

B'nai Mitzvah Project

During the time of becoming a b'nai mitzvah, it has become a practice to engage in a Mitzvah Project, something that gives back to the community. This has been an optional part of the B'nai Mitzvah process, so students may choose whether or not to engage in this project.

At CBI, we are working to integrate the B'nai Mitzvah project into the cohort curriculum, with options for a group project, an individual project, or a checklist of small acts of service and kindness that make a big impact in the lives of others. We will keep you updated on this.

Here are some ideas for your b'nai mitzvah to pursue if they choose:

- Connecting with Abundance Farm and finding out about a long-term project to contribute to the farm
- Connecting with the Tikkun Olam Committee and finding out about a social justice or organizing project that they could support/participate in
- Committing to something within the synagogue such as helping to cook kiddush a few times over the year; helping roll the Torah scrolls to the correct place, attending Wednesday night ma'ariv minyan a certain amount of time to help make minyan (if already 13).
- Running a food drive or educational project for a local organization

We encourage the student and family to discuss together and with the B'nai Mitzvah coordinator about what kind of commitment and project the student could do. **This is good to take on about 9 months out from the B'nai Mitzvah** to give the student plenty of time to complete.

It's possible for the B'nai Mitzvah project to be very complementary to the learning that your student is doing throughout this lifecycle event. The better it matches their skills, the more they will be able to draw from the experience going forward.

Other info: podcast for families who want to look at B'nai Mitzvah differently -- [click here](#)