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SELL

Fill out the form online
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by Wednesday, April 13

All money will be donated to
the JFS food pantry.

DONATE

Any day through
Wednesday, April 13

We will be collecting
non-perishable, unopened,
packaged food for donation
to the Food Bank for the
Heartland. Bins will be in
the community court.

BURN

Friday, April 15, at 7:00 am

Join us for Shacharit
and Siyyum B'khorim
(fast of the first born)
followed by Biur Chametz
(burning of chametz).

Bring your open chametz
and let's have a bonfire!

Passover Seder

Saturday, April 16

Mincha at 6:00 pm

Seder to follow at 6:30 pm

Adults: \$50 Children 6-12: \$18
Children under 6: No charge

Reservations Close: April 4

Register online at www.bethel-omaha.org.

Limited seating available
with reservation of 8 maximum per table



BACK BY POPULAR DEMAND!

VIRTUAL TAI CHI

April 13, 20, & 27 at 3:15 pm

LED BY BETH STAENBERG



\$18 for all three sessions

Register online at www.bethel-omaha.org.

Havdallah

Saturday Evenings on Zoom

<https://zoom.us/j/944133237>

April 28:25 pm

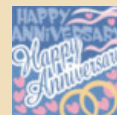
April 98:35 pm

April 238:50 pm

April 309:00 pm

*April 16 is Passover Day 1. Mincha will be at 6:00 pm at Beth El and on Zoom. We will not have Havdallah on April 16.

Anniversaries



With 5-Year Multiples

- ♥ Josh & Abby Haber - 4/9
- ♥ Scott & Jill Simon - 4/12
- ♥ Peter & Genevieve Gordon - 4/24
- ♥ Jamie SkogBurke & Bartley Burke - 4/30

For the latest information on Beth El's programming & services, visit www.bethel-omaha.org.

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Our Exodus Story

By Rabbi Steven Abraham



As we approach Passover in only a few weeks, we are reminded of the brilliance of the exodus story. A story where a group of people are forced into a situation they did not choose, they muster up the will to survive and in the end they manage to overcome all obstacles to regain their freedom. Throughout history, the exodus narrative has been used to discuss any number of personal or communal struggles that were difficult, yet with time and effort, were overcome.

For over two years many of us have sat in a type of spiritual, emotional and religious exodus. Starting in March 2020 whatever normalcy existed in our lives was turned upside down. One of the hardest aspects of the pandemic, personally, was not seeing people in person. Zoom was fine, but not a substitute for face-to-face communication.

While I have no idea what the future will bring with the pandemic, I can say that this past month has seen a number of watershed events that bring me hope.

We started off March with a beautiful bar mitzvah, the first in our newly configured sanctuary and social hall. It was a fantastic feeling to be standing up front, eyes at the doors and see people walk in and see the new setup. To see their eyes scan the room and think for a moment and find their "new" seat. While we began to come back to in-person services following Passover 2021, this was an important moment in our exodus story.

Less than two weeks later, we were back in the sanctuary for Purim. Purim will always stick with me as it was right afterward that our exodus began. Yet this year, we had a fantastic in-person attendance. The room was alive, both with the sound of the Megillah, but more importantly the sound of children

singing, playing and running around. For the first time in a long time, a sense of normalcy had returned. To go from two years ago where Purim became the starting line for our journey online, to this past Purim where we danced through the sanctuary, ate snacks in the community court and took our delicious pizza outside on a beautiful night, it was a booster shot of meaningfulness when we needed it most.

Soon we will celebrate Passover, another holiday that, for many, was either lessened or minimized due to the circumstances in the world. Passover is a holiday where we need people, we yearn to see family and friends and remember those who are no longer with us. For too many years, we took for granted our ability to enjoy Passover. This year will be the first since 2019 where we will be in our newly renovated social hall for second

(continued on page 5)



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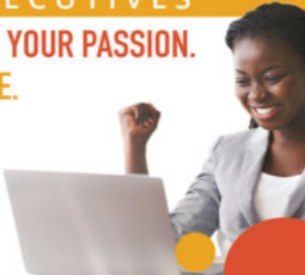
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President's Corner: A Prayer for Peace as Pesach Approaches

By Ari Riekes, President of the Board of Trustees



This month we celebrate Passover. In light of how the plague of Covid-19 has impacted the holiday over the last two years, and in hopes that the number of infections and hospitalizations continue to dwindle, this year's holiday may very much feel like a liberation. On that note, I wish everyone a happy and healthy Pesach. May we all enjoy our families, friends and community in remembering our exodus from Mitzrayim. We have so much to be thankful for and to appreciate.

In the Haggadah we are reminded, "This year we are enslaved, next year we shall be free." This phrase has several different interpretations and meanings. In light of the tragedy unfolding in Ukraine, these words force us to be mindful that we will continue to suffer as long as there is suffering in the world. Jews and non-Jews alike are suffering needlessly because of the actions of a modern-day Pharaoh.

A Prayer for Peace

May we see the day when war and bloodshed cease,
when a great peace will embrace the whole world.

Then nation will not threaten nation
and mankind will not again know war.

For all who live on earth shall realize
we have not come into being to hate or destroy.

We have come into being
to praise, to labor and to love.

Compassionate God, bless the leaders of all nations
with the power of compassion.

Fulfill the promise conveyed in Scripture:

I will bring peace to the land,
And you shall lie down and no one shall terrify you.

I will rid the land of vicious beasts
And it shall not be ravaged by war.

Let love and justice flow like a mighty stream.

Let peace fill the earth as the waters fill the sea.

And let us say: Amen

By Rabbi Nathan Sternhartz (1780-1845)

Resources for helping to provide assistance include:

- Jewish Federation Campaign: www.jewishomaha.org
- Joint Distribution Committee: www.jdc.org

Chag Sameach,

Ari Riekes

Birthdays



With 5-Year Multiples

Morris Friedman - 4/1
Sharon Kooper - 4/2
David Kotok - 4/4
Richard Diamond - 4/7
Rochelle Lewis - 4/7
Solomon Denenberg - 4/8
Helen Epstein - 4/8
Daniel Levitt - 4/11
Harvey Cooper - 4/12
Marlene Parilman - 4/12
Gilda Pieck - 4/12
Marissa Abramson - 4/13
Marc Scheer - 4/14
Faye Ruback - 4/15
Jonathan Bram - 4/16
Landon Carter - 4/16
Wayne Schwarz - 4/16
Molly Epstein - 4/20
Robert Kaplan - 4/22
Pamela Cohn - 4/24
Tootie Simon - 4/25
Julia Carter - 4/27
James Friedlander - 4/27

Rabbi's Column

(continued from page 3)

Seder. It will be a time when we can hear our story from slavery to freedom, see our friends, sing our songs and eat good food – but most importantly be together.

The journey since March 2020 has been long, and it has come at a tremendous toll for many on a social and emotional level. Yet, on a lesser level, I pray that at this moment we are walking through the Sea of Reeds – being cautious and perhaps anxious that we don't know what is around the corner, but hopeful because we see dry land in the distance.

May we all have a happy and healthy Passover.

Chag Kasher v'Sameach,



Rabbi Steven Abraham

Trivia Night

Sunday, April 24

6:30 - 8:00 pm

St. Luke Church, 11810 Burke Street

Join Beth El for a fun evening with our friends
at St. Luke United Methodist Church.

Bring a snack or finger foods to share.

Create your own trivia team or
join one when you arrive.

Free will donation to support Ukraine!

Register at www.bethel-omaha.org



Wednesdays at 7:00 pm
April 6, 13, 20

*All Sessions will be held at the
JCC and on Zoom.*

Visit www.bethel-omaha.org
for details and to register.

Friday Evening Candle Lighting

April 17:32 pm

April 87:39 pm

April 157:47 pm

April 227:54 pm

April 298:02 pm

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We Thank Our Yad Squad



The following members read Torah in February:

Terumah

- Ben Shapiro
- Julia Weill
- Haftarah: Nancy Rips

Tetzaveh

- Marty Shukert
- Alan Shulewitz
- Georgianne Oman
- Ben Shapiro
- Haftarah: Ben Shapiro

Ki Tisa

- Ben Shapiro
- Alan Shulewitz
- Marty Shukert
- Haftarah: Marty Shukert

Vayakhel

- Steven Wees
- Marty Shukert
- Ben Shapiro
- Haftarah: Laurel Krausman

*Special Thanks to
Our Megillah Readers*

- Steve Denenberg
- Laurel Krausman
- Zach Krausman
- Gary Nachman
- Ben Shapiro

Mishloach Manot Greetings

Many thanks to the following people who sent Mishloach Manot greetings to the entire congregation:

- The Kelln Family
- Hazzan Michael & Laurel Krausman
- Georgianne Oman
- Jeff & Sandy Passer
- Miles Remer



HAPPY

PASSOVER



Torah Tots

w/ Morah Alex



Sunday, April 3

10:00-11:15 am

Especially for 3-preK and their parents.



Israel's Birthday!!



Torah Tots

w/ Morah Alex



Sunday, April 24

10:00-11:15 am

Especially for 3-preK and their parents.



KINDERGARTEN ROUNDUP



Sunday, April 24

Come to Torah Tots at 10:00-11:15 am

THEN All students entering
Kindergarten in Fall 2022

at 11:15 am—12:00 pm

Please register to come by April 10



A Safe Place For Our Kids

By Eadie Tsabari, Director of Congregational Learning

We are so busy this semester at BESTT. B'nai Mitzvah preparation, 4th-5th grade wedding preparation, 3rd grade Siddur celebration preparation – always planning, always preparing. But this year, I have had a unique experience with my 3rd graders. As we prepare for the Siddur celebration, we ask the kids the same questions every year and they express their feelings through both words and drawings. We ask questions like, “What do we love about Shabbat?” or “Why is it important to come to Hebrew School?” The answers are varied and always interesting to read. Come to celebrate with us on Sunday, May 1, at 11:15 am to see their answers.

This year, in particular, when we asked the question, “What does peace mean to you?” the discussion became much more serious and much more relevant. Talking to kids of all ages about war is not something that I imagined I would be doing. We pray for peace every time we say the Amidah and sing Oseh Shalom. We know that in Israel, only too often, peace comes and goes with the bombing of Israel and the retaliation that follows. But somehow, the conflict in Ukraine is different.

Ukrainians are fighting valiantly against the Russian army, but with war comes uncertainty. Even without them being directly connected to the stresses of war from afar, children and teens are also experiencing fear, frustration and helplessness. We have tried to give our kids an opportunity to share and express themselves, give them age-appropriate information, and help them to understand something that is nearly impossible to put into words. I am so proud of our kids and their teachers. The discussions are open and honest, and hopefully the kids leave feeling that they understand just a little more than they started with.

Whether it be natural disasters, wars in Israel and around the world, politics, or even who will win March Madness, I am happy that our kids have a safe place to voice their opinions and have healthy discussions. Another question we asked our 3rd graders is, “Why is Beth El a special place?” Besides Chef Mike’s wonderful food and snacks, the overwhelming answer was as follows: “Because I feel safe. It is a place to pray and I can hang out with my friends.”

He who makes peace in his high places shall make peace upon us. And upon all of Israel and the rest of the world. And let us say Amen.

Eadie Tsabari

Eadie Tsabari

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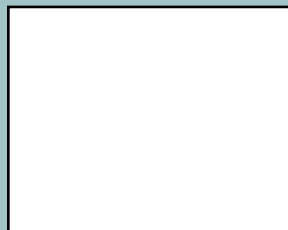
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Contributions to Named Endowment & Synagogue Funds

This Kol lists contributions received by February 28. Donations received after that date will be listed in the next issue.

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In Memory of: Anna Wiesman

21st Century Endowment Fund

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Alan S. Kulakofsky Endowment Fund

In Honor of: Renee Fox, Steve & Margo Riekes

In Memory of: Shelley Stern

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Yahrzeit of: Ben Gershun, Ann

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In Memory of: Leonard Nachman, Jeanne Shechet

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Yahrzeit of: Rose Roffman

Stephen R. Skid Endowment Fund

In Memory of: Howard Shapiro, Shelley Stern

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Building For The Future Campaign Fund

Birthday of: Joe Kirshenbaum

In Memory of: Barbara Berenson, Rose Davis, Peggy Rubenstein Epstein, Jerry Freeman, Leonard Nachman, John Robinson, Murray Rosenoff, Shelley Stern, John Zipay

Yahrzeit of: Rose Lavin, Benjamin Newman, Diana Rubin, Doris Shukert

Cemetery Improvement Fund

Yahrzeit of: Doris Kook, Ilyah Tomchin, Monie Zalkin

Jessica Goldstein Fund

In Memory of: Sharon Blasingame

Music Fund

In Memory of: Peggy Rubenstein Epstein, Howard Shapiro

Rabbi Abraham's Discretionary Fund

In Memory of: Marshall Becker, Leonard Nachman, Roman Pisetsky, John Robinson, Howard Shapiro, Jeanne Shechet, John Zipay

Yahrzeit of: Molly Drolick, David Aaron Edelstein

Seth Rich Memorial Camp Scholarship Fund

In Memory of: Jeanne Shechet, Stanley Shechet

Yahrzeit of: Sarah Ostravich

USY Fund

In Memory of: Shelley Stern

Youth Education Fund

In Honor of: Debbie Denenberg

In Memory of: Shelley Stern

Yahrzeit of: Max Snyder

In Memoriam

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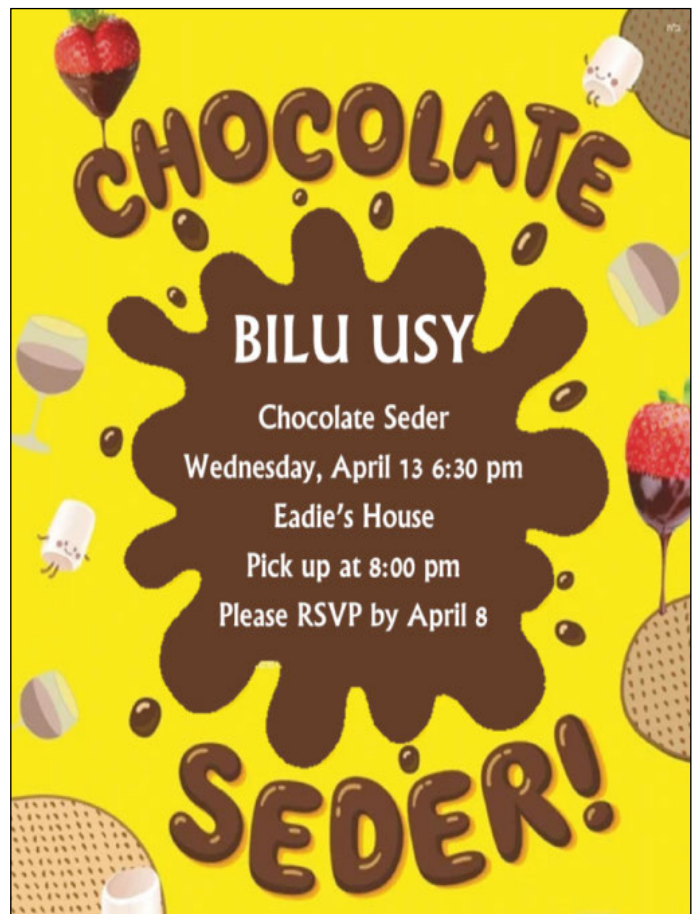
Myron Max Bear
Larry Stephen Cohn
Stanley (Shmuel) Shechet

*May their memory always be
for a blessing.*



Chessed Caring Committee

Beth El's Chessed Committee focuses on Acts of Lovingkindness. We are there when times are the most difficult (illness, aging, death) and also at the most joyous times (birth). If you know of a congregant who is ill and would like the Chessed Committee to offer support, contact Eadie at etsabari@bethel-omaha.org.



Many Thanks to our Hamantaschen Bakers

The following people joined us in Beth El's kitchen to bake Hamantaschen for all of us to enjoy: Linda Fischer - Chair, Andrea Erlich, Hollie Fineman, Pam Friedlander, Abby Haber, M'Lee Hasslinger, Helen Kay, Abby Kutler, Debi Kutler, Lisa Marcus, Dina Saltzman, Linda Saltzman & Caryn Scheer, in addition to Beth El staff members.

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Mental Health Myths & Facts

MentalHealth.gov

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Myth: Mental health problems don't affect me.

Fact: Mental health problems are actually very common. In 2014, about:

- One in five American adults experienced a mental health issue
- One in 10 young people experienced a period of major depression
- One in 25 Americans lived with a serious mental illness, such as schizophrenia, bipolar disorder, or major depression

Suicide is the 10th leading cause of death in the United States. It accounts for the loss of more than 41,000 American lives each year, more than double the number of lives lost to homicide.

Myth: Children don't experience mental health problems.

Fact: Even very young children may show early warning signs of mental health concerns. These mental health problems are often clinically diagnosable, and can be a product of the interaction of biological, psychological, and social factors.

Half of all mental health disorders show first signs before a person turns 14 years old, and three quarters of mental health disorders begin before age 24.

Unfortunately, less than 20% of children and adolescents with diagnosable mental health problems receive the treatment they need. Early mental health support can help a child before problems interfere with other developmental needs.

Myth: People with mental health problems are violent and unpredictable.

Fact: The vast majority of people with mental health problems are no more likely to be violent than anyone else.

Most people with mental illness are not violent and only 3%–5% of violent acts can be attributed to individuals living with a serious mental illness. In fact, people with severe mental illnesses are over 10 times more likely to be victims of violent crime than the general population. You probably know someone with a mental health problem and don't even realize it, because many people with mental health problems are highly active and productive members of our communities.

Myth: People with mental health needs, even those who are managing their mental illness, cannot tolerate the stress of holding down a job.

Fact: People with mental health problems are just as productive as other employees. Employers who hire people with mental health problems report good attendance and punctuality as well as motivation, good work, and job tenure on par with or greater than other employees.

When employees with mental health problems receive effective treatment, it can result in:

- Lower total medical costs
- Increased productivity
- Lower absenteeism
- Decreased disability costs

Myth: Personality weakness or character flaws cause mental health problems. People with mental health problems can snap out of it if they try hard enough.

Fact: Mental health problems have nothing to do with being lazy or weak, and many people need help to get better.

Many factors contribute to mental health problems, including:

- Biological factors, such as genes, physical illness, injury, or brain chemistry
- Life experiences, such as trauma or a history of abuse
- Family history of mental health problems

Myth: There is no hope for people with mental health problems. Once a friend or family member develops mental health problems, he or she will never recover.

Fact: Studies show that people with mental health problems get better, and many recover completely. Recovery refers to the process in which people are able to live, work, learn, and participate fully in their communities. There are more treatments, services, and community support systems than ever before, and they work.

Myth: Therapy and self-help are a waste of time. Why bother when you can just take a pill?

Fact: Treatment for mental health problems varies depending on the individual and could include medication, therapy, or both. Many individuals work with a support system during the healing and recovery process.

Myth: I can't do anything for a person with a mental health problem.

Fact: Friends and loved ones can make a big difference. Only 44% of adults with diagnosable mental health problems and less than 20% of children and adolescents receive needed treatment. Friends and family can be important influences to help someone get the treatment and services they need by:

- Reaching out and letting them know you are available to help
- Helping them access mental health services
- Learning and sharing the facts about mental health, especially if you hear something that isn't true
- Treating them with respect, just as you would anyone else
- Refusing to define them by their diagnosis or using labels such as "crazy"

Myth: Prevention doesn't work. It is impossible to prevent mental illnesses.

Fact: Prevention of mental, emotional, and behavioral disorders focuses on addressing known risk factors such as exposure to trauma that can affect the chances that children, youth, and young adults will develop mental health problems. Promoting the social-emotional well-being of children and youth leads to:

- Higher overall productivity
- Better educational outcomes
- Lower crime rates
- Stronger economies
- Lower health care costs
- Improved quality of life
- Increased lifespan

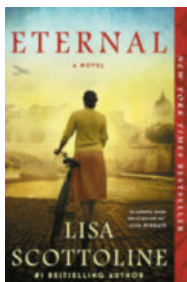
The Mental Health Series is presented by Beth El Synagogue and The Jennifer Beth Kay Memorial Fund

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A Conversation with Lisa Scottoline

Monday, April 18 at 7:30 pm on Zoom



Set in Rome during the ventennio, the twenty years of Mussolini's rise and fall, "Eternal" is a saga of loyalty and loss, family and food, love and hate—all set in one of the world's most beautiful cities at its darkest moment. Scottoline has been researching the Italian Holocaust since her undergraduate days. After decades of research, including numerous trips to Italy, "Eternal" was born.

Join us for an intimate conversation with best-selling author Lisa Scottoline as she talks about her inspiration for writing the book, her experiences researching it and what she has learned from it.

Learn more and register at www.bethel-omaha.org.

Partners in Jewish Programming include Beth El Synagogue along with eight Jewish organizations from five states.



Bat Mitzvah



May 7, 10:00 am

Liat Frey

Daughter of
Matthew & Sarah Frey

Building for the Future Campaign

Matching Grant Doubles Your Donation!



EXODUS 25:8

"MAKE ME A SANCTUARY THAT I MAY
DWELL WITHIN THEM"

וַעֲשֵׂה לִי, מִקְדָּשׁ; וְשִׁכְנֹתִי, בְּתוֹכָם

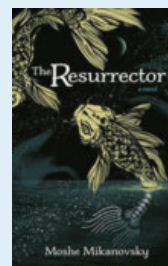
For more information or to donate online, visit www.bethel-omaha.org.

Women's Book Group

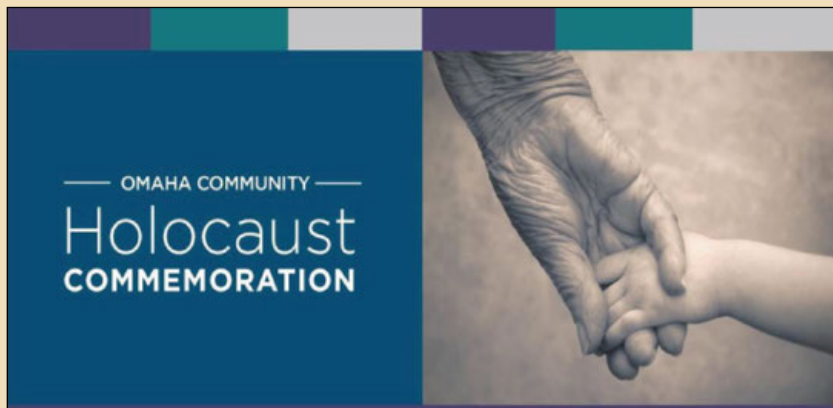
Monday, April 25

7:00 pm

Home of Gail Veitzer



This month, we will discuss "The Resurrector" by Moshe Mikanovsky. Newcomers are always welcome. For more information, contact Darlene Golbitz at 402-334-7862, darlene.golbitz@gmail.com.



Featured Speaker: Dr. Gerald J. Steinacher

James A. Rawley Professor of History, University of Nebraska-Lincoln, who will speak on his recent exploration within the Vatican archives

Yom HaShoah

Wednesday, April 27, 2022
Jewish Community Center

- 5:30 pm Dinner & Program
Grades 8-12
- 7:00 pm Community-wide
Holocaust Commemoration

10:00 am - 12:00 pm - Pick up
your Yom HaShoah candle at Beth El

April 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|--|--|
| | | | | 1 | 2 | 10:00 am - Shabbat Services Bat Mitzvah of Sima Denenberg 10:00 am - Jr. Congregation 8:25 pm - Havdallah |
| 3 9:30 am - Shacharit Service followed by Siddur 101 with Hazzan 9:30 am - BESTT (K-7) 10:00 am - Torah Study 10:00 am - Torah Tots 5:30 pm - Mincha/Ma'ariv | 4 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv | 5 11:30 am - Mussar with Rabbi 5:30 pm - Mincha/Ma'ariv | 6 4:15 pm - BESTT (3-7) 5:30 pm - Mincha/Ma'ariv 6:00 pm - Hebrew High (8-12) 7:00 pm - Beit Midrash | 7 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv 7:00 pm - Revisiting the Classics with Hazzan | 8 6:00 pm - Kabbalat Shabbat | 9 10:00 am - Shabbat Services 10:00 am - Jr. Congregation 8:35 pm - Havdallah |
| 10 9:30 am - Shacharit Service followed by Siddur 101 with Hazzan 9:30 am - BESTT (K-7) 10:00 am - Torah Study 11:00 am - BESTT Wedding 5:30 pm - Mincha/Ma'ariv | 11 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv | 12 11:30 am - Mussar with Rabbi 5:30 pm - Mincha/Ma'ariv 7:00 pm - Board of Trustees Meeting | 13 3:15 pm - Virtual Tai Chi with Beth Staenberg 4:15 pm - BESTT (3-7) 5:30 pm - Mincha/Ma'ariv 6:30 pm - USY Chocolate Seder 7:00 pm - Beit Midrash | 14 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv 7:00 pm - Revisiting the Classics with Hazzan | 15 First Seder 7:00 am - Shacharit/Siyum B'khorim followed by Biur Chameitz 5:30 pm - Kabbalat Shabbat | 16 Passover Day I Second Seder 10:00 am - Shabbat Services 6:00 pm - Mincha 6:30 pm - Community Seder No Jr. Congregation - Pesach Break |
| 17 Passover Day II 10:00 am - Passover Festival Morning Service 5:30 pm - Ma'ariv - Zoom only No BESTT - Pesach Break | 18 Chol Hamoed 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv 7:30 pm - Conversation with Lisa Scottoline | 19 Chol Hamoed 11:30 am - Mussar with Rabbi 5:30 pm - Mincha/Ma'ariv | 20 Chol Hamoed 3:15 pm - Virtual Tai Chi with Beth Staenberg 5:30 pm - Mincha/Ma'ariv 7:00 pm - Beit Midrash No BESTT - Pesach Break | 21 Chol Hamoed 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv 7:00 pm - Revisiting the Classics with Hazzan | 22 Passover Day VII 10:00 am - Passover Festival Morning Service 6:00 pm - Kabbalat Shabbat | 23 Passover Day VIII 10:00 am - Shabbat Services. Yizkor is said 8:50 pm - Havdallah No Jr. Congregation - Pesach Break |
| 24 9:30 am - Shacharit Service followed by Siddur 101 with Hazzan 9:30 am - BESTT (K-7) 10:00 am - Torah Study 10:00 am - Torah Tots 11:15 am - Kindergarten Roundup 5:30 pm - Mincha/Ma'ariv 6:30 pm - Trivia Night with St. Luke | 25 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv 7:00 pm - Women's Book Group | 26 11:30 am - Mussar with Rabbi 5:30 pm - Mincha/Ma'ariv | 27 10:00 am - Yom HaShoah Candle Pickup 3:15 pm - Virtual Tai Chi with Beth Staenberg 4:15 pm - BESTT (3-7) 5:30 pm - Mincha/Ma'ariv 5:30 pm - Yom HaShoah High School Program at the JCC 7:00 pm - Yom HaShoah Community Commemoration at the JCC | 28 7:00 am - Shacharit Service 5:30 pm - Mincha/Ma'ariv 7:00 pm - Revisiting the Classics with Hazzan | 29 11:30 am - Nebraska AIDS Coalition Lunch 6:00 pm - Kabbalat Shabbat | 30 10:00 am - Shabbat Services 10:00 am - Jr. Congregation 9:00 pm - Havdallah |

Schedule of Passover Services 2022/5782

Friday, April 15 – First Seder

| | |
|---|---------|
| Shacharit/Siyyum B'khorim (followed by Biur Chametz) | 7:00 am |
| Kabbalat Shabbat/Ma'ariv | 5:30 pm |
| <i>A shortened service that will allow everyone time to return home for the First Seder</i> | |
| Candle Lighting | 7:47 pm |

Saturday, April 16 – Second Seder

| | |
|--------------------------------|----------|
| Shabbat Morning Services | 10:00 am |
| Mincha | 6:00 pm |
| Community Seder..... | 6:30 pm |
| Candle Lighting | 8:49 pm |

Sunday, April 17 – Second Day of Pesach

| | |
|-------------------------------|----------|
| Festival Morning Service..... | 10:00 am |
| Ma'ariv - Zoom Only | 8:45 pm |
| Yom Tov Ends | 8:50 pm |

Monday - Thursday, April 18-21 – Chol HaMoed (Intermediate Days)

Monday, April 18

| | |
|---------------------|---------|
| Shacharit | 7:00 am |
| Mincha/Ma'ariv..... | 5:30 pm |

Tuesday, April 19

| | |
|---------------------|---------|
| Mincha/Ma'ariv..... | 5:30 pm |
|---------------------|---------|

Wednesday, April 20

| | |
|---------------------|---------|
| Mincha/Ma'ariv..... | 5:30 pm |
|---------------------|---------|

Thursday, April 21

| | |
|-----------------------|---------|
| Shacharit | 7:00 am |
| Mincha/Ma'ariv..... | 5:30 pm |
| Candle Lighting | 7:53 pm |

Friday, April 22 – Seventh Day of Pesach

(Anniversary of the Crossing of the Red Sea)

| | |
|--------------------------------|----------|
| Festival Morning Service..... | 10:00 am |
| Kabbalat Shabbat/Ma'ariv | 6:00 pm |
| Candle Lighting | 7:54 pm |

Saturday, April 23 – Eighth Day of Pesach

| | |
|--|----------|
| Shabbat Morning Services (<i>Yizkor is said</i>) | 10:00 am |
| Ma'ariv/Havdallah - Zoom Only | 8:50 pm |

Beth El Staff

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Officers

Ari RiekesBeth El President

Adam KutlerVice President

Linda SaltzmanVice President

Miriam GottliebTreasurer

Susan Witkowski.....Secretary

Ari KohenReligious Life Chair

Jay GordmanPast President

David Finkelstein.....BESTT Chair

Adult Education

Register online at www.bethel-omaha.org



Siddur 101

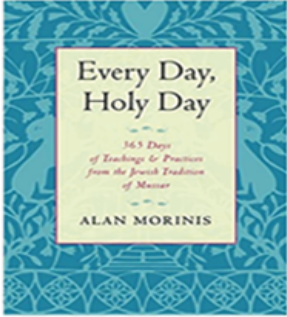
Starting with the Basics
 led by Hazzan Krausman

SUNDAYS AT 9:30 AM
 FOR MORNING SERVICES

Followed by conversations about our liturgical tradition
 The class meets concurrent to BESTT schedule

This class will be held in person only.

MUSSAR WITH RABBI ABRAHAM



Every Day,
Holy Day


365 Days
of Teachings & Practices
from the Jewish Tradition
of Mussar

ALAN MORINIS

Tuesdays
11:30 am - 12:30 pm

This class will be held in person with the option to attend by Zoom.

REVISITING THE CLASSICS WITH HAZZAN KRAUSMAN



An opportunity to listen to the greatest Cantors of all time

Thursdays
7:00 - 8:00 pm

This class will be held via Zoom only.

Beth El Synagogue
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402-492-8550
www.bethel-omaha.org



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THE
DATE

maccabeats

PREMIER A CAPPELLA

Sunday, May 22, 2022
4:00pm



Cantor's Concert

To benefit the **Seth Rich
Memorial Camp
Scholarship Fund**



**Bringing back the beat to
Beth El: The Maccabeats:
America's Premier Jewish
A Cappella Group.**



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SYNAGOGUE

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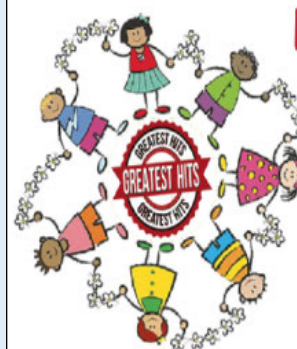


For more
information

call
402.492.8550

or visit
www.bethel-omaha.org

To check out our
musicians
www.maccabeats.com



Kamp KEF
Tuesday—Friday
May 31—June 3
Grades K-5

Registration
Now Open

Register online at www.bethel-omaha.org.

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Kids to Israel - Up to \$2,000
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etsabari@bethel-omaha.org
for details about this amazing program.



Fun with BESTT