comfortable position.
- 2. Become aware of your inhale and exhale.
- 3. Bring your attention to the tip of your nose. (When the mind wanders, which it will, bring it back to notice this single focus point.)
- 4. Feel the air coming in and out of your nostrils. Repeat several times.
- 5. Expand awareness to your body and notice a sensation (e.g., tension, pressure, heaviness, warmth, steadiness, tingling, spacious).
- Place your hand(s) on the sensation. To the best of your ability, guide your attention to your hand and the space underneath.
  (When we turn towards our emotions, sometimes they intensify. Trust this emotional wave will crest and release. This frees up that energy to once again be part of the flow of you.)
- 7. When this feels complete or you want to stop, gently release your hand, focus on the expansion and contraction of the breath.
- 8. Lastly, open your eyes, look around and simply notice.

There is no right or wrong, just an opportunity to notice and BE with what is.

Venturing into emotions can feel scary and it can be easier with someone alongside your journey. You are worth the support.

Find a five-minute guided meditation for the steps above at: <u>https://on.soundcloud.com/xBwCU</u>.

We dedicate this article to our cousin, Jennifer Kay, who left before she was able to recognize her magnificence.

The Mental Health Series is presented by Beth El Synagogue and The Jennifer Beth Kay Memorial Fund

				ROOTED IN T	RADITION. EMBRACI	NG CHANGE. 13
	Saturday	6 10:00 am - Shabbat Services 10:00 am - Jr. Congregation (K-12) 8:30 pm - Havdallah	13 10:00 am - Shabbat Services 10:00 am - Jr. Congregation (K-12) 8:40 pm - Havdallah	20 10:00 am - Shabbat Hagadol Zimra 10:00 am - Jr. Congregation (K-12) 8:45 pm - Havdallah	27 Chol Hamoed 10:00 am - Shabbat Services with Yizkor 8:55 pm - Havdallah	
	Friday	5 5:30 pm - Pre-Neg and Tot Shabbat 6:00 pm - Kabbalat Shabbat 7:00 pm - Our Shabbat Tables at Beth El	12 6:00 pm - Kabbalat Shabbat	19 20   6:00 pm - Kabbalat Shabbat Hagadol Zimra   10:00 am - Jr. Congr Hagadol Zimra   10:00 am - Jr. Congr (K-12)   8:45 pm - Havdallah   USY Spring Kallah	26 Chol Hamoed 11:30 am - Nebraska AIDS Project Lunch 6:00 pm - Kabbalat Shabbat	
	Thursday	4 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv	11 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv 7:30 pm - PJP What Jews 7:10 k Series: Dr. Andrea Dara Cooper Dara Cooper Teen Roots Trip to New York - 4/11 - 4/14	18 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv	25 Chol Hamoed 7:00 am - Shacharit Service 9:00 am - BESTT Passover 5pecial at Beth El 5:30 pm - Mincha/Ma'ariv	•
	Wednesday	3 4:15 pm - BESTT (3-7) 5:30 pm - Mincha/Ma'ariv 6:00 pm - Hebrew High (8-12)	10 4:15 pm - BESTT (3-7) 5:30 pm - Mincha/Ma'ariv 6:00 pm - Hebrew High (8-12)	17 4:15 pm - BESTT (3-7) 5:30 pm - Mincha/Ma'ariv 6:00 pm - Hebrew High (8-12)	24 Passover Day 2 10:00 am - Shacharit Service 8:59 pm - Yom Tov Ends Office Closed	
	Tuesday	2 10:30 am - Pirkei Avot with Rabbi Abraham 5:30 pm - Mincha/Ma'ariv	9 10:30 am - Pirkei Avot with Rabbi Abraham 5:30 pm - Mincha/Ma'ariv	16 10:30 am - Pirkei Avot with Rabbi Abraham 5:30 pm - Mincha/Ma'ariv 7:00 pm - Board of Trustees Meeting	23 Passover Day I Second Seder 10:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv 6:00 pm - Community Seder 6:00 pm - Community Seder	30 Passover Day 8 10:00 am - Shacharit Service 9:06 pm - Yom Tov Ends Office Closed
April 2024	Monday	l 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma`ariv	8 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv	l 5 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv	22 First Seder 7:00 am - Shacharit/Siyyum B'khorim Followed by Biur Chametz & Breakfast 5:30 pm - Mincha/Ma'ariv	29 Passover Day 7 10:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv Office Closed
	Sunday		7 9:30 am - Shacharit Service 9:30 am - BESTT (K-7) 10:00 am - Torah Study 10:30 am - Hebrew Reading with Hazzan Krausman 10:45 am - Torah Tots 11:15 am - Adult B'nai Mitzvah with Hazzan Krausman 11:15 am - Adult B'nai Mitzvah S:30 pm - Young Family Program 5:30 pm - Mincha/Ma'ariv	14 9:30 am - Shacharit Service 9:30 am - BESTT (K-7) 10:00 am - Torah Study 10:30 am - Hebrew Reading with Hazzan Krausman 11:15 am - Adult B'nai Mitzvah with Hazzan Krausman 5:30 pm - Mincha/Ma'ariv 5:30 pm - Cocktails & Karaoke	21 9:00 am - Shacharit Service - Zoom Only 10:00 am - Torah Study 5:30 pm - Mincha/Ma`ariv	28 Chol Hamoed 9:00 am - Shacharit Service - Zoom Only 10:00 am - Torah Study 5:30 pm - Mincha/Ma'ariv

# Schedule of Passover Services 2024/5784

Services will be at Beth El and online except where noted

### Monday, April 22 - First Seder

Shacharit/Siyyum B'khorim	am
Followed by Biur Chametz	
Mincha/Ma'ariv	om
Candle Lighting	om

### Tuesday, April 23 - Second Seder (Day I - Yom Tov)

Shacharit	
Mincha/Ma'ariv	5:30 pm
Community Seder	
Candle Lighting	

### Wednesday, April 24 (Day 2 - Yom Tov)

Shacharit10	):00 am
Yom Tov Ends	3:59 pm

# Thursday, April 25 (Day 3 - Chol Homoed)

Shacharit	
Mincha/Ma'ariv	

### Friday, April 26 (Day 4 - Chol Homoed)

Kabbalat Shabbat	:00 pm
Candle Lighting7	:59 pm

### Saturday, April 27 (Day 5 - Chol Homoed)

Shacharit (Yizkor will be said)	
Passover Lunch	
Havdallah - Zoom only	

### Sunday, April 28 (Day 6 - Chol Homoed)

Shacharit - Zoom only	9:00 am
Mincha/Ma'ariv	
Candle Lighting	8:01 pm

## Monday, April 29 (Day 7 - Yom Tov)

Anniversary of the Crossing of the Red Sea

Shacharit	
Mincha/Ma'ariv	5:30 pm
Candle Lighting	

### Tuesday, April 30 (Day 8 - Yom Tov)

Shacharit10:	00 am
Yom Tov Ends9:	06 pm

*Links will be posted online at <u>www.bethel-omaha.org</u>.* 



### ROOTED IN TRADITION. EMBRACING CHANGE. 15

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Margie GutnikSecretary
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Ari RiekesPast President
Caryn ScheerBESTT Chair

# Siddur Celebratic

Time to celebrate our 3rd graders as they receive their Siddurim!

> Sunday, May 5, 2024 11 AM to 12 PM Cake reception to follow.



Beth El Synagogue 14506 California St. Omaha, NE 68154

402-492-8550 www.bethel-omaha.org



Beth El is a PROUD member of USCJ

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# PJP Yom HaShoah Program

Tuesday, May 2, 7:30 pm via Zoom

# "How a Torah Changed My Life Forever" with Sheila Pallay

Rescued from the Shoah and now 250 years old, a Czech Torah sat before her. As she reached out to touch that Torah, Sheila felt a sudden, unanticipated and intense personal connection with generations past. Those who had held in their hands that very Torah. Chanted from it. Kissed it. And carried it around their synagogue with great pride. It was this seminal event that changed her life forever. Sheila spent 3 1/2 months in the Czech Republic visiting synagogues that once housed the Holocaust Torahs now housed in our synagogues and photographing what is left Judaically after the Shoah. She and Julius Müller collaborated on a book, "Life Beyond the Shadows, The Legacy of the Czech Torah Scroll and the Renewal of Jewish Life in Czechia". Register online at <u>www.bethel-omaha.org</u>.



