

Beth Tikvah B'nai Jeshurun

Social Action Committee

Mitzvah of the Month

As part of Tikkun Olam, we are offering new mitzvah opportunities to support our community. This month we are supporting St. Miriam's Church (Ft. Washington) Blessing Bag program, which helps the homeless and food insecure in our area.

Over the past four months, this program has delivered over 15,000 meals, 1,800 masks, 12 gallons of sanitizer & thousands of socks to those in need.

Basic Blessing Bag:

- Package of crackers (21 per pack)
- Granola Bars
- Napkin, fork, knife and spoon packets
- Small container apple-sauce or fruit mix
- Bumble bee Chicken Salad (small container)
- Juice pack
- Individual container of pudding
- Single package of cheddar cheese and pretzels/crackers
- Cinnamon swirl cake (1 little serving)
- Individually wrapped cookie
- Water
- Toothbrushes
- Tooth Paste
- Soap (mini bars)
- Body lotion (small bottles)
- Personal Care /Sanitization Wipes
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Other Items Needed:

- Blankets
- Scarves
- Socks
- Feminine Hygiene Products

Feel free to pick **any** of the items on this list to purchase and donate. We have several drop off opportunities:

- **BTBJ entry way** in box labelled for this purpose.
- Drop off to the covered porch of *Alana Dunoff at 25 Holly Court, Lafayette Hill, PA 19444*
- If you are **buying online** and/or prefer to send directly to us you can **mail** to the homes of *Alana Dunoff* address above or *Beth Schwartzman at 1401 Paper Mill Road, Erdenheim, PA 19038.*

Questions? Want to join our social action team? Email Bethschwartzman@gmail.com