

Modeh Ani

מוֹדָה אֲנִי לְפָנֶיךָ, מֶלֶךְ חַי וְקַיִם,
שֶׁהַחַיִּזְרַת בִּי נִשְׁמַתִּי בְּחֶמְלָה רַבָּה אֶמוּנָתְךָ

*Mo-deh ani l'fa-ne-cha, Me-lech chai v'ka-yam,
She-he-che-zar-ta bee nish-ma-ti b'chem-lah ra-bah e-mu-na-te-cha*

I am grateful to You, living, enduring Ruler, for restoring my soul to me in compassion. You are faithful beyond measure.



I Enter this Sacred Space

I enter this sacred place to voice
the longings of my heart in prayer.
In sacred company,
I offer my love to the Holy One

I devote myself this morning
to psalm and song, study, and prayer.
May my heart be lifted,
may my thoughts be deepened,
and may my soul like the eagle soar.

Ma To-vu

מָה טָבוּ אֱהַלֶיךָ יַעֲקֹב, מִשְׁכַּנְתֶּיךָ יִשְׂרָאֵל.
וְאֲנִי בְרַב חֲסִדֶיךָ אָבוֹא בֵיתְךָ, אֲשַׁתְּחוּה אֶל הַיְכָל קִדְשֶׁךָ בִּירְאָתְךָ.
יְיָ אֶהְבֵּתִי מֵעוֹן בֵּיתְךָ, וּמִקּוֹם מִשְׁכַּן כְּבוֹדֶךָ.
וְאֲנִי אֲשַׁתְּחוּה וְאֶכְרַעָה, אֶבְרַכֶּה לְפָנַי יְיָ עֹשֵׂי.
וְאֲנִי תִפְלְתִי לָךְ יְיָ, עֵת רְצוֹן, אֱלֹהִים בְּרַב חֲסִדֶיךָ, עֲנֵנִי בְּאַמֶּת יִשְׁעֶךָ.

Ma to-vu o-ha-le-cha Ya-a-kov, mish-k'no-te-cha Yis-ra-eil.

Va-a-ni b'rov chas-d'cha a-vo vei-te-cha, esh-ta-cha-veh el hei-chal kawd-sh'cha b'yir-a-te-cha.

Adonai, a-hav-ti m'on bei-te-cha, u-m'kom mish-kan k'vo-de-cha.

Va-a-ni esh-ta-cha-veh v'ech-ra-a, ev-r'cha lif-nei Adonai o-si.

Va-a-ni t'fi-la-ti l'cha, Adonai, eit ra-tson.

E-lo-him, b'rov chas-de-cha, a-nei-ni be-e-met yish-e-cha.



Inspire Us

Eternal God,
We have come together to pray as a congregation;
Yet each of us is strangely solitary in Your presence.

Each of us comes before You with special hopes and dreams;
Each of us has personal worries and concerns.

Each of us has a prayer no one else can utter;
Each of us brings praise no one else can offer.

Each of us feels joy no one else can share;
Each of us has regrets which others cannot know.

And so, we pray:
If we are weary, give us strength;
If we are discouraged, give us hope.

If we have forgotten how to pray, remind us;
If we have been careless of time, forgive us.

If our hearts have been chilled by indifference,
Warm them with Your mercy, and inspire us,
With the glowing spirit of this sacred hour. Amen.

Elohai N'shamah

text from the Siddur, words and music by Casey Prusher

אֱלֹהֵי, נְשָׁמָה שְׁנַתַּת בִּי טְהוֹרָה הִיא.
אַתָּה בְּרָאֲתָהּ, אַתָּה יִצְרַתָּהּ, אַתָּה נִפְחַתָּהּ בִּי

E-lo-hai n'sha-mah, she-na-ta-ta bee, she-na-ta-ta bee (2x)

T'ho-rah hee (3x)

You created me, you shaped me, you breathed me into life (2x)

Atah v'ra-tah, Atah y'tza-rtah, Atah n'fach-tah bee



Birchot HaShachar

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מְלֶכֶד הָעוֹלָם...

Baruch Atah Adonai Elo-hei-nu M-elech ha-olam...

(Thank you, Adonai our God, Source of blessing,)

for this new day,
for making me free,
for opening my eyes,
for giving me strength,
for giving me courage,
for giving me hope,
for restoring my energy,
for guiding my path,
for _____.

For all these, and so much more, we thank You.

In the Beginning

by Rivka Miriam

In the beginning God created
the heavens that actually are not
and the earth that wants to touch them.

In the beginning God created
threads stretching between them-
between the heavens that actually are not
and the earth cries out for help.

And God created humans,
for each person is a prayer and a thread
touching what is not with a tender and delicate touch.



Or Chadash

music by Beth Schafer

אור חדש על ציון תאיר, ונזכה כלנו מהרה לאורו.

Or Cha-dash al Tzi-yon ta-ir, v'niz-keh chu-la-nu m'hei-ra l'oro

ברוך אתה יי יוצר המאורות.

Ba-ruch Atah Adonai, yo-tzer ha'm'-o-rot.

Blessed are You, Source
of Blessing, Who creates new light.

Listen Israel, Adonai, Our God, is One!

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד
Shema Yis-ra-el Adonai Elo-hei-nu Adonai E-chad

בְּרוּךְ שֵׁם כְּבוֹד מְלֻכּוּתוֹ לְעוֹלָם וָעֶד.
Baruch Shem K'vod Mal-chu-to L'o-lam Va-ed.

A Prayer of Hope During this Pandemic

by Rabbi Naomi Levy

We are frightened, God,
Worried for our loved ones,
Worried for our world.
Helpless and confused,
We turn to You
Seeking comfort, faith and hope.

Teach us God, to turn our panic into patience,
And our fear into acts of kindness and support.
Our strong must watch out for our weak,
Our young must take care of our old.
Help each one of us to do our part to halt the spread of this virus

Send strength and courage to the doctors and nurses
In the frontlines of this battle,
Fortify them with the full force of their healing powers.
Send wisdom and insight to the scientists
Working day and night across the world to discover healing treatments.
Bless their efforts, God.
Fill our leaders with the wisdom and the courage
To choose wisely and act quickly.
Help us, God, to see that we are one world,
One people
Who will rise above this pandemic together.

Send us health God,
Watch over us,
Grace us with Your love,
Bless us with Your healing light.
Hear us God,
Heal us God, Amen.

Oh God

words and music by Debbie Friedman

Oh God, as I stand before you
I ask for strength and for courage
As I take time to look at myself
May I open my lips in prayer

And God, as I stand alone
I pray my heart will sing out to you
So many thoughts and fears that I have
May I open my lips in prayer.

Ya, la, la, la, la, la

Ya, la, la, la, la, la, la

אֲדֹנָי שְׁפָתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתֶךָ

Adonai s'fa-tai tif-tach u'fi ya-gid t'hi-la-te-cha



Don't Hide Your Face

by Debbie Friedman

Don't hide your face from me,
I'm asking for your help
I call to you please hear my prayers, Oh God.

If you would answer me,
As I have called to you,
Please heal me now;
Don't hide your face from me.

Don't hide your face from me,
I'm asking for your help.
I call to you please hear my prayers, Oh God.

If you would answer me,
As I have called to you,
Please heal me now;
Don't hide your face from me

Prayer for Healing

Text from Nu 12:13, words and music by Todd Herzog

אֵל, נָא רְפָא נָא לָהּ

רְפָא נָא לָנוּ

El na refa na la

Refa na lanu

Dear God of our ancestors (*Dear God of our ancestors*)
Help us renew our faith (*Help us renew our faith*)
Grant us a perfect healing (*Grant us a perfect healing*)
Bring peace to all our days (*Bring peace to all our days*)

אֵל, נָא רְפָא נָא לָהּ

רְפָא נָא לָנוּ

El na refa na la

Refa na lanu

Restore our strength of body (*Restore our strength of body*)
Help clarify our minds (*Help clarify our minds*)
Refresh our tired spirits (*Refresh our tired spirits*)
Rejuvenate our light (*Rejuvenate our light*)

אֵל, נָא רְפָא נָא לָהּ

רְפָא נָא לָנוּ

El na refa na la

Refa na lanu

Thank you for all these blessings (*Thank you for all these blessings*)
Throughout our days and nights (*Throughout our days and nights*)
We celebrate the journey (*We celebrate the journey*)
This precious gift of life (*This precious gift of life*)

אֵל, נָא רְפָא נָא לָהּ

רְפָא נָא לָנוּ

El na refa na la

Refa na lanu

Healing Song

by Hazzan Mike Stein

R'fa-ay-nu Adonai v'nay-ra-fay

God only you
Can bring true healing
And so we pray

*Baruch Atah Adonai
Ro-fay cho-ley a-mo Yisrael*

Blessed are you Shechina who
Restores our loved ones
Heal our people
Speedily in our day
V'no'mar (And let us say) Amen



Return Again

Return again, return again,
Return to the land of your soul. (*repeat*)

Return to what you are, return to who you are
Return to where you are
Born and reborn and reborn

הַשִּׁיבֵנוּ יְיָ אֱלֹהֵינוּ וְנָשׁוּבָה, חֹדֶשׁ יָמֵינוּ כְּקֶדֶם
*Ha-shi-vei-nu Adonai ei-le-cha v'na-shu-vah,
cha-desh ya-mei-nu k'ke-dem*

We are Loved by an Unending Love

We are loved by an unending love,
We are embraced by arms that find us
Even when we are hidden from ourselves.
We are touched by fingers that soothe us even when
We are too proud for soothing.
We are counseled by voices that guide us
Even when we are too embittered to hear.
We are loved by an unending love.
We are supported by hands that uplift us
Even in the midst of a fall.
We are urged on by eyes that meet us
Even when we are too weak for meeting.
We are loved by an unending love.
Embraced, touched, soothed, and counseled...
Ours are the arms, the fingers, the voices;
Ours are the hands, the eyes, the smiles;
We are loved by an unending love.

-Rabbi Rami M. Shapiro



Mourner's Kaddish

Mourners and those observing Yahrzeit:

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּא. בְּעַלְמָא דִּי בְרָא כְרַעוּתְהָ, וְיִמְלִיךְ
מַלְכוּתְהָ בְּחַיֵּיכוּן וּבְיוֹמֵיכוּן וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל, בְּעַגְלָא
וּבְזִמְן קָרִיב, וְאָמְרוּ אָמֵן.

*Yit-ga-dal v'yit-ka-dash sh'mei ra-ba. B'al-ma di v'ra chi-r'u-tei,
v'yam-lich mal-chu-tei--b'cha-yei-chon u-v'yo-mei-chon u-v'cha-yei
d'chol Beit Yis-ra-el; ba'a-ga-la u-vi-z'man ka-riv, v'im-ru Amen.*

Congregation and mourners:

יְהִי שְׁמֵהּ רַבָּא מְבָרַךְ לְעַלְמֵי וְלְעַלְמֵי עַלְמַיָּא.

Y'hei sh'mei ra-ba m'va-rach, l'a-lam u-l'al-mei al-ma-ya.



Mourners:

יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר וְיִתְרוֹמַם וְיִתְנַשֵּׂא וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלָּל
שְׁמֵהּ דְקַדְשָׁא בְרִיךְ הוּא, לְעַלְמָא מִן כָּל בְּרַכְתָּא וְשִׁירְתָּא תְּשַׁבְּחָתָא
וְנַחֲמָתָא, דְאָמְרִין בְּעַלְמָא, וְאָמְרוּ אָמֵן.

יְהִי שְׁלָמָא רַבָּא מִן שְׁמַיָּא, וְחַיִּים עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ אָמֵן.

עֲשֵׂה שְׁלוֹם בְּמְרוֹמָיו, הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל יִשְׂרָאֵל, וְאָמְרוּ
אָמֵן.

*Yit-ba-rach v'yish-ta-bach v'yit-pa'ar v'yit-ro-mam v'yit-na-sei; v'yit-hadar v'yit-aleh
v'yit-ha-lal sh'mei d'ku-d'sha, b'rich Hu. L'ei-la min kol bir-cha-ta v'shi-rata, tush-b'cha-
ta v'ne-che-mata da-a-miran b'al-ma, v'im-ru, Amen.*

Y'hei sh'la-ma ra-ba min sh'ma-ya v'cha-yim ale-inu v'al kol Yisrael, v'imru, Amen.

O-seh sha-lom bi-m'ro-mav, hu ya'a-seh sha-lom a-lei-nu v'al kol Yis-ra-el,

Angels

by Rabbi Sheryl Lewart z'l

May you be aware of the presence
of angels in your life
every moment, every day.

May you remain receptive and open
to possibilities and potentiality in your life.

May you open your heart
and watch with eagerness
for the opportunities to help and care for others,
to be an angel in someone's life
as an expression of your generosity.
May you sense the presence of angels
in a stranger's smile,
in a moment of unexpected support.

Amen.



B'Shem HaShem

music by Reb Sh'lomo Carlebach

בְּשֵׁם ה' יי אֱלֹהֵי יִשְׂרָאֵל
מִיִּמִּינִי מִיִּכְאֵל, וּמִיִּשְׁמוּלֵי גַבְרִיאֵל
וּמִלְפָּנַי אֱוִרִיאֵל וּמֵאַחֲרַי רְפָאֵל
וְעַל רֵאשֵׁי שְׂכִינַת אֵל

*B'Shem Ha-Shem, Adonai Elo-hei Yis-ra-el
Mi Y'mi-ni Mi-cha-el, u-mi-smoli Gav-ri-el
U'mil-fan-ai U'ri-el, u'mei-ach-o-rai R'fa-eil
V'al Ro-shi Sh'chi-nat El (2x)*