

*Your congregational family would like to express their condolences and offer support to you in this most difficult time.*

Please notify the temple office when a loved one has passed away, even if the deceased and services are held out of town.

Rabbi Matt will help guide you through the funeral, burial, and Shiva procedures that are customary in the Jewish tradition, as well as comfort the family in this time of need.

**Our Sisterhood Reyut Committee** will help the family make arrangements for Shiva, luncheon, and house sitting. In addition, they will provide meals and support throughout the grieving process. To speak to someone from Reyut, contact the temple office. We will have someone from our caring community contact you.

Rabbi's Assistant, Michelle will send out a bereavement notice to our congregants upon your request. Rabbi Matt will convey this information, or you may contact Michelle directly at 518-374-8173 x111 or email her at [mwarren@cgoh.org](mailto:mwarren@cgoh.org).

**Shiva** (translated seven): Traditionally the seven day period of mourning following a burial (or cremation), however, this may not be realistic. So sitting Shiva for the first three days is acceptable. During this time family members "sit Shiva" and receive visitors, hold Shiva services, and recite Kaddish. Rabbis Matt and Eleanor Pearlman or one of our trained lay members will lead these services. Visitors come to the home during this time to ensure a minyan in order to recite [Kaddish](#).

- [How to make a shiva call and best practices](#)