Counting the Omer

Resources from My Jewish Learning
How to Count the Omer
https://www.myjewishlearning.com/article/how-to-count-the-omer/

The Omer: Meaning For Today
https://www.myjewishlearning.com/article/the-omer-meaning-for-today/

Resources from Union for Reform Judaism
What is the omer and why do we count it?

Counting of the omer
https://reformjudaism.org/jewish-holidays/counting-omer

Resources from A Way In (Rabbi Yael Levy)
Journey through the Wilderness: A Mindfulness Approach to the Ancient Jewish Practice of Counting the Omer

Access information about counting the omer and sign up for daily emails:
https://www.awayin.org/counting-the-omer

Resources from Chabad
Omer Calendar (including explanation of the sefirot) (Chabad)
https://www.chabad.org/holidays/sefirah/omer-calendar_cdo/jewish/Omer-Calendar.htm