

The Mikvah of New Rochelle: Please read this entire message.

The Mikvah of New Rochelle is open by appointment only. We cannot accommodate walk-ins. To schedule an appointment, please text Sandra Spingarn @914-646-4578. When possible, please schedule a day in advance. Scheduled times must be adhered to.

We need your help.

- **Women under quarantine MAY NOT use the mikvah.**
- **Women who are experiencing symptoms of illness MAY NOT use the mikvah.**
- **If you live in the same house as someone who is in isolation, you must stay quarantined and MAY NOT use the mikvah.**
- **If you fall into any of these categories, please consult with your physician and Rabbi Fink or Rebbetzin Axelrod for further clarification or specific questions.**

The mikvah has established protocols to ensure, to the best that we can, that attending the mikvah continues to be a safe, secure and healthy experience:

- The mikvah facility is thoroughly sanitized daily with special attention to all touch surfaces, door knobs, light switches, faucets and railings. Our preparation rooms will continue to be cleaned in between each use (sometimes multiple times in one 24-hour period) with a disinfecting cleanser and now with emphasis on any handheld items. Additionally, our common areas will continue to be thoroughly cleaned on a daily basis.
- All of the mikvah pools are filtered daily and brominated. We have drained one mikvah, sanitized and refilled it. The second mikvah has been continuously filtered and brominated. The virus cannot be transmitted in brominated water.
- We have again impressed upon our cleaning staff the importance of their attention to our ongoing protocols.
- Our spacious facility provides for minimum waiting room time, if any, which reduces congestion and close contact among patrons. We will stagger appointments to help achieve these goals and ask that no one linger after they have finished immersing.
- **All preparations must be completed at home. Rabbi Fink has made an allowance for women to bathe and shower at home with the intention of directly immersing in the mikvah when you arrive.**
- **We kindly request that you bring your own towel and assist in helping maintain the cleanliness of the facility.**
- The makeup and hair drying room are closed.
- We have and will continue to consult with medical professionals and other communal institutions.

The mikvah attendants are working with Rabbi Fink and will be following all the procedures (halachic and practical) we are instituting. **In order for our mikvah to remain open, everyone must adhere to all of these guidelines or you will be putting others at risk.**

Thank you for partnering with us. We pray that these precautions will not only protect against the spread of any illness but will also be seen as a heartfelt prayer for the cure of all those who are ill and for the protection from any further illness to all.