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SEPT. 2021

אלול-תשרי תשפ"א-תשפ"ב



Rabbi Shaya Katz

"*Hayom Harat Olam*" is an interesting phrase. In a general sense, we describe *Rosh Hashanah* this way as if to simply say "this is when the world came into existence". Despite the fact that there is a dispute (*Rosh Hashanah* 10) as to whether the world was actually created in *Tishrei* or *Nissan*, many view *Rosh Hashanah* as the inauguration of the *physical* world/year (And *Nissan* -given the spiritual significance of the Exodus- is the start of the spiritual world/year).

But the peculiarity of this phrase "*Hayom Harat Olam*" goes another step deeper. The word "*harat*", in Hebrew, does not mean "birth" or "creation" at all. It actually translates to "conception" (See, for example, *Bereishit* 21:2 which we'll read on the first day of *Rosh Hashanah*). In which case, one wonders, what do we mean when we say "today is the conception of the world"? What is the significance of this phrase, its purpose for this day?

Rabbeinu Tam is quoted (*Rosh Hashanah* 27a) as explaining that the distinction between *Tishrei* and *Nissan* is that of forethought vs. action. While difficult to attach such descriptions to *Hashem*, we are meant to understand that *Hashem* merely conceived the plans of creating the universe in *Tishrei*, but that He only put those plans into action in *Nissan*. Some (see *Torah Temimah Bereishit* 1n44) even go far as to say that *Hashem's* original plan was conceived with the attribute of *Din*, strict judgement, but was put into action through *Rachamim*, mercy (see the distinction of the names of *Hashem* used when describing creation in *Bereishit* 1:1 and 2:4).

(continued on next page)



From our vantage point, considering how we approach the day of *Rosh Hashanah*, we similarly see it as a new start, a reset button for our lives. Especially in a year like this one, when the school and Jewish calendars' start times coincide, we see this time as an entirely fresh beginning. We look towards the next 12 months (13 this year) with a sense of optimism and excitement for what we can accomplish. But we also recognize that *Rosh Hashanah* is just the planning stage. As much as we mentally and/or verbally commit to becoming our best selves in the next year, we must follow up on those commitments in practice.

This is, therefore, partly why *Sukkot* is scheduled so closely following the *Yamim Noraim*. After all of our planning and investing into our spiritual selves in a theoretical sense, *Hashem* gives us a vehicle to harness that commitment and concretize it in the real world. *Rosh Hashanah* is the day when we "conceive" what will be in the coming year. It's up to us to then actualize those plans and make them come true in the real world, just as *Hashem* did so Himself.

I wish you all a *Shanah tovah, a ketivah vachatimah tovah*,

Rabbi Katz



TRIBUTES IN AUGUST

- To:** Rabbi Katz, *Todah Rabbah* for all that you do
From: Eugene & Cherna Kowalsky
To: Leonard & Shoshana Pollack, *Mazel Tov* on being the YIOP honorees
From: Sid & Sylvia Abramowitz
To: Lillian Yashinsky, *Refuah Shleima*
From: Gail Berkove
To: George & Estelle Gelberman, *Mazel Tov* on the birth of their great-granddaughter
From: Clara Katz
To: Ari & Aviva Gelberman, *Mazel Tov* on the birth of their granddaughter
From: Clara Katz
To: Steven Katz, *Todah Rabbah*
From: Gabriel & Aliza Sosne
To: Rabbi & Mrs. Rabin, *Todah Rabbah*
From: Helen Bodzin
To: The Grand family in memory of Michael Grand
From: Michael Cook
To: The Thompson family, *Mazel Tov* on making Aliyah
From: Ira Thompson
To: Joel Grand in memory of his father, Michael Grand
From: Mayer & Sarita Fox

For tributes,
call the office,
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BARUCHIM HABAIM

To Rabbi Eli & Debbie Mayerfeld who have rejoined YIOP.

OUR SINCERE CONDOLENCES

To Joel & Stine Grand on the loss of his father, Michael Grand.



MAZEL TOV

To **Gabriel & Aliza Sosne** on the marriage of their daughter, Adina to Yirmi Stein, of Passaic.

To **Danny & Chavie Freimark** on the birth of their great-grandson to Mr. & Mrs. Avromie Davidson.

To **Rick & Bruryia Schwarcz** on the marriage of their daughter, Yardena to Josh Dan.

To **George & Estelle Gelberman** on the marriage of their grandson, Chaim Gelberman to Gali Silberberg of Baltimore.

To **Steven & Sharon Cohen** on the birth of their twin granddaughters to Devora and Daniel Teitelbaum.

To **Lillian Yashinsky** on the birth of her twin great-granddaughters to Devora and Daniel Teitelbaum.

TODAH RABBAH

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To **Joseph & Sara Bricker** for donating a *Sefer* in loving memory of their son, Zevi.

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In this section, I hope to highlight some reading material people may find insightful or meaningful. Each month will feature a *sefer* I use/have used and a book I'm reading/have read.

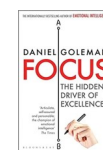
...Shtender



YU Torah To-Go
These short-hand articles are a wonderful way to engage with any holiday. Written in plain but profound English, one can really turn the gears of one's mind in a deeper way to appreciate the current holiday's themes and lessons. We (YIOP) place these booklets out usually a week or two before a given Jewish holiday begins, and I highly recommend people to take them (they're free!) and use them as vehicles to think deeply about whichever occasion is coming up in the calendar. I personally keep them from year to year and look back at some of my favorites!

On the Rabbi's...

...Nightstand



"Focus" by Daniel Goleman

In this timely book, Goleman describes the different ways we use and misuse our attention. Setting the stage with how the 21st century inundated our lives with distracting tasks or entertainment, Goleman then gives analysis and tips for one to manage them in a deliberate and organized way. He discusses the different kinds of attention necessary for different scenarios and provides the psychological reasoning for why each is best in those situations. I recommend it to anyone trying to improve how they focus on the important tasks of life without succumbing to distraction.



Young Israel of Oak Park

September 2021

אלול-תשרי תשפ"א-תשפ"ב

SUN	MON	TUE	WED	THU	FRI	SAT
			1 כד אלול	2 כה אלול	3 כו אלול	4 זו אלול-פרק ה-ו נצבים
			Selichot/Early Minyan 5:50/6:15AM Selichot/Shacharit 6:40/7AM Minchah 6:25PM Gemara Shiur 8:00PM	Selichot/Early Minyan 5:40/6:05AM Selichot/Shacharit 6:40/7AM 6:25PM Peshischa Shiur after Maariv	Selichot/Early Minyan 5:50/6:15AM Selichot/Shacharit 6:40/7AM Minchah 6:25PM After Plag 6:41PM By Shkiyah 7:44PM	Early Minyan 8:15AM Shacharit 9AM Daf Yomi 6:10PM Shiur 6:55PM Minchah 7:40PM Shabbat Ends 8:44PM
5 כח אלול	6 כט אלול-ערב ראש השנה	7 א תשרי-ראש השנה	8 ב תשרי-ראש השנה	9 ג תשרי Fast of Gedaliah	10 ד תשרי	11 ה תשרי וילך-שבת שובה
Selichot/Early Minyan 6:30AM Essays on Ethics on Zoom 7:15AM Selichot/Shacharit 7:40/ 8AM Daf Yomi 8:45AM Minchah 6:20PM	Selichot/Early Minyan 5:25/6:05AM Selichot/Shacharit 7/8AM Minchah 7:20PM Candlelighting 7:39PM	Early Minyan 7AM Shacharit 8:15AM Shofar (not before) 10:30AM Minchah 7:35PM Light candles after 8:39PM	Early Minyan 7AM Shacharit 8:15AM Shofar (not before) 10:30AM Minchah 7:35PM Maariv 8:30PM Yom Tov Ends 8:37PM	Fast Begins 5:40AM Selichot/Early Minyan 5:40AM/6:05AM Selichot/Shacharit 6:25/7AM Minchah 7:15PM Fast Ends 8:24PM	Selichot/Early Minyan 5:50/6:15AM Selichot/Shacharit 6:25/7AM Minchah 7:35PM After Plag 6:31PM By Shkiyah 7:32PM	Early Minyan 8:15AM Shacharit 9AM Daf Yomi 5:55PM Shabbos Shuva Drasha Minchah 7:25PM Shabbat Ends 8:32PM
12 ו תשרי	13 ז תשרי	14 ח תשרי	15 ט תשרי-ערב יום כפור	16 י תשרי-יום כפור	17 יא תשרי	18 יב תשרי האזינו
Selichot/Early Minyan 6:30AM Essays on Ethics on Zoom 7:15AM Selichot/Shacharit 7:25/8AM Daf Yomi 8:45AM Minchah 7:25PM	Selichot/Early Minyan 5:40/6:05AM Selichot/Shacharit 6:25/7AM Minchah 7:25PM Beit Midrash 7PM & 8PM	Selichot/Early Minyan 5:50/6:15AM Selichot/Shacharit 6:25/7AM Minchah 7:25PM Parshah Shiur 1:30PM	Selichot/Early Minyan 6:05/6:15AM Selichot/Shacharit 6:40/7AM Minchah 3:30PM Fast Begins 7:23PM Candlelighting 7:23PM Kol Nidre 7:30PM	Early Minyan 7AM Shacharit 8:15AM Minchah 5:50PM Neilah 7:10PM Fast Ends 8:23PM	Early Minyan 6:15AM Shacharit 7AM Minchah 7:20PM After Plag 6:20PM By Shkiyah 7:20PM	Early Minyan 8:15AM Shacharit 9AM Daf Yomi 5:45PM Shiur 6:30PM Minchah 7:15PM Shabbat Ends 8:19PM
19 יג תשרי	20 יד תשרי-ערב סוכות	21 טו תשרי-סוכות	22 טז תשרי-סוכות	23 יז תשרי-חול המועד	24 יח תשרי-חול המועד	25 יט תשרי-חול המועד
Early Minyan 6:40AM Essays on Ethics on Zoom 7:15AM Shacharit 8AM Daf Yomi 8:45AM Minchah 7:10PM	Early Minyan 6:05AM Shacharit 7AM Minchah 7:15PM Candlelighting 7:15PM	Shacharit 9AM Minchah & Shiur 7:15PM Light Candles after 8:13PM	Shacharit 9AM Minchah & Shiur 7:15PM Yom Tov Ends 8:12PM	Early Minyan 6AM Shacharit 7AM Minchah 7:10PM Peshischa Shiur after Maariv 7:45PM	Early Minyan 6AM Shacharit 7AM Minchah 7:10PM After Plag 6:10PM By Shkiyah 7:07PM	Early Minyan 8:15AM Shacharit 9AM Daf Yomi 5:35PM Shiur 6:20PM Minchah 7:05PM Shabbat Ends 8:06PM
26 כ תשרי-חול המועד	27 כא תשרי-הושענה רבה	28 כב תשרי-שמיני עצרת	29 כג תשרי שמחת תורה	30 כד תשרי-אסרו חג		
Early Minyan 6:40AM Essays on Ethics on Zoom 7:15AM Shacharit 8AM Daf Yomi 8:45AM Minchah 6:55PM	Early Minyan 5:45PM Shacharit 7AM Minchah 7:05PM Candlelighting 7:03PM	Shacharit 9AM Yizkor (not before) 10:15AM Minchah, Maariv, & Hakafot 7PM Candlelighting after 8:01PM	Shacharit 9AM Hakafot 9:45AM Minchah 7PM Yom Tov Ends 7:59PM	Early Minyan 6:05AM Shacharit 7AM Minchah 6:55PM Peshischa Shiur after Maariv 7:30PM		