



Congregation Beth El

High Holy Days 5782

About Our High Holy Day Services

At Beth El we seek to provide multiple doorways into Jewish traditions, practice and community. Your presence and participation elevate our communal observance of this sacred season. We welcome your presence, your voice and your intentions as part of our community at Beth El's High Holy Days. A full schedule of our High Holy Day services and programs is available [here](#).

There are many opportunities to volunteer: participating in Torah services, sounding the shofar, offering an English reading during a service, and more. [Click here](#) to sign up to volunteer.

All Beth El services include English and Hebrew, combining honored historical prayers with inspirational modern texts. Our *machzor* includes English transliteration of all Hebrew prayers along with translations and alternative readings. Rabbi Rebekah Stern, Rabbi Ira Rosenberg and Cantor Elaya Jenkins-Adelberg officiate at all services, assisted by congregational volunteers.

Early Services

Early Services feature familiar and participatory music, congregant reflections on Rosh Hashanah morning, and a short *d'rash* (sermon) or text study on Kol Nidrei and Yom Kippur morning. The shorter duration and more familiar and participatory melodies in this service make it especially accessible for younger

children, teens and their families. Everyone is welcome to attend Early Services which will be held on Zoom. The shofar will be heard at a special Shofar Service on the afternoon of Rosh Hashanah. On both Rosh Hashanah and Yom Kippur mornings, the Torah service will take place during the Late Service only.

Late Services

Late Services feature the special melodies and *nusach* (musical mode) of the High Holy Days, participatory and majestic music, congregant reflections (on Rosh Hashanah morning) and rabbinic *drashot* (sermons). Everyone is welcome to attend Late Services which will be held on Zoom. The shofar will be heard at a special Shofar Service on the afternoon of Rosh Hashanah.

Tot Services

Join the Beth El clergy on Zoom for a musical, lively and engaging High Holy Day experience especially for preschool through 2nd grade children and their families! Our Tot services on Rosh Hashanah and Yom Kippur are led by Rabbi Rebekah Stern, Rabbi Ira Rosenberg and Cantor Elaya Jenkins-Adelberg with support from Early Childhood Education Director Jodi Gladstone and members of our Beth El Nursery School teaching team.

Teen High Holy Day Experience (6th-12th Grades)

Our Beth El Teen community will join together on Rosh HaShanah and Yom Kippur morning for a creative and engaging experience reflecting on the themes of the High Holy Days. Running concurrently to the late service, our teens will then join the Beth El community for the remainder of the Rosh HaShanah and Yom Kippur services (in time for the Torah service).

Shofar Service & Tashlich B'yachad

This year, the shofar will be heard at a special Shofar Service on the afternoon of Rosh Hashanah. We recall the sounds of the shofar across the ages and its summons as we listen to the sounds of *t'kiah*, *sh'varim*, *t'ruah* and conclude with the *T'kiah G'dolah*! Our Shofar Service will be immediately followed by a brief Tashlich Service. *Tashlich* is the medieval custom of "casting our transgressions into the depths of the sea." A joyful and contemplative communal gathering, Tashlich concludes the observance of Rosh Hashanah. The brief service and tangible ritual are accessible to people of all ages. Our Shofar Service & Tashlich, held on Zoom, is an opportunity for our whole community to come together - *B'yachad* - to celebrate and mark the end of the first day of the New Year.

Second Day Rosh Hashanah Services

The second day of Rosh Hashanah is an intimate, slower-paced opportunity to listen, pray, sing and learn together. Led by the Beth El clergy, our Second Day Rosh Hashanah services will move through the High Holy Day liturgy, including the Shofar and Torah service.

Kever Avot v'Imahot: Visiting Graves of Loved Ones

Everyone is invited to join Robinn and Dan Magid for our annual High Holy Day cemetery visit, *Kever Avot v'Imahot*. This is an informal opportunity to visit the graves of our own loved ones as well as those who lived among us, many of whom were the early builders of our Beth El community. We will also recall our loved ones who rest elsewhere and whose memories we carry with us.

Join us at Tel Shalom, Beth El's cemetery, at Rolling Hills Memorial Park, in El Sobrante.

Yizkor

At our Yom Kippur Yizkor service, we remember all of our loved ones who have died. This year, we invite you to submit a picture and short remembrance of loved ones who have died as part of your High Holy Day registration for our High Holy Day Gallery of Remembrance. Preceding the Yizkor service, congregants are invited to a facilitated conversation to share stories of loss, love, memory and grief at the Yizkor Circle during the second block of Yom Kippur afternoon programs.

Yizkor, Judaism's communal service of remembrance and mourning, is observed four times each year: on Yom Kippur afternoon and at the conclusion of the three biblical pilgrimage festivals: Sukkot, Pesach and Shavuot.

Ne'ilah

The ten Days of Awe draw to a close at the Ne'ilah service at the end of Yom Kippur. As the light begins to fade, the melodies and texts take on renewed urgency as the hour of Ne'ilah — the closing of the gates — approaches. We joyfully conclude Yom Kippur with the final sounding of the Shofar for this New Year's season.

Nechama Yizkor Service for Children Who Have Died

Each year, we hold a special Yizkor service in Beth El's Nechama Garden in recognition of children who have died. We honor those lost by miscarriage and those stillborn, and we recall those who died as infants, as children and as adults. This service was

created by Project Nechama, Beth El's response to pregnancy and neonatal loss.