

Many donors assume that they are not eligible to donate blood because they are taking medication. In fact, **most medications will NOT disqualify you from being an eligible donor.**



Examples of **acceptable medications include** most used to manage:

- High Blood Pressure
- High Cholesterol
- Thyroid Conditions
- Mental Health Conditions

**Many "blood thinners" are also acceptable for blood donation** (but not for platelet donation). **These include:**

- Aspirin
- Plavix (clopidogrel)
- Ticlid (ticlopidine)
- Effient (prasugrel)
- Brilinta (ticagrelor)

There is a one year deferral for travel to malaria zones which includes but is not limited to Haiti, India, Pakistan and the Dominican Republic (except Santo Domingo and Santiago) and parts of many other countries.

For a complete list of medications and more information about eligibility requirements for blood donation, **[CLICK HERE](#)** or call us at **1-800-688-0900**.

Donors age 76 and older can continue to donate blood if they meet all donor criteria and present a physician's letter allowing them to donate.