

Weekly E-news - November 4, 2021

Upcoming Events

Nov. 4 - Preview of Sixth Grade for 5th grade families, 6:30 pm

Zoom link

Meeting ID: 867 4509 9702

Passcode: 791979

Nov. 7 - PTF - Cooking with Culinary Judaics Academy,

4:30 pm

RSVP Required: Shalom School's PTF Cook and Learn

Workshop with Culinary Judaics Academy

Nov. 8 - TADS tuition assistance application available

Nov. 11 - Veteran's Day - all programs closed

Nov. 12 - Professional Day, all programs closed, office open

Nov. 15 - 19 - Lost and Found

Nov. 22 - 23 - K-6 Conferences, 12 pm dismissal for K-6 students only. Preschool and Pre-k open all day.

Nov. 24 - 26 - Thanksgiving Break, all programs closed

Dec. 3 - Livestreamed Hanukkah Performance and Grandparent/Special Friend Gathering, 10:30 am

Dec. 4 - Hanukkah Drive-thru, 5:30 pm (see flyer below)

Calendar

Website

Quick Links

COVID-19 Symptom Decision Tree
21-22 COVID-19 Guidelines
Parent Handbook
Medication Consent
Proof of Immunization
Student Change of Information
Board of Trustees
California Healthy Schools Act
K-6 Schoolwide Learner Outcomes
Program and Payment Option
Schedule
21 - 22 Childcare Fee Agreement





Donate

HEAD OF SCHOOL MESSAGE

Dear Shalom School Families,

Many of our students have been learning the song called "Gesher Tzar Me'od" throughout the past few weeks. The song's main message and its English lyrics share a quote from Rabbi Nachman of Breslov that, "the whole world is a very narrow bridge, and the most important part is not to be afraid." In today's modern world and in navigating this pandemic, I have heard from parents and students (and felt myself) that the world feels more and more like a "narrow bridge," with literal and figurative dangers on all sides of us. However, as I hear students gleefully sing that "the most important part is not to be afraid" and I see them playing with friends, excited about learning, and feeling a sense of community and belonging on our campus, I am filled with hope. It is my goal for our school to be a place of stability and a source of nurturing for students, parents, faculty and staff, and community members. As vaccines become more available for more age groups, I hope that the world begins to feel like less of a "narrow bridge" and that our community is blessed with good health and a strong sense of community and connection.

IMPORTANT INFORMATION

Great news! COVID-19 vaccines are now available for children ages 5 to 11. We have included links below to sites already scheduling vaccine appointments. Our health committee anticipates even more sites to become available in the coming week as supply reaches our local area clinics and pharmacies. Our health experts recommend going forward with your child's vaccine as soon as possible.

Once your child is vaccinated please present your vaccine card to the front office for our records.

A few notes from CDC and our health committee:

- The CDC recommends that children and adolescents age 5 and older get a COVID-19 vaccine. The Pfizer COVID-19 vaccine is authorized for ages 5 and up, as a 2-dose series taken 3 weeks apart. The dose for children age 5-11 is one-third of the dosage of the vaccine for ages 12+.
- Vaccination is the best way to protect children age 5 and older from COVID-19 COVID-19
 has become one of the top 10 causes of pediatric death, and tens of thousands of children
 and teens have been hospitalized with COVID-19. While children and adolescents are typically
 at lower risk than adults of becoming severely ill or hospitalized from COVID-19, it is still
 possible.
- The vaccine is safe and effective. Before being authorized for children, scientists and medical experts completed their review of safety and effectiveness data from clinical trials of thousands of children. The Pfizer COVID-19 vaccine was rigorously tested and reviewed, and over 11 million adolescents ages 12-17 have already safely received the COVID-19 vaccine.

Where to get the vaccine:

- CVS https://www.cvs.com/immunizations/covid-19-vaccine
- Walgreens https://www.cvs.com/immunizations/covid-19-vaccine
- Rite-Aid https://www.riteaid.com/pharmacy/scheduler
- UCDavis https://vaccinescheduling.ucdavis.edu/MyChart/covid19/#/
- SutterHealth Anticipated to begin scheduling the the coming days. https://www.sutterhealth.org/for-patients/health-alerts/covid-19-vaccine
- Additional sites can be found at https://myturn.ca.gov/

Frequently Asked Questions:

- 1. What about myocarditis? The risk of vaccine associated myocarditis is 2 per 100,000 individuals vaccinated. The peak incidence is in males in their late teens (10 per 100,000) and decreases even in younger adolescents. The dose for ages 5-11 is 1/3 the adult/teen dose. The risk of vaccine related myocarditis is less than that of disease associated myocarditis. By and large vaccine related myocarditis is self-limited or requires minimal treatment and results in complete recovery. Unfortunately, the same cannot be said for disease associated myocarditis or myocarditis associated with the Multisystem Inflammatory Syndrome in Children (MIS-C) that results as a complication of COVID-19 disease.
- 2. What if my child is about to turn 12, should we wait for the larger dose? Experts recommend going forward with the vaccine as soon as possible. There is predicted to be another winter surge, not to mention increased gathering in the winter season, and your child will benefit from earlier protection. If your child turns 12 between the first and second dose, the second will be the full adult dose and your child will be considered fully vaccinated.
- 3. People have told me I should wait to see how it goes for a few weeks; why not wait? While a few weeks may seem like nothing compared to the whole of the pandemic, there is anticipated to be a winter surge of COVID-19 and your child will benefit from being maximally protected as soon as possible to avoid becoming infected while waiting for the vaccine.
- 4. My child is getting vaccinated, when can we gather together again? Shalom School is frequently reevaluating our risk mitigating strategies and loosening those restrictions where

- possible. Following the anticipated winter surge and a period of time for our children to become fully vaccinated, we will reevaluate how we can be together more freely as a community.
- 5. My child is getting vaccinated, do we still have to quarantine if exposed at school? Those children who are fully vaccinated are not required to quarantine when an exposure has occurred at school.



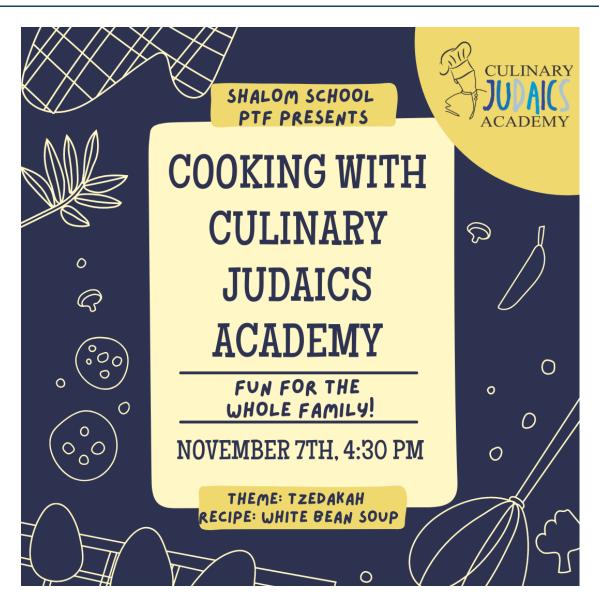
School Pictures

School pictures will be sent home with your child on Thursday, November 4th. The packets will include different sized pictures and payment instructions. Please go through the packet and take out the pictures you would like to keep and pay for. Please return any pictures you do not want and your payment information no later than November 10th.

All payment information will be handled through Lil' Angels:

Venmo: @ Lil-Angels-Sac (last 4 of phone # 3622)

Paypal: Tom@ LilAngelsSacramento.com Zelle: Tom@ LilAngelsSacramento.com Check: Made out to Lil Angels Photography



In partnership with the Culinary Judaics Academy, Shalom School's PTF will host a Live Zoom Cook and Learn Workshop Event on Sunday, November 7th at 4:30pm, led by Chef Danny Corsun of CJA. You'll need to

register for this event through the Culinary Judaics Academy link below to receive the zoom link, ingredient list, and recipe. Purchase your ingredients before the event so you can cook along with us on November 7th.

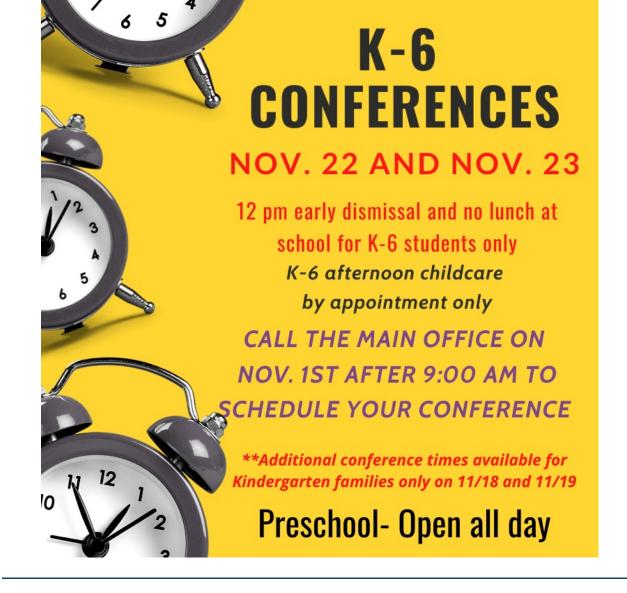
When you register, in addition to the live cook and learn workshop (focused on Tzedakah, a Jewish Value / Recipe: White Bean Soup), your family will also have access to CJA's Community Hub, where you can access monthly Live Zoom cook-along workshops led by Chef Danny Corsun, as well as the associated 15 minute video lesson on Tzedakah and the supplemental written curriculum for deeper Jewish learning for 3 months.

Please register your family to receive the zoom link and recipe so you can participate with us on Sunday, November 7th by following the below steps when using this link:

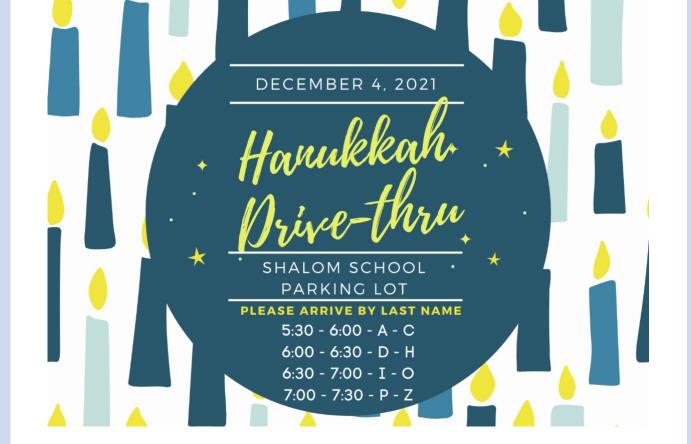
RSVP for Shalom School's PTF Cook and Learn Workshop with Culinary Judaics Academy

- Click on the above link.
- Email Address: Parent email (This will be your Login email)
- Synagogue/Organization: Shalom School PTF 2021
- Terms of Use Agreement: Click to agree.
- Click "Sign Up for Free" button.
- Create a password and make note of it!
- Look for an email from Culinary Judaics Academy (check Spam & Promotional Box if you don't get one)
- Once registered and logged in, "My Library" will be accessible in your drop down menu from your profile image in the top right hand corner of your screen.









Save the date.... Shalom School's Virtual Benefit

February 5, 2022 8:00 pm

HONORING OUR HEROES - SHALOM SCHOOL'S
INCREDIBLE AND ESSENTIAL
FACULTY AND STAFF.

ENROLLMENT



Important Dates for Currently Enrolled Families

- November 4, 2021 Preview of Sixth Grade for 5th grade parents
- November 8, 2021 TADS tuition assistance application available (Pre-k 6th grade)
- December 10, 2021 Kindergarten Preview for Pre-k parents
- December 17, 2021 TADS tuition assistance application due (Pre-k 6th grade)
- January 28, 2022 Parent Agreements available
- March 1, 2022 Parent Agreements and deposits due
 - NEW for 22-23: Any Parent Agreement and deposit submitted after March 1st must include a \$150 re-registration fee

PARENTS, TEACHERS, FRIENDS-PTF

JOIN TEAM SHALOM SCHOOL SACRAMENTO!









To join our team, <u>click here</u> or select a Team Member registration option, and select "Shalom School Sacramento" from the list of team names. You will automatically be added to the team fundraising page upon completing your registration.

Register by November 18 to be guaranteed a shirt in your preferred size.

See Website for all the info: https://www.runtofeedthehungry.com/



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Candace Eyman

Preschool Vice President

Ellie Duncan

Treasurer

Justin Lane

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Lisa Freeman

Immediate Past President

Sara Brass

Meetings:

January 7, 2022 March 25, 2022 May 20, 2022

Meetings will take place in-person or via Zoom depending on local health department guidance. Communication will be sent out prior to each meeting indicating which format will be used for that meeting.

To contact PTF, please email shalom.ptf@gmail.com

Shalom Share

Shalom Share is a free, on-line donation group for Shalom



School families to share new or gently used goods within our community.

You can post items to give away to other Shalom families such as clothing for children/adults, infant gear, toys, sports equipment, books, games, electronics and more. Or, you may post in search of (ISO) items.

Click here to join Shalom Share

Parent Participation Hours

Volunteer Opportunities

- Assemble Hanukkah bags: PTF is looking for a few volunteers to assemble Hanukkah bags on Nov. 17th at 2:00 pm. Sign up here.
- Shalom School Security and Grounds committee is looking for volunteers. We want YOU. Help keep our children, facilities and community safe and secure. For more information contact Hester Joelson at moteckhes@aol.com
- Refer a friend to Shalom School: Parents can earn 5 hours if the friend tours and an additional 10 hours if they enroll.
- Attend PTF Meetings: Learn about upcoming events and volunteer opportunities; receive 1 hour for each meeting attended.

After completing volunteer hours, all parents are responsible for logging their hours electronically via Google Forms. Click here to log your hours.



The Parent Participation Program policy requires that each family contribute **25 hours** of service per school year. Every family is responsible for completing these hours, and, at the end of the school year, any family who has not fulfilled all their hours must pay the difference between the hours worked and the 25 hour commitment at a rate of \$15.00 per hour. Please note: Parent Participation hour requirements will be reevaluated and possibly adjusted as we assess the COVID-19 limitations.

We recognize that the COVID restrictions will make it difficult to fulfill hours as we have in the past; therefore, we are providing more opportunities for tasks that can be completed at home. Grandparents and family friends can also earn family hours.

The Parent Participation Program has been an important part of Shalom School for years and has helped to increase family involvement, build community, enhance parent engagements, and strengthen our school.

Thank you in advance for your time, energy, commitment, and support.

SUPPORT SHALOM SCHOOL

SHALOM SCHOOL ANNUAL CAMPAIGN



It's not too late to donate!

Please make a donation of any amount in order for us to reach our goal of 100% family participation!

Contact: Stacy Spector, Advancement Director sspector@shalomschool.org

Donate Online: https://paybee.io/@shalomschool@16

Scan. Donate. Done.



paybee.io/@shalomschool@16



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COMMUNITY EVENTS





Happy Hanukkah!







HANUKKAH FILM FESTIVAL

SUNDAY, NOVEMBER 28 THROUGH SUNDAY, DECEMBER 5

The Sacramento Jewish Film Festival is partnering with Menemsha Films to present 8 days of films and special programs in the comfort of your own home.

Tickets for the entire program are on sale now for a discounted price of \$36. Enter the promo code of SACJFF in the website below. Half of the proceeds will go to support your Sacramento Jewish Film Festival.

Festival Trailer: https://youtu.be/zaJNyoY6ZM8

Festival Website: http://www.hanukkahfilmfestival.com/

A HANUKKAH GIFT TO OUR COMMUNITY: A VIRTUAL FILM

Breaking Bread

SUNDAY, DECEMBER 5 THROUGH TUESDAY, DECEMBER 7

The Sacramento Jewish Film Festival is presenting a special film at no charge as our gift to the community. *Breaking Bread* is a film about hope, synergy and exotic fare.

"Breaking Bread demonstrates that food can nurture a connection among people from disparate groups, chipping away at discord, and that when political and religious labels are removed, we are all just human beings with striking similarities." THE JERUSALEM POST

Details about how to access the film will be presented in future weekly festival updates. Click here to see a trailer to this delicious film. Don't watch it on an empty stomach!

FOR MORE INFORMATION, PLEASE VISIT SACJEWISHFILMFEST.ORG

Shalom School's mission is to provide each child with an outstanding education in a nurturing environment that is academically excellent, inclusive, innovative, and inspired by Jewish values and traditions.









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