

A time to...embrace the moment

By Jay Rapoport
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**It's a time to embrace the moment
Cause what else can we do
So much that keeps us distant
We gotta just get through
We're here for one another
If not always face to face
Eit la'cha'vok - It's a time to embrace
*Eit la'cha'vok - It's a time to embrace***

Feeling bored and overwhelmed
Lonely but not alone
Excited and exhausted
Tired of being home
Eager and anxious
Relaxed and stressed out too
Connected and disconnected
Mostly missing you

Over and over and over again
The days all seem to blend
But once in a while, you can't help a smile
When you get to see a friend
When you get to see a friend

Feeling happy and nervous
Free with nothing to do
Changing and staying the same
Holding on and letting go
Being social and distant
Stuck outdoors and inside
Afraid and somehow hopeful
It's survival and it's life

Over and over and over again
I might just lose my mind
Until I remember we're in this together
And I know we'll be all right
And I know we'll be all right