

Psalm 23 A Psalm of David

יְיָ רֹעִי לֹא אֶחְסָר׃ בְּנֵאוֹת דֶּשֶׁה יַרְבִּיצַנִי עַל־מֵי מְנַחֹת יִנְהַלֵּנִי׃
נַפְשִׁי יִשׁוּבֵב יִנְחֵנִי בְּמַעְגְלֵי צְדָק לְמַעַן שְׁמוֹ׃ גַּם כִּי־אֵלֶךְ בְּגֵיא
צַלְמוֹת לֹא־אִירָא רָע כִּי־אֲתָה עִמָּדִי שִׁבְטְךָ וּמִשְׁעַנְתְּךָ הֵמָּה יִנְחַמְנִי׃
תַּעֲרֹךְ לִפְנֵי אֱשֵׁרֶךְ נֶגְדַת צִרְרֵי דִשְׁנָתְךָ בְּשֶׁמֶן רֹאשִׁי כוֹסֵי רוּיָה׃
אֵךְ טוֹב וַחֲסֵד יִרְדְּפוּנִי כָּל־יְמֵי חַיִּי וְשִׁבְתִּי בְּבַיִת־יְיָ לְאָרְךָ יָמִים׃

Adonoy ro-i, lo echsar. Bin-ot desheh yarbitzayni, al may m'nuchot y'nahalayni. Nafshi y'shovayv, yanchayni v'ma-g'lay tzedek l'ma-an sh'mo. Gam ki aylaych b'gay tzalmaves lo ira ra ki atah imadi, shivt'cha umish-antecha, haymah y'nachamuni. Ta-aroch l'fanai shulchan, neged tzor'roy, dishantah vashemen roshi, kosi r'vayah. Ach tov vachessed yird'funi kol y'may chayoy, v'shavti b'vayt Adonoy l'orecha yamim.

The Lord is my shepherd; I shall not want.

He makes me lie down in green pastures; He leads me beside still waters.

He restores my soul; He leads me in the paths of righteousness for His Name's sake.

Even though I walk through the valley of the shadow of death, I will fear no evil; for You are with me; Your rod and Your staff comfort me.

You prepare a table before me in the presence of my enemies; You anoint my head with oil; my cup runs over.

Surely goodness and loving kindness shall follow me all the days of my life; and I will dwell in the house of the Lord forever.

Psalm 121 A Song of Ascents

אֲשָׂא עֵינַי אֶל־הַהָרִים מֵאֵין יָבֵא עֲזָרִי: עֲזָרִי מֵעַם יְיָ עֲשֵׂה
שָׁמַיִם וָאָרֶץ: אֶל־יִתֵּן לְמוֹט רַגְלֶךָ אֶל־יָנוּם שְׁמֶרְךָ: הֲנִיחָ לֹא
יָנוּם וְלֹא יִישָׁן שׁוֹמֵר יִשְׂרָאֵל: יְיָ שְׁמֶרְךָ יְיָ צִלְּךָ עַל־יַד יְמִינֶךָ:
יוֹמָם הַשֶּׁמֶשׁ לֹא־יִכְפֹּה וַיָּרֶחַ בַּלַּיְלָה: יְיָ יִשְׁמְרֶךָ מִכָּל־רָע יִשְׁמַר
אֶת־נַפְשֶׁךָ: יְיָ יִשְׁמַר־צֵאתְךָ וּבֹאֶךָ מֵעַתָּה וְעַד־עוֹלָם:

*Es-sa ei-nai el-he-ha-rim me-'a-yin ya-vo ez-ri. Ez-ri me-'im Adonai o-seh
sha-ma-yim va-'a-retz. Al-yit-ten lam-mot rag-le-cha al-ya-num sho-me-re-cha.
Hin-neh lo-ya-num ve-lo yi-shan sho-mer Yis-ra-'el. Adonai sho-me-re-cha Adonai
tzil-le-cha al-yad ye-mi-ne-cha. Yo-mam ha-she-mesh lo-yak-kek-kah ve-ya-re-ach
bal-la-ye-lah. Adonai yish-ma-re-cha mik-kol-ra yish-mor et-naf-she-cha. Adonai
yish-mar-tze-te-cha u-vo-'e-cha me-'at-tah ve-'ad-olam.*

I will lift up my eyes to the mountains. From where does my help come?
My help comes from Adonai, who made heaven and earth.
God will not let your foot be moved; the One who watches you will not slumber.
Behold, the Watcher of Israel shall neither slumber nor sleep.
Adonai is your keeper; Adonai is your shade upon your right hand.
The sun shall not strike you by day, nor the moon by night.
Adonai shall preserve you from all evil; God shall preserve your soul.
Adonai shall preserve your going out and your coming in from this time forth, and
for evermore.