



Temple Sinai: Important Health Updates

Dear Amy,

In our effort to provide you with the best information and keep you as up-to-date as possible, we wanted to share this important health update with you.

Since Friday, March 13, the Temple remains closed to members and the general public. Clergy, administrative and janitorial staff members have been in the Temple performing administrative functions. The janitorial staff has been undertaking a deep cleaning of all spaces.

On Tuesday, March 18, Temple Sinai received notice that one of our congregants was diagnosed as positive with COVID-19.

First and foremost, we are aware that this is a very serious illness. In addition to any symptoms, we imagine the person and their family must also be feeling a tremendous amount of anxiety and fear. **We extend our prayers for *refuah sheleimah* – a complete healing of body and spirit.** Though we are compelled to remain at a physical distance, let us strive to find creative ways to connect with one another and to check in on our neighbors.

We have **consulted with the Sharon Health Department**. They shared that at Temple Sinai, we have been “doing everything you should be doing.” We are communicating in the spirit of sharing this information; they emphasized this is not a reason to panic.

Here are the facts that we know:

- The member has not been in our Temple building since before their suspected exposure and subsequent diagnosis of COVID-19.
- Member’s onset of symptoms was March 14 and began self-isolation.
- The member’s family members have been in self-isolation since and will remain until March 30. The member’s spouse and family remain asymptomatic at this time.

What Temple Sinai continues to do:

- Before our building closed, our custodial staff regularly cleaned and sanitized our building, with particular attention to high-touch surfaces addressed frequently during the day and each night before the building was closed for the evening.
- Before our building closed, staff and clergy have been putting hand sanitizer, tissues and disinfectant wipes in their offices and throughout the building.

- Since our building closure, our custodial staff has been working diligently to clean and sanitize our entire building.
- Based on CDC and MA Department of Education/MA Department of Public Health guidelines, as the Member has not been in the Temple since well before the onset of symptoms, no special cleaning is indicated beyond our high-level cleaning and disinfection with EPA-registered products.

What we all should still be doing:

- Continue to monitor ourselves for symptoms – fever, cough, shortness of breath. If you have any of these symptoms, please stay home and contact your health care provider.
- Practice social distancing: stay 6 feet away from other people and avoid public gatherings.
- Wash our hands often with soap and water for at least 20 seconds.
- Use an alcohol-based hand sanitizer with at least 60 percent alcohol.
- Disinfect frequently touched objects, cell phone, and surfaces using household cleaning spray or wipes.
- Monitor recommendations from **Sharon Health Department, MA Department of Public Health**, and the **Centers for Disease Control and Prevention**.

During these unprecedented times want to stay connected with you.

- We are **broadcasting our services and meetings** through **Facebook Live** and Zoom.
- We can **arrange for wellness checks and check-in phone calls** from Temple Sinai and Sharon Fire EMS.
- Members of our **Temple Sinai community and our Hesed/Caring Committee** can help with your shopping needs.
- Do you know someone who can use a phone call or needs some support? Contact **me, Rabbi Meszler, Cantor Khitrik, Rabbi Amy Goodman, Executive Director** or call the Temple Office (781) 784-6081

If you have any questions or concerns, I am available my phone (781-269-1602) and email (sinaisharonpres@gmail.com).

L'shalom,
Cindi

CC: Rabbi Joseph Meszler
David Shore, Safety/Security Chair
Rabbi Amy Goodman, Executive Director



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