



# Connections

As this second issue of *Currents* came together, it became clear that there was an underlying thread that ran through many of the articles.

That thread is the **power of connection.** 

In this issue:

- We hear from our seniors on the **importance of connection** and what their weekly Neighborhood meetings have meant to many;
- We read about the **value of connection** when we learn about the seven-year history of the Temple's Mah Jongg Program;
- In our Rabbi's column, not surprisingly, we read about the **strong connection** and good-neighbor role the Temple has played within our town and the surrounding community;
- In our feature article, Cantor Lynn Torgove talks about her early days of **connection** to Temple Emanu-El and her **spiritual connection** to Judaism through her music;
- Our Passover holiday pages teach us about the Passover Seder plate and its **symbolic connection** to the Passover story.

We know that there are many ways to create and celebrate our connections. Hopefully, this issue of *Currents* will highlight some of those and will serve as one more point of connection for our community.

Connect, create, belong.

Claudia Kaufman Editor

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From the Rabbi's Study

Rabbi David J. Mey











Upcoming B'nei Mitzva









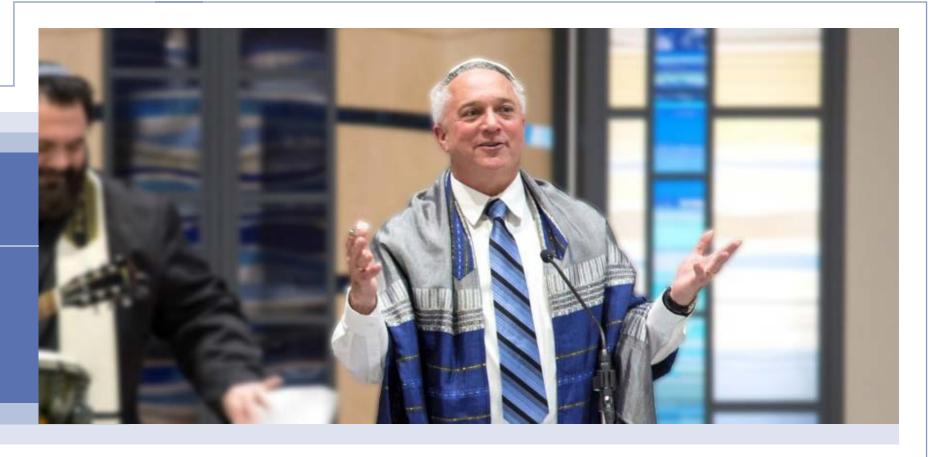




A Closer Look Cantor Lynn Torgove

# From the Rabbi's Study: Rabbi David J. Meyer

# On-Mission Statement



ne of my most positive, lingering memories of the past three decades here at Temple Emanu-1998. Concerns for the air quality at Marblehead's Coffin School had forced the closure of their building, and suddenly the town was scrambling to find a suitable learning and teaching space for the students. We stepped up to the call, and for several months, we hosted the grade school children using our Religious School for classrooms, the Youth Lounge as a hybrid cafeteria/infirmary, and the parking lot and adjacent spaces social media platforms to maintain for recess.

For many of the families who attended the Coffin School, it was the closest they had ever been to Temple Emanu-El, and on a few occasions, I welcomed the parents into our Sanctuary during school hours to teach Selectmen, and even other faith about Judaism and to answer communities - to seek needed

pleased to help provide a solution for the community's predicament, but I was also delighted to - both El brings me back to the year metaphorically and actually – open 1998. Concerns for the air quality the doors of the Temple at a time of communal need.

During our current COVID-19 pandemic, we have seen situations like this play out time and again, and I'm as proud and grateful to have been able to do so as I was more than two decades prior. As circumstances have required us to pursue remote learning and worship, to harness the use of our precious connections with one another, for the most part, our physical building and grounds have been a resource left vacant most of the time. However, when local, communal needs in town forced the leadership – police and fire departments, Board of Health, their questions. Not only was I assistance, I was proud to offer

our Temple spaces and even our staff to help respond to the needs.

In this year like no other, the Temple has been part of truly historic efforts to respond to the broader needs of our local community.

I would mention three such occasions in recent weeks and months that I believe we will long

November 3, 2020 - Election Day came during a time with monumental consequences for our entire nation. Some of our local schools customarily used as polling locations were not available, as hybrid learning for students required the large spaces to be used for social distancing. As we began exploring possible solutions with town officials, we were delighted to offer the use of our recently renovated and enlarged Social Hall for Election

Day voting for two neighborhood precincts. Although voting attendance was quite heavy, with a line snaking

"... I was also delighted to-both metaphorically and actually-open the doors of the Temple at a time of communal need."

outside the front doors, all came off without a hitch! And what better way was there to reinforce our "Get Out The Vote" messaging than by making the Temple a place to do just that.

**December 11 – 18, 2020** – Setting up for a town-wide free COVID-19 testing site required space for some 400 – 500 tests and for people to arrive in their private vehicles, forming a line to the testing location. Once again, the town leadership turned to the Temple. We were delighted to offer our parking lot (as well as our entrance and exits) to provide a fitting, safe and accessible location for this important healthcare effort. During times when the wait for testing became somewhat lengthier, I got to see many locals - including, of course, many of our Temple members – taking advantage of the opportunity to address their own health and safety, and that of their families.

December 24, 2020 – Perhaps the highlight over the past months of opening our doors and hearts to local needs came on Christmas Eve. Many of the local churches were intending to create "drive-in" worship for their congregations to welcome and celebrate their sacred

day. When I learned that Grace Community Church, housed in a downtown location with a total of only four parking spaces, was having difficulty finding a suitable location for such a service, we were again pleased to extend the invitation to use our space. Volunteers tested our internet connection in the parking lot to be certain it would be sufficient for streaming the service. Working with the Marblehead Light Department, we assured them that there would be live electrical outlets available both in our lot (on the sides of the brick substation that abuts our lot) and by using extension cords coming through our Youth Lounge doors and windows. We worked with the Church team setting up colored lights in our evergreen perimeter, two screens for projecting the service, and traffic cones to help manage the flow of cars and situating participants who chose to stand or be seated in lawn chairs – all properly distanced. Again, it all came off without a hitch. I personally felt satisfied and proud to have had

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occasion for our Christian neighbors, on their "Silent Night/Holy Night", to experience the Presence of the Divine through their own theological lens. that efforts such as these -

Nevertheless, I think it is fair to say that all of these chances we have had to help address pressing needs during such unprecedented times have been I will conclude simply by noting very much on-mission. It reflects who we are and who we hope to remain community outreach and support as a community of faith here on the - are not addressed in the official North Shore. Thanks to all who have

the chance to help facilitate the "Mission Statement" of the Temple. helped support every step we have taken to stay true to this aspect of our mission.

Rabbi David J. Meyer





## Lisa Nagel

Every Thanksgiving, my father calls care for others in need. Like many been holding this annual meeting for over 20 years, and attendance is mandatory for immediate family members. While a "meeting" to end Thanksgiving may sound unpleasant to some, for us, it is the best part of the day.

The first meeting was held in 1998 at my parents' home. My father asked
my parents' home My father asked
Like many well as my husband Dave and me, to join him and my mother for a Jewish homes, conversation. We all moaned at the important to him, so we obliged. Little did we know at the time how meaningful that first meeting was taught as an would be for all of us.

"Asher Family Foundation, Inc.," our family name. He created this private foundation so that we Choice." could personally decide and direct donations to charities of our choice. Family members could make Over the course of any year, throughout the year and the six officers (Dad, Mom, my sister, Ricky, Dave and me) could decide each year on Thanksgiving where the money would be distributed.

What a gift he had given to our valuable as dollars. family! From early childhood, my sister and I had been taught about Tzedakah and our responsibility to

a special family meeting. He has Jewish homes, charitable giving was taught as an obligation in our home, not just a choice. My parents made sure we understood that the practice of Tzedakah is a part of who we are as Jews, and that it should be an essential part of how we live our lives.

thought but this was obviously very important to him, so we obliged. charitable giving My Dad surprised us with the obligation in our "Asher Family Foundation, Inc.," a newly formed foundation in home, not just a

contributions to the Foundation the members of our family give personally to local and national organizations that we feel need our help. We do not just give money; we also give our time, our effort, our insight and necessities like food and clothing, all of which can be just as

However, the Asher Family Foundation provided a way for us to give at another, more profound level - as a family. My father told us that he created the Foundation for two reasons – to bring us together and to create an avenue for he and my mother to pass on the importance of charitable giving to their children and grandchildren. In addition to Tzedakah, my parents greatly value "Dor L'Dor" (from generation to generation). They believe it is our responsibility to continue to pass on Jewish traditions from one generation to the next, with one of the more vital and moral customs being Tzedakah and the taking care of others in our world.

In 2001, I had my first child. He joined our family meeting that Thanksgiving Day and, although he did not have much to say at three months old, a donation was made on his behalf. As more children have been born into our family, many more donations have been made with love and thoughtfulness.

My sister and I now have 7 children between us and they each come to Thanksgiving prepared with a charity of their choice. Instead of a "family meeting," each child now meets with my Dad (their Papa) in his home office to discuss their charity and the amount they would like to have contributed in their name. Each child comes out of that office with so much pride and a full heart.

My parents send checks from the Asher Family Foundation to each charity with a letter indicating the name of the family member who is designating the gift. The organizations range in size from large to very small, but they each have a personal meaning for the contributor.

The Asher Family Foundation, with its annual family meeting, is one of the best gifts my father could have given our family. It keeps us bonded to one another, it keeps us connected to our Jewish heritage and mission of Tzedakah, and it gives us an ongoing means of supporting those people and organizations in need. It is a wonderful legacy we hope to continue for many generations to come in our family.

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### Rabbi Allison Peiser

Jewish Teen Initiative (which is now under the auspices of Combined Jewish Philanthropies), reached out to the North Shore community partners in early November, I had no idea that it would launch a new stage of pandemic-friendly programming on the North Shore.

Using the format of previous staples of the Jewish Teen Initiative calendar, we had a "delayed" Soup-er Sunday event during Hanukkah. In the past, this event had been scheduled for the Sunday prior to Thanksgiving and had included projects in multiple locations on the North Shore. Teens look forward to this annual event: doing hands-on projects

Graham Firestone

help of Jill Simmons-Wetmore,

When Brett Lubarsky, Director of with peers, supporting members of the community, and working with members of other Jewish institutions on the North Shore. Some of the JTI Peer Fellows, including Temple Emanu-El's Aidan New, were disappointed when it seemed that this

event would not take place, which led

to Brett reaching out.

With financial backing of CJP, we planned an event during Hanukkah called "Soup-er Sunday Remixed: Spreading the Light is as Easy as Pie." We baked and donated pies to residents at Satter House, senior independent living apartments in Revere. Of course, nothing during the pandemic is easy, so with the



Aidan and Lucy New



Dylan and Avery Kerble

#### the Temple Youth Advisor, who organized the logistical components of the project, and Aidan and Lucy New, we packed and handed out 75 pie baking kits the Sunday before Hanukkah. The kits included all the supplies needed for baking pies, a reusable bag, AND an oven mitt. We were told that unpacking the bag and seeing its contents was as much fun as the project! Then, the Wednesday of Hanukkah, teens were invited to participate in a Zoom call to make the pies together. The following Sunday, pies were returned to Temple Emanu-El and taken to Satter House.

The Zoom program was facilitated by JTI Peer Fellows and was attended by students in seventh to twelfth grades. This allowed the teens to have a social experience on the Zoom call, putting their parents and other family members to work as they peeled apples and moved around their own kitchens. It displayed the JTI model of peer leadership: teens directing teens, building relationships, and encouraging future involvement. Seeing the finished products, as well as the pride of the teens as they dropped off their pies and cards, spread the light to everyone who was involved. Rabbi Meyer received calls from residents of Satter House who were pleased that Temple Emanu-El was involved with this project.

We are now planning a Community Day of Action, which historically took place on the last Sunday of April vacation. This year, we are shifting the date to April 11th, and the teens are taking the lead in helping to organize, plan and facilitate the program. We are hoping to have a combination of in-person and online projects connected to five areas of social justice: climate change, racial justice, foster care, mental health, and anti-Semitism. We hope to continue these collaborative projects in the future.



"Don't be alarmed, but there are two heartbeats." What???!!!

For those special moms out there that When these two new Temple members appreciate the shock. For me, first came panic, then denial, then acceptance, months since I first found out that my family's lives would be changed forever, I feel blessed (and nervous!) that identical twin baby boys are about to join us.

Being pregnant during COVID has certainly been an unusual experience. I have been living in a vacuum, often not seeing friends, family and Temple members for long stretches of time. Very few people have seen my body expand. I've been reduced to standing up showing Zoom meetings! Rather than sharing news and updates in person, it has been through phone calls and emails. I've needed to go to doctor appointments and have ultrasounds without my husband, and I've relied on In case you're curious, I was informed today that each baby is currently the size of a pineapple. I am thankful that my family and I have remained healthy throughout the pandemic, taking extra precaution to keep the babies healthy as well.

have heard these words before, you can enter the world (which will be by the time you are reading this), I will be going on maternity leave. Our Temple is fortunate to and then excitement. Now, seven have lay leadership that will be taking on many of my responsibilities for the months while I am away. Temple President, Lisa Nagel, Vice Presidents, Mira Kucharsky and Gail New, and Immediate Past President, Claudia Kaufman are all prepared to step in. I am confident that they will excel in "keeping the ship moving forward."

> Temple Emanu-El's hard-working staff will also step up to ensure that day-to-day operations are running smoothly. For most Temple questions, you can contact Julie Grossman at julie@emanu-el.org or call the Temple phone number, 781-631-9300, and she will be happy to assist you.

Lastly, I want to express my gratitude to my growing profile in the Temple Emanu-El community for all the support and love I've received since announcing my pregnancy. I have always felt truly thankful to work for such a wonderful organization and generous community. I appreciate all the kind notes and calls and look forward to hearing from you when our baby boys are born.

baby apps to keep me company. See you this summer... hopefully in person!



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# Spring B'nei Mitzvah

Congratulations to all our upcoming B'nei Mitzvah! We look forward to having you continue your religious education through Confirmation and beyond.



Sadie and Jared Halpern, *March 6, 2021* Son and daughter of Allison and Zachary Halpern



Quinn Harris March 13, 2021 Daughter of Lisa and Daniel Harris



Owen Newburg *March* 20, 2021
Son of Day and Richard Newburg



Cora Gerson
April 10, 2021
Daughter of Molly and Mike Gerson



Andrew Pica April 17, 2021 Son of Halie and Al Pica



Ryan Freed April 24, 2021 Son of Meredith and Andrew Freed



Jacob Hershfield May 15, 2021 Son of Rafe Hershfield



Taylor Aikman **May 22, 2021** Daughter of Kate and Dennis Aikman



Noah Xenios
June 5, 2021
Son of Jennifer Shore



Jeffrey Kucharsky *June 19, 2021* Son of Mira and David Kucharsky



Jamison Moore June 26, 2021 Daughter of Anne and Scott Moore



# Beth Tassinari



Beth Tassinari has been the B'nei Mitzvah tutor at Temple Emanu-El for the past 2 years. Prior to that, she privately worked with students preparing them for their Mitzvahs. Currents recently had the opportunity to ask Beth a few questions about her work helping students prepare and make the journey to their very important day.

## Can you tell us about your background?

I grew up in Marblehead going to Hillel from kindergarten through ninth grade. I received my bachelor's degree in business with an accounting concentration and then worked in business for several years. I have always loved Hebrew and Jewish Studies and taught in Hebrew schools as a substitute teacher whenever I could. I decided to pursue my passion and received my master's degree in Jewish Education from Hebrew College. During that time, 10 years ago, I was offered a position at Cohen Hillel (now the Epstein Hillel School). I am currently the Hebrew and Jewish Studies teacher for kindergarten and first grade.

## What are the ways you prepare students for their B'nei Mitzvah?

Depending on whether it is a morning or afternoon service, I prepare materials for the students to use for

their lessons. I help them learn the prayers so they can lead their service. I teach them their Torah and Haftarah portions (for a morning service) plus the blessings. If their service is in the evening, I also teach the Havdalah service. When it is time for their Mitzvah day, the entire team (Jon Nelson, Rabbi Meyer and me) comes together with the student to make sure everything goes smoothly.

## What has it been like tutoring during the pandemic?

Fortunately, we have all had practice with the Zoom platform. I meet with the students each week on Zoom and for the last two or three lessons, we meet at the Temple so the student can get a feel for what it is like to be on the bima (of course, socially distanced with masks!). I have not felt limited in any way by not teaching in person, but of course, my preference would be to personally be in the presence of each student.

#### Are most students nervous?

Most students are excited but have some nervousness on their special day. However, we work hard on building up confidence so that each student is well prepared by the time of his or her Mitzvah.

## What is the most rewarding part of being a tutor?

I love helping every student be successful in his or her own way. Being a tutor requires quite a bit of patience, positivity and flexibility. I pride myself on being able to differentiate depending on each child's learning style. For me, it is not their Mitzvah day that is most rewarding, it is every step in-between. Watching the student grow in the six months that we learn together is amazing!

## Can you tell us something about your family?

I have been married to my husband Paul for 25 years. We have two wonderful children – Josh, 22 and Katie, 17. Josh graduated this past spring from UMass Lowell and is currently working in sales. Katie is a senior at Marblehead High School, and we are excited to see where she will be going to college next year. Paul, Josh and I love watching and playing golf. Katie and I like to cook. Since COVID, my son and I started hiking locally. I love being on the North Shore in the summertime, walking by the ocean. We are all so lucky to be in such a beautiful place! 🧌

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When people say a certain talent, Knowing no one in town, they took like music or singing, is simply in someone's blood, they could easily be talking about Lynn Torgove and her DNA.

Lynn's grandfather, a graduate of the New England Conservatory, played in the Boston Symphony Orchestra as a professional cellist, having come from a long line of classical string players. When offered a job in the St. Louis Symphony, he and his bride moved west. At one point he, along with his father and his two brothers, all played for the St. Louis Symphony, making a total of 4 Torgoves on stage.

Lynn and her sister and brother were all born in St. Louis to Lloyd and Joyce Torgove. Following a business opportunity, Lloyd moved the family from St. Louis to Marblehead when Lynn was about 9 years old.

the most logical next step - they joined a temple, our own Temple Emanu-El. All the Torgove children started in Sunday school and the musical journey began... or did it?

Actually, Lynn's very first public singing experience was in St. Louis at age 5. At her graduation ceremony from the Kibbutz Nursery School, Lynn stole the show singing "Hava Nagila" for the audience. She had learned the song from listening to her father's Harry Belafonte album. After the family moved to Marblehead, her next singing 'engagement' was the role of Sleeping Beauty in a performance at Camp Simcha, the Jewish day camp, held where the Jewish Community Center of the North Shore currently stands.

Upon joining Temple Emanu-El, Lynn met Larry Smigel (of blessed memory), who she still refers to as MR. Smigel. He was a very active, enthusiastic Temple member who taught all the melodies sung at the Temple and directed a children's choir that would sing during Friday night services. Lynn credits Larry Smigel as being an inspiration for what was later to become her cantorate.

Mr. Smigel was also director of the Purim play, and it was simply a matter of time before Queen Esther (played by Lynn) and Queen Vashti (played by Lynn's best friend, Patti Limon Sands) were singing their hearts out on the stage in the Temple's Social Hall.

Between the nursery school, day camp and the children's choir at Temple Emanu-El, music was now something not to be denied in Lynn's life.

Fast forward a few years and Lynn is now part of the first year of Temple Emanu-El girls to read from the Torah during Saturday morning Bat Mitzvah services. Here Rabbi Shapiro heard Lynn sing and asked her, at 14 years old, to sing Kol Nidre as part of a duet during the High Holydays.

Lynn bravely agreed and, although her love of music and singing was undeniable at this point, she never had any aspirations of becoming a cantor. While growing up at Temple Emanu-El, there was no cantor. Rather, there was a quartet of devoted professional musicians, along with a Music Director/Organist who sang and played from behind the partitions on the bima, as was the custom in some Reform Congregations.

When Lynn graduated from Marblehead High School, she hadn't even thought of becoming a professional singer. She wanted to major in theater and was accepted to Tufts University.

She would have gone on to pursue a career in theater had it not been for the advice, or rather the stern 'instruction', from a long time Temple Emanu-El congregant and neighbor, Hedy Weiss, herself a professional pianist, born and trained in Vienna. Hedy took Lynn aside after hearing her sing Kol Nidre and said, "Lynn, you have a beautiful voice... BUT you must take voice lessons!" It was a turning

again pointing the way forward. Lynn enrolled for voice lessons at Tufts, her eyes opened to the world of serious voice study, classical art song and opera.

But still, she did not think of becoming a cantor, even though many, including Temple Emanu-El congregant Jerry Somers, encouraged her to enroll in a cantorial studies program. After a detour of becoming a registered Occupational Therapist, trying to make a practical career choice, she entered the Boston University School of Music and received a master's It was clear that Rabbi Meyer would degree in Vocal Performance.

For many years, she was able to make a living as a working musician. But, as with most professional musicians, it was papered together. At one point

point. Temple Emanu-El was once singer, but it wasn't like there was any planned end point," she said.

> During these years, her music still did not involve any Jewish practice. Her Jewish life remained in Marblehead, where she continued to sing Kol Nidre during the High Holydays.

> And then Rabbi David Meyer arrived An interesting note - Lynn's father Lloyd Torgove was president of the Temple at the time of Rabbi Meyer's arrival in 1991.

> establish music as a core element in our worship services. Rather than the professional musicians leading the service with Lynn doing a few extra pieces, Rabbi Meyer wanted to see just the opposite - Lynn leading the



Lynn and her father Lloyd Torgove on a trip to Israel in 2011

And then one day, Lynn was asked to

#### sing both the American and Israeli national anthems at the dedication of an ambulance being donated to Magen David Adom, Israel's national ambulance, blood-service and disaster relief organization. The money had been raised from the North Shore Jewish community by Arthur Zolot. She sang the anthems standing in front of both national flags, the ambulance, and a crowd of people

"I first broached the idea of her sharing the bima with me and actually leading the service as a Cantorial Soloist really as a response to her musical skills and her spiritual makeup. She was truly engaged and involved personally and spiritually in what we were doing. That was very important to me," said Rabbi Meyer.

They went through the whole prayer book to help her understand the meaning of the prayers so she would be able to bring the essence of the worship to her singing and musical leadership of the service.

Singing in Marblehead was a labor of love, but still only one piece of the items that filled Lynn's days. During this time, nearly 20 years ago, Lynn co-founded Gabriel Communications, a consulting firm focused on communication and presentation skills training. With clients all over the country, Lynn's life was a mixture of singing, communications consulting, and teaching. It all seemed to be working, yet still, becoming a cantor was not on her radar.

Acknowledging this community was a deeply moving and pivotal point for Lynn. She reflected, "Up to that point it was like I had been looking through a window at living a more complete Jewish life, and now it was time for me to step over the threshold into the room." Within a few days, she met with Rabbi Meyer to talk about how to explore this change of feelings. He suggested some reading material, some forms of personal, spiritual practice, but also that she speak to someone at the Hebrew College in Newton Centre to see about studying Hebrew and taking some classes there.

in the JCC parking lot.

She took his advice on all fronts and, after speaking with the director of the Cantorial Program at Hebrew College, she started auditing some classes. Audited classes turned into credited classes and, in 2005, she was accepted into the full Cantorial program. Jerry Somers wrote one of her recommendations.

The College offered her yet another teaching position as a voice teacher

## "I was so happy to be following my heart. I wanted to be a professional singer, but it wasn't like there was any planned end point"

she was sitting on the voice faculty at worship being backed by the quartet. five different institutions – teaching at Brandeis, Tufts, the Longy School of Music and the Walnut Hill School for the Arts. She was also directing operas at the New England Conservatory, Boston University School of Music and the Boston Conservatory.

"I was so happy to be following my heart. I wanted to be a professional



The Torgove family celebrates their first High Holydays at Temple Emanu-El

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juggled, along with her full-time consulting job, her other teaching positions and her singing.

the role of the cantor. I just couldn't stop studying," she said.

degree in Jewish Studies and, in 2012, after seven years and a long series of comprehensive exams, she was ordained as a Cantor.

communication skills at Hebrew College while serving as the head of the Vocal Arts department. Today she is the Director of the Cantorial Programs.

even more gratifying than before; during Sunday services.

the table. I am part of both the Rabbinical and Cantorial faculties. I have the opportunity to help shape the program. My students are my day-to-day congregation. This is my cantorate," she said.

Lynn now lives in Providence, and foundation, an incentive and Rhode Island with her husband, In 2011, Lynn received her master's Brian Mayer, Cantor of the storied. vibrant Conservative congregation, Temple Emanu-El in Providence.

Along with our Temple Emanu-El in Marblehead and her husband's For the next five years, Lynn Temple Emanu-El in Providence, Lynn also shared a third Emmanuel that has played a role in her life for many years—and of course it has to do with music. For decades she has been part of the chorus at the historic Emmanuel Episcopal Church on Newbury Street in "I find my work at Hebrew College Boston, performing Bach cantatas

and this became one more ball Lynn I now have a 'voice' and a seat at When asked what it was like to talk about her journey to the cantorate through Temple Emanu-El, she said, "It is a rare opportunity to be able to talk about the most important experiences in your life and, as it turns out, Temple Emanu-El has always been just that - a ballast inspiration, part of my family and part of my life. What I feel most deeply is gratitude - for the friendship, community and spiritual home that Emanu-El has been and remains."

> Actually, it is Temple Emanu-El that feels enduring gratitude to you, Queen Esther.



# Recent B'nei Mitzvah



Graham Firestone Son of Brant Firestone and Rosie Barrett October 24, 2020

We were thrilled to be able to celebrate Graham's Bar Mitzvah during the pandemic and so grateful to the Temple and Rabbi Meyer for making it a memorable, joyous and safe experience for our family

- Brant Firestone



Lilah Siegel, Daughter of Julie Selbst and David Siegel

Lilah's Bat Mitzvah celebration was not the one we had imagined when we began planning it more than two years ago, but the day became beautiful and memorable in its own way. The limits on in-person gatherings sharpened our focus on the meaning of Lilah's Torah portion without the distractions of event planning. As a bonus, friends and family across the country - literally from Maryland to California and from Minnesota to Texas - who might not otherwise have been able to travel, were able to participate. Friends in Chicago even had a back-yard outdoor service with us!

- Julie Selbst



Jacqueline Dormer, Daughter of Melissa and John Dormer November 14, 2020

We were really glad that Jackie was able to have her Bat Mitzvah service in November. While we could not celebrate the way we would have liked, it was still a very meaningful milestone for Jackie and our family. - Melissa Dormer



Daughter of Heather Cerar and Eyal Oren November 21, 2020

I think the best way to sum up our experience is that it was "the Bat Mitzvah we never knew we always wanted." Once Leila told us that she did NOT want to postpone the service and was intent on sticking with her original date, even if it meant no one could attend in person, a lot of the stress started to lift. Having Leila's service virtually allowed for her to be fully engaged and focused on the actual Bat Mitzvah and not lose herself in the details of planning a party. It allowed for us to include many more people than we might have originally included, and many were able to share in her special day, who might not have come otherwise. I fully admit that as soon as the service started, I sat in my seat silently weeping for the service that "could have been," but I also wept from relief, pride, and joy as I was fully engrossed in the experience. There was no stress for Leila being up in front of one hundred people in person, so she was not nervous, and she too appreciated the unexpected gift that the virtual platform allowed us. In the end, everyone needs to do what works for their Bar/Bat Mitzvah and know that there is no right answer. This experience truly emphasized honoring tradition, being resilient in times that are trying and difficult, and as a Jew, putting the health and safety of our fellow human being in front of everything else. These lessons will be carried with her for a lifetime

- Heather Cerar



Jeremy Kaplan Son of Melanie and Jeff Kaplan December 19, 2020

The Kaplan Family was overjoyed to finally celebrate Jeremy's Bar Mitzvah after rescheduling many times. We were sad that our friends and family across the United States could not be with us in person, but we were connected through comments on the Facebook Live chat. The Rabbi and all of the Emanu-El staff made this wonderful day so easy. Jeremy was well prepared and we are proud of all that he accomplished including breaking his nose just before the big day.

- Melanie Kaplan



Lucy Cohen, Daughter of Valerie and Mark Cohen December 19, 2020

I would just say that the Temple as a whole and Rabbi Meyer in particular were truly exceptional under terrible circumstances. The Rabbi was always available (typically via Zoom) and very accommodating to our needs. The live stream was fantastic. We had a lot of family and friends watching, and I have watched some or all of the Bat Mitzvah several times since. The music performed by Jon and Rabbi Meyer, as always, was amazing. I'm certainly saddened that we could not share the event in person with family and friends. Hopefully we will have the opportunity to do that this summer.

- Mark Cohen



#### Sydney Berman, Daughter of Julie and Benjamin Berman February 6, 2021

We are so proud of Sydney! She did a wonderful job and handled her Bat Mitzvah, including the added issues of the pandemic, with such composure, understanding and grace. While not what we had always imagined, the small gathering of friends and family was very special. We are also grateful to the Temple for their support as we put on a 'zoom' event for family and friends throughout the country. It was truly a wonderful experience for our family filled with treasured memories.

- Benjamin Berman

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# **Passover**

Passover, or Pesach in Hebrew, is one of the most widely observed of the yearly Jewish festivals, occurring each spring on the 15th day of the Hebrew month of Nissan. Many longstanding traditions, passed down from generation to generation, are part of family celebrations.

At the heart of the holiday is the telling of the story of the Exodus from Egyptian slavery. For more than 3,300 years - through trial and tribulation, times of hunger or sufficiency, periods of oppression or safety - we have been re-living this important part of our history and the many lessons it imparts.

The retelling of the Exodus story happens during the Passover seder, a festive meal that takes place on the first night (and for some families also the second night) of the holiday. The Passover seder not only includes the story of Exodus but also blessings over food and wine, explanations of Passover symbols, discussions of freedom and social justice, and plenty of singing and eating.

If the seder is the celebratory meal of the Passover holiday, the seder plate is the centerpiece of the Passover experience. The seder plate traditionally holds five or six symbolic foods, each representing a part of the Passover story. It can vary by tradition, but most seder plates contain a shankbone, lettuce, an egg, greens, a bitter herb, and haroset. These symbolic foods are placed near the leader of the seder and are pointed out and explained during the seder.

Each person at the seder table usually has a Haggadah which contains the text of the seder. The word Haggadah means "telling," as it facilitates the retelling of the Exodus story. The Haggadah also walks participants through the ritual-rich seder meal, indicating when and how each rite is performed.

Also on the Passover table are three matzot placed in a stack. Near the beginning of the seder, the middle matzah is broken in two pieces, and the larger piece of this matzah is called the afikomen. It is saved to be eaten after the meal. It is customary in many family celebrations to hide the afikoman, and the person who finds it (often a child) gets a prize! The afikoman is eaten last of all at the seder.

Chag Sameach!



#### Matzah

Unleavened bread. Three matzot on a plate with a cloth or napkin cover.



### Cup of Elijah

Kos Eliyahu, a large festive goblet filled with wine. symbolizing the hope for a redemptive future.

# Celebrate with Temple Emanu-El!

### Second Night Seder

Passover is a holiday celebrated in the home and Rabbi Meyer has invited us all to celebrate a second night seder with his family in HIS home – via Facebook Live, of course!

Sunday, March 28th, 5:45pm

### Passover Goodie Bag

Stop by Temple Emanu-El to pick up your Passover Goodie Bag.

Pick up times: March 25th, 10:00 - 11:30am & 5:00 - 6:30pm



#### Candles Festive holiday candles

#### Roasted Egg

beitzah, represents the Passover offering of ancient days, as well as the wholeness and continuing cycle of life even in the most painful of times, there is always hope for a new beginning.

#### Bitter herbs

maror, this bitter herb allows us to taste the bitterness of slavery.

#### Shankbone

**zeroa**, a roasted lamb shank bone that symbolizes the lamb that Jews sacrificed as the special Passover offering when the Temple stood in Jerusalem

## Greens

karpas,

symbolizes the initial flourishing of the Israelites during the first years in Egypt.



### Salt water

a reminder of the tears shed by the Hebrew slaves



herb, used in korech or the Hillel sandwich, which consists of matzah and bitter herbs (some add haroset as well).

#### Haroset

This mix of fruits, wine or honey, and nuts symbolizes the mortar that the Israelite slaves used to construct buildings for Pharaoh.

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# Passover Recipes

A BOOK OF FAVORITE





## In the early 80s...

the Temple Sisterhood published an updated version of its 1971 cookbook of favorite family recipes. Almost 300 pages in length, the cookbook contained recipes for appetizers, soups, salads, main dishes, vegetables, breads, pastries, desserts along with holiday recipes.

Also contained were helpful spot removal tips, ways to use leftovers, how to carve, how to freeze, and a chart of communicable diseases!

Below are two recipes from the Sisterhood cookbook!

### Passover Bagels

2/3 cup cold water 1/3 cup oil 1/2 tsp. salt 1 Tbsp. sugar 3 eggs 1 cup matzah meal Bring water and oil to a boil. Add matzah meal, salt and sugar. Mix thoroughly and cool slightly. Beat in eggs separately. Dampen hands. Form into small balls, flatten slightly. Place on greased cookie sheet. For bagels, make a hole in the center with wet finger. Bake at 375 degrees for 40 minutes until brown.



### Passover Chocolate Cake

10 eggs, separated and at room temperature 14 Tbsp. (about 1 cup) sugar 6 oz bittersweet or semi-sweet chocolate, melted slowly over hot water and cooled

2 cups finely chopped (not ground) walnuts



Preheat oven to 350 degrees. Beat the egg yolks and sugar until very thick and lemon-colored. Stir in the chocolate. Fold in the nuts. Beat the egg whites until stiff, but not dry, and fold into the chocolatenut mixture.

Turn into a greased 10 inch springform pan and bake one hour or until the center springs back when lightly touched with the fingertips.

Cool in the pan. Serve with whipped cream. Serves 8 to 12.

## In more recent years...

Temple families have gathered in the Temple Social Hall for a delicious second night seder with food prepared under the culinary guidance of Heidi Greenbaum, Dan Rosen and Sharen Solomon. Below are recipes for two of the favorite dishes from that meal.

## Baked Sticky Honey Chicken

nonstick cooking spray one 3-pound chicken, cut into 10 pieces Kosher salt and freshly cracked black pepper 1/4 cup honey 1/4 cup Dijon mustard

1/4 cup Dijon mustara 1/2 stick melted butter Juice of 1 lemon Preheat the oven to 350 degrees. Line a rimmed baking sheet with foil and spray with nonstick spray.

Sprinkle the chicken on both sides with salt and pepper. Combine the honey, mustard, melted butter, and lemon juice in a large bowl. Toss the chicken through the mixture and place skin-side up on the prepared baking sheet. Sprinkle with more salt and pepper. Bake until the chicken is fully cooked and an instant read thermometer reads 165 degrees, about 40 minutes.



Preheat oven to 350 degrees. Use drained pineapple juice to moisten farfel. Cream together butter and sugar. Beat eggs, add to butter mixture. Then, add moistened farfel and pineapple. Blend well and put in greased casserole dish. Sprinkle with cinnamon sugar. Bake at 350 degrees for 45 minutes to an hour until edges are golden brown.

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uthors, filmmakers and historians have long puzzled over how Mah Jongg became such a Jewish craze—it appears there is no definitive answer.

As one Internet writer asked: "How on earth did a 19th century Chinese parlor game come to be a favorite pastime for middle-aged Jewish women?"

Whatever the origin, for nearly 100 years scores of Jewish women have played Mah Jongg, a game of skill, strategy, calculation and a bit of chance. The game requires matching domino-like tiles into rummy-like

Sitting as a foursome around a table, each player has a card of numbers and colors arranged like a secret code to winning hands. Tiles are exchanged in a precise order: right, across, left, then left, across, right. Players call out mysterious sounding names as tiles are tossed into the middle of the table until ultimately the winning player yells out "Mah Jongg!"

Although the game may be centuries old, the version of Mah Jongg known most to current-day Americans dates back to the mid-1800's when a servant of the Chinese emperor combined the rules of a then-popular card game, replacing cards with tiles to create Mah Jongg. The name itself means sparrows because it is said that the clacking of tiles during shuffling resembles the chattering of sparrows.

As China opened to foreign traders, Joseph Babcock, an American businessman of the Standard Oil Company, traveled to China and brought the game back to America in 1912. By 1920, Abercrombie and Fitch, then a sporting goods store, was the first place to sell Mah Jongg in America.

Throughout the 1920s, the game was a popular craze. Over time, playing groups made up their own "table rules" which made the game more complex and convoluted. Players eventually soured on the ever-changing rules and by the end of the decade, the Mah Jongg craze had faded.

But one group of players—Jewish women to be exact—were not so fast to let the game go. There are several speculations as to why this was the

1. According to Anita Luu and Christi Cavallero's book, Mah Jongg: From Shanghai to Miami Beach,

"Throughout World War II, the game continued to be played among Jewish women's circles as it increased in popularity and became more prevalent in their lives." The authors further explained that while their men were off at war, women found Mah Jongg to be an inexpensive form of communal entertainment. In urban settings like New York, the game quickly spread from household to household, friend to friend, mother to daughter.

2. Other historians looked at the Jews who fled Nazi Europe and eventually made it to Shanghai. As they grew more involved in local culture, they adopted the game. And as these refugees immigrated to America, the game travelled with them keeping Mah Jongg alive.

3. A third and completely different theory comes from Ruth Unger, past president of the National Mah-Jongg League formed in 1937. She believed that the game was perpetuated in part because it is a philanthropic money-making endeavor for Jewish organizations, Temple Sisterhoods and Hadassah chapters in particular. The selling of Mah-Jongg rule cards resulted in donations from the League. To protect this revenue, they had to sell cards, and to sell cards they had to keep people interested in playing the game. As a result, Mah Jongg continued to be taught to their

Jongg in the Catskills and other midcentury Jewish vacation sites. As Jews from the city to the suburbs to the bungalow vacation resorts. Little kids watched their mothers in big sun hats play Mah Jongg every day, until husbands and fathers would drive up from the city at the end of Women who have played with the the work week.

Some of those children who watched their mothers play would grow up to

4. And of course, women played Mah Stanford University's Department internet sites selling American Mah of History says today the game is enjoying a Jewish renaissance: "Many moved, the game moved with them, of the Jewish daughters who once rejected Mah Jongg are now returning to the game as a way to connect with their Jewish identities and rekindle memories of their mothers."

> same women for years have shared the gamut of life-cycle events together—marriages, divorces, the birth of children, grandchildren,

Jongg sets.

But if you're looking for Mah Jongg inspired gifts, a 5-minute search on Pinterest will bring up Mah Jongg serving bowls, salt and pepper shakers, key chains, tote bags, coasters, yoga mats, COVID masks, luggage tags... all with tile-inspired artwork or funny sayings.

So, if there is a Mah Jongg devotee in your life, they may want the license plate holder that reads "Please don't tailgate me...I'm on my way to play Mah Jongg"; or the checkbook cover that reads "Check with me first, all my money is in my Mahj bag"; or the T-shirt that says "If laughter is the second-best medicine, Mah Jongg is the first."

Wear that last one, the T-shirt, proudly. For 100 years, Mah Jongg has done its job as a cultural fixture and has provided Jewish-American women with generational connection, friendship, laughter and just plain fun.

https://www.cjp.org/blog/mah-jongg-an-american-jewish-tradition-and-a-mitzvah%2Mah

https://www.myjewishlearning.com/article/mah-jongg/

# "As Jews moved, the game moved with them, from the city to the suburbs to the bungalow vacation resorts."

be the next generation of Mah Jongg players, many using sets inherited leather cases.

remains a fixture and continues to have staying power among Jewish-

Veteran players say that Mah Jongg from mothers or grandmothers with has brought them camaraderie, slightly yellowing tiles and well-worn challenge, sisterhood and relaxation. And as with most cultural phenomena, there is always room for the Whatever the reason, the game entrepreneurial spirit and Mah Jongg enthusiasts have a world of Mah Jongg merchandise to choose American women. Annelise Heinz of from. Of course, there are scores of

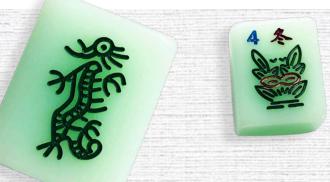
years of work and finally retirement.



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# MAH JONGG

### at Temple Emanu-El



In 2013, Amy Saltz sat down with then-Executive Director Judith Emanuel and tossed around the idea of starting a new program at the Temple – an ongoing, weekly Mah Jongg night with free lessons available to those new to the game. Judith was enthusiastic about it and they agreed to jump in. The last in-person Mah Jongg It was that simple, Temple Emanu-El's Mah Jongg Program was born, and has been going strong ever since!

Seven years later, Amy still coordinates the program. Starting off in the Temple Library, the program (with 30-40 attendees) needed more elbow room and was moved into the expanded space of the Temple Youth Lounge.

Doing her magic, Amy creates a weekly seating plan of tables striving to match players, friends, skill level, new arrivals, long-standing foursomes, etc. to make sure everyone has an enjoyable evening.

Mah Jongg sets are also available for tables where a player hasn't brought one.

There is always a learning table. Lessons are free and on average, it takes between 6-10 weekly sessions to become ready to play without an instructor. Amy teaches those who want to learn the game and is available to field questions from any table in the room. When members of the learning table become confident, they "graduate" to a group all set up for themselves.

With two hours of playing, participants can get through 3-6 games depending on their pace. Each table has its own personality—some tables are quiet, with serious faces of

focused concentration, other tables like to kibitz a bit more. Each table is its own game, there's no competition between the tables.

And then came COVID.

gathering at the Temple was on March 3, 2020. A few weeks after that, Amy sent an email to participants with a link to an online app called "Real Mah Jongg" so they could either play against the computer or reach out to their pals and play while we couldn't gather. A couple of months and a lot of positive feedback later, Amy proposed bringing back Tuesday night Mah Jongg – only now via Zoom!

As they say – if there's a will, there's a way. After a few trials at ways of operating, Amy figured out that a room could not only play with each heartwarming!" other, they could also hear each other. And if brave enough to work with two

devices, players each could both hear and see each other!

Attendance online varies, with technology being a barrier for some. Each week begins with a little time for social catch-up before the games

A welcomed benefit of the online platform is that players from far away, in other states, are able to join

When asked about the role Mah Jongg has played for participants, Program Coordinator Amy Saltz says, "Both before and during the pandemic, the Temple's Mah Jongg Program has provided one of the most vital resources: connection. That connection brings with it joy, appreciation, a fun distraction, plus table of players in a Zoom breakout the utilization of our brains! It's been

Thank you, Amy! 🙌



Neighborhood Spotlight:

# Senior Connection



Seven years ago, when former Temple president Bob Smith launched a new Temple Neighborhood for seniors, it came together quite easily. According to Bob, "It was a large, active group - it was a time when everybody could get together. And each year, a fun summer cookout (in the Temple parking lot) drew a great crowd."

With seniors representing a large demographic of Temple membership, Bob knew it all had to do with contact and connection. Not everyone used email, and this was a great opportunity for people to join in.

Now, several years and one pandemic later, the Senior Connection Neighborhood has grown to become, for many, not only an important group of fellow Temple members, but a

close-knit group of friends that truly cares for one another.

Shelby Chapper-Pierce, the Temple's Engagement Coordinator, helps the group in whatever way it might need, whether it be arranging for a speaker, making sure there's a little snack each week or helping someone log on to a Zoom meeting. According to Shelby, for years the group has met each week in the Temple's Fellowship Room and usually draws a loyal crowd of a dozen or so. It is always a couple of hours of lively discussion on whatever topic is hot in the news – from sports, to elections, to kids or grandkids. The group also welcomes guest speakers from inside and outside the Temple and has had topics that varied from meditation, to easy, at-home fitness instruction, to a session on how to get started writing your own memoir!

But the proof of just how deep the connections in this group run became truly evident when the pandemic hit. In March 2020, the Temple was forced to close its doors, unsure of just how long it would be before we would be able to gather again. The Senior Connection, like the rest of us, took a break and stayed home.

Linda Rosenfield, co-chair of the Senior Connection with Bob Smith, is credited by the group as being the driving force in keeping the group active and together during these unsettling times. Linda saw other Temple meetings happening via Zoom and thought – why couldn't the seniors do that?

Slowly but surely the group made its first foray into the world of Zoom. But after only a few Zoom meetings, the spring weather became milder and it was easier to be outside. Bruce Bank and Laurel Dolan had already started a Friday morning "parking lot group" of folks that had usually prepared the weekly Oneg. The Tuesday Senior Connection group, also longing to be together again, followed their lead

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and began meeting each week in the Temple parking lot in a responsible, socially-distanced way. It was a common sight on Tuesday mornings all through the summer to see a circle of masked seniors in folding chairs in the parking lot and to hear their lively discussion and laughter.

Stretching out the parking lot meetings as long as they could, the weather ultimately grew cold and the group turned back to Zoom meetings in December. Shelby (who jokingly refers to herself as the IT specialist of the group), helps those who have problems logging onto the online meetings. This new technology and meeting platform has been a challenge for some, but the Senior Connection group members remain undaunted.

When the online meetings first started and people were so excited to be back together, the discussion sometimes became a little unruly, with folks talking over each other, etc. However, after a couple of meetings with a group facilitator to organize the discussion, along with establishing some Zoom etiquette on muting, raising hands, etc., the problem resolved itself.

On a recent Tuesday Zoom meeting, when members were asked how they felt about meeting online, they said:

"Now more than ever, as we're starved for socialization. it's wonderful to see and spend time with familiar faces"

"it's not as hard as some people make it seem... just take it step by step"

"all you have to do is be willing to try"

"it's really grounded me and made me feel connected"

"it's also a great blend of programs and just time to connect"

We've truly become part of each other's lives, we're just friends."

has deepened the connections in the group. We all have a need to see get together has been an important outlet for many. We've truly become part of each other's lives, we're just friends." Linda goes on to say that even outside of the Tuesday meetings. group members regularly check in on 
If you have an Internet connection, each other.

Joining the group is also not a oneway street. Linda says that, especially during the pandemic, if someone knows of someone they think would enjoy and/or benefit from the group, they reach out, encourage them to join and walk them through getting started in the meeting.

Clearly this group has adapted and faced head-on whatever challenges could possibly prevent them from getting together. With Zoom under their belts, many seniors next took on Facebook Live and are now regular attendees in the Temple's streamed Friday night services.

Understanding the value and importance of connection, they have traveled from the Temple's Fellowship Room, to the parking lot, to boxes on a Zoom screen – becoming one of the Temple's most active Neighborhoods. At a time when technology is one of the only ways to stay in touch, don't count our seniors out when it comes to adopting and embracing new things.

would like to be part of the Senior Connection meeting each Tuesday people and be with people and having at 11am, don't be intimidated. The this established time and place to Zoom link is posted on the Temple website homepage and there are plenty of people who will walk you, step by step, through the process of getting started.

> the Senior Connection is waiting for you!





# Behind the Scenes at The Telethon

A fundraiser, in the style of a Jerry Lewis telethon was Rabbi Meyer's brainchild.

This was a totally new type of fundraising endeavor for us. Attendance was free and, to our knowledge, we were the first local non-profit to try this model. Pulling together a fundraiser is always a challenging endeavor. Pulling together a virtual fundraiser required an entirely new set of skills. which we were so fortunate to find in our technology volunteers.

We were hoping for a large viewership from both inside and outside our Temple membership, and this rang true. A benefit of this online platform was that the Telethon was available to viewers from any location worldwide!

The evening was filled with banter and talent, ranging from a kid's magic trick, talented singing youth, to professional comedy and everything in-between. Most importantly, our phones did not stop ringing, and we exceeded our lofty goal of \$50K.

We anticipate that our next major fundraiser will be in person at the Temple. However, should this not be possible, we have gained great insight into what it takes to pull off a successful online event. Sincere thanks to the hard work of the entire Temple staff and the dedicated volunteers below.

Gail New Telethon Chair







#### Volunteers

Talent: Jamie Yomtov Shari McGuirk

Technology:

Matt Friedman

Steve London

Howard Nunes

Auction: Ina-Lee Block Jessica Black Carole Schutzer

Stephanie Zweig-Brown

Marketing: Claudia Kaufman

Evening of: Mira Kucharsky Steve Fafel Katie Alexander Lisa Nagel

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## More Telethon Moments...





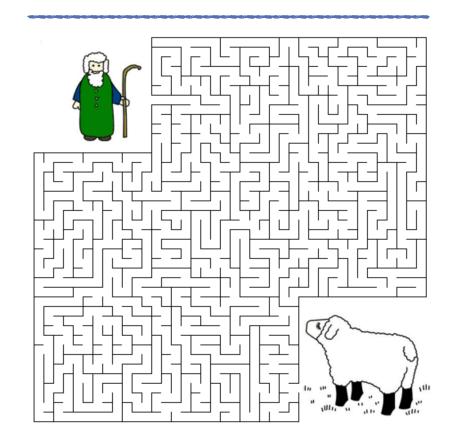










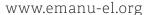


19. Bitter herb in Hebrew 20. Israelites were \_\_\_ in Egypt

### Passover Riddles!

- Q: What did the Red Sea say as the Israelites passed thorough it?
  A: Nothing, it just waved.
- Q: What makes the loudest noise at the Seder?
- A: The Ma"Roar"
- Q: What is the funniest thing on the seder table?
- A: HaHa Roset
- Q: Why did the matzah quit his job? A: Because he didn't get a raise!
- 0: What cheese is served at the Passover Seder?
- A: Matzah-rella
- 0: How does Moses make beer?
- A: Hebrews it.

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David J. Meyer, Rabbi Jaime Meyers, Executive Director Allison Peiser, Temple Educator Jon Nelson, Music Director Lisa Nagel, President

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