



**TEMPLE ALIYAH**  
CREATING COMMUNITY • CELEBRATING TRADITION

**2020-2021/5781**  
**Adult Learning**  
**and Spiritual Practice**  
**Opportunities**

***Chazak V'Amatz: Staying Strong Together***

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For the most up-to-date information on Temple Aliyah’s learning and spiritual practice opportunities, please see our Coming Up newsletter and visit our website: [https://www.templealiyah.com/Learning/Adult Education](https://www.templealiyah.com/Learning/Adult_Education)



# ADULT LEARNING AND SPIRITUAL PRACTICE OPPORTUNITIES AT TEMPLE ALIYAH

## *Chazak V'Amatz: Staying Strong Together*

Temple Aliyah's theme this year, *Chazak V'Amatz*, reminds us that the Jewish people have throughout our history faced times of difficulty and uncertainty with strength and resolution bolstered by a strong sense of community. Over the last few months, our Temple community has valiantly lived the words of this theme. Led by our dedicated clergy, staff, and volunteers, we have smoothly and successfully transitioned our worship, learning, and socializing from the four walls of our beloved building on Central Avenue to a virtual space where we regularly join together in prayer, learning, and schmoozing.

Our adult education programming has likewise continued without a glitch as it transitioned to a virtual environment. This year, our offerings - in a virtual format until we can safely return to in person learning - build on the rich traditions of past years. Continuing with our temple's strong commitment to adult education, our forty plus classes and programs seek to satisfy a wide variety of interests, from spiritual practices and seminars to song, prayer and study. While we have brought back popular classes – Meditation, Yoga, Torah on Two Feet and Kiddush Conversations - we are also introducing a plethora of new speakers and topics. Our offerings include talks on Jewish Medical Ethics, Synagogue architecture, Jewish Voices in Muslim Lands and Musical Journeys throughout our history, to name just a few. Taking advantage of the abundance of resources in our own area and the opportunities afforded by a virtual format to hear from those who live in other areas, our speakers hail from parts locally and as far away as Israel.

In a community as engaged as ours, we regularly add classes throughout the year as opportunities arise. This year, we will surely do the same. More than in most years, however, we will be informing you of class 'locations' in the weeks before the class through ComingUp, as classes may be virtual, in person, or a combination. Please make sure to 'stay tuned' for all classes and class locations.

Acknowledging the individual people who dedicate their time and expertise to our community is difficult. A special thanks to our teachers, and to our many committees and subcommittees. A special *Todah Rabbah* to Rabbi Perkins, Cantor Gloth, Executive Director, Melissa Rudman and her dedicated staff and to the Adult Ed Committee. Each has contributed to everything from programming to the production (and everything in between!) of this catalogue. To my predecessor, Judi Greenberg, thank you for your guidance and inspiration! Best wishes for a sweet, safe and healthy 5781!

B' Shalom, Sue Kesner, Temple Aliyah Adult Education Committee, Chair

# HIGH HOLIDAY LEARNING AND SPIRITUAL PRACTICE OPPORTUNITIES

*“All vows – all promises and pledges –  
that we have made to ourselves  
and that no longer serve for the good –  
may their grip be loosened  
that we be present of mind and heart  
to the urgency of the hour.”*

*Poem excerpt from The Days Between,  
by Marcia Falk, PhD*

## Preparing for the High Holidays

### Elul Celebration: Prelude to the High Holidays

*During the month preceding the High Holidays*

Imagine. Engage. Renew. Partake in this homegrown program with weekly lectures, videos, music, some light-hearted fare, and much more to immerse yourself in the spirit of the High Holidays. The varied and diverse lineup should pique the interest of all members of the congregation, young and old. Look for a weekly email every Tuesday and find something to spark your imagination. No further technology abilities necessary! The email will also include important logistical information for your High Holiday experience.

## High Holiday Learning and Spiritual Practice

### A High Holiday Meditation Service

*Second Day of Rosh Hashanah, September 20 / 8:15 to 9 am*

*Naomi Litrownik, LICSW*

Do you wish to seek a different way of connecting spiritually on the High Holidays? If so, start your second day of Rosh Hashanah with a Meditation Service. The service is similar to the monthly Shabbat morning meditation group. All are welcome; no prior experience necessary! If you have any questions or need more information, please contact Naomi for special zoom instructions for this course: Naomi Litrownik at [Naomi.Litrownikmsw@gmail.com](mailto:Naomi.Litrownikmsw@gmail.com).

## **Chazak V'Amatz: Models of Leadership in Challenging Times**

*Yom Kippur, Monday, September 28 / 3:30 to 4:30 pm*

*David Bernat, PhD*

*"Chazak V'Amatz," Staying Strong Together*, our Temple's theme, was Moses' and God's charge to Joshua at a crucial moment of transition. Joshua was tapped to complete the mission of bringing the Israelites from Egyptian servitude to the Promised Land. He faced multiple challenges, such as battle, and nation building. This study session will delve into this dramatic biblical narrative, exploring the relationship between God, Moses and Joshua, undertaking a general inquiry into ideal leadership qualities for times of crisis and transition, as well as a personal moral inventory appropriate to Yom Kippur.

# SHABBAT LEARNING AND SPIRITUAL PRACTICE OPPORTUNITIES

*“Shabbat is Judaism’s stillness at the heart of the turning world.”*

*Rabbi Lord Jonathan Sacks, former Chief Rabbi  
of the United Hebrew Congregations of the British Commonwealth*

## Fridays

### **Torah on Two Feet: Parashat Ha-Shavuah**

*Fridays, October 16, October 30, November 13, November 20, December 4, December 11, January 8, January 22, January 29, February 12, February 26, March 19, March 26, April 16, May 7, May 21, June 11 and June 25 / 11 to 12 noon*

*Rabbi Perkins and Rabbi Gordon alternate*

Dig deeply into the weekly Torah portion and enhance your forthcoming Shabbat experience! Come explore the text from literary, spiritual, and psychological perspectives. This learning session will meet in a virtual format approximately every other Friday until in-person services resume in our building, at which time it will meet on Shabbat mornings from 9 to 10 am, concluding in time to join the Torah service in the main sanctuary. No Hebrew required. Come to any or all sessions.

### **Poses d’Zimra: Pre-Shabbat Yoga**

*Fridays, October 23, December 18, January 15, February 19, March 12, April 9, and May 21 / 12:30 to 1:15 pm*

*Deborah Wollner*

Returning for her third year at Temple Aliyah, this popular yoga class has moved to a new time and a Zoom online format. Prepare for Shabbat on Friday with a gentle vinyasa flow practice and enhance your observance with the beautiful voice of Deborah Wollner, certified yoga instructor and Zamir Chorale member. Each monthly yoga session will integrate prayer and spiritual reflection, and is open to all tween, teen, and adult members of our community, regardless of yoga or davening experience. *For more information, contact Sharon Katz at [sharon.katz@templealiyah.com](mailto:sharon.katz@templealiyah.com).*



## Friday Evening

### “Shabbat Aliyah” Kabbalat Shabbat Services

*Shabbatot, September 4, October 2, November 6, December 4, January 1, February 5, March 5, April 2, May 7, and June 4 / 6:15 to 7:15 pm*

*Cantor Jamie Gloth*

Join with members of the Temple Aliyah community to welcome Shabbat on the first Friday of every month. No familiarity with the prayers or even Hebrew literacy necessary. The only “requirement” is a love to sing catchy and spirited tunes! Come with family and friends and be a part of a beautiful musical experience.

## Saturday Morning

### Shabbat Meditation

*Shabbatot: September 5, October 3, November 7, December 5, January 2, February 6, March 6, April 3, May 1, June 5 / 9:00 to 10:00 am*

*Naomi Litrownik, LICSW*

Imagine spending a Shabbat morning hour on a spiritual journey that includes brief silent meditation as well as chanting, Torah reflection, and discussion about what really matters in our lives. Allow yourself to be fully present at this sacred time, *Hineni*. This is what happens monthly at Shabbat Meditation. Newcomers warmly welcome to this well-established group that has been meeting for over 14 years!

### Kavanot

*Shabbatot, September 26, October 31, November 14, December 12, January 9, February 20, February 27, March 13, March 27, April 17, May 15, and May 22 / 9 to 10 am*

*Rabbi Carl Perkins*

Prayer is a uniquely human activity — and yet it doesn’t always come easily to humans. Sometimes, we sense that we want to pray, but we don’t know how to focus ourselves and channel our feelings, yearnings, or concerns. The rabbis identified *kavanat ha-lev*, a focused heart, as the ideal state for prayer. Yet, for the most part, they didn’t require it, for how could one be held accountable for not being sufficiently focused? But the rabbis did encourage people to prepare for prayer by meditating, chanting, and reflecting on the meaning of prayers, and through other spiritual practices. Once a month, we will gather for “Kavanot” (intentions) to share practices that can help us better to focus ourselves during worship. These will include chanting, singing wordless melodies (*nigunim*), exploring the meaning of key words, and sharing reflections on how we can better express ourselves through prayer.

## Post Kiddush

### Kiddush Conversations

*Shabbatot, September 12, November 28, December 19, January 9, March 13, April 17, May 22, and June 19 / After Kiddush, following Shabbat services*  
*Conversations led by members of Temple Aliyah*

Our congregation is filled with fascinating people with fascinating stories to share. At Kiddush Conversations, Temple Aliyah members draw upon their areas of expertise, life experiences, or interests to lead a Conversation. These Conversations provide us with opportunities to learn from and about each other in a relaxed environment. Enhance your enjoyment of Shabbat by engaging with members in our dynamic community and by joining the Conversation!

#### **Shabbat, September 12: Kayla Reisman, Director of Congregational Learning and Engagement, Presenter**

*Chazak V'Amatz: Staying Strong Together in Four Worlds.* The Kabbalists identified the four worlds in which we live: the world of action (assiyah), the world of emotion (yetzirah), the world of thought (beriah), and the world of spirit (atzilut). After a brief primer on these four worlds, we will together examine how they apply to some key Biblical characters and decisions they made. We will then break out into separate Zoom “rooms” and discuss how these worlds strengthen us and our community physically, emotionally, intellectually, and spiritually.

#### **Shabbat, November 28, Evie Weinstein Park and Margot Strauss, Presenters**

*Germany in the 1930s: A Great-Grandmother Remembers.* As a young girl, Margot fled Nazi Germany with her family and emigrated to England in 1939. She and her family immigrated to the United States in 1940. Come hear Margot and her daughter Evie Weinstein-Park retell Margot’s story of what it was like to grow up as a Jewish child in Nazi Germany and her family’s tale of survival and escape on the brink of World War II.

#### **Shabbat, December 19: Arnee Winshall, Presenter**

*A Life with Hebrew at the Center.* Arnee Winshall remembers fondly her Jewish upbringing in the Boston area: Hebrew School four times a week and later Prozdor, USY, summers at Camp Yavneh... a circle of close Jewish friends. While not all of us have as fond memories of these times as Arnee, she has devoted her professional life to furthering Jewish and Hebrew education in the broadest sense. She will share her journey – from childhood to founder and director of several organizations including the Jewish Community Day School (JCDS) and *Hebrew at the Center*

([hebrewatthecenter.org](http://hebrewatthecenter.org)). In 2016, Arnee and Walter Winshall were named honorary fellows of the Academy of the Hebrew Language at Hebrew University. When presented with the award, Arnee said, “our mother tongue is English, but Hebrew is the language of our hearts.” Come to listen to Arnee’s stories and share what you loved (or didn’t) about your Jewish education and how it has played out into your adult life.

### **Shabbat, January 9: Susan and Richard Kesner, Presenters**

*Jewish Life in Appalachia; Our Years in Johnson City, Tennessee.* Tucked away in Blountville, Tennessee is a charming little synagogue, B’nai Sholom, serving the Jewish communities of Kingsport, Johnson City and Bristol, Tennessee – the so-called “Tri-cities.” Nestled in the foothills of the Smoky Mountains, the Temple’s main sanctuary was originally the headquarters of the Confederate Cavalry of Tennessee. Today it serves as the center for a vibrant albeit modest-sized community of Jews living throughout the northeastern corner of Tennessee and southeastern Virginia. In 1978, as Richard was finishing a post-doctorate assignment and as Sue completed her library degree, Richard was hired by East Tennessee State University in Johnson City to create an archival program. The Kesner’s sojourn in Appalachia proved happy and enriching thanks in part to being embraced by the B’nai Sholom Congregation and the Tri-cities Jewish community. In this, Kiddush Conversation, Rich and Sue will share their many experiences as Jews in Appalachia.

### **Shabbat, March 13: Bill Lichtman, Presenter**

*Growing Up in Jewish Boston.* Bill Lichtman, long time Hebrew teacher (and consummate storyteller) at Temple Aliyah, spent his childhood and early adult years in the Roxbury section of Boston. In this Conversation, Mr. Lichtman will share his wonderful memories of those years as a Jewish boy growing up. His stories span decades and across continents. Come join the discussion about what Jewish Boston was like during his formative years. Bonus point: Ask him how he met author Chaim Potok (author of “The Chosen” among others) in Korea and again at Camp Yavneh.

### **Shabbat, April 17: Jill Jacobs, Presenter**

*Can We Talk? A Career in Voice Over.* "Hearing voices??" Don't worry you're not crazy!! What is voice-over and why on earth would anyone in her right mind want to do this professionally?" In this Conversation, Jill will introduce the field of voice-over and voice acting, provide a brief history, describe how and where it is used, and share popular voice trends and styles over the years, including what is currently "the hot sound" in the industry.

### **Shabbat, May 22, Caryn Goldberg, Presenter**

*Celebrating Three New Years: Jewish, Chinese and Secular: A Family’s Journey.* Fulfilling

a life-long dream of motherhood, in 2001, Caryn became a single mother - first adopting one baby girl and then three years later, a second baby girl – from different regions of China. Those little girls are now accomplished young ladies of 20 and 17. Caryn was determined that her daughters would know and love their native Chinese culture and traditions and she was equally determined that they would grow up in Caryn’s beloved Jewish faith. Her daughters attended the Rashi School and the family attended services at Temple Aliyah. The road wasn’t always easy. There were joys and challenges that came with single parenting and raising a family that didn’t fit the typical mold. Caryn will share her experiences of raising her daughters with a connection to their Chinese culture as well as in the Jewish faith with a focus on how to help other families from diverse backgrounds feel included in Jewish ritual and social life.

### **Shabbat, June 19, Rabbi William Kaufman, Presenter**

*Maimonides' Perplexity and Ours.* Moses Maimonides, born Moses Ben Maimon (1135-1204) and also known by the acronym “Rambam”, was one of the greatest Jewish thinkers of all time. He wrote his major philosophical work, *The Guide for the Perplexed*, for his star pupil who was perplexed by the anthropomorphisms, or the attribution of human characteristics to God, in the Torah. This is indeed one of OUR modern perplexities today. We run into theological problems when we think of God as a magnified human being. How did Maimonides address this perplexity, and might his philosophical approach help us today? Rabbi Kaufman explores Maimonides' examination of these difficult questions and its impact on our belief systems.

### **Pirkei Avot (Ethics of Our Ancestors)**

*Shabbatot, October 17, October 24, November 7, November 14, November 21, December 5, December 12, January 16, January 23, January 30, February 6, March 6, March 20, April 3, April 10, April 24, May 1, May 8, and May 15 / immediately following Shabbat services*  
*Rabbi Carl Perkins*

In this time of social turmoil and uncertainty, come explore the ethical teachings and maxims of Pirkei Avot, which constitute our tradition’s core values and moral qualities. “If I am only for myself, who am I?” “Meet every person with graciousness.” “Do not judge your fellow until you have stood in his/her place.” These are just a taste of the wisdom found in Pirkei Avot. Generally studied during the period between Pesach and Shavuot, our congregation has extended this past year’s study of this tractate to virtually every Shabbat! Join Rabbi Perkins and your fellow congregants and maybe learn about how and why “the world stands on three pillars: Torah, Service and Acts of Lovingkindness.” No Hebrew knowledge or previous experience necessary!

## **ShabbaTunes**

*Shabbatot, January 30, February 27, March 27, April 24, May 29, and June 26 / After  
Kiddush, 12:30 to 1:15 pm  
Cantor Jamie Gloth*

Join Cantor Gloth after Kiddush in singing some of your favorite melodies and Friday night and Shabbat morning prayers. You may also learn an occasional brand-new melody! This is a chance to be part of an accessible, low-key group of people who just enjoy singing.

# FULL YEAR LEARNING OPPORTUNITIES

*(Starting in September and extending into June)*

## **A Taste of *Daf Yomi* - The Daily Study of a Page of Talmud**

*Monday mornings / 8 to 8:45 am*

*Rabbi Carl Perkins*

*Daf Yomi*, Hebrew for ‘page of the day,’ refers to a daily regimen in which each of the 2,711 pages of Talmud are studied in numerical order. In January of 2020, Rabbi Perkins began studying a page of Talmud a day each day and in so doing, joined hundreds of thousands of other scholars who do the same. Following a prescribed schedule, participants are able to complete the study of the entire Talmud in approximately seven years. Join with Rabbi Perkins and fellow congregants at 8:00 am each Monday morning to study a highlight from one of the previous week’s *Daf Yomi* pages. Engage with Rabbi Perkins and other community members in this stimulating way to begin a week! Relevant reading materials provided and no advanced preparation required.

## **Rosh Chodesh Women’s Study Group**

*Mondays, September 21, October 19, November 23, December 7, January 11, February 8, March 8, April 5, May 3, and June 7/ 7:15 to 9 pm*

Join Temple Aliyah’s Sisterhood/Women of Temple Aliyah in learning and socializing at this monthly group meeting. This year the Rosh Chodesh Women’s Study Group will continue its investigation of Pirkei Avot and how the concepts and principles in this valued Jewish resource apply to contemporary life. Members of the group take turns leading the discussion and hosting the meetings. (There is no obligation to do so.) Discussions are in English and no prior knowledge of the topics discussed required. All are welcome. Resource materials for this year include: “Pirkei Avot: A Modern Commentary on Jewish Ethics” by Leonard Kravitz and Kerry Olitzky and “Sage Advice Pirkei Avot” with translation and commentary by Irving Greenberg. Both books are available on Amazon or in local Bookstores. For more information contact Lori Resnick: resnicks@comcast.net.

## **Sisterhood Book Club (Open to all)**

*Wednesday evenings, October 21, December 2; February 10; and April 28 / 7:45 to 9 pm*

*Judy Dein, Ellen Baker and Carol Macey, Committee Co-Chairs*

All are welcome to the Sisterhood Book Club! Books are selected by the members, and everyone has the option (but not the obligation) to lead a group. The group meets

four times a year for lively and interesting discussions. Meet new people! Spend time with friends! And, of course, share your thoughts and interests in discussion. No advance sign-up necessary and you can come to one or all of the discussions. This year's lineup includes: The Ice Cream Queen of Orchard Street, by Susan Jane Gilman (**October 21**) ; Spies of No Country: Israel's Secret Agents at the Birth of the Mossad, by Matti Friedman (**December 2**); Hannah's War, by Jan Eliasberg (**February 10**); Judas, by Amos Oz (**April 28**). For further information, contact Sisterhood at [sisterhood@templealiyah.com](mailto:sisterhood@templealiyah.com)

## **Israeli Movie Night**

*Sundays, December 13, January 31, March 21, and April 18*

*7 to 9 pm*

The Israeli movie industry creates vibrant, thought-provoking and interesting movies. Come to Israeli movie night and enjoy Israeli movies with your fellow Temple Aliyah members. No Hebrew necessary! Following the screening, enjoy a moderator-led discussion of the film's themes and explore what the movie teaches about today's Israeli society. Stay tuned for more details in *ComingUp!* Co-sponsored by Keshet Committee and *Staying Connected*.

# FIRST SESSION: FALL AND EARLY WINTER PROGRAMS

## **Sisterhood without Walls**

*Wednesday, September 9 / 8 to 9 pm*

*Nanette Fridman*

Join Sisterhood for an interactive and inspiring virtual Fall Talk with Nanette Fridman: *Redesign Your Life at Any Stage: Why NOW is the Perfect Time to Reflect, Renew, and Reinvent You!* Hear lawyer, consultant, author, activist, and national speaker, Nanette Fridman, tell her poignant personal story that led to "The Strategic Planning of You!" coaching program for women. Look for Zoom details in ComingUp and Sisterhood's monthly eblast!

## **Red Sea Spies: The True Story of Mossad's Fake Diving Resort**

*Sunday, September 13 / 10 to 11:30 am*

*Raffi Berg*

Written in collaboration with Mossad's operatives of the mission – and including an afterword from a former Mossad director – this book relates the gripping story of the Israeli top-secret operation that evacuated thousands of Ethiopian Jews from refugee camps, bringing them to Israel. This operation, which was based at a new, luxury hotel on a remote part of the Sudanese coast secretly established by the Mossad, took place in the 1980s and has had a lasting impact on Ethiopian Jewry and Israeli society. Read the book and join author Raffi Berg on Zoom for a discussion of this fascinating piece of history.

## **Di Yiddishe Amerike: Yiddish Music as a Reflection of the American Jewish Experience (two sessions)**

*Thursday, October 22 and 29 / 7:45 to 9:15 pm*

*Cantor Jamie Gloth*

The Andrews Sisters' *Bei Mir Bistu Shein* has become a part of the American musical lexicon, along with countless other Yiddish songs. Come hear how the large Jewish immigration from Eastern Europe to the United States in the late 19th and early 20th centuries helped Yiddish become a prominent feature of the American Jewish experience. The course will focus on how, through Yiddish music, these new immigrants expressed their allegiance to their new home land while also revealing some of the more difficult realities of their immigrant experience. In addition, the class will delve into how Yiddish music quickly made its way from the Lower East Side to



Broadway, Hollywood, and into American pop culture. Come learn about today's revival of interest in Yiddish music, and how this resurgence is arguably as reflective of the Jewish American experience today as it was a century ago.

## **Jews, Politics and Elections: A conversation with American Jewish Historian Dr. Jonathan Sarna and Rabbi Carl Perkins**

*Tuesday, October 27 / 7:45 to 9:15 pm*

*Jonathan Sarna, PhD and Rabbi Carl Perkins*

This is election year and the politics are volatile! What role do Jews play in American politics? How do the politics affect us? Come to this class, which will take place exactly one week before the United States Presidential elections, and listen to a conversation between Dr. Jonathan Sarna, the Joseph H. and Belle R. Braun Professor of American Jewish History at Brandeis University, and Rabbi Perkins who will talk about Jews and American politics.

## **Strength and Resilience: Memorable Moments in Jewish History, Part 1 - Chanukah: The Rise and Fall of the Maccabean Kingdom**

*November 1 and January 10 / 10 to 11:30 am*

*David Bernat, PhD.*

This two-session mini-course highlights pivotal episodes in early Jewish history when the Jewish people faced acute existential challenges and adapted and persevered by displaying the qualities of strength and resilience. The classes will have an archaeological focus, where photos and ancient, first-hand accounts reveal the dramatic stories of Jewish heritage. This first session, coming right before Chanukah, will focus on the early 2nd century BCE, when the Syrian Greek King Antiochus IV threatened the Jewish people with decrees calling for the eradication of Jewish traditions and sacred institutions. During this time, the Hasmoneans, or Maccabees, a family of priests and aristocrats, led a resistance movement, achieving an unlikely victory. The successful Maccabean revolt established a dynasty that ruled Judea for 100 years, permanently altering the landscape of Jewish history and memory. The course will also demonstrate an in-depth, behind the scenes, less well known, context for the observance of Chanukah, which celebrates the Hasmonean triumph. *The sessions may be attended individually, as standalones, or as a pair.*

## **Ancient Texts and Contemporary Dilemmas in Jewish Bioethics**

*November 8, 2020 / 10 to 11:30 am*

*Michael Alan Grodin, MD, FAAP*

What do the Torah, Talmud, Codes and Responsa teach us about moral dilemmas in

modern medicine? Dr. Michael Grodin, Professor of Health Law, Ethics and Human Rights at the Boston University School of Public Health and in the Center for Health Law, Ethics & Human Rights, will discuss how these ancient texts apply to contemporary ethical issues. Using these ancient texts as a basis, this class will examine the ancient literature as context for considering contemporary medical ethical issues. This class will touch upon such topics as abortion, euthanasia and physician assisted suicide, organ transplantation, reproductive technologies, the right to treat and the duty to seek care. Please bring questions to broaden the discussion.

## **Will It Ever End? - A Panel Discussion on the Ongoing Mental Health Effects of Life During a Pandemic**

*Sunday, November 8 / From 7:30 pm to 9:00 pm*

*Rebecca Drill, Rebecca Kotkin, Karen Levin, Susan Maxwell, and Tammy Sadok.*

*Sponsored by TA's Mental Health Initiative*

How has this pandemic and quarantine affected people's mental health? Have you ever wondered how people will continue to cope, or if life will ever return to 'normal'? Quarantine is one challenge. Living with the ongoing mental health challenges of life during a pandemic is an equally serious challenge. Join this highly experienced panel of psychologists and social workers who work with a wide range of individuals from children to teens, from adults to seniors, in a wide variety of mental health settings to learn about common experiences and ways to better cope.

## **Rabbi's Adult Ed Classes**

*November 10, 24, December 1, 8, and 15 / From 7:45 to 9:15 pm*

*(repeated depending upon enrollment) November 12, 19, December 3, 10, and TBD / 10:30 to 11:45 am*

*Rabbi Carl Perkins*

Jewish texts and writings are replete with discussions and stories of our coping during difficult times. Join Rabbi Perkins as he teaches texts and traditions that are relevant to our uncertain and changing times. Title and topics to be announced closer to the class dates.

## **LimmudBoston - LimmudFest 2020; The Festival of All Things Jewish**

*Sunday, November 15 / 9 am to 5 pm*

*An eFestival – online only*

Experience LimmudBoston, known as the “Festival of All Things Jewish,” where everyone is a learner! LimmudBoston is an annual, volunteer-driven, one-of-a-kind festival celebrating all of the richness that Jewish culture and identity can offer. LimmudBoston offers nearly one hundred learning presentations and hands-on

sessions on Torah, text, Jewish identity, movement, meditation, music, food, life-cycle events, theory and practice — and more. Select sessions that interest you to craft your own Jewish experience and (virtually) meet people who share your curiosity! *For further information and to register, go to <https://www.limmudboston.org>.*

## **Eric Mendelsohn: Synagogue Architect with a Vision**

*Sunday, December 20 / 10 to 11:30 am*

*Michael Palmer*

Between the years 1946 and 1953, the American, German-Jewish architect Eric Mendelsohn designed seven synagogues in the Midwest, four of which were actually built. Mendelsohn's synagogues were a crowning conclusion of his career. In his book, *Eric Mendelsohn's Synagogues in America*, photographer Michael Palmer records in detail these four Mendelsohn synagogues, located in Saint Paul, Saint Louis, Cleveland, and Grand Rapids. Palmer will employ his photographs as the foundation for a discussion about Mendelsohn, his Jewish identity, and his architectural mission. Palmer will also explain how the founding of the State of Israel in 1948 affected Mendelsohn's plans and how Mendelsohn sought to create radically new architectural solutions for American houses of worship that uniquely met the functional, social, and spiritual demands of their respective, diverse Jewish communities.

# SECOND SESSION

## EARLY WINTER AND SPRING PROGRAMS

### **Strength and Resilience: Memorable Moments in Jewish History, Part 2 - Rabbis and Zealots: The First Jewish Revolt and the Destruction of the Jerusalem Temple**

*January 10 / 10 to 11:30 a.m.*

*David Bernat, PhD.*

The fall of the Hasmoneans in 63 BCE ushered in a period of Roman domination and persecution, leading to the ultimately ill-fated Jewish revolt and the burning of the Temple in Jerusalem. Still, the destruction of the sacred structure did not end the Jewish tradition and peoplehood. Quite the contrary, our ancestors summoned a reservoir of strength and resilience that has enabled us to weather calamities throughout the millennia. The session will examine key figures such as Herod, Josephus, and Yochanan ben Zakkai, as well as dramatic episodes such as the Zealots' last stand on Masada, the establishment of Rabbinic academies in Yavneh and the Galil, and the flourishing of synagogues as vital centers of Jewish life.

### **A Tu B'Shevat Discussion: Environmentalism in Israel and Working To Collaborate for an Environmentally Healthy Middle East**

*Sunday, January 24 / 10 to 11:30 am*

*Guest Speaker from The Arava Institute for Environmental Studies*

The environment is quickly becoming a core issue of Middle East politics. From water management to renewable energy, ecology, sustainable agriculture and more, the environment plays a pivotal role in the lives and security of those living in the Middle East. Celebrate Tu B'Shevat, Israel's Arbor Day, and learn about Israeli and Middle Eastern environmental issues. Also learn how The Arava Institute educates a diverse and multicultural group of students - Israelis, Palestinians, Jordanians, and others from around the globe – who peacefully collaborate to create a more environmentally friendly world.

## **Smiles All Around: An American Dentist's Volunteer Experiences in Jerusalem**

*Sunday, January 31 / 10 to 11:30 am (Zoom only)*

*Saul Pressner, DMD*

Dental Volunteers for Israel (DVI) is the largest free dental clinic in Israel, and for almost 40 years it has been offering free dental care to Israel's at-risk children and youth from all backgrounds. Recently, DVI introduced a program to provide free dentures for the needy elderly population including many Holocaust survivors. Founded in 1980 by Trudi Birger, a Holocaust survivor and practicing microbiologist, Birger was acutely aware of the physical and psychological trauma that children with poor teeth suffer as her own teeth were knocked out by a concentration camp guard when she was a child. Dr. Saul Pressner is one of DVI's regular volunteer dentists who come from all over the world in support of the organization's mission. For the last 8 years, Dr. Pressner bi-annually leaves his busy New York practice to help these young children smile. "It feels great to give back to Israel and to help the underprivileged of Jerusalem from all faiths and backgrounds." Dr. Pressner will share stories about the clinic, the children, and the relationships he has formed over the years.

## **Sisterhood Shabbat**

*Shabbat, February 6 / Services starting at 8:30 am*

Join the congregation at Sisterhood Shabbat, where the women of Temple Aliyah lead the services, chant from the Torah, and conduct all prayers. A guest speaker will deliver a *d'var Torah*. As always, services will conclude with a festive Kiddush. Look for details in *ComingUp*, Sisterhood's monthly eblast or contact Sisterhood at [sisterhood@templealiyah.com](mailto:sisterhood@templealiyah.com) to get involved with organizing, participating, or preparing kiddush.

## **Temple Aliyah Shabbaton with Guest Speaker Noam Zion**

*Shabbat, February 13 and 14*

*Noam Zion, Research Fellow Emeritus, Shalom Hartman Institute, Jerusalem*

Noam Zion, Research Fellow Emeritus, Shalom Hartman Institute, Jerusalem Come hear guest speaker and scholar-in-residence, Noam Zion. Noam has been instrumental in popularizing 'Homemade Judaism,' which seeks to empower families to create their own pluralistic Judaism during home-based holidays such as Pesach, Hanukkah, and Shabbat. Known for writing *A Different Night: The Family Participation Haggadah*, Noam is a well-published author and worldwide lecturer. The on-line Shabbaton will feature Friday night Zoom services followed by optional break out dinners for those who wish to have Shabbat dinner with other congregants (catered meals from Catering by Andrew will be available for purchase). Noam will deliver a talk after

dinner and after Shabbat morning services. There will be ample time for questions and answers. We are excited that Noam will also be teaching additional on-line classes before and after the Shabbaton, topics TBD.

## **A Search for Family: An Interview with Author Katja Petrowskaja**

*Sunday, February 21 / 10 to 11:30 am (Zoom only)*

*Katja Petrowskaja with Richard Kesner*

Born in Kiev and now living in Berlin, *Katja Petrowskaja* is the author of *Maybe Esther: A Family Story*, a bestseller and literary prize-winner. In a glowing review in the Financial Times, the book is described as “...much more than a memoir, written with the impressionistic eye of a novelist ... a work of ongoing history, written with a remarkable cast of characters, forgotten to time and memory for decades, here vividly summoned to life.” In the book, Petrowskaja sets out to trace her past through the history of her family but realizes at the outset that her task is nearly impossible. Her family’s Jewish community, once very much alive and flourishing in the Ukraine and Poland, is gone; and, even among survivors, the Jewishness, too, is gone. In a New Yorker review, Masha Gessen writes, “...The book is breaking my heart, because I want to stop and quote from every other paragraph, and I want to give copies to people I love—I want, in other words, to stem the dissolution of storytelling that is the very point of this book. I want it to last forever....”

Petrowskaja will be conducting this discussion via Zoom from her home in Berlin and interviewed by Temple Aliyah member Richard Kesner, with time allotted for questions by attendees. Reading the book in advance is not required but is strongly suggested. *Maybe Esther* is available in various formats (hardcover, paper, kindle) on Amazon, on Audible Books, and through the Minuteman Library System.

## **A Congregant’s Journey: Living with Anxiety and Depression**

*Sunday, March 7 / 7:30 to 9:00 pm*

*Deb Steinberg, J.D.*

Mental illness does not have to define you. Come hear Deb Steinberg share her own, personal story of navigating anxiety and depression. She will relate what it is like growing up living with mental illness and will discuss her professional legal career focusing on mental health parity. *Sponsored by Temple Aliyah’s Mental Health Initiative.*

## **Torah Fund Brunch**

*Sunday, March 14 / 11 am to 1 pm*

Sisterhood's annual potluck brunch raises funds in support of the Women's League for Conservative Judaism's Torah Fund Campaign. Come hear an outside speaker discuss current events. Keep an eye out for details in *ComingUp* or Sisterhood's monthly eblast!

## **Become a Dementia Friend**

*Monday, April 5 / 7:45 to 9:15 pm*

*Beth Soltzberg, MSW, MBA*

***Dementia Friends*** is a global movement aiming to change the way people think, act, and talk about dementia. Come learn about this movement as Beth Soltzberg, Director, Alzheimer's Related Disorders Family Support Program at Jewish Family & Children's Service, leads this one hour interactive workshop. Participants will learn what it's like to live with dementia, and how to make a difference with loved ones or members of our community suffering from dementia. The goal of this program is to give participants the opportunity to learn and join the almost 20 million people around the world who carry this new awareness into their daily lives. This workshop is appropriate for adults and high school students. Students in the synagogue's TACOS program or those who do community service through Temple Aliyah will receive community service credit. For more information about Dementia Friends, visit [www.dementiafriendsma.org](http://www.dementiafriendsma.org). Registration preferred at [www.templealiyah.com/dementia-friend](http://www.templealiyah.com/dementia-friend).  
*Sponsored by TA's Mental Health Initiative.*

## **Musical Journeys Through the Holocaust (two sessions)**

*Tuesdays, April 6 and 13 / 7:45 to 9:15 pm*

*Cantor Jamie Gloth*

Under even the most difficult of circumstances, Jewish composers continued to compose music during the Holocaust. Music provided inspiration and comfort, and was an outlet for self-expression and resistance. In the post-Holocaust world, music has remained an important part of Jewish life, playing a vital role in creating and maintaining collective memory. This class will explore music as comfort, inspiration, and collective memory in the Jewish experience as we continue to tell our story.

## **Stories From an American Maccabiah Athlete**

*Sunday, April 11 / 10 to 11:30 am (Zoom or at Temple Aliyah).*

*Alum Athlete of Maccabiah Games*

Did you know that Israel hosts the third largest sporting event in the world every four years, with 10,000 athletes competing in 2017? Only the Olympics and the FIFA World

Cup are larger. It's true! The Maccabiah games are open to Jewish athletes from around the world and to all Israeli athletes, regardless of ethnicity or religion. Come hear from an American Maccabiah athlete about the experience of competing in these historic games.

## **Fifth Annual Yoga and Mindfulness Retreat**

*Sunday and Monday, April 11 and 12*

*Kripalu Center for Yoga and Health, Stockbridge, MA*

Find calmness, compassion, and clarity at Kripalu. Mark your calendars now to join Temple Aliyah's Adult Yoga and Mindfulness Retreat at this world-renowned center. Participate in gentle or advanced yoga classes or in introspective workshops. Enjoy some self-care at the sauna or with a soothing massage. Indulge yourself with solo time with a hike around Kripalu's magnificent grounds. Whatever you choose to do at Kripalu, you are certain to return home refreshed! There is a charge for this event and space is limited. To sign up and for more information, contact Melissa Rudman at [melissa@templealiyah.com](mailto:melissa@templealiyah.com). *Sponsored by TA's Kehillah Committee.*

## **Jewish Voice: Muslim Lands**

*Sunday, May 2 / From 10 to 11:30 am*

*Frances Malino, Ph.D.*

Dr. Frances Malino, the Sophia Moses Robison Professor of Jewish Studies and History Emerita at Wellesley College, has dedicated her career to teaching students about the experience of Jews within a global and historical context from medieval times to the present. Dr. Malino will discuss her most recent research that has uncovered thousands of letters, from primarily North African Jewish women, who lived in the early 20<sup>th</sup> century and were part of the Alliance Israélite Universelle. This organization is noted for establishing French-language schools for Jewish children throughout France, North Africa, Iran and the Ottoman Empire in the 19<sup>th</sup> and early 20<sup>th</sup> centuries. Dr. Malino will explore the complex and inspiring lives of these women who traveled to France to learn how to teach French and then returned to their home country to teach. She will also discuss her research in remote areas across North Africa and the Middle East to find 'Dr. Malino oversaw the creation of Diarna ("our homes" in Judeo-Arabic), a partnership between Wellesley College and Digital Heritage Mapping, a non-profit organization dedicated to digital documentation of global heritage sites. Dr. Malino's presentation will conclude with a brief virtual tour, including satellite imagery of Jewish sites in North Africa and the Middle East.



## **Men's Club Shabbat**

*Shabbat, May 8 / 8:30 am to 12 noon*

Come celebrate Shabbat at services arranged and led by men of the congregation. At this highly regarded service, Men's Club brings in a speaker to deliver the d'var Torah on a topic relevant to today's world. Men's Club Shabbat services are capped with an elaborate Kiddush. Keep an eye out for *ComingUp* for more details!

## **The Conversation Project**

*Sunday, May 23 and June 6 / 6:30 to 8 pm*

*Facilitator from The Conversation Project*

Have you had "the conversation?" Have you spoken with your loved ones and health care provider about your end-of-life care wishes? Join us on two Sunday evenings in April, 2021 as we bring **The Conversation Project** back to Temple Aliyah. Since 2012, The Conversation Project has helped many thousands of families to begin the dialogue and achieve a shared understanding of what matters most to them and their loved ones. Co-founder Ellen Goodman wrote about her Mom as she faced the end of her life. *"I realized only after her death how much easier it would have all been if I heard her voice in my ear as these decisions had to be made."* Temple Aliyah held our first Conversation Project program in 2015. Consider joining us as we unpack, step by step, how to get this important process started." One conversation can make all the difference."

# BIOGRAPHIES OF PRESENTERS

**THE ARAVA INSTITUTE of ENVIRONMENTAL STUDIES.** The Arava Institute is a research institution offering accredited undergraduate and graduate level courses and seminars in a diverse set of environmental fields and also in peace-building and environmental leadership. Its student body hails from Israel, Palestine, Jordan, and many other countries worldwide. Located on Kibbutz Ketura in southern Israel, the Arava Institute is dedicated to training the next generation of environmental leaders from around the world. The Institute is the only academic program in the Middle East that provides such a diverse student body the opportunity to live and work together for an extended period of time.

**DAVID BERNAT, PhD.** David earned a PhD in Biblical and Ancient Jewish Studies from Brandeis University and has held faculty positions at Wellesley College and the University of Massachusetts Amherst. David has published scholarly and popular publications in the area of Jewish ritual and also in the area of violence in Jewish text and tradition. David lectures widely on topics of Jewish interest and is a Me'ah Faculty veteran. He has also planned and led several Israel tours with an archaeological focus. A member of Temple Aliyah for many years, David has been a regular and frequent teacher for Temple Aliyah's Adult Education program.

**RAFFI BERG.** Raffi is the Middle East editor of the BBC News website. He has a particular interest in events in Israel, from where he has reported extensively in times of war and peace. He spent a gap year at Hebrew University of Jerusalem, an experience which shaped the path of his future career. He graduated with a BA in Modern and Medieval History from the London School of Economics and Political Science and earned a Post-Graduate Diploma in Radio and TV Journalism from the University of Central Lancashire. He lives in northwest London with his family.

**CANTOR JAMIE GLOTH.** Cantor Jamie Gloth joined Temple Aliyah four years ago, having served as a cantor in several other synagogues. Growing up in Akron, Ohio, where he began his singing career at age 10 in his synagogue's Junior Choir, Cantor Gloth earned his BA at the University of Cincinnati and a Master of Sacred Music and Investiture as Hazzan from the H.L. Miller Cantorial School and College of Jewish Music at the Jewish Theological Seminary. Married to Bina Carr, they are the proud parents of four children. When not teaching, leading the congregation in prayer, or singing his favorite Broadway show tunes, Cantor Gloth is usually relaxing with his family while rooting for the Cleveland Cavaliers, Indians, and yes, even the Browns.

**CARYN GOLDBERG.** Caryn has lived in Needham for most of her life. She earned a Bachelor of Science degree in Elementary Education from Lesley University and a Master of Education degree in Intensive Special Education from Boston College. For a number of years, Caryn worked as a special education teacher in both public and private special-education school settings. For almost 30 years, Caryn worked for the Massachusetts

Department of Elementary and Secondary Education approving and monitoring both public and private special education school programs to ensure ongoing compliance with federal and state regulations. Caryn retired from state service in 2017 but is now working full time for Needham Children's Center as an Infant Teacher (and loving it)! She has devoted her career (and heart) to helping children and their families. Caryn's proudest moments, however, have come from parenting her two daughters, Liora and Dina, whom she adopted from China.

**RABBI LESLIE GORDON.** Rabbi Leslie Gordon, Temple Aliyah's Rabbi-in-Residence, has been an active member of the Temple Aliyah community since 1997, teaching and leading numerous classes and workshops. Rabbi Gordon received her Rabbinic Ordination and Master of Arts from the Jewish Theological Seminary of America. She has served as our Interim Rabbi during Rabbi Perkins' sabbaticals, as well as the Senior Interim Rabbi at Temple Israel in Sharon. She has also served as a rabbi at synagogues in Alexandria, Virginia, and in Lowell, Massachusetts. The recipient of many awards, Rabbi Gordon teaches several conversion classes for Jews by Choice in the Boston area.

**MICHAEL ALAN GRODIN, MD, FAAP.** Michael and his family were active members of Temple Aliyah in the late 1980's when they lived in Needham. Michael has been on the faculty of Boston University for the past 40 years. Michael is Professor of Health Law, Ethics and Human Rights at the Boston University School of Public Health and at the Center for Health Law, Ethics & Human Rights. At Boston University, Michael also serves as Director of the Project on Ethics and the Holocaust at the Elie Wiesel Center for Judaic Studies, as a Professor of Jewish Studies, and as a member of the Division of Religious Studies of the College of Arts and Sciences. He completed his BS degree at the Massachusetts Institute of Technology, his MD degree at the Albert Einstein College of Medicine, his postdoctoral and fellowship training at UCLA and Harvard University. He has delivered over 500 regional, national and international addresses, has published more than 200 scholarly papers, and has edited or co-edited 8 books, including: *Jewish Medical Resistance in the Holocaust* and *The Past in the Present: New Studies on Medicine Before, During, and After the Holocaust*. He is now working on a book entitled *Spiritual Resistance and Rabbinic Responsa During the Holocaust*. Michael and his wife, Nancy, live in Brookline, MA.

**JILL JACOBS.** Jill is known to Temple Aliyah members for her frequent chanting of Torah and Haftarat. Professionally, Jill uses her voice to speak rather than to sing. Jill got her start in the world of voice-over on a New York City playground pushing her infant daughter in a stroller when she met another new mom who was a video producer. Upon learning that this producer was in need of voice-over talent for a children's animated video, Jill presented her newly recorded demo, got the gig, and the rest is history. As a professional voice-over actor based in the Boston area, Jill has spent the last 20 plus years voicing numerous projects in a wide variety of industries, including corporate, medical, TV and radio commercials, e-learning, K-12 textbooks, documentaries, interactive voice response telephone systems, political narration, and character and animation. You have probably

“met” her as the North American 1-800 voice of FedEx and Delta Dental. Jill is a member of Commonwealth Chorale and studies voice with renowned baritone Thomas Jones. Jill Jacobs, along with her husband Fred Haber and their children Ali and Joe, have been members of Temple Aliyah for about 10 years. Through SSDS of Greater Boston and Gann Academy, they have been friends of Temple Aliyah for a lot longer.

**RABBI WILLIAM KAUFMAN, PHD** Rabbi Bill Kaufman was ordained at the Jewish Theological Seminary with a Masters of Hebrew Letters and obtained a PhD in Philosophy at Boston University. He served as Rabbi at several synagogues and found his spiritual and professional home at Temple Beth El in Fall River, where he served for twenty-five years (until retirement) and remains as Rabbi Emeritus. Rabbi Kaufman has worked as an adjunct Professor of Philosophy at Rhode Island College, has published many articles, and is the author of seven books, including *Contemporary Jewish Philosophies*. He and his wife Nathalie have been proud members of Temple Aliyah for almost a decade.

**SUE and RICHARD KESNER.** Sue and Richard are long-time members of the Temple Aliyah community. A trained librarian, Sue served in this profession for many years before repositioning herself within the information industry. Richard spent most of his career as an information technology manager and executive, though formally trained as an historian, and finished his professional career as a Professor of Management Information Systems at Northeastern University. Both Sue and Richard are now retired. In 1978, Sue and Richard moved to Appalachia (Johnson City, Tennessee) where Richard founded the Archives of Appalachia at East Tennessee State University. The Archives is now over 40 years old! While in Johnson City, the Kesner’s were active members of B’nai Sholom Congregation that served the Jewish community of the Tri-Cities (Bristol, Kingsport, and Johnson City Tennessee). Their eldest son Henry was born in Appalachia and his *brit milah* was the first celebrated by the synagogue in seven years.

**REBECCA KOTKIN, LICSW.** Rebecca is a social worker with a private psychotherapy practice in Boston. She focuses on anxiety and depression, particularly among students and young adults. Having begun her professional life as an attorney, Rebecca returned to graduate school in social work after many years working as a stay-at-home parent. Rebecca and her husband, Don, lived in Needham for 22 years and several years ago moved to Boston where they currently live. Together with her family, Rebecca has been a member of Temple Aliyah for nearly 30 years and has served on the Board in numerous positions.

**KAREN LEVIN, PsyD.** A clinical psychologist, Karen has for the last 17 years worked with adults of all ages at her private Brookline practice. Prior to starting her practice, Karen worked in numerous settings including college counseling centers, community mental health centers, and substance abuse treatment centers. She specializes in trauma, coping with loss, depression, and working with individuals who have grown up with addicted or mentally ill parents. She and her family have been members of Temple Aliyah for 10 years and she has served on several committees and the Board.

**BILL LICHTMAN.** Bill had a long and illustrious career as a teacher in the Boston Public Schools for 42 years and in several area Hebrew Schools including Ohabei Shalom and Temple Sinai in Sharon. He has taught in our own Temple Aliyah Mercaz for over 35 years. A native of Boston, Bill attended Boston University and Hebrew Teachers College (later Hebrew College) and earned undergraduate and Master's degrees in Education from both. He served overseas in the U.S. army in Japan and Korea and while in Japan, taught Hebrew School in the Jewish Community Center in Tokyo. For 27 years Bill served as head counsellor and later assistant director at Camp Yavneh. A regular attendee at Shabbat services, he and his wife, Linda, are longtime residents of Newton. They have two sons and four grandchildren.

**NAOMI LITROWNIK, LICSW.** For many years, Naomi Litrownik has brought her professional talents to enhance the spiritual life at Temple Aliyah. Naomi has been a psychotherapist for more than four decades. In addition to her clinical practice, she is a Behavioral Health Consultant, an EMDR psychotherapist, and a Mindfulness Based Stress Reduction Teacher. She also trained at the Institute For Jewish Spirituality. A Temple Aliyah member for many years, Naomi attends services regularly, and is a frequent Torah and Haftorah reader.

**FRANCES MALINO.** Frances is the Sophia Moses Robison Professor of Jewish Studies and History Emerita at Wellesley College. She is author of *The Sephardic Jews of Bordeaux: Assimilation and Emancipation in Revolutionary and Napoleonic France* (1978) and *A Jew in the French Revolution: The Life of Zalkind Hourwitz* (1996), and co-editor of *Essays in Modern Jewish History: a Tribute to Ben Halpern* (1982), *The Jews in Modern France* (1985), *Profiles in Diversity: Jews in a Changing Europe* (1998), and *Voices of the Diaspora: Jewish Women Writing in the New Europe* (2005). Her current project is entitled Teaching Freedom: Jewish Sisters in Muslim Lands. In 2012 she was named Chevalier dans l'Ordre des Palmes Académiques by the French Ministry of Education.

**SUSAN MAXWELL, LICSW.** Susan and her husband, Ron Waife, have been members of Temple Aliyah for over 20 years. Susan is a clinical social worker and during the past 30 years has worked in all areas of psychiatry: in-patient, out-patient, day treatment, and home health care. For the past 13 years, Susan has worked in the out-patient Child and Adolescent Psychiatry Division of Newton-Wellesley Hospital.

**MICHAEL CRAIG PALMER.** Michael is a photographer whose work has explored the architectural legacy and relevance of the German Jewish exodus from Germany in the 1920s and 1930s. His first photo book documents previously ignored aspects of 1930s buildings in Tel Aviv's historic "White City" district, a center for German and other central European refugees in the 1930s. Michael's most recent work focuses on the buildings of the noted German Jewish architect Eric Mendelsohn, including Mendelsohn's breakthrough Einstein Tower near Berlin, Temple Emanuel in Grand Rapids, Michigan, as well as his buildings in Israel. Michael began his photography career in 2015 with the Tel Aviv White City project. Previously, he had a career in pharmaceutical industry research and development.

**RABBI CARL M. PERKINS.** Rabbi Carl Perkins, Temple Aliyah's spiritual leader since 1991, was ordained and awarded a master's degree in Talmud and Rabbinics from The Jewish Theological Seminary of America. Before pursuing the rabbinate, he practiced law for several years in Boston. Rabbi Perkins teaches and lectures widely in the Boston area and is currently an Adjunct Instructor at the Hebrew College Rabbinical School. He is the author of the revised edition of *Embracing Judaism* and also of many articles and sermons published in various journals, and responsa published on the Jewish Values Online website.

**KATJA PETROWSKAJA, Ph.D.** The author Katja Petrowskaja was born in 1970 in Kiev, the Soviet Union (now the capital of the Ukraine) to a family of academics. She studied literature at the University of Tartu, Estonia and received her PhD from the Russian State University for the Humanities in Moscow. While a graduate student, she was awarded research fellowships to study at both Columbia and Stanford Universities. Her first book, *Maybe Esther: A Family Story*, was published in German in 2014 and has been translated into 20 languages and has won numerous European literary prizes including the Aspekte-Literaturpreis (2014) for the best debut literary work written in German. "A fascinatingly inventive literary debut [...] In the hope of creating a family tree, Petrowskaja pieces together something far more complex and original, an account of her own search for meaning within the stories of her ancestors." *Entertainment Weekly*. Katja moved to Berlin in 1999 and lives there with her husband and two daughters.

**SAUL PRESSNER, DMD.** Saul has been practicing General Dentistry in Manhattan since 1982. A graduate of the University of Pennsylvania Dental School, with advanced training in Family Dentistry from the University of Connecticut School of Dental Medicine, he is active in the Academy of Biomimetic Dentistry and has held several honorary positions, including President of the Academy. Biomimetic Dentistry is a particular treatment approach that strives to preserve the intact tooth structure and restore the function and biomechanics of natural teeth. A passionate believer in giving back and in community service, Dr. Pressner has volunteered with Dental Volunteers for Israel (DVI) for eight years and visits their clinic in Jerusalem annually. He currently serves as Secretary of the American Friends of DVI (AFDVI). Living in Manhattan, Dr. Pressner takes full advantage of the city (in non-Covid times), particularly enjoying the New York theater scene. He is a great traveler and keeps up with family all over the world.

**KAYLA REISMAN, MA, MBA.** Kayla Reisman returns to Temple Aliyah this year as the Director of Congregational Learning and Engagement. Previously, Kayla served as the Director of Youth and Teen Engagement at our synagogue while completing her Masters in Jewish Professional Leadership and Business Administration at the Hornstein Program at Brandeis University. Kayla has held program and engagement director positions at Hillel of Ithaca College (Ithaca, New York); Shames JCC on the Hudson (Tarrytown, New York); and, Camp Twelve Trails (Pearl River, New York). Kayla and her fiancé Andrew live in Cambridge.

**TAMMY SADOK, LICSW.** Tammy has worked for Hebrew SeniorLife for the last 30 years, committing her career to the wellbeing of older adults. For the last nine years, she served as Director of Social Services at Center Communities of Brookline, one of Hebrew SeniorLife's supportive living communities. Along with a committed Resident Service Team comprised of social workers, resident service coordinators, programming and fitness professionals, and property managers, she helps ensure the safety and wellbeing of over 500 residents. During the corona virus pandemic, her primary goal has been to ensure the residents' emotional well-being while in quarantine and necessary isolation, a task Tammy describes as "daunting". She has a BA in Psychology from Brandeis University and an MSW from Simmons College. She and her family have been members of Temple Aliyah since 1997.

**BETH SOLTZBERG, MSW, MBA.** Beth directs the Alzheimer's/Related Disorders Family Support of Jewish Family & Children's Service (JF&CS). Beth's work includes facilitating the JF&CS Memory Café and Balancing Act group in Waltham, and coordinating the Percolator Memory Café Network, a resource for those starting and sustaining memory cafés across Massachusetts and nationally. Beth also co-coordinates the Dementia Friendly Massachusetts Initiative, where she is an active member of an Access, Equity & Cultural Inclusion working group. Beth earned her MSW and MBA from the University of Chicago and a certificate in end-of-life care from the Smith College School of Social Work. She holds an advanced credential in hospice and palliative care social work (AHPC-SW).

**DEB STEINBERG, JD.** Deb is a Health Policy Attorney at the Legal Action Center, where she advocates for state and federal policies to expand access to comprehensive and equitable mental health and substance use disorder care. Much of her work's present focus is on ensuring and promoting access to behavioral health care during the COVID-19 pandemic and its aftermath. Previously, Deb served as an Equal Justice Works Fellow at Health Law Advocates and as a Program Assistant in the Office of Patient Protection at the Health Policy Commission in Massachusetts. She has also been an active crisis counselor for 12 years at various suicide prevention helplines and volunteers in multiple capacities as an advocate for mental health access, disability rights, and health equity. These issues are all extremely close to her heart, as she has struggled with depression and anxiety for most of her life and now is committed to helping others get the care and the support that they need. Deb grew up in Needham attending Temple Aliyah, received her B.A. in psychology from Vassar College, and earned her J.D. from Georgetown University Law Center.

**MARGOT STRAUSS.** Margot and her daughter Evie Weinstein-Park are both long-time members of Temple Aliyah. As a young girl, Margot fled Nazi Germany with her family and emigrated to England in 1939 and then to the United States in 1940. They settled in New York City, where she graduated from high school and Hunter College and went on to become an actuarial assistant. Margot met and married Lew Strauss (z'l). They had two children, moved to New Jersey, and had a happy marriage that lasted more than 50 years. Over the course of those years, Margot worked in a number of volunteer capacities,

including at their New Jersey congregation and a 25-year stint with the Girl Scouts. Lew and Margot joined Temple Aliyah in the 1990s -- well before Margot moved to Massachusetts in 2011, after being widowed.

**EVIE WEINSTEIN-PARK.** Evie and her first husband, Rick Park (z'l), joined Temple Aliyah in 1986, and their three children grew up in this synagogue. Over the years, Evie has participated in various Temple activities. Evie started her professional life as an editor and writer but then returned to school to earn her M.Ed. After teaching at the Shady Hill School and the Chestnut Hill School – and a break for child-raising – she started teaching at the Solomon Schechter Day School of Greater Boston, where she has taught fourth grade for the past 22 years. Evie now lives in Jamaica Plain, with her husband Dan Weinstein. Between the two of them, they have five children and four grandchildren.

**ARNEE R. WINSHALL.** Arnee has volunteered for the Jewish community in a wide variety of capacities, including as Founding Chair of the Jewish Community Day School (JCDS), a past member of the Board of Hebrew College, and of the JCC's of Greater Boston where she chaired the early childhood committee and helped spearhead the launch of PJ Library in Boston. (PJ Library is a program of the Harold Grinspoon Foundation that sends free Jewish children's books to families globally). Arnee is now the President and past CEO of *Hebrew at the Center*, a founding board member of the Council for Hebrew Language and Culture in North America, and on the board of Jewish Interactive. Arnee has also served on the boards of the Foundation for Jewish Camp, the Yiddish Book Center, JESNA, and the Jewish Early Childhood Education Initiative. As a Peace Corps volunteer in Thailand, Arnee taught English as a second language to all ages and supervised a pilot k-2 English immersion project in six lab schools. Subsequently, Arnee pursued studies in developmental psycholinguistics at the University of Chicago. Arnee and her husband, Walter Winshall, have two adult children, Sarah and Aaron, and are long time members of Temple Aliyah.

**DEBORAH WOLLNER.** Encouraged by her first teacher's motto – "all you have to do is show up and breathe" – Deborah developed a yoga practice that has enabled her to touch her toes and her emotions more gracefully. A member of the Zamir Chorale of Boston for over 20 years, Deb's classes offer a lyrical, light-hearted vinyasa flow that is accessible to all levels. Deb completed South Boston Yoga's 200-hour training with David Vendetti and Todd Skoglund. Deb holds a Bachelor's of Science in Nursing from Simmons College and is a Registered Nurse and Certified Care Manager.

**NOAM ZION.** Since 1978, Noam has been a senior Research Fellow and educator at the Shalom Hartman Institute in Jerusalem. He is now emeritus. Noam earned degrees at Columbia University and Hebrew University and also studied at the Jewish Theological Seminary and the Hartman Beit Midrash. He grew up in Minneapolis as the son of a Conservative Rabbi and made *aliyah* during the Yom Kippur War (1973). Today, he and his wife live in Israel and have 5 children and 12 grandchildren. Noam's publications and worldwide lecturing have sought to promote Homemade Judaism – empowering families



to create their own pluralistic Judaism during home holidays, namely, Pesach, Hanukkah, and Shabbat. He is probably best known for *A Different Night: The Family Participation Haggadah*. He has also published study guides for day-school teachers on multiple family conflicts in the Tanach. His most recent academic research encompasses a trilogy on the intellectual history of philanthropy entitled *Jewish Giving in Comparative Perspectives* (2013) and a nine-part series on *Talmudic Marital Dramas* (2018). In 2021, the Jewish Publication Society will publish *Sanctified Sex: The 2000 Year Jewish Debate on Marital Intimacy*. For a fuller biography, see <https://www.hartman.org.il/person/noam-zion>.

# PROGRAM SCHEDULE AT A GLANCE

Date and Time	Program Information
<b>September - ALL programming presented via Zoom unless otherwise noted.</b>	
Shabbat, September 4 6:15 to 7:15 pm	<i>"Shabbat Aliyah" Kabbalat Shabbat Services,</i> with Cantor Gloth
Shabbat, September 5 9 to 10 am	<i>Shabbat Meditation,</i> with Naomi Litrownik
Wednesday, September 9 8 to 9 pm	<i>Sisterhood without Walls,</i> with Nanette Fridman
Shabbat, September 12 Following Shabbat Services	<i>Kiddush Conversation: The Temple Theme – Chazak V'Amatz: Staying Strong Together</i> with Kayla Reisman, Director of Congregational Learning and Engagement
Sunday, September 13 10 to 11:30 am	<i>Red Sea Spies: The True Story of Mossad's Fake Diving Resort,</i> with Raffi Berg
Monday, September 14 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins
Sunday, September 20 8:15 to 9 am	<i>A High Holiday Meditation Service - Second Day of Rosh Hashanah,</i> with Naomi Litrownik
Monday, September 21 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins
Monday, September 21 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Shabbat, September 26 9 to 10 am	<i>Kavanot,</i> with Rabbi Perkins
Monday, September 28 3:30 to 4:30 pm (Yom Kippur)	<i>Chazak V'Amatz: Models of Leadership in Challenging Times,</i> with David Bernat
<b>October - ALL programming presented via Zoom unless otherwise noted.</b>	
Shabbat, October 2 6:15 to 7:15 pm	<i>"Shabbat Aliyah" Kabbalat Shabbat Services,</i> with Cantor Gloth
Shabbat, October 3 9:15 to 10:15 am	<i>Shabbat Meditation,</i> with Naomi Litrownik
Monday, October 5 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins

Monday, October 12 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Friday, October 16 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah</i> , with Rabbi Gordon
Shabbat, October 17 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors)</i> , with Rabbi Perkins
Monday, October 19 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Monday, October 19 7:15 to 9 pm	<i>Rosh Chodesh Women’s Study Group</i>
Tuesday, October 20 7:45 to 9:15 pm	<i>The Rabbi’s Adult Ed Class</i> With Rabbi Perkins
Wednesday, October 21 7:45 to 9 pm	<i>Sisterhood Book Club: <b>The Ice Cream Queen of Orchard Street</b></i> , by Susan Jane Gilman
Thursday, October 22 7:45 to 9:15 pm	<i>Di Yiddishe Amerike: Yiddish Music as a Reflection of the American Jewish Experience</i> , with Cantor Gloth
Friday, October 23 12:30 to 1:15 pm	<i>Poses d’Zimra: Shabbat Morning Yoga</i> , with Deborah Wollner
Shabbat, October 24 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors)</i> , with Rabbi Perkins
Monday, October 26 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Tuesday, October 27 7:45 to 9:15 pm	<i>Jews, Politics and Elections: A Conversation with American Jewish Historian Dr. Jonathan Sarna and Rabbi Perkins</i>
Thursday, October 29 7:45 to 9:15 pm	<i>Di Yiddishe Amerike: Yiddish Music as a Reflection of the American Jewish Experience</i> , with Cantor Gloth
Friday, October 30 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah</i> , with Rabbi Perkins
Shabbat, October 31 9 to 10 am	<i>Kavanot</i> , with Rabbi Perkins
Shabbat, October 31 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors)</i> , with Rabbi Perkins

<b>November - ALL programming presented via Zoom unless otherwise noted.</b>	
Sunday, November 1 10 to 11:30 am	<i>Strength and Resilience: Memorable Moments in Jewish History, Part 1 – Chanukah: The rise and Fall of the Maccabean Kingdom</i> , with David Bernat
Monday, November 2 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Shabbat, November 6 6:15 to 7:15 pm	<i>“Shabbat Aliyah” Kabbalat Shabbat Services</i> , with Cantor Gloth
Shabbat, November 7 9:15 to 10:15 am	<i>Shabbat Meditation</i> , with Naomi Litrownik
Shabbat, November 7 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors)</i> , with Rabbi Perkins
Sunday, November 8 10 to 11:30 am	<i>Ancient Texts and Contemporary Dilemmas in Jewish Bioethics</i> , with Dr. Michael Grodin
Sunday, November 8 7:30 to 9 pm	<i>Will It Ever End? - A Panel Discussion on the Ongoing Mental Health Effects of Life During a Pandemic</i> , with Rebecca Drill, Rebecca Kotkin, Karen Levin, Susan Maxwell, and Tammy Sadok
Mondays, November 9 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Tuesday, November 10 7:45 to 9:15 pm	<i>The Rabbi’s Adult Ed Class</i> With Rabbi Perkins
Thursday, November 12 10:30 to 11:45 am	<i>The Rabbi’s Adult Ed Class</i> With Rabbi Perkins
Friday, November 13 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah</i> , with Rabbi Perkins
Shabbat, November 14 9 to 10 am	<i>Kavanot</i> , with Rabbi Perkins
Shabbat, November 14 Immediately after services	<i>Pirkei Avot (Ethics of Our Ancestors)</i> , with Rabbi Perkins
Sunday, November 15 9 am to 5 pm	<i>LiimmudBoston - LimmudFest 2020; The Festival of All Things Jewish</i>
Monday, November 16 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Thursday, November 19 10:30 to 11:45 am	<i>The Rabbi’s Adult Ed Class</i> With Rabbi Perkins

Friday, November 20 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah</i> , with Rabbi Gordon
Shabbat, November 21 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors)</i> , with Rabbi Perkins
Monday, November 23 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Monday, November 23 7:15 to 9 pm	<i>Rosh Chodesh Women’s Study Group</i>
Tuesday, November 24 7:45 to 9:15 pm	<i>The Rabbi’s Adult Ed Class</i> With Rabbi Perkins
Shabbat, November 28 Following Shabbat Services	<i>Kiddush Conversation: Stories with my Mother</i> , with Evie Weinstein Park and Margot Straus
Monday, November 30 8:00 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
<b>December - ALL programming presented via Zoom unless otherwise noted.</b>	
Tuesday, December 1 7:45 to 9:15 pm	<i>The Rabbi’s Adult Ed Class</i> With Rabbi Perkins
Wednesday, December 2 7:45 to 9 pm	<i>Sisterhood Book Club: <b>Spies of No Country: Israel’s Secret Agents at the Birth of the Mossad</b>, by Matti Friedman</i>
Thursday, December 3 10:30 to 11:45 am	<i>The Rabbi’s Adult Ed Class</i> With Rabbi Perkins
Friday, December 4 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah</i> , with Rabbi Perkins
Shabbat, December 4 6:15 to 7:15 pm	<i>“Shabbat Aliyah” Kabbalat Shabbat Services</i> , with Cantor Gloth
Shabbat, December 5 9:15 to 10:15 am	<i>Shabbat Meditation</i> , with Naomi Litrownik
Shabbat, December 5 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors)</i> , with Rabbi Perkins
Monday, December 7 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Monday, December 7 7:15 to 9 pm	<i>Rosh Chodesh Women’s Study Group</i>
Tuesday, December 8 7:45 to 9:15 pm	<i>The Rabbi’s Adult Ed Class</i> With Rabbi Perkins

Thursday, December 10 10:30 to 11:45 am	<i>The Rabbi's Adult Ed Class</i> With Rabbi Perkins
Friday, December 11 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah</i> , with Rabbi Gordon
Shabbat, December 12 9 to 10 am	<i>Kavanot</i> , with Rabbi Perkins
Shabbat, December 12 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors)</i> , with Rabbi Perkins
Sunday, December 13 7 to 9 pm	<i>Israeli Move Night</i>
Monday, December 14 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Tuesday, December 15 7:45 to 9:15 pm	<i>The Rabbi's Adult Ed Class</i> With Rabbi Perkins
Thursday, December 17 10:30 to 11:45 am	<i>The Rabbi's Adult Ed Class</i> With Rabbi Perkins
Friday, December 18 12:30 to 1:15 pm	<i>Poses d'Zimra: Shabbat Morning Yoga</i> , with Deborah Wollner
Shabbat, December 19 Following Shabbat Services	<i>Kiddush Conversation: A Life with Hebrew at the Center</i> , with Arnee Winshall
Sunday, December 20 10 to 11:30 am	<i>Eric Mendelsohn: Synagogue Architect With a Vision</i> , with Michael Palmer
Monday, December 21 8:00 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Mondays, December 28 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
<b>January - ALL programming presented via Zoom unless otherwise noted.</b>	
Shabbat, January 1 6:15 to 7:15 pm	<i>"Shabbat Aliyah" Kabbalat Shabbat Services</i> , with Cantor Gloth
Shabbat, January 2 9:15 to 10:15 am	<i>Shabbat Meditation</i> , with Naomi Litrownik
Monday, January 4 8:00 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Friday, January 8 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah</i> , with Rabbi Gordon
Shabbat, January 9 9 to 10 am	<i>Kavanot</i> , with Rabbi Perkins

Shabbat, January 9 Following Shabbat Services	<i>Kiddush Conversation: Jewish Life in Appalachia,</i> with Susan and Richard Kesner
Sunday, January 10 10 to 11:30 am	<i>Strength and Resilience: Memorable Moments in Jewish History, Part 2 – Rabbis and Zealots,</i> with David Bernat
Monday, January 11 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins
Monday, January 11 7:15 to 9 pm	<i>Rosh Chodesh Women’s Study Group</i>
Friday, January 15 12:30 to 1:15 pm	<i>Poses d’Zimra: Shabbat Morning Yoga,</i> with Deborah Wollner
Shabbat, January 16 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors),</i> with Rabbi Perkins
Monday, January 18 8:00 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins
Friday, January 22 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah,</i> with Rabbi Gordon
Shabbat, January 23 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors),</i> with Rabbi Perkins
Sunday, January 24 10:00 to 11:30 am	<i>A Tu B’Shevat Discussion: Environmentalism in Israel,</i> with a guest speaker from the Arava Institute of Environmental Studies
Monday, January 25 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins
Friday, January 29 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah,</i> with Rabbi Perkins
Shabbat, January 30 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors),</i> with Rabbi Perkins
Shabbat, January 30 Following Shabbat Services	<i>ShabbaTunes,</i> with Cantor Gloth
Sunday, January 31 10 to 11:30 am	<i>Smiles All around: A Dentist’s Volunteer Experiences in Jerusalem,</i> with Saul Pressner
Sunday, January 31 7 to 9 pm	<i>Israeli Movie Night</i>

<b>February - ALL programming presented via Zoom unless otherwise noted.</b>	
Shabbat, February 5 6:15 to 7:15 pm	<i>"Shabbat Aliyah" Kabbalat Shabbat Services,</i> with Cantor Gloth
Shabbat, February 6 9:15 to 10:15 am	<i>Shabbat Meditation,</i> with Naomi Litrownik
Shabbat, February 6 8:30 to noon	<i>Sisterhood Shabbat</i>
Shabbat, February 6 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors),</i> with Rabbi Perkins
Monday, February 8 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins
Monday, February 8 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Wednesday, February 10 7:45 to 9 pm	<i>Sisterhood Book Club: <b>Hannah's War,</b></i> <i>by Jon Eliasberg</i>
Friday, February 12 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah,</i> with Rabbi Gordon
Monday, February 15 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins
Friday, February 19 9:15 to 10:15 am	<i>Poses d'Zimra: Shabbat Morning Yoga,</i> with Deborah Wollner
Shabbat, February 20 9 to 10 am	<i>Kavanot,</i> with Rabbi Perkins
Sunday, February 21 10 to 11:30 am	<i>A Search for Family: An interview with Author Katja Petrowskaja,</i> with Richard Kesner
Monday, February 22 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins
Friday, February 26 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah,</i> with Rabbi Perkins
Shabbat, February 27 9 to 10 am	<i>Kavanot,</i> with Rabbi Perkins
Shabbat, February 27 Following Shabbat Services	<i>ShabbaTunes,</i> with Cantor Gloth
<b>March - ALL programming presented via Zoom unless otherwise noted.</b>	
Monday, March 1 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins



Shabbat, March 5 6:15 to 7:15 pm	<i>"Shabbat Aliyah" Kabbalat Shabbat Services,</i> with Cantor Gloth
Shabbat, March 6 9:15 to 10:15 am	<i>Shabbat Meditation,</i> with Naomi Litrownik
Shabbat, March 6 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors),</i> with Rabbi Perkins
Sunday, March 7 7:30 to 9:00 pm	<i>A Congregant's Journey: Living with Anxiety and Depression,</i> with Deb Steinberg, JD
Monday, March 8 8:00 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins
Monday, March 8 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Friday, March 12 12:30 to 1:15 pm	<i>Poses d'Zimra: Shabbat Morning Yoga,</i> with Deborah Wollner
Shabbat, March 13 9 to 10 am	<i>Kavanot,</i> with Rabbi Perkins
Shabbat, March 13 Following Shabbat Services	<i>Kiddush Conversation: Growing Up in Jewish Boston,</i> with Bill Lichtman
Sunday, March 14 10 am to 1 pm	<i>Torah Fund Brunch</i>
Friday, March 19 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah,</i> with Rabbi Gordon
Shabbat, March 20 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors),</i> with Rabbi Perkins
Sunday, March 21 7 to 9 pm	<i>Israeli Movie Night</i>
Monday, March 22 8:00 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins
Friday, March 26 11:00 to 12:00 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah,</i> with Rabbi Perkins
Shabbat, March 27 9 to 10 am	<i>Kavanot,</i> with Rabbi Perkins
Shabbat, March 27 Following Shabbat Services	<i>ShabbaTunes,</i> with Cantor Gloth
Monday, March 29 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins

<b>April - ALL programming presented via Zoom unless otherwise noted.</b>	
Shabbat, April 2 6:15 to 7:15 pm	<i>"Shabbat Aliyah" Kabbalat Shabbat Services,</i> with Cantor Gloth
Shabbat, April 3 9:15 to 10:15 am	<i>Shabbat Meditation,</i> with Naomi Litrownik
Shabbat, April 3 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors),</i> with Rabbi Perkins
Monday, April 5 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins
Monday, April 5 7:15 to 9 pm	<i>Rosh Chodesh Women's Study Group</i>
Monday, April 5 7:45 to 9:15 pm	<i>Become a Dementia Friend,</i> with Beth Soltzberg
Tuesday, April 6 7:45 to 9:15 pm	<i>Musical Journeys Through the Holocaust,</i> with Cantor Gloth
Friday, April 9 12:30 to 1:15 pm	<i>Poses d'Zimra: Shabbat Morning Yoga,</i> with Deborah Wollner
Shabbat, April 10 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors),</i> with Rabbi Perkins
Sunday, April 11 10:00 to 11:30 am	<i>Stories from an American Maccabiah Athlete,</i> with Alum Athlete of the Maccabiah Games
Sunday and Monday, April 11, 12 All day, each day.	<i>Fifth Annual Yoga and mindfulness Retreat,</i> Kripalu Center for Yoga and Health, Stockbridge, MA
Monday, April 12 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud,</i> with Rabbi Perkins
Tuesday, April 13 7:45 to 9:15 pm	<i>Musical Journeys Through the Holocaust,</i> with Cantor Gloth
Friday, April 16 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah,</i> with Rabbi Perkins
Shabbat, April 17 9 to 10 am	<i>Kavanot,</i> with Rabbi Perkins
Shabbat, April 17 Following Shabbat Services	<i>Kiddush Conversation: Can we talk? A Career in Voice Over,</i> with Jill Jacobs
Sunday, April 18 7 to 9 pm	<i>Israeli Movie Night</i>

Monday, April 19 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Shabbat, April 24 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors)</i> , with Rabbi Perkins
Shabbat, April 24 Following Shabbat Services	<i>ShabbaTunes</i> , with Cantor Gloth
Monday, April 26 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Wednesday, April 28 7:45 to 9 pm	<i>Sisterhood Book Club: Judas</i> , by Amos Oz
<b>May - ALL programming presented via Zoom unless otherwise noted.</b>	
Shabbat, May 1 9:15 to 10:15 am	<i>Shabbat Meditation</i> , with Naomi Litrownik
Shabbat, May 1 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors)</i> , with Rabbi Perkins
Sunday, May 2 10 to 11:30 am	<i>Jewish Voice: Muslim Lands</i> , with Frances Malino
Monday, May 3 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Monday, May 3 7:15 to 9 pm	<i>Rosh Chodesh Women’s Study Group</i>
Friday, May 7 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah</i> , with Rabbi Gordon
Shabbat, May 7 6:15 to 7:15 pm	<i>“Shabbat Aliyah” Kabbalat Shabbat Services</i> , with Cantor Gloth
Shabbat, May 8 8:30 to 12 noon	<i>Men’s Club Shabbat</i>
Shabbat, May 8 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors)</i> , with Rabbi Perkins
Monday, May 10 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Shabbat, May 15 9 to 10 am	<i>Kavanot</i> , with Rabbi Perkins
Shabbat, May 15 Following Shabbat Services	<i>Pirkei Avot (Ethics of Our Ancestors)</i> , with Rabbi Perkins
Monday, May 17 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins

Friday, May 21 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah</i> , with Rabbi Perkins
Friday, May 21 12:30 to 1:15 pm	<i>Poses d’Zimra: Shabbat Morning Yoga</i> , with Deborah Wollner
Shabbat, May 22 9 to 10 am	<i>Kavanot</i> , with Rabbi Perkins
Shabbat, May 22 Following Shabbat Services	<i>Kiddush Conversation: Celebrating Three New Years: Jewish Chinese and Secular</i> , with Caryn Goldberg
Sunday, May 23 6:30 to 8 pm	<i>The Conversation Project</i> , with a Facilitator from The Conversation Project
Monday, May 24 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Shabbat, May 29 After Kiddush, about 12:30 pm	<i>ShabbaTunes</i> , with Cantor Gloth
Monday, May 31 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
<b>June - ALL programming presented via Zoom unless otherwise noted.</b>	
Shabbat, June 4 6:15 to 7:15 pm	<i>“Shabbat Aliyah” Kabbalat Shabbat Services</i> , with Cantor Gloth
Shabbat, June 5 9:15 to 10:15 am	<i>Shabbat Meditation</i> , with Naomi Litrownik
Sunday, June 6 6:30 to 8 pm	<i>The Conversation Project</i> , with a Facilitator from The Conversation Project
Monday, June 7 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Monday, June 7 7:15 to 9 pm	<i>Rosh Chodesh Women’s Study Group</i>
Friday, June 11 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah</i> , with Rabbi Gordon
Monday, June 14 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins
Shabbat, June 19 Following Shabbat Services	<i>Kiddush Conversation: Maimonides’ Perplexity and Ours</i> , Rabbi William Kaufman, Presenter
Monday, June 21 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins

Friday, June 25 11 to 12 noon	<i>Torah on Two Feet: Parashat Ha-Shavuah</i> , with Rabbi Perkins
Shabbat, June 26 Following Shabbat Services	<i>ShabbaTunes</i> , with Cantor Gloth
Monday, June 28 8 to 8:45 am	<i>A Taste of Daf Yomi – the Daily Study of a Page of Talmud</i> , with Rabbi Perkins







**TEMPLE ALIYAH**  
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