Ezra-Habonim, the Niles Township Jewish Congregation

SISTERHOOD CORNER—September, 2021 Diane Rosenfeld, President (raynesd@aol.com) Judy Arkin, Editor (kjarkin99@comcast.net)

From the President's Desk...

Thank you all for your trust and confidence in me as I begin this leadership role as president of the EHNTJC Sisterhood. I am thrilled to welcome you back to your Sisterhood for the 2021-2022 year. During the course of the past summer. I have learned just how hardworking, dedicated and efficient our new Board is in planning programs, working with challenges, and putting policies in motion.

Our aim is to provide our Sisterhood with quality programs and activities that may be educational, cultural, or social in nature. Please keep in mind that as guidelines and mandates may be in a flux during this pandemic, we will be flexible. While our goal is to provide programs in person, we may have to pivot to hybrid or even, in some cases, only virtual. Our beginning in-person programs will require proof of vaccination as well as mask wearing for everyone's safety.

I look forward to welcoming many of you in person to our September program where actress Jessica Michna will present "Women Who Dared," a historical portrayal of women's suffrage champions. This will be a hybrid program, offered both in-person and on Zoom. There will be an optional lunch at EJ's Pizzeria before the program in the synagogue chapel. Those who participate in person will receive a dessert to-go.

As we are about to embark into the Jewish year of 5782, I am reflecting on 5781, an unprecedented, difficult year for all of us. I pray that this New Year will finally bring us to a return of normalcy and an end to the pandemic. From my family to yours, I wish you all a Happy, Healthy, Sweet and Peaceful New Year.

B'Shalom! Diane Rosenfeld

News and Notes...

Be a media mogul! A \$5 contribution makes you a sponsor of our Sisterhood Bulletin.

Please mail your contributions to: Judy Arkin c/o EHNTJC Sisterhood 4500 Dempster Street • Skokie, IL 60076

Our Media Moguls this month are: **Esther Berman**

(with deep gratitude to everyone for their kindness and continuous support during Roger's recovery.

Joan Cook

(in honor of the birthdays of great-granddaughter Harper Olivia Hobson, daughter-in-law Vickie Kaplan and cousin Bette Mendes).

Fran Givertz

(in memory of my "sweetheart" Max, in honor of my grandson Aaron's birthday and wishing everyone a healthy Rosh Hashanah and easy fast),

Mickey Gordon

(in honor of my grandchildren),

Elaine Lampert

(celebrating 50 years of marriage),

Bobbie Levin, **Esther Manewith**

(in honor of our grandchildren),

Dori Marks, Diane Rosenfeld and Judi Stein

Our Sisterhood is an affiliate of



Our next BOOK CLUB will be on Wednesday, November 17th at 10:30 a.m. to discuss "The Star and the Shamrock" by Jean Grainger

We hope you will join us!

Book Club Co-Chairs Elaine Lampert (847)537-1240 Carol Gottlieb (847)501-1896

SAVE THE DATE....

by Judy Arkin - Programming V.P.

Wednesday, September 1st at 1:00 p.m. – Opening Event

Jessica Michna presents "Women Who Dared"

Wednesday, October 6th at 1:00 p.m. -

Jewish Book Month Goldie Goldbloom reviews "On Division"

Monday, October 18th at 7:30 p.m. –

Jewish Book Month

Susan Van Dusen reviews "The Missing Hand"

Wednesday, November 3rd at 7:30 p.m. –

Panel Discussion on Anti-Semitism by Simon Wiesenthal Center

Good and Welfare...

- Mazel Tov to Shelley Korey on the birth of grandson, Carter Jackson Korey.
- Mazel Tov to Carol Friedlander on the birth of great-granddaughter, Madison Ariel Kripke.
- Mazel Tov to Evie Ruebner on the Bar Mitzvah of grandson, Ethan Chernoff.
- Refuah Shlama to Sally Jablo, Leah Polin and Esther Rubin.
- Condolences to the family of Frank Gerber.
- Condolences to Joan Cook on the passing of her sister, Bonnie Ruken.
- Condolences to the family of Vivian Mitofsky.

TODAH RABAH • תודה רבה • THANK YOU

- Thank you to Barbara and Brent Brotine for their kind donation to Sisterhood in honor of the birthdays of Evie Lowenthal, Judy Arkin and Esther Javetz.
- Thank you to Evie and Ralph Ruebner for their generous donation to Sisterhood in honor of grandson, Ethan Chernoff's Bar Mitzvah.
- Thank you to Julie Weill for her special donation to our Sisterhood.
- Special thanks to all who have made donations in support of our Sisterhood programming!

MEMBERSHIP

by Roz Cherry - Membership V.P.

Welcome back to all our Sisterhood members! Your dues statement for the 2021-2022 year was recently mailed.

I am new at this job and need everyone's help to make this a successful year! If you know of anyone who is interested in becoming a new member, I will be happy to contact them and inform them of all new happenings at our Sisterhood! Thank you!

> Roz Cherry ♦ 847-975-3823 Rosalynrcherry@icloud.com

FUNDRAISING CORNER

by Fran Givertz - Ways & Means V.P.

Thank you to all who participated in the "Cooking with Bubbie" theatre fundraiser. A good time was had by all!

I would like to highlight one of our Sisterhood's best fundraisers – "Leagrams". This is the easiest and nicest way to wish your Sisterhood friends a Happy Birthday and/or Happy Anniversary. Every two months, we send out a list of upcoming birthdays and anniversaries. Each Leagram greeting is \$.50 or for <u>JUST \$54</u> (one check), your

name will appear on all birthday and anniversary *Leagram* greetings sent out for an entire year.

Contact Debbie Reich at (847)272-4057 to participate.

EDUCATION CORNER

by Barbara Brotine

ROSH HASHANAH TRADITIONS BEYOND APPLES AND HONEY

We're all familiar with Rosh Hashanah customs that include going to shul, hearing the shofar blow and enjoying a family meal. But throughout both the U.S. and the world, various Jewish communities have adopted other customs that are symbolic and representative of their particular heritage. And some of these can easily be adopted to enliven our own celebrations.

Sephardic Jews descended from or still living in areas including Turkey, Greece, Egypt, Morocco and Iraq have unique dishes found at their holiday tables — and call their Rosh Hashanah meals a "seder". Along with the round challah, you will usually find:

- Beets to express the hope our enemies disappear.
- Leeks and onions to represent the Exodus from Egypt.
- Dates, representing simplicity or innocence.
- Beans (black-eyed or string), signifying abundance.
- Pumpkin or zucchini, meaning "to proclaim."
- Pomegranate seeds; the fruit said to have 613 seeds corresponding to the 613 mitzvot.
- A cooked piece of fish head or sheep's head (which is not eaten) based on a verse from Deuteronomy "be a head and not a tail."

Ethiopian Jews typically pass up challah in favor of the traditional injera, the spongy pancake-like flatbread made from teff flour. Sometimes a yeast-raised wheat bread called "yedoro dabbo" is served for New Year's, layered with chicken sauce. Large family gatherings will often barbecue a whole lamb.

In addition, Indian Jews often prepare a special halva dessert made from corn flour and coconut. And Italian Jews frequently prepare a special Kosher tortellini featuring veal and spices, symbolizing the hope to be "sealed" in the book of good health.

So, this year, whatever you serve at your own table, may you have a sweet New Year.

The Sisterhood is trying to organize a conversational Hebrew class to begin after the holidays in October. Please contact Esther Javetz (javfam@aol.com) if interested.