A Message from Rabbi George

Inside, you will find Congregation Shomrei Torah’s optimistic plans to hold in-person Holy Days Services together as a community for the first time in three years.

You can welcome the season at the Selichot service, attend traditional or creative Rosh Hashanah and Yom Kippur services, and, as we share this season of reflection and anticipation, recall beloved family and friends at our annual gathering at the Santa Rosa Memorial Cemetery.

And, thinking ahead into the new year, you will also find an exciting array of innovative and ongoing programs planned for this Fall:

- Interested in the intersection of Judaism and bird watching? Zoom in for an evening with the Avian Rebbe, (see pg 5).

- Looking for a place to express your concerns about climate change? Join us for the first of what we hope will be a series of discussions in the Climate Cafe, (see pg 5).

- Want to make friends, study Jewish tradition, or increase your sense of calm in a challenging world? Look inside to learn more about regular Torah study, the Bagel Club, Jewish meditation sessions, Literary Circle, and knitting and crocheting groups (to name just a few options).

Whether you regularly attend services or consider yourself “spiritual but not religious”; whether you are new to our community or a long-time member; there is something for you at Shomrei Torah.

“Shomrei Torah” means, Guardians of the Torah: we safeguard Torah best when we allow it to challenge and inspire us, when we embrace the living traditions it represents.

We look forward to seeing you (in person or virtually) in the New Year.

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Serving Sonoma County’s Progressive Reform Jewish Community
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<tr>
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<td>Saturday, September 17, 7:00 PM</td>
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<td><strong>Kol Nidre Service</strong></td>
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<td>Tuesday, October 4, 7:00 PM</td>
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<td><strong>Yom Kippur Teen Service</strong></td>
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<td><strong>Yom Kippur Service</strong></td>
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<td><strong>Yom Kippur Afternoon Services</strong></td>
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<td>Jewish Journeys</td>
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<td>Torah Reading</td>
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<td>Reflection &amp; Healing</td>
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<td>Yiskor Service</td>
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<td>Neilah Service</td>
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<tr>
<td>Break the Fast</td>
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*Kol Nidre and Yom Kippur services will take place at Center for Spiritual Living due to space limitations at CST. The address is 2075 Occidental Rd, Santa Rosa, CA 9540.

You may make a donation to Congregation Shomrei Torah in honor of High Holy Days by visiting our webpage at www.cstsr.org/hhd22
FROM KATIE EVENBECK

Congregation Shomrei Torah exists because of you, for you.

I see one of my roles as executive director to ensure that each member experiences a sense of community and belonging here. Some experience this through the meditation program, singing in the choir, attending an interesting Tisch, or serving on one of our many committees.

All of the programs and services here at Shomrei Torah are made possible because of your generosity. Thank you for your membership pledge and donations throughout the year, which provide the financial foundation to support ongoing day-to-day operations and innovative offerings.

If you have any questions about High Holy Days or upcoming programs, or if you would like more information about getting involved in a committee, please contact the office at (707)578-5519 or email me at katie@cstr.org. We are here to help.

I look forward to seeing you at an upcoming event and I hope you enjoy the VIEW!

Why give? Why now?

This is a question many of us are asking, as we look at rising prices, shrinking 401Ks and paychecks that don’t go quite as far as they did a few months ago.

Your financial advisor will tell you that even during downturns, it’s important to continue investing – and your Tradition of Giving donation is one of the most productive investments you can make.

Think of your contribution as an investment in:

- The Jewish education of the youngest in our community, through our stellar STARS program;
- Tikkun Olam, through the work of the Social Action Committee;
- The many mitzvahs carried out by the Caring Committee and Rabbi George;
- The cultural, spiritual and educational life of our community planned and executed by the Lifelong Learning and Cultural committees; and
- The upkeep and maintenance of our beautiful home on the hill and the training and support of our professional, competent staff.

So, please join me by investing in this year’s Tradition of Giving Campaign. While we’re asking members for a contribution of $180 -- any amount is gratefully appreciated. The spiritual dividends will be rich.
September 9
Rabbi’s Tisch with Rabbi George and Erica Wisner

Join Rabbi George and Cantorial Soloist Erica Wisner for an evening of food, conversation, song and teachings in preparation for the Holy Days.

No Tisch in October. We will be celebrating Sukkot as part of our Shabbat service and enjoying an oneg in the Sukkah.

November 11
Rabbi Michael Robinson Memorial Lecture with Daniel Sokatch

New Israel Fund CEO Daniel Sokatch returns for our annual lecture remembering Rabbi Michael Robinson.

Rabbi Robinson retired to Santa Rosa after nearly 30 years as a pulpit Rabbi in Upstate New York and worked part-time as the Rabbi of Congregation Shomrei Torah before Rabbi George arrived in 1996. The crusading, liberal rabbi marched against racial injustice, protested nuclear proliferation and took action in support of the homeless, the unemployed and the powerless in his own backyard and around the world. After his death, a donation fund and a lecture were established in his memory.

December 9
Rabbi’s Tisch with Nina Bonos

Artist and long-time Shomrei Torah member Nina Bonos will share the story of how images she designed for Shomrei Torah and Sonoma County Jewish organizations, including our Torah Mantles, have found their way around the world.

A San Francisco native with a background in architecture, Nina’s vibrant Judaica creations reflect sunshine, abundance, growth, and spirituality. She will share her images along with her inspirations and love of Judaica.

January 13
Rabbi’s Tisch with Herb Behrstock

In Sonoma County, we are keenly aware of the impact of climate change. Herb Behrstock will acquaint us with initiatives being pursued by the United Nations and the United Nations Association, and how international challenges impact us on a local level.

Herb’s interests and expertise have been strongly shaped by a 32-year international career working with the United Nations.

All events are multi-access (available to attend in person or online) unless noted.

Register to attend an event in person at www.cstsr.org/calendar, or you may contact the office.

In person attendance is subject to our Covid protocols which may be viewed at www.cstsr.org/covid_updates.
Can we really cancel our vows before we have made them? How did Kol Nidre become so rooted in our liturgy? Prepare yourself for the coming High Holy Days with a closer look at this vaunted prayer. Zoom access only; please register in advance.

**The Avian Rebbe: the Near Sacrifice of Isaac, Love, & Elul**  
(Zoom Only)  
Wednesday, Sep 21, 7:00 PM

**Be grounded. Fly high.** Aaric Eisenstein, the Avian Rebbe, teaches Jewish wisdom as it is seen in the beauty of birds. Aaric will be delving into how a seemingly happenstance natural encounter can inspire a profound spiritual exploration.

We'll take as our text the marriage of Abraham and Sarah to discern lessons from the strengths and weaknesses of their relationship. Building on their experience, we'll look at our own bonds - with other people and with God - particularly as we prepare ourselves for the Holy Days.

**Seeking Teshuva: The History and Meaning of Kol Nidre**  
with Rabbi Cheryl Rosenstein  
(Zoom Only)  
Tuesday, September 13, 7:00 PM

Can we really cancel our vows before we have made them? How did Kol Nidre become so rooted in our liturgy? Prepare yourself for the coming High Holy Days with a closer look at this vaunted prayer. Zoom access only; please register in advance.

**Climate Cafe**  
with Jenni Silverstein  
Tuesday, October 25, 5:00 PM

Living in Sonoma County means living with climate change now! Yet, even thinking about it can be overwhelming. Join Rabbi George and climate-aware therapist and CST member Jenni Silverstein for a shared meal and opportunity to explore our thoughts and feelings about climate change.

There is comfort in community and through these compassionate and confidential conversations we can build resiliency, enabling us to meet whatever the climate crisis brings with more skill and awareness.

**Community Beyond the Walls of the Sanctuary - Second Meeting**  
Thursday, October 27, 11:30 AM  
In person only. Free lunch provided, please register to attend.

Are you interested in deepening the sense of community where you live? Are there ways we, as a community, might help each other that extend beyond the walls of the synagogue?

Join Rabbi George and Rabbi Cheryl for continued conversation exploring what a Shomrei Torah Village might look like. Our first meeting was very productive and we learned a lot!

The Village concept began as a way to help people age in place and has evolved to include a web of community connection similar to what congregations can offer. Shomrei Torah already has an array of vibrant programming. To this, we might layer in neighborhood circles and volunteer coordination to help us help one another with ride sharing, errands and light household tasks and who knows what else!

Did you know that Shabbat services and other events are available on Facebook Live?  
Find us on Facebook: @CongregationShomreiTorahSantaRosa
Archaeology provides a context for events and people from the Hebrew Bible that can both support and challenge the text. In this series of classes, we will examine ancient Levantine societies at macro and micro scales—from statehood and population movements to identities and everyday life. We will also discuss how interpretations of texts from the Hebrew Bible have informed archaeology, geopolitics, and modern identity formation in the Middle East.

Guns: An American Public Health Crisis We Can Treat! with Dr. Josh Weil
Tuesday, November 15, 7:00 PM

Dr. Joshua Weil, emergency physician at Kaiser Santa Rosa and member of Shomrei Torah, will discuss U.S. gun policy and its intersection with public health policy.

The Prophets with Rabbi Roberto Greatz
Wednesdays at Noon: January 18, 25, February 1

During our three sessions together, we will look at texts from the historical books in the Tanach and from the books of the prophets themselves. Through our study, we will understand what they said about themselves, what others said about them, their role as moral conscience and agents of social justice, and their movement from doom to hope.

Sukkot - Food and Celebration in the Sukkah
Friday, October 14, 6:15 PM
Shabbat Evening Service followed by Kiddish in the Sukkah.
Saturday, October 15, 10:30 AM
Shabbat Morning Service followed by a luncheon in the Sukkah.

Simchat Torah Celebration
Sunday, October 16, 11:30 AM
Come dance with the Torah at the holiest party of the year! This will be a Simchat Torah to remember with music, dancing, chanting Torah, and celebration as we end our Torah reading cycle and immediately begin all over again.

Shabbat Dinner & Thanksgiving With our longtime "roommates" from Christ Church United Methodist
Friday, November 18, 6:15 PM
This will be a Tisch-style celebration with Shabbat Dinner and table blessings, music and teachings. While there will not be a regular service that evening, we will say MiSheberach (prayers of healing) and Mourners Kaddish. Please register to attend.

Pre-Hanukkah Cooking Class with Josh Schwartz
Sunday, December 4, 3:00 PM
$36 per participant. Space is limited.
Celebrate Hanukkah in style this year with a cooking demonstration followed by a three-course meal prepared for you by Chef Joshua where he will elevate some of his own family’s favorite Jewish food recipes for your delight and enjoyment. Dinner included!

Shabbat and Hanukkah Kick-Off Party
Friday, December 16, 6:15 PM
Please join us for a Hanukkah kick-off party during regular Shabbat services. We will have donuts, latkes, music, and an ugly sweater contest! Fun for the whole family! Please register to attend.

Chinese Food and a Movie
Saturday, December 24, 6:15 PM
Spend the evening at Shomrei Torah enjoying Chinese food and the movie “The Incredibles.” Dinner will be served at 6:15 PM and the movie will begin at 7:00 PM. Catered by Kirin restaurant. Please register to attend.

Martin Luther King, Jr. Shabbat Service
Friday, January 20, 6:15 PM
Join us for a moving Shabbat service commemorating the spirit and work of Dr. Martin Luther King, Jr. This service will feature the CST Choir and include songs of justice and hope as well as music from the Civil Rights era.
Jewish mindfulness connects meditation to the wisdom of our tradition and the seasons of the Jewish calendar. No previous experience or knowledge is necessary to take part. By practicing together, we enhance our ability to listen to the voice within and expand our sense of interconnectedness.

Beginning in September, weekly afternoon sessions will move to **Tuesdays, 5:30-6:30 PM.** Conducted by Rabbi George Gittleman or Alissa Hirshfeld, meetings include teaching, meditation instruction, and periods of silence.

At **7:30 AM on Wednesday** mornings, brief meditation sessions are facilitated by a member of the Creating Sacred Space community. It’s an opportunity to start the day from a place of peace and reflection and deepen our practice together.

Visit the meditation page at [www.cstr.org/meditation.html](http://www.cstr.org/meditation.html) to find session dates, leaders, and format (in-person or virtual), and to view past sessions and access meditation resources. For direct email reminders and Zoom links, sign up by contacting the office.

Creating Sacred Space sessions are open to all, at no charge. Feel free to bring family and friends!

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**The Marnie Schwartz Fund for LifeLong Learning**

Marnie Schwartz, an educator and a past president of Shomrei Torah, died in the Tubbs fire in 2017, leaving most of her estate to the congregation.

She loved our community and was especially committed to adult education, making this new fund in her name a fitting tribute to her legacy and our future. **Zichrona L’Bracha/ May her memory be for a Blessing!**

Donations to this fund are used to offset the costs of LifeLong Learning classes and events at Congregation Shomrei Torah.

You may make a donation to the Marnie Schwartz Fund for LifeLong Learning on our website at [www.cstr.org/form/donation.html](http://www.cstr.org/form/donation.html), and select the fund from the dropdown menu.

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**CST’s Got Talent at the Shomrei Torah “Beit Café”**

The Cultural Committee is planning a special event for families in the Spring of 2023. We are initiating a talent search among members, both adults and children, who would like to perform in the show.

Dance, drama, singing, instrumentals, poetry, or any other creative or artistic “act” with a Jewish theme. Limit eight minutes in length. Informal auditions will begin in the Fall.

If you are interested in performing, please contact Beverly McChesney, Cultural Committee Chair at 650-544-4912 or [beverlyme45@gmail.com](mailto:beverlyme45@gmail.com).
LIFELONG LEARNING

Jewish Literary Circle
Third Thursday of the month at 4:30 PM

Our focus is Jewish literature and other published materials. Through lively discussions, participants enjoy each other’s insights. Sessions are free. All are welcome.

October 20 - Woman on Fire By Lisa Barr.
After talking her way into a job as an investigative reporter in Chicago, a rising young journalist is given an unusual and very secretive assignment to locate a painting stolen by the Nazis more than 75 years earlier.

November 17 - Share your favorite Jewish biography or memoir.
Have you ever read a biography or memoir that really touched you? At this session, participants will share the title and author, read a short selection, and share what made the book so special for you.

Torah Study
Saturday mornings at 8:45 AM
CST’s Torah Study is a lively discussion of the week’s Torah portion, led by Rabbi George or by a temple member. Participants represent a range of knowledge and perspectives. Newcomers are welcome, whether or not you’ve read any Torah or know any Hebrew. If participating virtually, you may call the office to arrange to borrow a Torah text with commentary. We invite you to join us! Contact Fran Danoff with any questions, frandanoff@aol.com.

GROUPS

Women’s Groups
The purpose of CST women’s groups is purely social. They are a great way to connect with other members who, based on the experience of the current groups, often become friends. For dates and times, visit the Women’s Groups page on our website.

Current groups include:
Knitting & Crochet Group, Dinner Group, Movie Group, Book Club, Women in Conversation About Aging

Bagel Club
Sundays at 9:00 AM: September 11 (offsite), November 6, December 4
See upcoming announcements in the CST Connect for topics. The Bagel Club invites you to join us for a bagel brunch followed by a live speaker. Brunch includes a selection of bagels, cream cheese, lox and all the trimmings. We request a donation of $7-10 for the brunch. Please RSVP to cstbagelmen@gmail.com. We welcome all CST members to join us.

DONATE

Did you know that you can make a donation to Congregation Shomrei Torah anytime using our website? Simply pick a fund, add a dedication, and click submit.

General Fund
Not sure where to donate? A gift to the General Fund enables us to direct funds wherever they are needed most.

Rabbi George Discretionary Fund
Used to help people in need, to enhance Synagogue programming and support community organizations that further our mission.

Billie Blumenthal Religious School Scholarship Fund
Created in honor of Billie Blumenthal, Religious School Director, may her memory be for a blessing.

Elisha’s Pantry Donations
In partnership with Christ Church United Methodist and Bethlehem Lutheran Church, Elisha’s Pantry distributes food to local residents.

Laur DeAguiar Fund for Music
Established in loving memory of Laur DeAguiar to provide ongoing support for our music program and care of our piano.

Rabbi Michael Robinson Fund for Social Justice
In memory of the Social Justice work of Rabbi Michael Robinson, z’t’, former rabbi of our congregation.

Social Action Committee
Supports a variety of Social Justice actions in and outside the community.

And many more…

Read full descriptions and see a full list of funds by visiting www.cstsr.org/giving_opportunities
We are gearing up for an exciting year at STaRS! Our program is “under construction” and looking to grow. We have a refer-a-friend discount going on—$100 off for you and the person you are referring!

This year we are also offering a $50 sibling discount for each child beyond one child. Be assured that no family will be turned away from STaRS due to financial hardship. Please request financial assistance on the registration form as needed, or contact STaRS Director Brandon Binder for assistance throughout the school year.

We are adding some mixed age group Chugim (curriculum) to our Sunday sessions, including gardening, theater, arts and crafts, and sports (GaGa, anyone?). Additionally, we are partnering with some awesome groups and programs, like the Story Project, to bring life-long learning to our students. We have field trips planned for our little ones, teens and everyone in between! This year each class will be going on a memory-making trip together. You will find all that and more at STaRS this year.

KIDdish is in for an exciting year! We have a two-year rotating curriculum which means that both last year’s students and all newcomers will have the opportunity to enjoy a whole new set of hands-on activities, games, songs, stories and crafts.

This year, we are planning a fall and spring excursion outside of the synagogue walls in addition to a field trip to Art n’ Soul, to provide opportunities for friendships to blossom amongst kids and parents alike! Stay tuned for updates as we get closer to the start of the year!

Read more about STaRS at www.cstsr.org/religious_school
Youth Engagement

We have updated our youth engagement model for this upcoming school year. Youth are automatically a member of their respective youth engagement group - no additional membership is required. Check out our Fall semester Youth Engagement activities.

**Young Family Events: Toddlers - 2nd Grade**
Nov 6 - K-2/KIDdish Outdoor Adventures Field Trip
Dec 19 and 22 - Community Hanukkah Candle Lighting

**JuSTY/miniSHORTY: 3rd - 6th Grade/7th - 8th Grade**
Nov 5 - Movie and Game Night @ CST

**SHORTY: 9th - 12th Grade**
Mark your calendar for our Fall events.
Oct 22 - Movie Night @ CST
Dec 4 - Hanukkah Party

**SHORTY Board**
Open to ALL teens grades 9-12.
Wednesdays at 6:00 PM: Sept 7, Oct 12, Dec 7.

**Kehillah for Teens**
This is an exciting program for Jewish teens in grades 8 -12! We gather every other week at Congregation Shomrei Torah and look at teen-related issues through a Jewish lens. We socialize, connect, and eat together. Classes start in September, but students may join at any time of the year.

Register for this program by contacting Rick Concoff, Teen Educator, at concoff@yahoo.com, or 707-477-9196. Learn more at www.kehillahsonomacounty.com
The security committee at Congregation Shomrei Torah is responsible for reviewing existing emergency plans and infrastructure, making recommendations to the Board of Directors and providing security trainings for staff, volunteers, and congregants.

This past May, two security workshops were offered. The first workshop, in partnership with Ner Shalom, focused on situational awareness. This workshop was led by the Federation and Secure Community Network (SCN). The Federation’s Director of Community Security, Rafi Brinner, invited Stuart Frisch, SCN’s National Training and Exercise Advisor, to the Bay Area to train members of our community in life skills that are critical for making good decisions in stressful situations.

Later that month, our security committee hosted a workshop here at CST which provided members with an overview of the current emergency action plan, security assessment, situational awareness, resources, and a walk through of our facility.

This fall, the security committee will be leading security trainings for STAAR teachers, madrichim, the Board of Directors, and administrative staff. Stay tuned for additional security workshop offerings.

Elisha’s Pantry is always looking for volunteers to help pack grocery items and fresh produce, distribute food bags, and give out personal care items to our clients.

We ask that anyone interested in helping please sign up before coming. We also request that all volunteers be fully vaccinated.

Location: Christ Church United Methodist, 1717 Yulupa Avenue, Santa Rosa, CA 95404

Sign Up: www.signupgenius.com/go/5080f49a8ad2ca57-elishas

Keep up to date on our latest Covid-related updates, including masking policies and in person event attendance.

This information can be found at any time on our Covid web page at www.cstsr.org/covid_updates
The Social Action Committee (SAC) is developing for Fall and Winter presentations related to the rich racial and ethnic diversity within the Jewish community; our relationships with other racial and ethnic groups in our area; and the increase in hate crimes in recent years.

We will be continuing to offer ways to actively work on engaging voters, particularly in states where voting access is threatened, as we approach the November elections. Our committee includes knowledgeable and committed social activists, eager to help you find ways to effect change in our county, state, nation, and world. We encourage you to get involved!

We look forward to great collaborations with you over the coming months.

The CST Library has been reorganized!

It’s now easier than ever to find books by topic. We are grateful for the donations of over 160 new books this year.

Book lists are located in CST’s Kolbo room and on the library website at www.c Estr.org/cst-library. We hope you enjoy all the new books by famous authors on important and interesting topics.

Shomrei Torah’s Judaica Gift Shop

Come see our beautiful jewelry, tallitot, books, mezuzot, kiddush cups, various ritual objects, books and other unique merchandise on display in Shalom Hall.

Shomrei Shop Hours

Monday–Friday: 9am–1pm, subject to office staff availability.

Did you know that our gift shop is run by CST volunteers like YOU?! The Shomrei Shop is in need of more helping hands.

Duties may include ordering and restocking items, arranging the display case in Shalom Hall, keeping inventory, arranging Gift Shop Sale days. If you are interested in joining the Judaica Gift Shop Committee, please contact the office.
TIME SENSITIVE

Congregation Shomrei Torah
A Progressive Reform Jewish Community
Blending the Traditional with the Innovative

WWW.CSTSR.ORG
(707) 578-5519
2600 Bennett Valley Road,
Santa Rosa, CA 95404

THE PURPOSE OF THIS CONGREGATION

• To worship God in accordance with the beliefs and teachings of Reform Judaism.
• To cultivate and nurture in ourselves and our children a love and understanding of Jewish heritage.
• To develop a sensitive, caring and supportive congregational community where all are welcome and included.
• To act with responsibility and compassion in our community.
• To support the principals of equality, freedom and shalom among all peoples.