



Rabbi Michael Robinson Memorial Lecture with Rabbi Elizabeth Richman (Rabbi's Tisch)

Friday, August 9, 6:15pm

\$18 suggested donation for the catered dinner, please RSVP to the office.

Rabbi Elizabeth Richman is a senior leader in the field of Jewish social justice and leadership development. As Rabbi in Residence and Deputy Director at Jews United for Justice (tagline: Think Jewishly. Act Locally.), she has spent the last 10 years helping Jewish communities raise their voices through civic engagement to advocate for economic, social, and racial equality.



Rabbi Richman has served on the boards of Interfaith Worker Justice, DC Jobs with Justice, and the Rabbinical Assembly's Social Justice Commission, and has taught about Judaism and justice around the world from Qatar to Quebec and beyond. Read more at cstsr.org.



STaRS Opening Day!

Friday, September 8, 9:00 AM

Register Today! Refer a Friend Discount available!

Register now at www.shomreitorah.org/religious-school.

Registration will take less than 5 minutes per student. A deposit of \$200 per student is due at the time of registration. Scholarships are always available.

A \$100 discount will be given to any STaRS family who refers a new family that registers for the 2019-2020 school year! The new family will also receive a \$100 discount! It's a win-win to grow our amazing religious school.

Warm up for the Holy Days - S'lichot with Joel Ben Izzy!

Saturday, September 21, 7:00 PM

Storyteller Joel ben Izzy will be returning to Congregation Shomrei Torah to share S'lichot and High Holy Day themed tales, both traditional and modern. Join us for a fun, participatory way to ease into the Holy Days, including the changing of the Torah mantles to Holy Day white, havdallah and a sweet nosh for a sweet New Year!



For over thirty-five years, Joel ben Izzy has traveled the globe, gathering and telling tales, from Tel Aviv to Tokyo, Paris to Petaluma, and Chelm to Chotzenplotz.

For over thirty-five years, Joel ben Izzy has traveled the globe, gathering and telling tales, from Tel Aviv to Tokyo, Paris to Petaluma, and Chelm to Chotzenplotz. He has recorded six award-winning CDs and is the author of two highly acclaimed books, *The Beggar King* and *The Secret of Happiness* (Algonquin, 2003) and *Dreidels on the Brain* (Dial, 2016). Always a popular Shomrei Torah guest, we are delighted to welcome him back to help us kick off 5780!

Scholar-in-Residence Weekend with Professor Daniel C. Matt - From Kabbalah to the Big Bang: Ancient Wisdom and Contemporary Spirituality September 13-14

Daniel Matt, one of the world's leading authorities on Kabbalah, will introduce us to some of the central themes of the Jewish mystical tradition. Read more on Page 5.

Service Calendar

High Holy Days 5780 (2019)

*Please note that all services will be held at Congregation Shomrei Torah -
2600 Bennett Valley Road, Santa Rosa, unless otherwise noted.*

Saturday, September 21

S'lichot Service7:00pm
Slichot storytelling and *Havdallah* with Joel ben Izzy.

Sunday, September 29

Erev Rosh Hashanah Service..... 6:00 - 7:00pm
This is an abbreviated, multi-generational service.

Erev Rosh Hashanah Service..... 8:00pm

Monday, September 30

Rosh Hashanah Adult Service 10:30am
Children's Educational Program
(Grades K-5th)*..... 10:30am
*See enclosed required registration forms.

Teen & Pre-teen Service
(Grades 6th – 12th)..... 10:30am

Tashlich Service4:30pm
Location: Lake Ralphine
This is a beautiful, family-friendly service during which we cast our sins into the lake while singing and praying that we do better in the year to come.

Tuesday, October 1

2nd Day Rosh Hashanah Service..... 10:30am
Vegetarian/dairy potluck lunch to follow.

Friday, October 4

Shabbat Shuvah Service..... 6:15pm

Saturday, October 5

Shabbat Shuvah Morning Service.....10:30am

Sunday, October 6

Cemetery Service10:30am
Location: Santa Rosa Memorial Park, Franklin Avenue, Santa Rosa. Join us after the service for a lite lunch at the lower Shomrei Torah section of the cemetery, generously provided by the Bagel Club.

Tuesday, October 8

Kol Nidre Alternative Service.....6:00 – 7:00pm
This will be a provocative & inspiring service. Expect a band and alternative prayers.

Kol Nidre Traditional Service.....8:00pm

Wednesday, October 9

Yom Kippur Adult Service10:30am

Children's Educational Program
(Grades K-5th)*..... 10:30am
*See enclosed required registration forms.

Teen & Pre-teen Service
(Grades 6th – 12th)..... 10:30am

Jewish Journeys (personal stories)1:30pm

Torah Reading/Jonah..... 3:00pm

Healing Service.....3:45pm

Yizkor Service.....4:30pm

Neilah Service.....5:30pm

Break-the-fast 6:00pm
Please note that afternoon service times are approximate.

**Congregation Shomrei Torah
wishes you
Shanah Tovah!**

Creating Sacred Space: A Jewish Mindfulness Meditation Program

Please RSVP to the office.

Single Session: \$8 CST Members / \$12 Non-Members

Series (15 Sessions): \$80 CST Members / \$120 Non-Members

All are welcome regardless of ability to pay.

Are we happy? Are we living the life we want to live?

Mindfulness Meditation is the practice of cultivating our attention to the present moment. As we learn to quiet our minds, we see our truth more clearly, and open a path to living a fuller, happier, healthier life. Jewish Mindfulness adds the teachings of our tradition to deepen the meditative experience.

This course, led by Rabbi George Gittleman, will include teaching, meditation instruction, and periods of silence. By practicing together, we'll enhance our ability to listen to the voice within and expand our sense of interconnectedness. The seasons of the Jewish calendar will serve a guiding theme, to deepen the meditative experience. No previous experience is necessary.

A graduate of the Jewish Spiritual Leaders Institute's Jewish Mindfulness Meditation Teacher Training Program, Rabbi George has developed both Buddhist and Jewish meditative practices over the past two decades. Where indicated on the schedule, sessions will feature a guest leader.

Program Schedule (Timing/Dates)

August: Tisha B'Av - Conflict & Loss

4:30 – 5:45 PM

Dates: 8/4, 8/11, 8/25 (Guest Leader)

September: Elul - Loving Others/Loving Ourselves

4:30 – 5:45 PM

Dates: 9/8, 9/15, 9/22 (Guest Leader)

October: Sukkot - Impermanence

4:30 – 5:45 PM

10/13, 10/20, 10/27

November: Thanksgiving - Gratitude

4:00 – 5:15 PM

11/3 (Guest Leader), 11/17 (Guest Leader), 11/24

December: Hanukkah - Inner Light

4:00 – 5:15 PM

12/8, 12/15, 12/22



Jewish Literary Circle

Thursdays, August 15 and September 19, 6:00 PM

FREE, all are welcome, please RSVP to the office.

The Jewish Literary Circle, one of the Life Long Learning programs, meets monthly to read Jewish literature and other published material in an atmosphere of stimulating discussion. Participants choose the reading selections for the upcoming months. Anyone can join anytime.

Names of Readings

August 15 - *A River Could Be a Tree* by Angela Himsel

September 19 - *Focus* by Arthur Miller

Shabbat ShaBoogie

Friday, August 23, 5:15 PM

Friday, October 25, 5:15 PM

FREE! Please RSVP to the office.

Shabbat ShaBoogie is a very special Shabbat experience for families with children 3rd grade and under!



We will begin with a short service with music, dancing and stories – and then enjoy a light dinner and dessert with all of your new friends! Regular Shabbat services to follow at 6:15pm.

CST Women's Interest Groups

For dates, locations, details and questions, please email the office

Meet new and long-time Shomrei Torah friends by checking out one or more Shomrei Torah Women's Groups. Try them all or attend the group(s) that work for you. No commitments are required.

Ongoing Groups: Monthly Book Club, Monthly Movie Group, Dinner Group.

Newly Formed Groups: Walking, Knitting/Crocheting, Healthy Cooking, Lunch Group, Mahjongg & Games Group

Open Door, Open Heart

The summer Torah readings are all *b'midbar*, in the wilderness, part of the story of our ancient ancestors' mythic 40-year trek from Egypt to the Promised Land. Most of the story is laid out in the Book of Numbers (the Hebrew name is actually *B'midbar*). Some of Numbers is captivating, like the story of Bilam and his talking donkey, and other parts of the book are, well... pretty boring, like all the censuses: the lists of the names of all the tribes and how many people were in each tribe.

There is also the description of the details of the *mishkan*, the portable sanctuary that traveled with them on their journey. I sometimes strain to stay awake when I am reading these details, but this time a certain material used as covering for part of the *mishkan* caught my attention: dolphin skins. What were they doing with dolphin skins? How did they acquire them in the wilderness?

Many years ago one of my *Bat Mitzvah* students found a beautiful, modern *midrash* that explains how and why the dolphin skins came to be part of the *mishkan*. It goes something like this:

The parting of the Sea of

Reeds was an amazing and



Rabbi George

"Many years ago one of my Bat Mitzvah students found a beautiful, modern midrash that explains how and why the dolphin skins came to be part of the mishkan."

bewildering sight. The rush of the water as two walls were formed almost knocked the fleeing Israelites off their feet! Walking through the sea was like being in the tallest and narrowest canyon you could ever imagine, but the cliffs were made not of rock but of water that seemed like it could collapse on them at any moment! Overwhelmed and paralyzed with fear,

the Israelites might not have moved were it not for dolphins who, upon seeing how frightened and stuck the Israelites were, swam to the edge of the walls of water and used their fins to urge and guide them on their way.

Thanks to the dolphins, the Israelites made it safely to the other side, but the cost was great: the dolphins died of exhaustion. When the sea returned, the Israelites found the limp and lifeless bodies of the dolphins washed upon the shore. To honor their guides and rescuers for their help and courage, the Israelites used their skins as part of the covering of the Tent of Meeting, the *mishkan*.

As quaint as it is, this story makes me think about our current humanitarian crisis at our southern border. Scared, traumatized, bewildered people in dire need of food and shelter are instead met with barricades, checkpoints, and incarceration. A compassionate and righteous people would send social workers and doctors, not the National Guard.

Yes, we need a secure border, but surely we can help the thousands of people coming to us in desperate need without endangering the nation. We have the resources; what we are lacking is the heart to do what is right.

"Yes, we need a secure border, but surely we can help the thousands of people coming to us in desperate need without endangering the nation."

In stark contrast to the current refugee crisis, upon their arrival to Ellis Island our grandparents and great-grandparents were welcomed with these lines by the Jewish poet Emma Lazarus that are etched on the base of the Statue of Liberty:

*"Keep, ancient lands, your storied pomp!" cries she
With silent lips. "Give me your
tired, your poor,
Your huddled masses yearning to
breathe free,
The wretched refuse of your
teeming shore.
Send these, the homeless,
tempest-tossed to me,
I lift my lamp beside the
golden door!"*

The "Golden Door" opened for us and millions like us and we in turn helped to make America great. The "Golden Door" is currently barred shut and a wall is waiting. As Jews and as Americans, we can't let that happen.

Bagel Club – A Unique Field Trip

Sunday, September 8, 11:00 AM

Museum admission is \$10 adults, \$7 seniors (62+), and free to members. Reserve your spot at cstbagelmen@gmail.com.

We are arranging a docent-led tour of the Sonoma County Museum's current exhibit, "Grass Roots: Cannabis from Prohibition to Prescription" It should prove interesting indeed!



If there is time, we may also tour the Maria de Los Angeles art exhibit at the Museum's art gallery next door. She is a DACA immigrant who formerly lived and painted in Santa Rosa before completing her BFA at Pratt Institute and her MFA at Yale University.



Lehrhaus Talmud Circle *Tractate Ta'anit* – What Do We Know and How Do We Know It?

First Session Sunday, September 8, 2:00 PM – 4:00 PM

Upcoming Dates: 10/6, 11/17, 12/8, 1/5, 2/2, 3/1, 4/5, 5/17, 6/7

Cost: \$315, \$252 or \$189 (Students choose their tier)

Registration Link coming soon.

The Talmud raises questions about "Holy Men" pronouncing the "meaning" of a disaster. This narrative section of the Talmud, in the words of Julia Watts Belser, "overturns expected hierarchies of gender, piety, and social status to challenge the theological significance of hunger, suffering, and abundance." She writes, "These narratives blunt the moral condemnation inherent in disaster – and suggest that blessing often lies beneath the surface of apparent misfortune." Ahead of Viktor Frankl, who taught, "When we are no longer able to change a situation, we are challenged to change ourselves," the Talmud asserts that an interpretation of events exercises a powerful influence over experience.

Students must purchase the *Koren Talmud Bavli Noé*, Vol.12: *Ta'anit/Megilla*, Hebrew/English, print (several versions) or PDF.

If you have questions, please contact Tamar Zaken at tamar@lehrhaus.org or (510) 845-6420.

Scholar-in-Residence Weekend with Professor Daniel C. Matt - From Kabbalah to the Big Bang: Ancient Wisdom and Contemporary Spirituality

Daniel Matt, one of the world's leading authorities on Kabbalah, will introduce us to some of the central themes of the Jewish mystical tradition. On Friday night he will focus on the concept of *Shekhinah* (the feminine aspect of God) in the context of Shabbat. In his subsequent presentations, he will show how the Zohar interprets and reimagines the Torah, and how the mystical tradition enables us to discover God in the material world. Finally, he will address the question of "God and the Big Bang," exploring parallels between Kabbalah and contemporary cosmology, and seeking to find harmony between science and spirituality. Read more about Prof. Daniel at www.cstsr.org.



September Rabbi's Tisch with Prof. Daniel C. Matt: *Shekhinah - The Feminine Half of God*

Friday, September 13, 6:15 PM

One of the boldest contributions of Kabbalah is the idea that God is equally female and male. Daniel Matt will briefly trace the development of Kabbalah and then focus on the concept of *Shekhinah* (the feminine aspect of God) from its rabbinic origins to its full flowering in the *Zohar*, where *Shekhinah* is identified with the Sabbath Bride.

Torah study with Prof. Daniel C. Matt - The Zohar: Masterpiece of Kabbalah

Saturday, September 14, 8:45 AM - 10:15 AM

The *Zohar* emerged in 13th-century Spain. How exactly did it originate and what is its significance for us today? How does this mystical masterpiece interpret and reimagine the Torah? Our scholar-in-residence will explore these questions with us by teaching several passages from his award-winning translation, the *Zohar: Pritzker Edition*.

Shabbat Morning with Prof. Daniel C. Matt - Raising the Sparks: Finding God in the Material World

Saturday, September 14, 10:30 AM - 12:00 PM

How can God be encountered in our daily life? Dr. Matt will explore this question with us by teaching passages from Kabbalah and Hasidism on the nature of God, the act of Creation, and the challenge of discovering God in the material world.

Saturday Evening Talk with Prof. Daniel C. Matt - God and the Big Bang: Discovering Harmony between Science and Spirituality

Saturday, September 14, 7:00 PM - 8:30 PM

An exploration of the parallels between Kabbalah and contemporary cosmology. How does the mystical understanding of Creation compare with the modern theory of the origin of the universe? Is there a way to harmonize these two approaches—the scientific and the spiritual?

KIDdish Opening Day

Sunday, September 15, 9:00 AM

Upcoming Dates: 10/13, 11/17, 12/15, 1/12, 2/23, 3/29, 4/19

\$180 for the entire program, register today!

Download the 2019-2020 registration form at shomreitorah.org/community/kiddish.

Join our exciting preschool class where you can meet new friends and build budding Jewish relationships that can blossom for years to come! During these classes there will be hands-on art activities, spirited movement & music, playground time, a special visit from our animal friends and fun Jewish learning. A special field trip will be held at Art & Soul Music School in Santa Rosa.



Sign up for September and October classes before they are filled!

Please call the office to reserve your place.

Contact the office if you would like to teach a class!



Challah Baking

Sunday, September 15, 2:00-4:00 PM

Join husband and wife team, Sam and Laura Rose, who will teach about preparing this classic dough, with braiding secrets for making fabulous *challah* for your family and friends. Anyone who has tasted their *challah* will want to be in this class.

Constantine Cuisine

Sunday, October 27, 12:30-2:20 PM

Please join us as member Eva Thomas-El Beze takes us on a taste-filled journey through her family's recipes of North Africa. Using recipes that were handed down generation after generation, Eva is excited to share her rich culture of Arabic and Berber cuisine. Come explore how Jews in Algeria eat, gather and celebrate through their traditional foods and beverages. Learn how to make a variety of dishes that are sure to impress at your next event!

Menu:

Entrée salads - medley of small salads with varying dressings

Borek - Arabic potato dumplings served warm with fresh lemon juice

Couscous aux legumes - vegetable stew served over couscous

Halva - warm dessert made with semolina, almonds and raisins

Espresso Arabica - espresso coffee flavored with cardamom and rose water

Please note the menu is vegetarian but not gluten free. I apologize for any inconveniences.

Financial Planning led by Carla Frank

Cost: \$20 per family per session or \$30 for both sessions.

No one turned away for lack of funds.

Please RSVP to the temple office.

As the new year approaches, we invite you to spend some time reflecting on your finances: where are you are now, and where you would like to be? Attend one session or both. We will be debunking myths, gaining knowledge and developing confidence in planning for your financial future. CST member Carla Frank is a financial executive with more than 25 years experience in financial planning & analysis. Read more at cstsr.org.



Planning for Retirement

Sunday, September 22, 4pm-5:30pm

How can we evaluate if a potential investment is a good fit for our family? Should we invest in long term care insurance? What should we know about annuities before deciding to invest?

Financial Planning for Families

Wednesday, September 25, 7pm-8:30pm.

How do we create a family budget? How do we prepare for the unexpected? The kids are so smart! How will we pay for college?

September Office Closures:

Monday September 2 – Labor Day

Monday, September 30 – *Rosh Hashanah*

October Office Closures:

Tuesday, October 1 – 2nd Day *Rosh Hashanah*

Tuesday, October 8 – *Yom Kippur*, Closes at Noon

Wednesday, October 9 – *Yom Kippur*

Monday, October 14 – *Sukkot*

Community Shabbat Dinner and Discussion

Friday, October 11, 6:15 PM

\$18 suggested donation for the catered dinner, please RSVP to the temple office.

In lieu of our typical Rabbi's *Tisch*, we will be hosting a Community Shabbat Dinner and Discussion. It will feature High Holy Day *chai lites* and hopes as we start the New Year! Lead by Rabbi George and Rabbi Stephanie. Save the date for this exciting event.

Habitat for Humanity Playhouse Build

Sunday, October 13, 11:30 AM - 1:30 PM

Free lunch provided, please RSVP to the office.

Please join your Shomrei Torah congregation and the entire Santa Rosa community as we build a playhouse for Habitat for Humanity! Building and painting will take place here at CST and the finished playhouse will be delivered to a Habitat for Humanity home.

All ages are welcome; lunch will be served following Shabbat morning services. Invite your family and friends to this wonderful community event!



Wine and Cheese Pre-Oneg in the Sukkah

Friday, October 18, 5:45 PM - 6:45 PM

Please join your congregational family for a free, pre-oneg wine and cheese in the *Sukkah*. We will be gathering at 5:45pm, followed by regular Shabbat services at 6:15pm.

Sukkot Potluck Lunch

Saturday, October 19, 12:00 PM - 1:30 PM

Save the date for a potluck in the *Sukkah*! More info to come.

Simchat Torah Celebration & Lunch

Sunday, October 20, 10:30 AM - 1:30 PM

A free falafel lunch will be provided after the celebration; please RSVP to the office.

Come dance with the Torah at the holiest party of the year! This will be a *Simchat Torah* to remember with music, dancing, chanting Torah, and celebration as we end our Torah reading cycle and immediately begin all over again.

New Member Shabbat

Friday, November 1, 6:15 PM

Our clergy, staff and Board of Directors invite members who have joined the synagogue in the past year to attend the New Member Shabbat Service. We will officially welcome you to the CST community with a blessing on the *bima* and a special *oneg*. It is also a great time to meet new people and connect with your new community!

2020 Congregational Journey to Eastern Europe

August 23 – September 4, 2020

Visit Poland, Vienna & Budapest. Led by Rabbi George Gittleman.

Trip Highlights include:

- Explore the remains of the Warsaw Ghetto
- Shabbat services with members of Krakow's Jewish Community
- At Auschwitz, pay tribute to the six million
- See the legacy and beauty of imperial Vienna
- In Budapest, visit Europe's largest synagogue
- Visit the remarkable Jewish museums in Warsaw and Vienna
- Cruise on the Danube River

For more information, contact Rabbi George at rabbig@cstsr.org or call the temple office. www.keshetisrael.co.il.



Welcome Angelica Steinman, CST's new Administrative Assistant

Next time you call the office, you will hear Angelica's chipper voice greet you and direct your call. Angelica will now be taking RSVP's, scheduling rabbi meetings, and keeping our database up to date. We are excited to welcome Angelica.

Current Office Staff:

Denise Harrison, Temple Liaison: (707)578-5519

We are thrilled to inform you that Denise is taking on a new role at CST: Temple Liaison. Denise is the de-facto historian, often the first person to welcome new congregants, and the first to know when someone is having a hard time or in need of assistance.

Although Denise will no longer be answering the phone, she will be at Shabbat services, temple events, and holiday celebrations ready to greet and assist you. Denise will also be helping to connect new members to one another, coordinating volunteer opportunities and looking after existing members. We are incredibly excited about this new role for Denise!

Julie Hash, Rabbinic Assistant: ra@cstsr.org

If you have any questions concerning your financial account at CST, Julie is the go-to person. She is in charge of pledges and billings. Also, if you want to get an item or article into the Voice, Chai-Lites or the website, send to Julie. Finally, if you have a question regarding Religious School or the B'nei Mitzvah Program, Julie is the person to direct

your inquiry.

**Seraphima Chisler,
Administrative
Assistant: aa@cstsr.org**

If you are trying to schedule a class, program or get-together at the temple and need a space, Seraphima is in charge of the temple facility use calendar.

If you notice that something is broken, dirty, or not working properly, Seraphima is our facilities guru. Seraphima is also taking the lead on food and details for *Tishes*, holidays, and programs. All food concerns and compliments should come to Seraphima.



The CST Judaica shop has many new items for the upcoming High Holy Days as well as gifts for weddings, B'nei Mitzvahs and even some fun items for host/hostess gifts. Watch the *Chai-lites* for upcoming special sale dates, or come by the office during business hours and check it out.

Welcome New Board Members

For those who missed the announcement at our Annual Meeting in June, please welcome our two new board members, Larry Carlin and Erica Magers.

Our returning Board Members are:

Sharon Bauman, President
John Weinstein, VP Finance
Ira K. Glasser, Treasurer
Eli Weinzveg, Secretary
Ann DuBay
Anne Matalon
Desmond Shapiro
Cy Wilcox
Susan Bailyn
Jillian Navarro
Paige Sobel

Investing is about more than money.

At Edward Jones, we stop to ask you the question: "What's important to you?" Without that insight and a real understanding of your goals, investing holds little meaning.

Contact your Edward Jones financial advisor for a one-on-one appointment to discuss what's really important: *your goals*.

Norman W Eisley, AAMS®
Financial Advisor
1421 Guerneville Road
Ste 104
Santa Rosa, CA 95403
707-573-1107

www.edwardjones.com
Member SIPC

Edward Jones®
MAKING SENSE OF INVESTING

Recycling and *L'Dor V'Dor*

By Eli Nadler-Block, Shomrei Torah teen and STaRS *madrichim*

I recently had the opportunity to go with Rick Reisman, the head of Congregation Shomrei Torah's Environmental Action Committee, to visit the local Recology recycling center and take a tour to see what happens to our waste and to learn what we all can do to help reduce our waste and save our environment.



Recology's vision is: "to create a world without waste by developing and discovering sustainable resource recovery practices that can be implemented globally." At Shomrei Torah, we try our best to help them in that goal by using a three-bin system to make sure our waste goes to all the right places.

The Recology center has lines of employees along conveyor belts that sift through the recycling to make sure it all is correctly sorted. These people have to work very hard to ensure that all of our recycling is disposed of properly. When we do our part to sort our waste at CST, it helps make their difficult job easier. Their work can be dangerous because of sharp objects and needles that some people leave in the recycling which is not where they are supposed to go. All the assortment of materials in the recycling bins will be sent to various places around the world to be repurposed.

Office paper, wrapping paper, and packing paper are all recyclable. Paper that is shredded, or soiled (like a greasy pizza box) can be put in the compost, but paper that is waxed has to be put in the landfill. Cardboard can only be recycled if it is not waxed. Not all plastic can be recycled, but plastic bottles, containers, and cups can all be recycled. Even the different types of plastics have to be sorted separately.

You can even leave the caps on plastic bottles. Aluminum cans and steel cans as well as aluminum foil can also be recycled. Yard waste can be put with compost. Electronics, batteries, and fluorescent bulbs are considered e-waste and must be disposed of by taking them to the central disposal site on Meham Road outside Petaluma.

The best action is to reduce the waste we produce and reuse as much as possible, but all of us have the responsibility to learn how to sort our waste properly at home as well as at Congregation Shomrei Torah. This will help achieve near-zero waste that Recology and all of Sonoma-Marin are striving for. The environment needs everyone's help to ensure that our planet survives.

Board Wrap up

Once again we covered quite a bit of ground in our June Board meeting. First order of business is changing the frequency of the Voice publication. Instead of 10 issues, we will combine Dec/Jan, Feb/March, June/July and Aug/Sept and keep singular issues to the months of April, May, October and November, which will leave us with 8 issues for the year. There was a unanimous vote to upgrade security at CST—everything from gate upgrades to security training, new signage and more cameras and walkie talkies. In addition, the Board also unanimously approved earthquake insurance.

Great news for those of you with children in religious school. There is a \$100 incentive for referring new families and it's a win-win because it's both the referring family and the new family that receive the discount.

In recognition of our responsibility to stand up for the human rights of all people, Congregation Shomrei Torah is pleased to endorse the Declaration of Unity by Sonoma County Residents and pledges active participation in the project known as "Sonoma County-United in Kindness." This project aims to enhance social justice goals being pursued by the Congregation by undertaking actions and learning consistent with our mission and tradition.

Sharon Bauman, our Board President, was elected for another year. We also had our Annual Meeting on June 12 and it was well-attended as well as very informative. Ann DuBay gave a review of the past year and all that has gone on in and outside of our four walls—it was very impressive. The budget was presented by John Weinstein (after a lot of work from our Finance Committee) and it was approved. This talk segued into a presentation of our new fundraising model called Tradition of Giving. Susan Bailyn, our extraordinary graphic artist, has created a beautiful logo that will help to brand our new Tradition of Giving. For those of you who did not attend, please be aware that it takes \$3125 per family to run CST and since that amount is more than many families can pay, we have a strong need for fundraising. Our hope is that the Tradition of Giving will allow us to continue to expand programming and serve the congregation, while we maintain our fiscal integrity.

Last but certainly not least we would like to welcome new Board members, Erica Magers and Larry Carlin. We're very lucky and excited to have them on board. Until next time...

Social Action Wants to Hear from YOU!

Our Social Action Committee is gearing up for the coming fall and the year beyond. We strive to represent the entire congregation and would love to hear what you think. If you have ideas about particular issues, events, speakers, or forums that are of interest to you, please let us know. In addition there are opportunities to serve on the committee, participate occasionally, or just come see what we do. Our next meeting is on August 5th at 7:00pm, no RSVP required, we'd love to see you there.

Please contact the office with your thoughts and opinions!



Consultation on Consciousness

Five Social Action Committee leaders attended the Reform Jewish "Consultation on Consciousness" in Washington D.C. in late May, 2019. Here they are preparing to go to Capitol Hill to Kamala Harris and Mike Thompson's offices to lobby for two specific bills, representing Shomrei Torah. Motivating, exciting, empowering for all!

Elisha's Pantry

Serving Bennett
and Rincon Valleys



Gifts of food and love

Elisha's Pantry needs your help!

Every Thursday, 4:00 to 5:30 PM

1717 Yulupa Ave., Santa Rosa

Thirteen years ago, CST partnered with Christ Church United Methodist to open Elisha's Pantry. A few years later, we were joined by Bethlehem Lutheran Church. All three faith-based organizations send volunteers to work every Thursday, and we are in need of the following:

1. Volunteers to help distribute canned goods, fresh vegetables, fruit and other products — Thursdays starting at 3:00 PM and ending by 5:45 PM — volunteers are always shade and rain protected.
2. Volunteers to pick up items for the Pantry at the Redwood Empire Food Bank in Santa Rosa – Wednesday from 10 AM to Noon - requires transportation vehicle and light lifting of up to 25 lbs.

All volunteers are welcome — families, teens, singles, couples. To sign up or for more information, please call Stephen Harper at (707) 332-2759 or (707) 527-0196. Volunteer dates are assigned as we cannot handle drop-in volunteers.



For nearly 30 years, Shomrei
Torah's B'nei Mitzvah students

plus a variety of unaffiliated Jewish teens have enthusiastically joined *Chaverim*! *Chaverim* is the countywide JCCSOCO Jewish Teen Education Program for 8th-12th graders endorsed by our rabbis. Jewish teens from all over the county meet by grade level twice monthly on a week night for dinner followed by a great discussion of relevant issues through a "Jewish Lens."

Register by contacting Rick Concoff, Teen Education Director, at (707)477-9196, concoff@yahoo.com, or visit the "teen tab" at jccsoco.org.



Sanctuary Hearing Loop

Our Loop Hearing Aid System in the sanctuary is up and running. If you are having trouble connecting your hearing aid to our Loop, please contact Kenwood Hearing Center, they will meet with you and confirm that your hearing aid will work with our system. Please call (707)562-0565 to set up a no-cost meeting.

amazonsmile
You shop. Amazon gives.

Support CST every time you shop!
Visit smile.amazon.com/ch/94-2261436

Congregation Shomrei Torah
2600 Bennett Valley Road
Santa Rosa, CA 95404

www.cstsr.org

(707) 578-5519

(unless otherwise noted)

FAX 578-3967

Office email

shomrei@cstsr.org

Office Hours

Monday–Friday
9:00 AM–12 Noon;
1:00–5:00 PM

RABBI

George D. Gittleman
rabbig@cstsr.org

ASSOCIATE RABBI

Stephanie E. Kramer
rabbikramer@cstsr.org

YOUTH & MUSIC COORDINATOR

Morgan Folger
youth@cstsr.org

CANTORIAL SOLOIST & CHOIR DIRECTOR

Erica Wisner
youth@cstsr.org

OFFICE STAFF

Temple Liaison
Denise Harrison
denise@cstsr.org

Rabbinic Assistant
Julie Hash
ra@cstsr.org

Administrative Asst.
Seraphima Chisler
aa@cstsr.org

Administrative Asst.
Angelica Steinman
cst@cstsr.org

Website

Jay Peretz, Webmaster

Custodians

Mark Sundahl
Manny Talaugon

The VOICE

shomrei@cstsr.org

Affiliated with the
UNION FOR REFORM JUDAISM



Robin A. Lowitz, M.D.



Board Certified, Medical Acupuncture
Needle-less Acupuncture Also Available

Call: (707) 293-3686

Website: www.wellnessacupuncturetherapy.com

Coupon: Mention/Bring This Ad & Get a Discount!

Open House: Tues. 7/16, 2PM – 6PM! Appetizers/Drinks!

6570 Oakmont Drive, Suite #D, Santa Rosa, CA 95409


HOME REPAIR

Scott Hayden
707-843-1988

Light electrical
Plumbing
Carpentry
Installations
Service and repair

Santa Rosa area





Jewish Community Center
SONOMA COUNTY

Friendship Circle

A program for adults 55+

Friendship Circle is a 55+ Program of the Jewish Community Center, Sonoma County
Entertaining & Educational Luncheons, Bay Area Day Trips,
Overnight Excursions, Community Outreach, Clubs, Classes & more...



Jalena Mays
Program Director

To Inquire:
friendshipcircle@jccsoco.org
(707) 528-1182



Carol King
Program Assistant

Serving our community for over 30 years.

Judy Freedman

REALTOR®, GRI
calBRE #00866316



International
Sterling
Society

Cell 707.972.5596
jfreedman@cbsnorcal.com
www.judyfreedman.com
460 Mission Blvd., Santa Rosa, CA 95409



EYE CARE
INSTITUTE
A Medical Corporation

BRUCE P. ABRAMSON, MS, OD
Optometry
Contact Lenses

1017 Second Street
Santa Rosa, California 95404
(707) 546-9800 • Fax (707) 546-4112

www.see-eci.com

Since 1956

Santa Rosa Shoes

"Specializing in Medium, Wide, Extra Wide Shoes & Large Sizes"

santarosashoes.net

2255 Cleveland Avenue
Santa Rosa, CA 95403
(707) 546-1083

Mon - Sat 9-6
Closed Sundays
sales@santarosashoes.net

GIVE
PURPOSE
TO YOUR
MONEY



Spencer Sherman, MBA, CFP®

707.829.6190

spencer@abacuswealth.com

abacuswealth.com



DANIELS
CHAPEL OF THE ROSES

Funeral Home

email@danielschapeloftheroses.com
CA Lic: FD-209 CA Lic: CR-92

SERVING SONOMA COUNTY SINCE 1875
Family Owned and Operated

We honor all Jewish Traditions

Tahara Service Facilities — Traditional and Memorial Services

Pre-Planning and Pre-Funding Options Available
Ship In/Out Services

The Daniels Family and Staff available 24/7. Open every day.

1225 Sonoma Avenue, Santa Rosa
Telephone: 525-3730 Fax: 525-3735

CONGREGATION SHOMREI TORAH
2600 Bennett Valley Road
Santa Rosa, CA 95404



Cover pages printed on 30% recycled paper
Inside pages printed on 30% recycled paper

NON-PROFIT ORG.
U.S. POSTAGE PAID
PERMIT NO. 716
SANTA ROSA, CA

Return Service Requested

Phone: (707) 578-5519
www.cstsr.org

TIME SENSITIVE

See our latest calendar at www.cstsr.org

AUGUST/SEPTEMBER SERVICES

Friday, August 2

6:15 pm – *Shabbat Service*

Saturday, August 3

Weekly Torah portion: *Matot-Masei*

8:45 am – *Torah study led by Rabbi George*

10:30 am – *Shabbat Service*

Friday, August 9

6:15 pm – *Rabbi Michael Robinson Memorial Lecture*

Saturday, August 10

Weekly Torah portion: *Devarim*

8:45 am – *Torah Study led by Ira K. Glasser*

10:30 am – *Shabbat Service*

Friday, August 16

6:15 pm – *Shabbat Service*

Saturday, August 17

Weekly Torah portion: *Vaetchanan*

8:45 am – *Torah study led by Marcia Gladstone*

10:30 am – *Shabbat Service*

Friday, August 23

5:15 pm – *Shabbat ShaBoogie*

6:15 pm – *Shabbat Service*

Saturday, August 24

Weekly Torah portion: *Eikev*

8:45 am – *Torah study led by Rabbi Stephanie*

10:30 am – *Shabbat Service*

Friday, August 30

6:15 pm – *Shabbat Service*

Saturday, August 31

Weekly Torah portion: *Re'eh*

8:45 am – *Torah study led by Perry Angle*

10:30 am – *Shabbat Service*

Friday, September 6

6:15 pm – *Shabbat Service*

Saturday, September 7

Weekly Torah portion: *Shoftim*

8:45 am – *Torah study led by Rabbi George*

10:30 am – *Shabbat Service*

Friday, September 13

6:15 pm – *Rabbi's Tisch with Prof. Daniel Matt*

Saturday, September 14

Weekly Torah portion: *Ki Teitzei*

8:45 am – *Torah study led by Prof. Daniel Matt*

10:30 am – *Shabbat Service*

Friday, September 20

6:15 pm – *Shabbat Service*

Saturday, September 21

Weekly Torah portion: *Ki Tavo*

8:45 am – *Torah Study led by Rabbi George*

10:30 am – *Shabbat Service*

7:00 PM – *S'lichot with Joel ben Izzy*

Friday, September 27

6:15 pm – *Shabbat Service*

Saturday, September 28

Weekly Torah portion: *Nitzavim*

8:45 am – *Torah study led by Rabbi Stephanie*

10:30 am – *Shabbat Service*

Sunday, September 29

6:15 pm – *Erev Rosh Hashanah Service*

8:00 pm – *Erev Rosh Hashanah Service*

Monday, September 30

10:30 am – *Rosh Hashanah Service*

4:30 pm – *Tashlich Service (offsite)*