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Temple Sinai

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Moments of Light

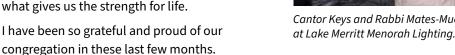


SENIOR RABBI JACQUELINE MATES-MUCHIN

On the morning of October 7th, I listened to the news of the horrific attacks in Israel as I drove to the Temple. We had no idea of the extent of the rampage or of the death toll in the south of Israel, but it was already worse than anything that had happened in recent years. I remember feeling helpless, afraid, and anxious for more information as things were unfolding. It was a terrifying morning.

And, yet, even with all of the worry and concern, we celebrated that day, with sincerity and genuine joy, that a young man in our community became bar mitzvah. We rejoiced with him and with his loved ones, capturing the meaningful weight of this special moment in the life of his family and our community. It was a beautiful morning.

One of the greatest strengths as a people is our ability to hold such vastly different feelings and occasions at the same time. In the moments of our most extreme happiness or sadness, we are never far from reminding ourselves that the other extreme is with us as well. At the end of a Jewish wedding, we break a glass as a reminder of the brokenness that exists in the world and our hope that all people can one day celebrate as we do. When we are in grief, we say the words of the Mourner's Kaddish, which is not about death, but rather praises God and expresses gratitude for what gives us the strength for life.



Cantor Keys and Rabbi Mates-Muchin

For the Jewish community, this time has been one of the most challenging that I can remember. Not only our anguish over the attack on Israelis and the concern over the heavy casualties suffered by innocent Palestinians caught in the crossfire, but also because of the rise in hate and antisemitism. Many of us feel isolated from friends, family and co-workers. Many of us feel fear that we had not personally known before. Yet, even in the difficulty and the pain, our community has shown up for each other. We have been there for each other's celebrations, and we have held each other in our individual and collective tears. Each of us has experienced this time in our own way, yet, we have ensured that when we come together, we serve as a source of support and strength for each other. That is the power of Jewish community. We hold all truths with each other and for each other. We do not lose sight of our worries in the most joyous of times, just as we find a way to laugh through the darkness.

We don't know what things will look like at the end of this war in Israel and Gaza, but, we do know that whatever comes, we have each other and we will face it together. In the tradition of the Jewish people, we will hold these truths together: that of pain and joy, of change and stability, of hope and of fear. May we be strengthened and held as we move forward, together.

Celebrating Temple Sinai's B' Mitzvah (Building Mitzvah)!



SENIOR CANTOR ILENE KEYS

Mazel Tov and Yasher Koach on our upcoming B' Mitzvah!

Thirteen years ago, we embarked on a remarkable journey—one that would forever transform the landscape of our sacred home. As we commemorate this significant milestone with our community's B' Mitzvah celebration

later this year, we reflect with gratitude and pride on the thriving community that has emerged within the walls of our cherished synagogue's new building.

In the early 2000s, our community leaders recognized the need for a new space that could accommodate our growing congregation and provide a nurturing environment for spiritual growth. The decision to embark on a building project was met with enthusiasm and support from the entire community, setting the stage for a transformative chapter in our synagogue's history.

Over the past thirteen years, our new building has been more than just a physical structure—it has become a hub for spiritual development, education, and community engagement.

Countless life cycle events, Torah study sessions, meaningful services, and joyous celebrations have taken place within these walls, fostering a sense of belonging and unity among our members. Temple Sinai is where we come for support, solace, and solidarity.

Beyond serving as a place of gathering, worship and study, our synagogue has actively contributed to the betterment

of the broader community. Through outreach programs, charitable initiatives, and partnerships with local and national organizations, we have embodied the values of compassion and *tikkun olam* (repairing the world), making a positive impact beyond our immediate congregation, including the larger Oakland community and beyond. Temple Sinai is where we come to uplift ourselves and others through our collective voice and actions.

As we commemorate thirteen years, we also look to the future with anticipation and optimism. The next chapter of our synagogue's journey holds endless possibilities for continued growth, outreach, and shared experiences. Together, we remain steadfast in our commitment to building a vibrant and inclusive community that reflects the enduring spirit of our congregation.

In celebrating the **B' Mitzvah** of our synagogue's new building, we express our heartfelt gratitude to every individual who has played a role in making our spiritual home a reality. As we reflect on the past and look toward the future, we stand united in our shared vision for a community that embraces the values of our **Shema and V'ahavta Statement: To Explore Tradition, Find Purpose, and Create Community.**

Cheers to thirteen years of growth, resilience, and the enduring strength of our synagogue family!

Please see a complete list of our events celebrating our 13th B' Mitzvah Year on page 5.

Shabbat in the Round with Speaker Galia Amram to follow Friday, January 5, 6:30pm

Please join us after Shabbat in the Round on January 5th to hear member Galia Amram share reflections on her recent trip to Israel with the Reform Movement.



The Importance of Jewish Summer Camp



ASSOCIATE RABBI JULIE BRESSLER

"I love being Jewish!"

t is a tradition at URJ Camp Newman, our Reform Movement's regional summer camp in the Santa Rosa hills, to hike up to "The Star" (literally a large, wooden Jewish star placed on the side of a hill on the edge of camp) and scream these words from the top.

In a time when many folks feel that being publicly Jewish may be dangerous or challenging, Jewish camp is an opportunity to experience and enjoy Jewish life 24/7. It is truly a magical experience where Jewish identity comes alive.

Jewish camp, and specifically Camp Newman, has a very special place in my heart. I attended Newman for seven years as a camper, and then returned for four summers during rabbinical school to serve on senior staff. As a Rosh Eidah (Unit Head), Director of Teen Camp, and Education Director, I had the awesome opportunity to spend entire summers at Newman and be part of a team creating meaningful experiences for campers and staff of all ages.

Over those years, I fell even more in love with Jewish camping and witnessed many moments of camp magic. Whether it was watching teens sing their hearts out at session songs, observing younger campers bravely climb the ropes course for the first time, or seeing counselors who once were campers bless their own campers on Friday night during Newman's beautiful Hashkiveinu ritual, camp is a place where so many of us can be our best selves. These summers filled my spirit and made me so proud to be part of the camp community.

When I served a pulpit in Massachusetts, I found a new camp home at URJ Crane Lake Camp. I feel so lucky to have enjoyed two summers there as a faculty rabbi and experience a new camp with different yet familiar traditions.

When I began serving at Temple Sinai in 2022, I ensured that time at Newman as education faculty was part of my contract. Like many campers, I counted down the months and days until I got to drive through the gates of camp and hear the words of "Heiveinu Shalom Aleichem" (the singing greeting offered by Counselors in Training as you drive through the gates of camp) once again. Even though it had been five years since I last spent significant time at camp, it truly felt like coming home. The hand motions for prayers at Tfillah and the moves to Israeli dances came right back, as did the powerful sense

of Kehilla Kedosha, holy community that is unique to being in the camp "bubble." I feel blessed that camp continues to be a significant part of my rabbinate and I already can't wait to go back this summer.

If someone in your family is of camp age (or you are a doctor/ nurse/educator/social worker/therapist or another adult role that has a place at camp... feel free to reach out if you are curious!), I highly encourage you to consider it for your family. We are blessed with multiple wonderful Jewish camp options (both overnight and day camps) in our area, and it is all about finding the right fit for your camper/family.

All of our camps inspire a love of Judaism, foster a deep sense of community, encourage campers to step out of their comfort zones, and grow self-confidence and self-reliance. Jewish camp is often cited as the most significant reason many folks choose to continue living Jewishly as they enter adulthood. I will be returning to Camp Newman this summer for the first two weeks (Session Aleph) and would love to have many Sinai folks join me!





Fun at Camp Newman, 2023

The Value of Community for Jewish Early Childhood Educators



INTERIM DIRECTOR OF EARLY CHILDHOOD EDUCATION MOLLY PERITORE

Hillel says: "Do not separate yourself from the community..." Pirkei Avot 2:4

s we settle into the year, the essence of our community radiates throughout the school. The children have created

bonds with their peers and teachers and strengthened their existing ones. Our newer teachers have navigated and learned about our school culture from our veteran teachers who have welcomed them with open arms. A lunchtime book club has been created by a group of our teachers looking to dive into deeper conversations as they lunch. The value of Kehillah swirls around the school showing in every way, walking into the Etzim classroom one is greeted by warm and smiling faces as the children shout out, "Welcome to Etzim!"

I like working in a Jewish preschool because of the community that I feel being at the school. I value parents and teachers coming together with similar values to help one another grow in everyday life.

-Teacher Tori

Kehillah (community) has been one of our core values at the preschool and has been the framework to guide us in the preschool for many years. While Kehillah has been an integral part of our school in the work we do, our staff community has gone through its own journey to get to the place we are today. As I reflect on this, how we have gotten here stands out to me. While there has always been a feeling of community, changes in staff, curriculum and a world pandemic have challenged us as staff, and we have formed stronger bonds through these challenges.

When I came to Temple Sinai, I had the opportunity to move into the leadership as the Associate Director and one of my roles was supporting the teaching staff. One thing that stood out to me in a Jewish Early Childhood setting was that teachers were inspired by the value of Kehillah (community) in their work. In my role as an administrator, I reflected on how I could support this value for the teachers in our community.

As I was exploring ways that I could support teachers in finding community, I was accepted to the Bay Area 2021 JECELI (Jewish Early Childhood Education Leadership Institute) cohort. During my time as a fellow, I was asked to create a research project. This inspired me to continue working to create community amongst

the staff. This was especially important as we had reopened during Covid, and the sense of community felt out of reach with social distancing.

My research project was titled, "How can I grow and support Kehillah for the teachers during COVID times?" The project was based on teacher feedback as they shared a sense of loss of community amongst each other during COVID. I designed our staff meetings with the intention of using our schools' Jewish values of Kavod (honor) and Kehillah





(community) to connect and deepen the relationships between the teachers and teaching teams. I started in the 2021 school year by having the teaching teams create a Brit (covenant), based on shared Jewish values which we would revisit at each staff meeting. Through this process the teachers were able to build trust and respect for each other. This is a practice that we have incorporated into our yearly staff developments. I also created games and ice breakers in the staff lounge to encourage teachers to engage in conversations outside of the day-to-day grind of work, cleaning and keeping kids distanced from each other.

I like working at Temple Sinai because the community with the teachers is grounding for me. To be in a place of work and feel like you have a second home is a testament of the care we have for each other. We support, inspire, motivate, hold and celebrate each other. - Teacher Carlota

In my time in a leadership role at Temple Sinai I have entered the role of Interim Director of Early Childhood Education, I continue to reflect and work towards how to best support the community of teachers at the preschool. The field of Early Childhood Education has shifted. Teacher turnover is at a high rate, and we are not able to compete with the other job markets in the Bay Area. One thing that stands out to me is Early Childhood Educators are looking for a strong sense of community in their work. Creating opportunities through shared professional development, meals, and finding time to laugh with each others are some of the ways that we continue to build community amongst each other.

From There to Here and Beyond...

EXECUTIVE DIRECTOR TERRIE GOREN

n the tapestry of our shared journey, Temple Sinai has woven together 13 years of vibrant community life. Since the inauguration of our new building in 2011, we've stood side by side, praying, learning, and growing together. As we approach the occasion of Temple Sinai's Building Mitzvah on May 4, 2024, we reflect on our past, celebrate our achievements, and eagerly anticipate the exciting future that lies ahead.

Exploring Tradition. Finding Purpose. Creating Community.

In Judaism, the number 13 holds special significance, marking a coming of age, a transition. Much like the steadfast growth of Temple Sinai, our core mission is unwavering: Explore Tradition. Find Purpose. Create Community. This mantra, etched into the fabric of our identity, is embraced with pride by the members of our diverse and dynamic congregation.

A Building That Tells Our Story

Our new building stands as a testament to the resilience and unity of our community. Since its establishment in 2011, Temple Sinai has witnessed remarkable milestones. We've educated over 1200 children, held more than 1300 Friday evening and Saturday morning Shabbat services, celebrated countless B'Mitzvah ceremonies, and marked 13 years of joyous High Holy Day and festival celebrations. Thousands of classes and programs have illuminated our shared path, shaping the narrative of who we are as a community.

A B' Mitzvah: A Beginning, Not an End

As we approach our Building Mitzvah celebration, it is essential to understand that a B' Mitzvah is not a graduation; it is a beginning. Similarly, this celebration is not just about the past 13 years; it's about the endless possibilities that lay before us. On May 4, 2024, as we commemorate our accomplishments, we simultaneously gaze toward the horizon, eager to discover what lies ahead for our cherished community.

Looking to the Future: New Initiatives Unveiled

In the upcoming months, Temple Sinai will launch of a brand new afterschool program for grades K-5, as part of our commitment to nurturing the next generation. Simultaneously, we will embark on transformative capital improvements to our historic 1913 building, preserving its legacy while enhancing functionality. Get ready for more innovative programming, a testament to our community's evolving nature.

While we cherish our traditions, we also recognize the need for adaptation in a changing world. The question of what the next 13, 25, 50 or even 150 years hold is one we greet with anticipation, unity, and spirit that defines Temple Sinai. Together, we stride into the future, ready to shape the next chapters of our community's rich history.

As we approach our Building Mitzvah, let us celebrate not just the physical structure that houses us but the resilient, compassionate, and ever-evolving community that defines us. Together, we are more than a building—we are Temple Sinai, "a vibrant tapestry of tradition, purpose, and community."



Please plan to join us for 13 amazing Musical and Creative events to celebrate Temple Sinai's 13th B' Mitzvah Year!

Saturday, December 16, 10:30am Shabbat Morning Prayer Embodied Service With All Our Body, Mind and Soul: Music in Motion with Cantor Keys and Robin Spiegelman

Saturday, January 20, 7:00pm The Best of Broadway a Block Off Broadway Cabaret Show featuring congregants Robert Schoen and Catherine DeCuir

Saturday, January 27, 10:30am Shabbat Morning Meditation and Music with Steve Goldstein and Cantor Keys

Saturday, February 17, 10:30am Shabbat Morning Creative Service with Rabbi Bressler

Friday, March 15, 6:30pm Shabbat of Reflection, Renewal, and Rejoicing featuring Temple Sinai and St. Mark's Episcopal Church choirs

Saturday, March 23, 10:30am Shabbat Morning Prayer Embodied Service With All Our Body, Mind and Soul: Music in Motion with Cantor Keys and Robin Spiegelman

Saturday, March 23, 6:30pm Erev Purim Adult Dance Party with SF Yiddish Combo Klezmer Group featuring Dirty Cello

Saturday, April 6, 10:30am Shabbat Morning Meditation and Music with Steve Goldstein and Cantor Keys

Saturday, April 20, 10:30am Shabbat Morning Creative Service with Rabbi Bressler

Saturday, April 27, 10:30am Shabbat Morning Chanting and Drumming Circle with Katja Cooper and Cantor Keys

Sunday, April 28, 10:00am Chanting and Drumming Circle Workshop with Katja Cooper and Cantor Keys

Friday, May 31, 6:30pm Creative Community Shabbat with the Adult Choir

Our celebration culminates with a B' Mitzvah Gala Celebration on Saturday, May 4. "May the 4th be with you!"



The Joy of Belonging

HADAS RAVE, DIRECTOR OF EDUCATION



've already seen it twice. The coming of age movie, "You Are So Not Invited to My Bat Mitzvah," stars Jewish comedian Adam Sandler and his family, specifically his daughter, Sunny Sandler, as Stacy Frieman. The story, based on the 2005 book by Fiona Rosenbloom, follows Stacy as she prepares for her upcoming bat mitzvah.

Along the way, with some silliness and just the right balance of "cringe" and representation, the movie illuminates some important messages that we can all appreciate: the value of service, the power of Jewish identity and the joy of being a part of a community.

There is no B' Mitzvah without the "Mitzvah" and this was a big part of Stacy's story. "You Are So Not Invited..."'s director, Sammi Cohen, said in an interview for Kveller: "What Stacy's going through—the idea of doing a mitzvah, and [figuring out] who you want to be in the world, what you want to give back, the ideals and what we all learn at its core—the hope was that, no matter what, that would come through."

Throughout our Youth Education program, our students are striving to fulfill mitzvot, make our world a better place and answer that timeless question: who do we want to be in this world? From sending cards with wishes of healing to Israel to mailing care packages to Sinai's college students, our students are truly mensches and they light our way with their finely tuned moral compasses and deep connection to "tzedek" (justice)!

Another piece, so integral to the B' Mitzvah process, is embracing our Jewish identity. Stacy perfectly encapsulates this in a monologue near the end of the film. She remarks: "When you're a kid, sometimes you think you have to be someone you're not in order to fit in, but a woman knows it's not about hiding who you are. It's about being yourself and speaking the truth."

This movie's unabashed Jewishness in such a mainstream and unapologetic fashion is a balm for our aching hearts as we struggle with the recent rise in antisemitism. Our teens, those who are in the midst of their B' Mitzvah study and those who already consider it a fond memory, are so bravely and deeply connected to their Jewish identities; they continually inspire and motivate with their thoughtfulness and dedication to Judaism.



Finally, at the end of the movie, when the protagonist has learned her lessons and internalized the gifts of Jewish womanhood, she says, "I'm really glad I'm a part of this," as she is selling challah for Tzedakah at her Hebrew school.

Being a part of "this" can look like so many different things: hanging out after drop off to schmooze with other Kesher parents, a teen reaching out to a new student, or a teacher learning new things to explore with their class.

I hope that we will all find ways to celebrate Sinai's building becoming a B' Mitzvah this Spring and, within its walls, continue learning and growing and becoming our best selves together.





Our 3rd grade Kesher class wrote "Get Well Soon" cards for people in the hospital in Israel. The recipients include a brother and sister who were injured on October 7th, and a Thai worker who had major surgery. The Thai man, who spoke very little English or Hebrew, was touched to receive the card, and posted it on his wall right next to his bed.

Care and Support for Israel

We are grateful to be of help and support to Israel in this time of need and distress as well as show support here in our own community. We keep in our prayers all those Israelis and innocent Palestinians who continue to be in harm's way and whose lives have been forever altered by this ongoing war. May peace and safety come to all, and soon.

Rabbi Mates-Muchin arranged for beanies, gloves, neck warmers and water proof pants to be sent to an IDF unit in the North.





Temple Sinai clergy and community members at a pro democracy rally.



Rabbi Jacqueline Mates-Muchin and fellow congregants joined thousands at the Bring Them Home rally in San Francisco in support of bringing Israeli hostages back home.



Rabbi Josh Weinberg, Executive Director of ARZA and VP of the URJ shared the complexities and challenges and realities about the situation in Israel and Gaza.



Rabbi Or Zohar from Spirit of the Galilee spoke on "Hope in times of crisis: In search of a new vision for the Holy Land."



Temple Sinai held a beautiful Erev Shabbat Hanukkah Service, featuring music from the Galilee with Rabbi Or & Feliza Zohar and the Adult Choir.

B' Mitzvah at Any Stage

In the spirit of the B' Mitzvah year of the new chapel, preschool, and religious school sections of our Temple, WTS would like to honor the WTS women who have had the special experience of an adult Bat Mitzvah. They learned Hebrew, chanted their Torah portion, and in their drash expressed their thoughts and feelings about their portion. These women led the congregation in meaningful, soulful services. They ranged in age from 35 to 80 and brought their life experiences to this significant milestone. Here are their words about their amazing accomplishment:

Helen Smiler, Age 74 at Bat Mitzvah

A highlight for me was the opportunity to write and deliver a drash on our portion, Shoftim, that tied Torah to my commitment to social justice.

Karen Pernet, Age 80 at Bat Mitzvah

The lovely presence of my family (mostly not Jewish) and my friends; also my experience studying together with Dan McCloskey; the opportunity to tell my Jewish journey from a very secular background in the drash. It was truly a highlight of my life.

Susan Rosenthal, Age 69 at Bat Mitzvah

I was overcome with joy looking out at the Sanctuary filled with congregants, family and friends that I became a Bat Mitzvah, helped lead the service, gave a drash and read from the Torah.

Nadyne Epstein, Age 57 at Bat Mitzvah

It was a B'not Mitzvah—7 Women all participating in this wonderful experience. It brought a form of completeness to my life as a Jew. A feeling of accomplishment for myself and I loved participating with 6 other wonderful women.

Resa S. Gordon, Age 47 at Bat Mitzvah

I was B'not Mitzvah with six other women. The seven of us shared so much and learned so much about our heritage. I finally got the dream I wanted after being denied one at 13. Girls don't need a Bat Mitzvah. The ceremony is only for boys I was told!

Susie Cohn, Age 59 at Bat Mitzvah

The sweetest moment of my Bat Mitzvah was my sons, Daniel and Gideon, standing at my sides to make sure I didn't miss a syllable reading Torah.

Elaine Bachrach, Age 50 at Bat Mitzvah

Having aliyah blessings from the special people in my life: my siblings, my aunts, my mentors Judith Broude and Rabbi Stuart Kelman, and my husband and children.



▲ Barbara Morrison, Age 72 at Bat Mitzvah

Working with six delightful women 30 years my junior. Besides learning Hebrew, we discussed many life experiences with each other: they with their growing young children and me having already experienced similar situations.



■ Susan Forman, Age 60 at Bat Mitzvah

Making a connection between my Torah portion and the world today; sharing my thoughts and exchanging ideas with friends, family and Rabbi Mates-Muchin. Also, working closely to learn the prayers with my good friend, Lori—the bonding, the laughs, and the mutual confidence building.



◀ Kate Lucas, Age 67 at Bat Mitzvah

I was on Cloud 9! I was so happy that nothing phased me. I was surrounded by my family and friends, all who helped me on my spiritual journey. And I did this with my husband, so it was a double blessing. I felt wrapped in a tallit of love.



◆ Liz Alpert, Age 62 at Bat Mitzvah

The ceremony took place outdoors in Jerusalem on the Promenade overlooking the Old City and was shared with several women.



▲ Ilana DeBare, Age 53 at Bat Mitzvah

Becoming comfortable and versed in the liturgy.

▲ Karen Tanner, Age 57 at Bat Mitzvah

Accomplishing this after 45 years of feeling I had missed the opportunity to ever have the experience of chanting Torah, giving a speech and leading the Shabbat service in front of my family, friends and congregation, having my children witness their mother fulfilling a dream and stretching myself to learn and to say to myself, "I can do this!"

▲ Sydney Firestone Schimmel, Age 61 at Bat Mitzvah

I was part of an informal group of 4 women who met with Rabbi Chester to "prepare" for our bat mitzahs by picking topics from the Torah to discuss. As you may expect, they centered on the role of women in Judaism. I was the only one in my immediate family who had not had a bat mitzvah, and my children wanted me to have the same experience they did (t-shirts, balloons and all). I convinced them that it would be meaningful to me just to have friends and family with me on this special day, and have a celebratory luncheon at my favorite restaurant. I could not have been happier with that day!

Danielle Schanz, Age 44 at Bat Mitzvah

My B'nai Mizvah was on a Friday night. The next day my daughter Astrid and my step daughter Amelia were also b'nai mitzvahed. We did not plan it that way but it was a very special weekend for all three of us because all our friends and family were there and we shared the same Torah portion. I learned as much from my classmates' thoughts, humour and dedication, as I did Hebrew, prayers and History of the Jews from our Rabbi.

Audrey Wagman, Age 35 at Bat Mitzvah

My ability to chant prayers at my children's b'nai mitzvahs.



▲ Denise Jacobson, Age 55 at Bat Mitzvah

The highlight for me was chanting from the Torah Scroll just as my ancestors had done for thousands of years.



▲ Deborah Goldsmith, Age 72 at Bat Mitzvah

The high point for me was during the service, standing directly before the ark saying prayers with Ann, the rabbi, and the cantor. I felt deeply honored and moved to worship as a Jew and a full part of this congregation.

▲ Ann Gordon, Age 56 at Bat Mitzvah

The hightlight was having my 16 year old daughter help me practice my Hebrew and her doing an aliyah at the service.

WTS strives to support our members' leadership and spiritual development through various programs throughout the year. In preparation for the WTS Shabbat we study together, reinterpreting the Torah and writing prayers. At our Spiritual Retreat we spend a day in reflection, discussion, and experiential learning with our clergy. We lead an inspirational service at the WTS Women's Seder, with our own revised Haggadah, telling the story looking specifically at the role of women historically and today. And at every WTS Board meeting members present a D'Var Torah which reminds and connects us to our Judaism. Participation in these activities helps us find relevance to our lives today as Jewish women.

Please join us for as many of these programs as you can.

Doing Meaningful Work

Since 1998, Temple Sinai's People of the Book Literacy Project has been partnering with public schools in the Oakland community.

We help to foster a love of reading through one-on-one tutoring, building school libraries as well as home libraries through school-wide book giveaways, bringing authors to talk about their books, book drives from b'nai mitzvah congregants, preschool and others.

We also participate in school Career Days and provide volunteers in other capacities to help the schools.

Our school partnerships have brought rewards not only to thousands of Oakland children, but also to our own volunteers. Here, Temple Sinai member Geoff Kotin explains what his participation has meant to him:

"As I approached retirement I knew I should make plans to fill my time in a meaningful way. Tutoring kids in reading seemed a good choice since it was in my comfort zone to work with kids and because, well, I can read. I am not trained as an educator, but my goals of helping the kids enjoy reading more and feel more confident in their reading, by giving lots of positive feedback and reading material that interests them, can be accomplished without extensive training.

I think a positive side benefit of doing this kind of work outside of Temple is that it lets other people know that the Jewish community cares about them. I've come to realize how important it is to let other groups know that Jewish people are out there volunteering and helping other people. What drives me to do volunteer work is the satisfaction I get from doing meaningful work and the enjoyment I get from being part of a community of helpers."

Geoff, along with other tutors, has made a huge difference in the lives of students in our partner schools.

We owe a special thanks to Sandy Summerfield, who is moving away. Sandy began volunteering with the Literacy Project over 20 years ago. Sandy not only helped with virtually every school-wide book giveaway, she also prepared thousands of library books for school shelves. She documented all our work with photographs, mementos and awards we received which she collected in 13



beautiful albums. We treasure the albums, and also Sandy!



Family Project has been ongoing for many years and helps serve the needs of families at Greenleaf School. It brings some joy into their lives during difficult times and enables donors to help provide gift cards

and beautiful new books at the holidays. Appreciation goes out to all the donors and to our dedicated coordinator, Debbi Berenberg, who works with outreach coordinator Rodolfo Perez at the school. Susan Rancer also supports the families with her wonderful efforts to collect gift cards and have the school distribute them to those in need.

"Our Greenleaf School community greatly appreciates the generosity of the donors, not only for their love of giving, but also for the great and positive economic impact on our school community."

- Rodolfo Perez

Opening a Path For All

"Accessibility is being able to get in the building. Diversity is getting invited to the table. Inclusion is having a voice at the table. Belonging is having your voice heard at the table."

-Downs' Syndrome Society, New South Wales

When I read the above post on Facebook, I was struck by how accurately it described the evolution our Temple Sinai community has undergone since the inception of the Access Committee in 2003. At the time we first started, we focused on two basic themes: Improving the accessibility of our physical space and sensitizing our congregation to issues and concerns experienced by congregants with disabilities. We believed that it was our obligation to enable all voices and perspectives to be heard in order to enrich and strengthen our whole community.

Before our new campus was built most of us were able to get in the door, but physical barriers often prevented full participation in Jewish life at Temple Sinai. Initially, the Harpham Chapel sat atop the administrative and religious school floors of the building. A spiral staircase provided the only access. Thanks to the insistence of a newly-hired senior rabbi, Steven Chester, in the early 1990s and from funds raised through a Capital Campaign, an elevator was installed to accommodate wheelchair-users and congregants who had difficulty climbing steps.

However, getting to Stern Hall for the Oneg meant taking either one of two circuitous routes: one involved riding the elevator down to the Summit Street lobby, exiting the building, and going around to the ramped Webster Street entrance where hopefully there would be someone to open the door. The other route involved making one's way from the chapel elevator to the lobby leading through the religious school hallway to a preschool classroom (in the dark) that eventually took us to the Stern Hall elevator. In addition, since the building had a limited amount of storage space, the elevators were used as utility closets, which meant that they could be entirely out of use or only fit one wheelchair user at a time.

The Access Committee realized that an accessible environment was vital to help congregants with disabilities feel welcomed and accepted. We also realized that we had to address the issue of stigma around disability. We presented

our first workshop for committee chairs in 2006: **Removing** the Stumbling Block: Welcoming & Opening a Path for All.

Looking back, what is so amazing is that our original insights of 20-some years ago about accessibility and what it meant for congregants with disabilities are as relevant today as they were in the past. When we started as a committee, we were concerned with people with physical disabilities, such as mobility, hearing, and vision, and those with mental illness and learning disabilities. The change is that our scope has broadened to include all kinds of disabilities, for instance, neurodiversity. Our disability lens has also shifted. The conversation about disability is no longer just about awareness, acceptance, inclusion, and diversity. It's about belonging!

Belonging is found in community, and creating community is our main Jewish value. We are all gifted and challenged in unique ways. We pool together our endowed assets and strengths, enriched by our shared humanity. All of this lends vigor to our ability to have an expansive view, really, an expansive experience of human capability, if we all feel like we belong.

The Access Committee has been busy working on ways to make each person at Temple Sinai feel a sense of belonging to our community. In the past year, we've provided training to the Temple Sinai Board of Directors and we are currently consulting with the Safety & Security Committee on developing protocols to help congregants who may require assistance in the event of an emergency. For our upcoming Disability Shabbat Service on February 16, we are inviting congregants to collaborate by sharing written reflections of their own or loved ones' disability experiences. March 10 is a screening, co-

hosted by the WTS, of the 2020 award-winning documentary 'Crip Camp' followed by a Q&A discussion involving behind the scenes reflections by congregant Denise Sherer Jacobson (who is featured in the film). April 10 we're going to repeat the training we did for the Board.



We've come a long way in the last 21 years, but there's still more to do. Belonging is not just "a voice at the table"; belonging is participating in the conversation. The Access Committee encourages the Temple Sinai community to join us in our ongoing effort. Email us at access@oaklandsinai.org.

Wellness Center Off to a Great Start!

"Happy are those who dwell in (y)our House" certainly was true when over 100 congregants and community members attended the inaugural Wellness Center of Temple Sinai Open House. Our "house", the beautiful 13-year-old version of the Temple Sinai facility, made it all possible. Participants enjoyed a full day's worth of mind/body wellness offerings and we used almost every nook and cranny of the campus.

The day began with Torah Study in the Fischer Library and the "Baby and Me" group in double classrooms 315-317. We used the Albers Chapel for a wonderful "Music in Motion" Shabbat Morning Service followed by an afternoon session of "Embodied Prayer." Stern Hall was utilized for a presentation on Jewish Mindful Eating which preceded a spectacular lunch. We also used Stern Hall to hold sessions on Mussar and Wise Aging.

The Sacred Garden housed a session on a Sukkot Meditation followed by the closing ceremony of singing and expressing gratitude for the day's events.

The Open House was a successful launch for the Wellness Center. We are at work providing further offerings such as innovative Shabbat Morning services including, "With All Our Body, Mind, & Soul: Music in Motion Shabbat Morning Service" and "Meditation Shabbat Morning Service." We are also offering future classes/groups on Mindfulness Meditation, Mussar, Wise Aging, and Baby and Me.

Check out our webpage www.oaklandsinai.org/wellness-center for more details. Please contact us at wellnesscenter@oaklandsinai.org for any questions about the Wellness Center of Temple Sinai.

















Top Row, left to right: Mussar with Rabbi Jackie Mates-Muchin, The Jewish Art of Mindful Eating talk and discussion with Jon Braslaw, Baby & Me Parent Group facilitated by Karen Tanner

Middle Row: Wise Aging with Dan Fendel, Torah Study with Rabbi Jackie Mates-Muchin & Rabbi Julie Bressler, Music in Motion Shabbat Service led by Cantor Keys and Robin Spiegelman

Bottom Row: Embodied Prayer with Laurie Leiber, participants discussing "joy" before the Jewish Mindfulness Meditation with Steve Goldstein

Wise Aging Includes Saying Goodbye to One of Our Own

mong the many programs sponsored and organized by ATemple Sinai's Wise Aging Committee is the Wise Aging class. This eight-session facilitated program brings together a group of congregants to explore and grapple with a variety of aging-related topics and to build community for ongoing support. Each class has the option to continue meeting as a self-facilitated group after the official curriculum ends. The second class which was held on Zoom during Covid and ended in February 2022 was enthusiastic about maintaining an ongoing connection and decided to meet monthly. Howie Perlin stepped up to help coordinate group meetings and facilitate discussions. Sadly, he passed away unexpectedly October 19, 2023. Processing grief and loss is an important element in the Wise Aging curriculum, and sharing stories helps us be blessed by their memory. Here are some memories shared by Howie's classmates:

Howie was that rare mix: a gentle, warm and loving guy, always helpful with a grin and a hug. He readily took on our WA2 group as its leader and we deeply feel his absence from our midst.

- Sherri Richards

What always impressed me the most about Howie is that he was very low key in assuming a role of leadership. He left the decisions to the group and in very subtle ways brought us to good decisions.

- Rita Zwerling

Howie was a kind and gentle, very intelligent person with such strong leadership skills. We all miss him greatly in our group. It feels like a central, unifying force is gone, but I hope as we process our memories of Howie we will be able to heal. He would have wanted that.

– Joanne Rocklin

Howie was upbeat and was always there to help the discussion along. He acted as a facilitator for most of the meetings. He also loved to talk about his wonderful trips.

- Howard Tevelson

It's hard to write about Howie as someone who is no longer with us because he was so full of life and enthusiasm for what he loved – travel, adventure, learning, music, family, friends, Judaism, and on and on. He contributed a lot to our Wise



Aging group, both as a coordinator for the meetings and as an active participant in our discussions. Howie's love of travel and learning was a major influence in the lives of many people. One personal example comes to mind: Natalie and I were in the process of trying to decide whether to travel to Greece in 2019. Our daughter Sarah and her family were going to be there, so we could connect with them in Greece. But Nat and I had just been to Israel the year before, so we were waffling at the time about taking another long airline trip. We asked Howie for his opinion, and he replied with an unequivocal Yes, you should go—there's nothing quite like Greece—the ancient history, the antiquities—just seeing and learning about the ancient Greek sites, art and culture make the trip worthwhile. And of course, Howie was right—we had a phenomenal trip and learned a lot. But Howie's enthusiasm for anything that was adventurous with the potential for learning was truly inspirational. He'll always be remembered for his love of life and the positive effect he had on so many people.

– Dan Crouch

Being a Wise Aging leader is one of the many contributions Howie made to the Temple Sinai Community. Howie will be deeply missed, and we know he would want us to support each other and his wife, Susan Rosenthal, while we hold his memory close in our hearts.

Social Action

Sinai Social Action continues to grow as a facilitator and incubator for groups within the congregation that are working to repair the local community and the world.

We all know there's a need to slow the pace of climate change, but we don't always know what we, as individuals, can do about it. The Climate Tzedek Steering Committee's monthly newsletter is packed with information about actions you can take and ways to weigh in on pending legislation and regulations. In California, our members urged passage of SB 252, SB 12, SB 233, AB 421. As part of the RAC's Power for Purpose Campaign, we made dozens of calls to the White House urging the EPA to adopt strong air pollution standards. We sponsored a Waste Management seminar on recycling, and are planning a Toxic Tour with Communities for a Better Environment to learn more about pollution and hazardous waste in our own community.

For more information or to join the Climate Tzedek Google Group, email https://groups.google.com/g/climatetzedek or rabbibressler@oaklandsinai.org



Voter Engagement

Since joining the RAC's Every Voice/Every Vote Campaign in 2020 and continuing with the Center for Common Ground's Reclaim our Vote Campaign, Sinai members and friends have written over 25,000 postcards to underrepresented voters in states that have made it more difficult to vote.

For the November election in Virginia, which determined control of the state legislature, Sinai members and friends wrote 1470 postcards out of 18,000 postcards written in Alameda County and 286,879 postcards written nationwide. It's clear that what we do matters! The CCG's Executive Director Andrea Miller pointed out how significant postcards are in reaching voters, saying "Remember the incredible thing about postcards is we do have an address for all of our voters; we don't have phone numbers for all of our voters."

Watch the enews and Sinai Social Action emails for information about getting involved as we continue this work for the critical 2024 primaries and general election.



Sinai with Interfaith volunteers at ICCNC

Interfaith Community Service

Temple Sinai members volunteer regularly for the Monday free hot lunch program at First Presbyterian Church. They also volunteer Wednesday mornings to distribute food at the Islamic Cultural Center of Northern California alongside members of Kehilla, Montclair Presbyterian, and the ICCNC.

Drives

Our tradition of collecting groceries for needy families at Oakland's Greenleaf School continued this December. In addition, Lynn Simon organized a collection of coats in collaboration with One Warm Coat. Watch the enews for a blanket drive in January and February and other drives throughout the year.



Lynn Simon

Social Justice Speakers

Periodically, we sponsor talks by individuals and organizations, which work tirelessly to help individuals and the community. Over 40 people Zoomed in to learn about the remarkable work of Lexine Alpert who spends several months at a time



Lexine Alpert with refugees.

working in refugee camps in Greece. If you have ideas for speakers, please let us know.

Contact us/Join our email group

Join the Social Action Google Group to receive periodic emails with updates and social action opportunities. To join, email us at SinaiSocialAction @oaklandsinai.org or send a request to join to https://groups.google.com/g/sinai-social-action.

Pursuing Tzedek in Alameda County: New Temple Workgroup on Criminal Justice

Last summer we launched a Criminal Justice Workgroup within the Temple's Social Action Committee. Our purpose is to explore and advocate for more effective and just alternatives to the current criminal legal system, specifically approaches that address the root causes of crime in our community and increase public safety for everyone.

Connecting within our Temple community, we can hold our elected officials accountable for evidence-based reforms rather than fear-based "tough on crime" reactions. To do this, we are tapping into our Temple community's diverse experience and expertise: some of us have been incarcerated; been victims of crime; work in jails, the legal system, or law enforcement; or have impacted family members.

Connecting our Temple to the larger community, we work with local and statewide groups to reduce the harm inflicted by our current criminal legal system, especially on communities marginalized by structural racism and economic inequality.

Rooted in Jewish values, our education and advocacy activities in our first seven months have included the following:

T'shuvah (welcoming back into the community of the one who has gone astray): On January 24, 2024, we will host an evening discussion with Bonafide, a local reentry organization, which helps people returning home following incarceration so they may pursue the same opportunities and quality of life as those who have never lost their freedom.

Tzedek (justice): A Town Hall with the newly elected Alameda County District (DA) Attorney was our first event, co-sponsored with Interfaith Coalition for Justice in our Jails and Faith in Action East Bay. To help advance racial justice, DA Price described how her new policy to reduce sentence enhancements is based on evidence showing that longer sentences do not improve public safety.

B'tzelem Elohim (all are created in the image of God):

We joined other faith leaders in a letter calling for an investigation into the death of a man while he was incarcerated in the Alameda county jail after missing a court date for a misdemeanor charge. He was being held in custody prior to any finding of guilt, as is the case with 90% of the people incarcerated there. Like many others, he was too poor to afford bail. He also suffered from severe mental illness. Despite a federal order for the jail to provide adequate mental health care, reports of in-custody deaths of mentally ill people

continue. Our letter calls for increased funding for behavioral health services to promote diversion of people from jail into more effective community-based treatment.

Tikkun olam (repair of our world): With the Ella Baker Center, Temple Sinai adults and teens decorated holiday cards with supportive messages to bring light into prison cells.

Rachamim (mercy): We provided opportunities for congregants to advocate for state Senate Bill 94 that would allow judges to reconsider certain life-without-parole sentences. We will keep our Temple community updated on further advocacy opportunities via the Temple eNews and Social Action email list.

Contact us at SinaiSocialAction@oaklandsinai.org to learn more about our new Criminal Justice Workgroup.



Temple sinai Criminal Justice Workgroup members sending holiday cards to people behind bars.



Temple Teens writing cards.

News from the Temple Sinai Library

Greetings! Whether you are pre or post B' Mitzvah, Fischer Library has something for everyone. Besides more books, here's what's new:

- 1. Work continues on culling the library collection and keeping the online catalogue up to date so that congregants can access it easily from their devices (Click on the Library tab from the Learn page of the temple website) or in person.
- 2. New (just recently) is the Library Trolley. Selected books from the library will come to you at services, just outside

Albers Chapel. You may both check them out and return books to the trolley without going to the library itself. Trolley selections will change monthly, thanks to new member Courtney Liebi, a great addition to the Library Committee!

- Also new this month is the addition of several hundred books donated by Rabbi Chester. Thank you, Rabbi! These include a new shelf labeled Special Collection containing every book ever written by Elie Wiesel.
- 4. Finally, *todah rabah* to the devoted members of the Library Committee: Marvis Brodke, Susan Levy, Sue Bachman, Courtney Liebi, Gay Schrag, Wendy Simon, Elaine Bachrach, and generous computer support by Jesse Bachrach.

The library is self-serve and open during regular business hours. Come enhance your knowledge of Judaica and fill your quiet moments with understanding and armchair adventure!



Membership Committee—Who? What?

We are congregants like you! We are eight strong! We meet prospective members and hope to later welcome them as new Temple Sinai congregants. We contact new members, give them a gift bag and keep in touch with them during their first year of membership. The Membership Committee is unique—it doesn't meet, we "work" independently! Join in this wonderful way to grow our community: contact membership@oaklandsinai.org.

The committee fosters engagement and connection for all Temple members by sponsoring the Affinity Group Program, which just completed its first year!

The Affinity Group Mentors oversee 32 groups, 21 of which are active and 11 are awaiting additional members—five are needed to move forward. There are currently 141 participants, many in more than one group. Sinai members are hikers, bocce ball players, cooks, film aficionados, book lovers, mah jongg players, and much more! The Art Appreciation group recently enjoyed a private docent tour of the Judah Magnes Museum in Berkeley.

To see what you've been missing, check out the complete list of affinity groups and register at https://www.betterunite.com/templesinaioakland-affinitytemplate or use the QR code on page 21.





Art Appreciation Group at the Judah Magnes Museum

Tin Pan Alley

Singalong

MIMI SHERATOR

Fine Arts Committee on Culture and Community (FACoCaC)

n 2023 the Fine Arts Committee on Culture and Community organized a wide range of programming. FACoCaC events included Facets of Spirituality poetry readings, the Bialy Eaters and Bake Your Own Amazing Bagels (a play and musical), Poets of Tin Pan Alley sing-along concerts—in 2023, From Bimah to Broadway and in 2024, The Wandering Jews (Songs of Longing for Places that Don't Necessarily Exist)—both at the temple and at retirement communities throughout the Bay Area, and our annual blood drive.

Some FACoCaC programs are closely linked to ritual, such as International Shakshuka Day's kiddush lunch, the Dwell program to encourage and support Sukkot observance, and our Pesach telephone greetings to every member family. We joined with the Ritual Committee to present classes on the Songs of Shabbat and how to make a sound from your shofar. Again with the Ritual Committee, we do our best to ensure that we have greeters (ushers) at every Friday evening service and Torah chanters at every Saturday morning Community service. Other FACoCaC programs may be perceived as secular, but all bring our community together—both members and prospective members—to share various facets of the Jewish experience.

Email engage@oaklandsinai.org to add your name to the FACoCaC email list or to suggest other programs.

- Phil Rubin and Nadyne Epstein, Co-Chairs



Sinai Green, formerly known as the Green Committee, has been in existence at Temple Sinai for at least 13 years (B' Mitzvah).

Temple Sinai became a certified Green Business in 2011 due to the challenging work by Green Committee members with the support of past and present clergy, executive directors, and facility managers. Few synagogues in California have achieved this noteworthy standard. As a Green Business, the temple commits to best practices in managing waste, energy, water, pollution, and wastewater.

The Green Committee made certification one of their initial key goals because it signifies that we seriously value our temple's role in reducing its environmental footprint. Temple Sinai recertified in 2018 and the Green Committee is currently going through the rigorous process of recertifying again.

In addition, Sinai Green members plan and participate in several programs during the year including Havdalah Hikes, Tu b'Shvat Seder, Shabbat in the Woods, and Reverse Tashlich that are open to all temple members. We welcome and encourage new members and volunteers. Please contact Joel Kushins at kushinsj@gmail.com.









GIVING

Todah rabah! Thank you very much to the following who provided contributions to Temple Sinai. These donations were recorded between September 29 and November 30, 2023. For corrections or additions to this list, please contact rhonda@oaklandsinai.org (510) 451-3263 x303.

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Lisa Hanauer

Linda and Christian Peacock in memory of Miriam Klein

Alex and Melanie Robins in memory of Sean Robins

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Ronnie Hersler

L'Chaim! Rabbi Mates-Muchin's 18th Year Celebration

Sue Ann L. Schiff

People of the Book — Oakland Literacy Project

Charmian Cohen

in memory of my late mother,

Mildred Cohen

Joe Maurer

in memory of Cathy Maurer

Preschool Fund

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Jim Allison and Margaret Lindenstein in celebration of Abraham Mandel's

Bar Mitzvah

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Bar Mitzvah

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Jewish Kids Groups Foundation

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in memory of Harry Kluger, father of

Larry Kluger

Ward and Elaine Lindenmayer in memory of Julie Ackerman

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Sarah Weinstein and Samson Falk in appreciation of Rabbi Mates-Muchin for her support of Janet Weinstein's family upon Janet's death

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in support of Lexine Alper's work with refugees

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Kenneth and Eileen Housfeld in honor of Dan and Natalie Crouch's birthdays

Where the Need Is Greatest Fund

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Katie Frank and Dan Psomas in honor of the wonderful team who helped Jack Psomas have a meaningful and beautiful Bar Mitzvah Larry Ginsburg and Lynn Simon

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Katherine and Chuck Greenberg in memory of Fred Karren

Lynn Greenberg and Michael Rothschild

Gary, Jackie, and Eric Greenhood in memory of Robert Rosenberg

Lois Horwitz

in memory of Fred Karren

Fred Isaac and Robin Reiner in appreciation of the Wellness Center and Steve Goldstein's Leadership in honor of Dan McClosky's birthday

Linda Kamby and Paul Weir in memory of Michael Kamby

Deborah & David Kirshman in memory of Fred Karren

Eugene Kopman and Susan Feldman

Ken and Tamar Mahru

Joan Natkin

in appreciation of Cantor Keys and Rabbi Mates-Muchin

Gerry Nelson and Joanne Rocklin

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Ryan Race and Daniel Fleischer

Larry & Helen Rosenberg in memory of Robert Rosenberg and Paula Pulver

Laura and Dan Rubenstein

Steve Shane and Sheryle Bolton

Jamie and Connie Shapiro in memory of Fred Karren

Wendy Simon

in memory of Robert Rosenberg

Ellen Singer, Eamon Molloy and family in memory of Lenore (Lindy) Foorman May her memory be a blessing.

Molly Taylor

Carol Upshaw

in memory of Fred Karren

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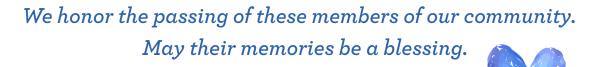
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