

## Mask Reminder

**Parents and students must wear a mask while on campus. Parents - please put your mask and your child's mask on before exiting your car.**

There is overwhelming evidence that properly wearing a high-quality mask offers protection to both the person wearing the mask as well as all others with whom that person interacts. Medical grade disposable masks remain the most widely studied against the coronavirus. When possible, they recommend new, disposable, medical grade masks for both adults and children. Early in the pandemic, these were very hard to come by, but they are now more readily available.



Cloth masks vary widely in composition, design, and efficacy. They recommend masks that have either filtered fabric or two or more layers and a pocket for a disposable filter for added protection. Masks should be double-layered at an absolute minimum.

Masks are only effective when worn properly. They should cover the entire nose and mouth and have a nose wire so that the fit is snug. They should cover all the way to below the chin and not have any gaps. Please make sure that your child's mask is comfortable and fits well.

### **Here are some of the specific brands recommended:**

- <https://theuniversalmask.com/> - For adolescents or adults The Universal Mask, formerly 3MD, has micron filtration tested masks. They have children's masks with "filtering felt" as well but the children's are not specifically rated. These are very comfortable and wearable as well. These can be hand or machine washed and then line dried.
- <https://www.americanscreeningcorp.com> - Medical grade children's masks, Halyard Pediatric Masks, are also available off and on from Amazon.
- <https://www.happymasks.com/> - These can be washed many, many times. They are lightweight, easy for a child to put on, and easy to be heard through. These come in various sizes. The small is appropriate for a toddler or school-aged child
- [Amazon](#) - These are a 3-layer disposable mask.