

Student's Name _____ Parent's Signature _____

NEW WORD

חלה

halah

hallah, braided bread

NEW LETTER

ח *het* "h" as in "Bach"

Now Read & Read Again

1 חֶפְ חֲבִי חֵת בַּח אַח צַח

2 חֵל חֵיל חֹד חֵשׁ חֵישׁ חֵימִי

3 קַח צַח נַח לַח אַח חוּה

4 חֶפֶה שָׁכַח חֲבִיב חָבֵל חָתָן לָקַח

5 חֵלָה חֲלִיל וְצַחַק אַחַת חֲצִיר חָנָן

6 מְנַחֵה חֲמֻשָּׁה שְׁלָחָה חִירִיק בְּחִירָה

7 רַחֲמָן הַרְחֵם שְׁחָרִית חֲתִימָה חֲדָשָׁה

8 הַחֲלָה הַבִּרְכָּה חֲלָה לְשֶׁבֶת הַרְחֵם

BEYOND THE BOOK

Making Hallah

Making hallah is a wonderful way to bring Shabbat into your home. Below is a simple hallah recipe you can make together.

Hallah Recipe

2 packages dry yeast
2½ cups warm water
¼ cup sugar

2 teaspoons salt
⅓ cup light oil
4 eggs, lightly beaten

8–9 cups flour
1 egg mixed with 1 tablespoon water
Poppy or sesame seeds (optional)

1. In a large bowl, sprinkle yeast over warm water and allow to dissolve. (The yeast activates best if 1 Tbsp of the ¼ cup of sugar is added to the warm water.) Wait 5 minutes before adding the other ingredients.
2. Add sugar, salt, and half the flour. Mix well.
3. Stir in the eggs and oil; add the remaining flour slowly.
4. Knead the dough for 10 minutes on a board sprinkled with flour. If dough is too moist, add a little more flour.
5. Put dough in a large bowl, brush with oil, cover, and let rise for 1 hour.
6. Braid dough into two loaves: Divide dough in half. Divide each half into 3 portions. Roll each portion into a smooth rope. Braid the ropes together starting from the center and working out to each end. Tuck the ends under and place on a greased baking sheet. Cover with a towel and let rise for 1 hour.
7. Brush with beaten egg and sprinkle with seeds if desired.
8. Bake in a preheated oven at 375° for 30 minutes or until golden brown.

חֶכֶּךְ חֲבִי חֶתֶּךְ בָּח אַח צַח 1
tzah ah bah hata havee hika

חֵל חֵיל חֵד חֵשׁ חֵישׁ חֵימִי 2
heemee heesh hash had heel hal

קַח צַח נַח לַח אַח חוּה 3
havah ah lah nah tzah kah

חֶכֶּה שָׁכַח חֶבִיב חֶבֶּל חֶתָּן לָקַח 4
lakah hatan haval haveev shachah hikah

חֶלֶה חֶלִיל וְצַחֵק אַחַת חֶצִיר חָנָן 5
hanan hatzeer ahat v'tzahak haleel halah

מִנְחָה חֲמִשָּׁה שְׁלַחַה חִירִיק בַּחֲרַת 6
baharta heereek shalhah hamishah minhah

רַחֲמָן הֶרְחָמָן שְׁחָרִית חֲתִימָה חֲדָשָׁה 7
hadashah hateemah shahareet harahaman rahaman

הַחֲלָה הַבְּרָכָה חֲלָה לְשַׁבַּת הֶרְחָמָן 8
harahaman l'shabat halah hab'rachah hahalal