פרשת וישלח תשפייא

Dear Readers,

In this week's Parsha, Yaakov wrestles with an angel and has a dislocated socket of the hip. We learn the first negative commandment from this Parsha - not to eat the Gid Hanashe which is a nerve on the hip joint of an animal.

Enjoy our Kashrut activity about Chalavi-Milchig, Besari-Fleishig and Parve.

We have included a Parsha Wordfind and Crossword-enjoy!

We have included the answers to last week's activity about which mother had which of the 12 tribes.

In this week's Parsha, Yaakov has his name changed to Yisrael. We have added Shma Yisrael to our Tefillah.

We learn that Rachel Imeinu passes away and is buried on the road to Efrat. Yaakov erects a monument that is her tombstone. As she was buried on her journey to Eretz Yisrael, she is the mother most connected to us outside of Eretz Yisrael. Therefore, our Tfillot to her when we visit Kever Rachel, help us on our Jewish journey. As the mother of Yosef, she educated him with Midot Tovot through good Chinuch. People go to Kever Rachel to ask for a Bracha to help raise children in a good way. Rachel davened for Shalom Bayit and had a good relationship with her husband Yaakov. She was selfless as a mother and wanted her children to be like that. Good midot with a good Jewish education was important to Rachel Imeinu.

Not long to go for the launch of our megaminibytes Chanukah edition.....



Shabbat Shalom,

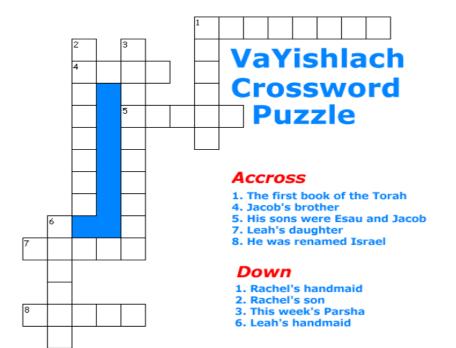
Morah Belinda and Morah Anne

### Parshat Vayishlach – Wordfind

С	I	М	F	L	С	I	G	U	Α	н	w
А	н	Р	0	А	S	U	S	х	F	S	R
м	z	ο	Р	N	G	G	J	в	R	В	Е
Р	S	в	Р	G	D	к	С	w	Α	т	S
х	Y	А	R	Е	F	ο	т	F	Т	U	т
v	L	U	А	L	х	z	z	G	D	D	L
Y	I	R	Y	S	G	N	н	в	w	U	Е
D	м	R	Р	R	Е	S	Е	N	т	к	D
D	Р	к	L	т	к	I	S	R	Α	Е	L
U	Е	w	к	F	J	х	х	Е	S	Α	v
N	D	Р	К	v	С	N	с	к	v	т	Р
z	S	Е	в	L	Е	S	S	z	н	к	S

### Find these words

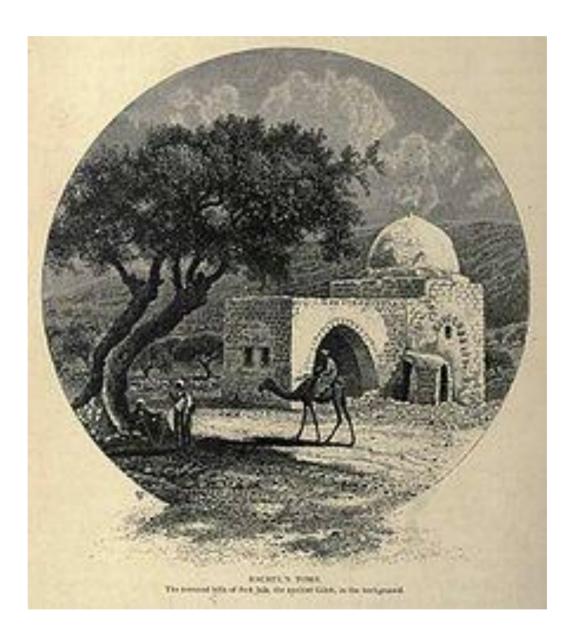
ANGELS	CAMP	ESAV	AFRAID	PRAY
BLESS	ISRAEL	LIMPED	WRESTLED	PRESENT







#### List 10 or more Midot that you could ask to have through Rachel Imeinu.



#### We pray to Rachel Imeinu for Midot Tovot.

#### Which Midot are not in the grid?

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		Е			F															
м	А	N	N	Е	R	Е	D													
		т			T															
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Kind Mannered Punctual Helpful Considerate Friendly Respectful Modest Positive Generous Honest Gentle Thoughtful Nice Listen

### Mothers of the 12 Tribes

אָאָם. sons: Reuven Shimon Levi Yehuda Yisachar Zevulun Daughter: Dina	אַלְהָה Sons: Dan Naftali
אַרָּאָראָ Sons: Gad Asher	כמל Sons: Sinyamin

מודה / מודה אַני לְפַניְדָ, מלך הי וקים שמתי בחמלה

I thank You, living and eternal One, for Your kindness in restoring my soul. How great is your trust in us!



meesh-k'no-teh-cha Ya-ah-kov o-ha-le-cha toh-vu ma Yisrael **מַה טֹבוּ** אֹהֶלֵידְ יַעַקֹב, מִשְׁכָּנֹתֵידְ יִשְׂרָאֵל. chas-d'cha b'rov va-ah-ni vay-teh-cha a-vo ואַנִי כִּרֹב חַסִדְּדָ, אַבוֹא בֵיתֵדָ, b'yeer-ah-teh-cha kod-sh'cha hay-chal el esh-ta-cha-veh אָשְׁתַּחֲנֶה אֶל הֵיכַל קָרֲשְׁךָ, בְּיָרָאָתֶדָ

> ַבַּרוּך אַתַּה ה' אֵלקֵינוּ וֵאלקֵי אָבותֵינוּ. אַלקי אַבְרָהָם. אַלקי יִצְחָק. ואלקי יַעָקב. הַקֵל הַגַּדול הַגִּבּור וְהַנּוֹרָא קַל עָלִיון. גּומָל חַסַדִים טובִים וְקוּנָה הַכּּל. וְזוֹכֶר חַסְדֵּי אַבות. וּמֵבִיא גואָל לבני בניהם למען שמו בּאַהַבַה: ַמֶלֵךְ עוזֵר וּמוֹשִׁיעַ וּמַגָן בַּרוּך אַתַּה ה', מַגֶן אַבְרַהֵם





### שַׁמַע יִשֹּרָאֵל ה׳ אֱלֹקֵינוּ ה׳ אֵחָד