

# **Feed the Hungry Resource Guide**

## **Purpose of Feed the Hungry**

With this new and improved Feed the Hungry program, families, small groups, and religious school classes will have the option to sign up for a specific 2nd or 5th Sunday to volunteer. Two groups can sign up for a given Feed the Hungry date and each group will be tasked with making 100 lunches. Specific purchasing, packing, and delivery instructions as well as contacts will be provided to the groups that sign up.

During the pandemic, the meals will be assembled by families and/or small groups (pods) that are quarantining together in private homes and delivered to the church--to cut down on exposure. Post-pandemic, groups can then opt to assemble in private locations or in Bettie Port Hall. The meals can then be delivered separately or collectively from the temple.

We are asking that these contributions be considered an in-kind donation, and a donor receipt will be provided upon request. Please reach out to Toby Sanders at [toby@sholomchicago.org](mailto:toby@sholomchicago.org) or 773-435-1536 with any financial questions. Temple Sholom never wants anyone's financial situation to be a barrier for involvement. Feed the Hungry is also a great project for families and students who need service hours. We are happy to provide any necessary documentation.

- Sign-up: <https://www.signupgenius.com/go/10c0f44adad29a13-feed>
- Contacts
  - Jackie Gilson, Temple Sholom coordinator  
773-490-7102
  - Deborah Ketchum, Greater Bethlehem Healing Temple coordinator  
630-405-3307
  - Surenthia Sims, Greater Bethlehem Healing Temple coordinator  
708-925-6374
- Overview:

Thank you for your interest in supporting the Feed the Hungry Program!

Feed the Hungry (FTH) is an important and enduring mitzvah project of the Sholom Justice committee. Temple Sholom joins four other Chicagoland congregations in supporting the nutritional needs of guests of the Greater Bethlehem Healing Temple on the Near West Side of Chicago. The second and fifth Sundays of every month, Temple Sholom members and supporters have reliably delivered hundreds of lunches to the Church, where it is immediately distributed to those in need.

For this sign up, you and your team will be making 100 lunches or the full 200 if you wish to take on the entire quantity. .

Your participation in this program makes you an important link in this chain of mitzvah-doing. We are grateful for your service and dedication to this important cause!

FTH has three main components:

- Purchasing food and supplies
- Set up and lunch assembly
- Delivery
- Purchasing food and supplies

At any grocery store or drug store, you will need (please double if making 200):

100 count paper lunch bags

100 fold-and-close plastic sandwich bags

- \*Box of disposable gloves
- \*aluminum foil
- \*plastic wrap

For 100 Sandwiches (double is making 200), you will need:

- 100 oranges (or 200 clementines)
- 100 individual packages of dessert (cookies, rice krispie treats, etc.)
- 13 packages of bologna (Lunchmate brand)
- 100 bags of chips (individual size that fit in lunch bags)
- 10 loaves bread (longer varieties such as split top wheat work best--just make sure there are 20 slices per bag so that you have enough bread)

Extras:

- \*large tray for bologna
  - \*3-4 baking/cookie sheets to assemble sandwiches
  - \*large bowls to hold fruit and cookies
- Boxes and large plastic bags to hold the completed paper lunch bags

*\*Needed for home lunch assembly. If you are assembling the lunches at the temple, these will be provided*

As this is a charitable activity, please tell the cashiers that this is a tax-exempt transaction before check out. Please contact Toby at [toby@sholomchicago.org](mailto:toby@sholomchicago.org) to receive a copy of the tax-exempt certificate.

- Set up and lunch assembly:

Each bagged lunch contains one bologna sandwich, one large fruit (or two small ones), cookies, and one bag of chips.

We have found that this assembly line works best for this process, but leave assembly up to the discretion of you and your family.:

A few words on food safety:

Please make sure that disposable gloves are worn by all team members and that any long hair is tied back. Bologna should be refrigerated from the time it is purchased until it is ready for assembly and delivery. If the lunches are made ahead of time (Saturday,

for example), please make sure that they are refrigerated until delivery to the church on Sunday.

- Delivery

The lunches are to be delivered to the Greater Bethlehem Healing Temple, which is located on the southwest corner of Oakley and Madison. The exact address is 12 S. Oakley. Enter the parking lot on Oakley and proceed to the back of the building. If there are no volunteers waiting as you arrive, just knock on the back door and ask for Mrs. Deborah Ketchum, Ms. Surenthia Sims, or any other representative from the Church. As soon as you let them know that you are there for food delivery, they will mobilize a team who will help you remove the lunches from your car and stage them inside the church or at tables set up in the parking lot.

That's it! You are welcome to help distribute the lunches or leave at that time.  
THANK YOU!!

Contacts:

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