

Tidings

Shanah Tovah!

Looking forward to a bright new year



NEW & ALTERNATIVE PROGRAMS FOR THE HOLIDAYS

9/9 (Sat.) Selichot: A Night of Renewal • 9/19 (Tues.) Mindful Tashlikh • 9/20 (Wed.) Tashlikh at Shaker Lakes

SEPTEMBER 15-17 - ROSH HASHANAH

Multiple services led by our clergy • Family & Teen Programs • Kavvanah Minyan

SEPTEMBER 24-25: YOM KIPPUR

Multiple services led by our clergy • Yom Kippur War Story Walk & Yizkor Garden

See pages 6-7 for more information.



From the Rabbi



Rabbi Danya Ruttenberg in her book, *On Repentance and Repair: Making Amends in an Unapologetic World* writes: "Teshuvah is about coming back to where we are supposed to be, returning to the person we know we are capable of being and coming home." This month, we engage in a variety of building projects. Though we may not work in real estate, design or construction, as Jews, we are focused on rebuilding ourselves for the new year. Immediately after Yom Kippur, we begin the physical construction project by building our temporary homes (sukkot). Our spiritual home will be filled with our congregation joining together for holiday services celebrating the new year, and our hearts are always beating for our spiritual homeland of Israel.

The months of Elul and Tishrei, when the gates of *teshuvah* (repentance) and forgiveness are open wide waiting for our souls' return, mark the time we engage in the sacred construction process of transformation and growth. The rabbis advise us as soul contractors to project-manage ourselves and perform a home inspection of the past year. We have all had successes and failures, doors opened and others closed. Must we focus on the negatives or solely the positives? Through *Cheshbon Hanefesh* (spiritual accounting), we identify the renovations necessary for our souls. We must learn from the past year and seek out change, for we all have the capacity to grow and transform. Our special Selichot program and service offers us an opportunity to hear "Tales of Transformation" as we engage in this transformational work for ourselves. Repentance means changing, turning our course around and returning to a better, higher place called home.

During these *Yamim Noraim* (High Holidays) may we all change for the better by finding our true self and helping it shine through our lives.

Rabbi Hal Rudin-Luria

Candle Lighting

September 1	7:41 pm
September 8	7:30 pm
September 15	7:18 pm
September 16	after 8:16 pm
September 22	7:06 pm
September 24	7:02 pm
September 29	6:54 pm
September 30	after 7:52 pm

Torah Portions

September 2	Ki Tavo
September 9	Nitzavim-Vayeilech
September 16	1st day Rosh Hashanah
September 23	Ha'azinu/Shabbat Shvua
September 30	1st day Sukkot

Daily Service Schedule

Live stream our services at
www.bnaijeshurun.org/streaming or Zoom
in via phone at (929) 205-6099 or computer at:

Sunday mornings:

<https://zoom.us/j/91694216788>

Weekday mornings:

<https://zoom.us/j/96705935055>

Weekday afternoons:

<https://zoom.us/j/99872995020>

Friday evening service:

<https://zoom.us/j/99713360726>

Shabbat morning services:

<https://zoom.us/j/93333898986>

Shabbat afternoon services:

<https://zoom.us/j/97870881168>

Service Times:

Mondays - Fridays: 7:15 am, 6:00 pm

Saturdays: 9:00 am, 6:00 pm

Sundays & Holidays: 8:00 am, 6:00 pm



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Stop the Bleed Training

September 5 • 6:30 pm

Learn basic training in bleeding control principles so you are able to provide immediate, frontline aid until first responders arrive in the event of a manmade or natural casualty event. Free and open to all. RSVP at <https://cutt.ly/mwg8DT3a>. Learn more at www.bleedingcontrol.org. This program is presented in cooperation with the Jewish Federation of Cleveland.

President's Message



I recently heard an interview with Dr. Lisa Miller, a clinical psychology professor at Columbia University, about her new book, The Awakened Brain. Dr. Miller has devoted much of her career to studying the neuroscience of spirituality—

whether having religious faith or spirituality has an impact on people's mental health, healing and overall resilience. As she notes, whether it's meditation, a nature walk, reading a sacred text, or saying a prayer, there are many ways for people to tap into a heightened awareness of the world around us and our place in it.

Dr. Miller's research found that humans are universally equipped with a capacity for spirituality, and that our brains become more resilient from these activities. But what amazed me the most were her findings about the correlation between faith and mental health; those who connect with their faith or spirituality have drastically lower rates of addiction, trauma and depression. Put another way, Dr. Miller found that the awakened brain is a healthier brain, and that having an engaged spiritual life enhances grit, optimism and resilience.

Dr. Miller's findings underscore two things for me. First, that the synagogue's planned Wellness Center and Rabbi Rosenbaum's work is going to be critically important, not just for our members, but for the entire community. Second, that the arrival of the High Holidays is the perfect opportunity for all of us to embrace our inner faith, connect with family and loved ones, and reap the mental health benefits Dr. Miller's research identified.

Wishing all of us a happy and healthy New Year!

Scott Matasar

Cantor's Corner



When I was in sixth grade, we learned to highlight and mark up our books for "active reading." It felt contrary to my nature to permanently mark a book. Sure, it would be useful to my learning process, but then the book would be practically useless afterwards.

As I got into high school and the expectations for active reading continued, I worried about the books I permanently stamped. What if I ever wanted to reread them? Would I enjoy seeing all the thoughts that had occurred to me upon the first read, or would my past self get in the way?

As we enter this High Holy Day season, we come together to pray and repent, to enter the new year with a clean slate. We're meant to reach everyone we may have wronged in the past year and ask forgiveness. While I always find significance to this, I also know it may be impossible to correctly recall all the ways we may have wronged each other in the past year. After all, most of these wrongs and slights were unintentional. Could we possibly know what they all were and whom to approach for forgiveness? Can we reach everyone we've wronged to make it right? Just like the highlights and notes in the books I actively read, we have figurative marks upon our souls we're attempting to wash clean. I eventually realized I could use pencils and post-its for active reading instead of permanent marks.

At Kol Nidre, we release ourselves from the vows and promises we have made in the past year so that anything left unfulfilled won't prevent us from being rewritten in the Book of Life. Every year, these traditions teach us the value of being gentle in our treatment of each other and our souls. We need to actively read the book to learn better, but we also need to do so knowing that we will be different the next time we read it. An eraser may not always clear the marks of the past perfectly, but our traditions show us the value of finding a gentler method to make our mark—because there is no avoiding the marks we make as we learn.

L'shanah tovah u'metukah,

Cantor Alyssa Rosenbaum

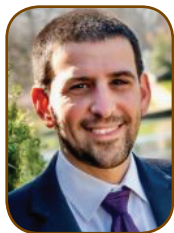
Cemeteries Update

The Bet Olam Cemetery Association and its congregational members, including B'nai Jeshurun, have agreed to remove all frames surrounding burial plots beginning this fall and continuing for up to three years. Frames will be buried below ground and the cemetery plots will be covered with new topsoil and seeded. Going forward, the cemetery will consist of only 18" monuments and grass. Older monuments will not be affected. This is being done to enable the cemetery to stabilize maintenance costs while improving the cemetery appearance. The cemetery has had difficulty recruiting employees and these changes will allow current staff to keep up with their responsibilities.

At Chesterland Memorial Park, a decision has been made, going forward, that all new plots must have a base installed for plaques to be attached. This is being done to avoid plaques sinking over time and being covered over with dirt and debris. It is hoped that visitors will be able to more easily locate the plaques of loved ones. The companies providing plaques will be notified of this new requirement as will the funeral homes.

Our goal is to maintain the cemeteries with respect for those who have come before us and those who will be coming after us in a manner they and their families deserve. If you have any questions, please contact Jay Ross or Joscelyn Harris in the synagogue office, or Mel Ginsberg, cemetery chairman.

Education & Youth



Finding the Path to Teshuvah

Every year as we approach Rosh Hashanah, we are reminded of the call to do *teshuvah*, to ask forgiveness, to work to clean our slate for the coming year. We repeatedly hear the shofar blasts awakening us to the task at hand. But is simply praying and asking for forgiveness enough? How do we know that we have done all we can?

Maimonides asks this very question: *Eizo Hi Tshuva Gemura?* What constitutes a complete repentance? He answers that complete repentance occurs when the person has the opportunity to commit the original sin again and is physically capable of sinning again, but does not sin because of the repentance they have done. Unfortunately, we don't often have this opportunity. We feel bad in part because we don't have a chance to do things over again, to make things right. Our mistakes eat at us precisely because all we wish for is that elusive chance to fix everything. Are we doomed to never perform complete *teshuvah*?

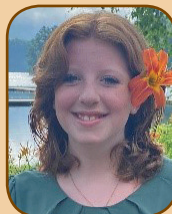
Maimonides clearly recognizes the predicament he has placed so many of us in with his answer because he continues to write, "even if a person sinned their entire life and repented on their dying day and died in a state of repentance, all of their sins are forgiven." Even though complete repentance requires the opportunity to demonstrate that we've changed, Maimonides understands that we are all human; we all make mistakes. And sometimes we make the same mistake over and over.

A congregant once asked his rabbi, "Why pray for atonement? After all, we'll inevitably sin again." The rabbi asked the congregant to look out the window behind him, where a young girl was learning how to walk. "What do you see?" he asked. The congregant replied, "I see a child, standing and falling." Day after day they met and witnessed the same scene. By the end of the week the child stood and didn't fall. Her face glowed from achieving what until that point had been impossible for her. "So too it is with us," the rabbi said, "We might fall and fall again, but we pray that God will continue giving us the opportunities we need to succeed."

Shanah tovah u'metuka! Have a happy, healthy and sweet 5784!

Rabbi Josh Foster

Bat Mitzvah



JORDAN SHOSHANA POLIKOFF Shabbat morning, September 9

Jordan lives in Orange Village and attends Brady Middle School. She enjoys Camp Ramah, painting and theater crew. For her Mitzvah Project, she is collecting cleaning supplies and gift cards for St. Herman House.

She is the daughter of Leah Eisenberg and Todd Polikoff, sister of Samuel and Shira Polikoff and granddaughter of Faith & Dean Eisenberg and Judy & Jack Polikoff.

Makom

Mondays, starting October 2 • 6:30 pm



Makom is the place for students in grades 7-12 to make new friends, eat dinner and have fun! Activities range from things like Jewish cooking and art, to hot topic discussions, coffee house nights, and so much more. Contact Sydney Ungar or Rabbi Foster with questions.

Hineni Fellowship



Join us as part of the third cohort of the Hineni Fellowship! This year's fellows will learn about the American Jewish Experience through a trip to New York City from January 28-30, 2024. The Hineni Fellowship includes two mandatory pre-trip sessions and two mandatory post-trip sessions. All fellows have the exclusive opportunity to be considered for the Isakowitz Youth Initiative Award. To learn more or apply now, visit <https://www.bnaijeshurun.org/hineni> or contact Sydney Ungar or Rabbi Foster. Applicants must be in grades 9-12. Applications close October 31.

Maltz Museum Presents

STOP THE HATE

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Each year students and schools are awarded \$100,000 in scholarships and anti-bias education grants. Will you or your school be the next winner?

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Wednesday, September 6, 7pm • Free and online

REGISTER AT [MALTZMUSEUM.ORG](https://maltzmuseum.org)

From Our Affiliates



Sisterhood Lunch & Learn

Ultra-Processed Foods

Tuesday, September 19 • noon

Robin Rood will lead this talk on Ultra-Processed Foods: What are they and how does this affect my health?

\$10/person. RSVP by September 14 to Robin Rood (rroodrd@gmail.com or 440-666-7658).

Sisterhood Book Discussion

Wednesday, September 20 • 4 pm



September's book is *The Matchmaker's Gift* by Lynda Cohen Loigman. All are invited to join us at BJC or on Zoom. Contact Linda Schoenberg (drcats2224@gmail.com) or Sylvia Abrams (sylvia.abrams@gmail.com) with questions. October's book is *The Sweetness of Forgetting* by Kristin Harmel. <https://us06web.zoom.us/j/81885748539>.

"BEE J" Honey Sale Returns



This raw, unfiltered honey is produced from the apiary (inspected by the Ohio Department of Agriculture) at the home of our congregant, **Bobbi**

Pincus. Her bees are not subjected to toxic chemicals; they forage on herbs, native flowers and tree blossoms. Approved kosher for home use by Rabbi Rudin-Luria.

The honey sale benefits BJC Sisterhood and is ready in time for the Fall Holidays, for your table or a gift. \$10/per 8 oz bear-shaped jar. Limited Supply. Paid orders filled in the order they are received, with pick up at the synagogue. Order and pay online at <https://cutt.ly/bee-j-honey>, use the QR code, or mail checks to Harriet Rosenberg Mann, 23575 Shelburne Rd., Shaker Heights, OH 44122. Questions? Contact Harriet (216-978-0451 or harrietrmann@gmail.com).



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Cavs Game

Monday, October 16 • 7 pm

Cantor Alyssa Rosenbaum

will be singing the National Anthem before the Cavs take



on Maccabi Ra'anana in a pre-season game at the Rocket Mortgage Field House. Group tickets will be on sale soon! Hosted by our Israel@75 Committee. Learn more and purchase your tickets at <https://www.bnaijeshurun.org/event/bjc-cavs>.

Composting Information Meeting

Monday, October 2 • 7:30 pm



We are excited to announce that BJC has entered into a contract with Rust Belt Riders to begin a composting program at the synagogue. Members are invited by the Environmental Action Committee to celebrate Sukkot and learn about composting programs.

We are looking for volunteers to help implement the synagogue's efforts. Members are also invited to sign up for a membership to bring your compostable material from home to our residential composting drop-off bin which will be located in our back parking lot.

Contact Laura Vexler (Lvexler@me.com) or Deby Auerbach-Brown (cabdab4@sbcglobal.net) with questions or to volunteer. This meeting is open to everyone.

Calling All Gardeners

We received a grant from the National Wildlife Federation and will be designing and installing a sustainable garden in a small portion of the Abraham Family Courtyard. We are looking for volunteers to help clear and plant the area. If you are interested in helping, contact Rachel Hersh Schwarz (216-470-1198 or rachelschwarz@sbcglobal.net).

Men's Club Archives

Robin Rood and Jeff Morris are the synagogue's archivists. If you have any Men's Club Archives, please donate them to the synagogue so that they may be included in our files. It could be from any decade or congregation (Beth Am, Bethaynu or B'nai Jeshurun).

Shanah Tovah!

Schedule of Services

In person and on stream

EREV ROSH HASHANAH – Friday, September 15

Service 6:00 pm and 8:00 pm

1ST DAY ROSH HASHANAH – Saturday, September 16

Services (David J. & Ruth A. Moskowitz Sanctuary
& Gross Schechter Day School) 8:30 am

Torah Service 9:15 am

Torah Café with Rabbi Foster 8:30 am

Early Childhood Program (Halpern Hall) 9:45 am

Family Service (Halpern Hall) 11:00 am

Teen Program (Gottlieb Auditorium) 11:00 am

Mincha 6:00 pm

2ND DAY ROSH HASHANAH – Sunday, September 17

Services (David J. & Ruth A. Moskowitz Sanctuary) 8:30 am

Torah Service 9:15 am

Shofar Service & Musaf 10:30 am

Kavvanah Minyan (Gottlieb Auditorium) 10:30 am

Family Service (Halpern Hall) 10:30 am

Teen Program (Youth Lounge) 10:30 am

Mincha 6:00 pm

KOL NIDRE – Sunday, September 24

Kol Nidre (David J. & Ruth A. Moskowitz Sanctuary &
Gross Schechter Day School) 6:30 pm

Candle Lighting & Fast begins 7:02 pm

YOM KIPPUR – Monday, September 25

Services (David J. & Ruth A. Moskowitz Sanctuary
& Gross Schechter Day School) 9:00 am

Torah Service 9:45 am

Sermon & Yizkor approx. 12:00 pm

Early Childhood Program (Halpern Hall) 9:45 am

Family Service (Halpern Hall) 11:00 am

Teen Program (Gottlieb Auditorium) 11:00 am

Congregation Speaker from EDWINS approx. 12:30 pm

Learning with Rabbi Carrie Rose 4:00 pm

Mincha 5:00 pm

Q&A with the Clergy 6:15 pm

Neilah-Ma'ariv 6:45 pm

Havdalah & Shofar (Yom Kippur ends) 8:03 pm

Kavvanah Minyan

2nd day Rosh Hashanah • 10:30 am • Gottlieb Auditorium

The High Holidays are a great spiritual journey filled with drama, oscillating between somber severity and ecstatic joy. Experience the high highs and grapple with the harder, lower moments while engaging in deep self-reflection, meaningful prayer and uplifting song! Join Rabbi Alex in Gottlieb Auditorium for this alternative wellness service.

Selichot

Saturday, September 9 • starting at 8:30 pm



We are a people of stories. From the harrowing and heartbreaking to the inspiring and triumphant. Join us for an evening of music, renewal, prayer and powerful storytelling as we learn from tales of change which can inspire our own transformation for the coming new year.

8:30 pm Musical Havdalah

8:45 pm Selichot Stories: Tales of Transformation

9:45 pm Refreshments

10:00 pm Selichot Services led by Cantor Alyssa Rosenbaum and the B'nai Jeshurun Choir



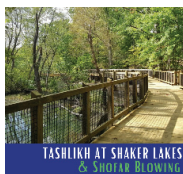
Mindful Tashlikh

Tuesday, September 19 • 6 pm

Join us for a special Tashlikh program to begin the new year a new way. Through music, self-reflection, writing, mindfulness practice and prayer, we will focus on body, mind and soul in order to begin again in a holistic path to renewal. This program will take place in Solon and you will receive the location once you register at <https://cutt.ly/mindful-tashlikh2023>.

Tashlikh at Shaker Lakes

Wednesday, September 20 • 6:45 pm



We will gather together to cast our sins away and earn God's forgiveness as we approach the Jewish new year. All ages are welcome and we will conclude with the hearing of the shofar. (To respect the wildlife, we will provide bird seed to cast in the waters.) Meet at Shaker Lakes Nature Center, 2600 S. Park Blvd., Shaker Heights parking lot. Please register by Tuesday, September 19 at <https://cutt.ly/tashlikh-at-shaker>. We will email everyone if we need to cancel due to inclement weather. Questions? Contact Shani Kadis.

Clergy Rotation

Rabbi Rudin-Luria and Cantor Rosenbaum will lead the David J. & Ruth A. Moskowitz Sanctuary services. Rabbi Jacobs and Rabbi Rosenbaum will lead the Gross Schechter Day School services. Shaliach Tzibur/Ba'al T'filah Mark Freiman will lead services at Gross Schechter Day School with our Rabbis.

Shanah Tovah!

Cemetery Memorial Services

Sunday, September 24

One of the customs of the High Holiday season is to visit the graves of our loved ones. Join our clergy for our annual memorial services.

9:30 am at Glenville Cemetery

10:00 am at Bet Olam Cemetery

11:00 am at Chesterland Memorial Park

Personal Prayer before the Ark



Sign up for a time slot between Rosh Hashanah and Yom Kippur to stand before the holy ark in the David J. & Ruth A. Moskowitz Sanctuary alone or with others in your home for personal prayer at <https://cutt.ly/PersonalPrayer5784>.

Bring a note with you or write on one of our notes, which will be sent to the Kotel.

Chesed Kosher Food Drive



During September, we ask each family to bring in one grocery bag of non-perishable food. Everything collected will be donated to JFSA. Please make sure everything is **kosher** and **not expired**. Collection bins are located in Gross Atrium. **Everything**

will be delivered on October 9.

Yizkor Garden



(photo credit
Samara Huntman)

Who are you remembering this Yizkor? As part of our new Wellness Initiative, in partnership with Sisterhood, we are creating a memory garden for Yom Kippur – a place for stories and spirits to take root and blossom, allowing our loved ones to live on in our lives and in our community in new ways.

We ask that you send in a picture and a memory or story of your loved one to populate our garden (1-2 submissions per person maximum). The garden will be open in our building all day long on Yom Kippur – visit when you need a break from the service, or come in the afternoon during the downtime. May all these memories be a blessing. Submit your photos and stories by September 14 at <https://cutt.ly/YizkorGarden>.

Borrowing Mahzorim



If you would like to borrow a *mahzor* for the *hagim* this year, please contact the synagogue office.

Zichronot: A Yom Kippur War Story Walk



This Yom Kippur, B'nai Jeshurun commemorates the 50th anniversary of the 1973 Yom Kippur War with a "story walk" through history. Please join us in Gross Atrium near Halpern Hall beginning on Yom Kippur and throughout the week for an immersive exhibit that walks us through Egypt and Syria's surprise attack on our holiest day of the year. Dive deeply into the war's historical context, key figures and legacy. As our High Holiday liturgy emphasizes *Zichronot*, "Remembrances," we remember those who fell bravely in battle, ensuring that

Israel will always be inscribed in the Book of Life. This exhibit is part of our Israel@75 programming.

How can you help? We are calling on volunteers for three key roles:

Do you have any personal remembrances of fallen soldiers whose stories you can share with us? Photos and text would be greatly appreciated for commemoration.

Do you have your own experience with or around the war that you can share with us?

We are looking for volunteer docents to take one-hour shifts on Yom Kippur and throughout the week to help greet and orient visitors.

Submissions are due by September 11 at <https://cutt.ly/EwjzV1EI>. Please contact Rabbi Jacobs for more information.

Sukkot

Sukkot Schedule

EREV SUKKOT – Friday, September 29

Mincha/Festival Ma'ariv
and Oneg in the Sukkah..... 6:00 pm

1ST DAY SUKKOT – Saturday, September 30

Shabbat/Festival Service/
Adult B'nai Mitzvah Reunion..... 9:00 am
Sukkot B'Yachad (Halpern Hall)..... 10:30 am
Congregational Luncheon at
Katie & Rabbi Josh Foster's Home 12:00 pm
Mincha and Oneg in the Sukkah 6:00 pm

2ND DAY SUKKOT – Sunday, October 1

Festival Service..... 9:00 am
Family Service & Program (Halpern Hall) 10:30 am
Mincha..... 6:00 pm

HOSHANAH RABBAH – Friday, October 6

Morning Minyan 7:15 am
Mincha/Festival Ma'ariv/
Erev Shemini Atzeret Service..... 6:00 pm

SHEMINI ATZERET – Saturday, October 7

Shabbat/Festival Service 9:00 am
Yizkor approx. 10:45 am
Children's Activities during Yizkor approx. 10:45 am
Congregational Dinner
(Linden Family Courtyard)..... 7:00 pm
Festival Ma'ariv/
Erev Simchat Torah Service and Dancing 7:45 pm

SIMCHAT TORAH – Sunday, October 8

Festival Service..... 9:00 am
Dancing..... 10:00 am
Children's Program (Halpern Hall) 10:30 am

A congregational luncheon will follow services.



Lulav & Etrog Sets

Blessing the lulav and etrog is the Jewish way of thanking God for the blessings of the earth during Sukkot. To purchase your own lulav and etrog set, please contact Diane Dronzek by **Friday, September 8**.

Late orders may not be able to be filled. Deluxe sets are \$45 each and student (smaller) sets are \$40 each.

Sukkot Sips

Wednesday, October 4 • 6 - 8pm
The Treehouse in Tremont

We will provide light appetizers and your first drink is on us! This is for The Bridge (Young Professionals). Contact Sydney Ungar to learn more.

A Funny Thing Happened after Eating in the Sukkah

Thursday, October 5 • 6:15 pm



This will be fun for everyone starting with a congregational dinner and improv comedy for children led by Rabbi Jacobs. The evening will continue with a stand-up comedy act presented by New York-based comedian **Gianmarco**

Soresi, who tours nationally and recently appeared on The Late Show with James Corden. \$20/adult; \$12/child (12 and under); \$60/family max (living in same household). Register at <https://cutt.ly/comedy-night> by September 29.

If you send a picture of your home sukkah to Shani Kadis by October 4, you will receive an award during the event! This event is generously sponsored by our Men's Club & Sisterhood.

Sukkot Programming

Sukkot B'Yachad

Saturday, September 30 • 10:30 am

Join us for a special family service and make an edible sukkah together.

Sukkot Lunch • Saturday, September 30 • noon

Following our service, make your way to the sukkah of Katie & Rabbi Josh Foster for a festive Sukkot lunch with the congregation! In case of rain, the lunch will be held at the synagogue. Registrations are encouraged by Wednesday, September 27 at <https://cutt.ly/shabbat-sukkah-lunch2023>.

Family Service & Lulav Shake!

Sunday, October 1 • 10:30 am

Make your own Lulav Shake as part of this Sukkot family service, followed by parading with our lulav & etrog together with the congregation.

Sukkot Lounge Night & Makom Dinner/Program Monday, October 2 • 5 pm

For teens in grades 7-12 before Makom. Join us for our opening Makom program of the year in the sukkah at 6:30 pm.

Family Sukkot Dinner • Tuesday, October 3 • 5:30 pm

More information coming soon!

Simchat Torah Congregational Dinner & Festivities Saturday, October 7 • 7 pm Dinner; 7:45 pm Service

Join us for dinner and to celebrate and dance with the Torahs together! Teens will create a special Simchat Torah treat!

Tree of Life

In Memoriam

We note with sorrow the passing of

STANLEY FELDMAN

Father of Shari Feldman-Rood

*ETHEL KLEIN

Mother of Marcie Gilmore and
Barbara Linden

SHIRLEY KLEIN

Grandmother of Brooke Zelwin

IRWIN MANDEL

Brother of Florence Goodman

*SHELDON POLSTER

Father of Josh Polster

*RHODA SEIFERT

* B'nai Jeshurun member

We extend our deepest condolences
to all the members of their families.

Happy Milestone Anniversary to:

Gayle & Ronald Routman	45 Years
Susan & David Rapkin	35 Years
Gail & David Kaplin	25 Years
Sharon Weisman & Louis Horwitz	20 Years
Lisa Berkowitz Schloss & Jeffrey Schloss	20 Years
Sandra & Adam Ellis	15 Years

Sorry we missed you in August:

Rachel & Matthew Kugelman	15 years
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Happy Milestone Birthday to:

Rosalyn Abraham	Barbara Kotton
Barbara Bilenker	Barbara Leeson
Carole Bookatz	Beth Lewin
JoAnn Eisenberg	Laurie Linden
Lynne Friedman	David Rapkin
Alan Gottlieb	Joyce Rothschild
Michael Haas	Mildred Rubinstein
Rachel Heiser	Neil Tramer
Brian Heller	Robyn Weiss
Debra Jacob	Channa Wirick
Joel Kay	Brooke Zelwin

Mazel Tov to

- **Laura Shefner & Max Bellin Warren** and **Ellen Shefner** on the birth of a daughter and granddaughter, **Emily Rose Warren**.
- **Devra & Josh Levine** and **Sandy & Steve Laserson** on the birth of a daughter and granddaughter, **Eleanor Rae Levine**.
- **Rebecca & Ido Romanov** and **Diane & Jesse Frankel** on the birth of a daughter and granddaughter, **Sivan Victoria Romanov**.
- **Laurie & Ira Davis** on the birth a granddaughter, **Isla Mae Davis**.
- **Nedra Rotsky** on the marriage of her grandson, **Brandon Rotsky** to **Jaime Holmes**.
- **Lorin & Alan Gottlieb** on the engagement of their son, **Jordan**, to **Cara Goodman**.
- **Idelle Wolf** on the engagement of her son, **Adam**, to **Nelly Grigorian**. Adam is the son of the late **Abe Wolf**.
- **Lisa & Bob Fishman**, **Flora Jacobs** and **Betty Fishman** on the engagement of their daughter and granddaughter, **Courtney** to **Holden Diamond**.
- **Bonnie & Charles Huston** on the engagement of their daughter, **Sasha**, to **Aaron Greene**. Aaron is the grandson of **Shulamith & Gerald Erenberg**.
- **Gena & Ethan Cohen** and **Susannah Cohen** on the engagement of their son and grandson, **Russell**, to **Rachel Berwald**.



Warren



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Rotsky



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Goodman



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Super Sunday

September 10 • 10 am - 5 pm • JFC



Join Federation for an all-day community-wide fundraising event that will celebrate everything that makes Jewish Cleveland so special and showcase the impact we make together. Together, we can – and will be – HERE FOR GOOD! All ages can join the fun! Learn more and register at <https://cutt.ly/super-sunday2023>.



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Giving Opportunities

Contact Development Director Lorna Siegal (lornasiegal@bnaijeshurun.org or 216-354-0743) today.

Linden Family Courtyard Pavers through September 20th



Engraved pavers in the Linden Family Courtyard are ordered only once per year. We continue to hear about the satisfaction felt by congregants who have dedicated a paver in our beautiful courtyard.

Courtyard pavers provide a lasting way to:

- Honor a family member or friend
- Pay tribute to a loved one
- Recognize a special event, wedding, B'nai Mitzvah, or milestone birthday

Please place your paver order by September 20th. Pavers are \$180 (8x8), \$360 (8x16) and \$720 (16x16). For more information, contact Lorna Siegal or visit our website.

Ner Tamid Society Join us



Ner Tamid members make a difference by ensuring the health and sustenance of our congregation through an enhanced annual financial commitment to the synagogue. Their philanthropic support is greatly appreciated and recognized

by the clergy and synagogue leadership. Ner Tamid membership covers all of the B'nai Jeshurun expenses and donations for the year including membership dues, security, two endowed seats, High Holiday Honors donation, Mahar contribution, High Holiday special parking, annual Tribute dinner tickets with sponsorship level, Sisterhood, Men's Club dues and special Ner Tamid programming throughout the year. We publicly recognize our Ner Tamid donors in the *Tidings*, in High Holiday materials, a special synagogue banner, and with special Ner Tamid events.

It is not too late to become a Ner Tamid member. If you have already paid your synagogue membership dues, it's easy to upgrade to one of our four Ner Tamid levels. Contact Lorna Siegal to discuss this opportunity.



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Mahar

The Campaign Starts Now!

The days leading to Rosh Hashanah mark the time of year when we launch our Mahar campaign to support the operating costs of the synagogue. This campaign continues to be critical to the health and vitality of our synagogue. Your Mahar support will defray the increased costs of maintaining our building, the continued updates to our technology, and the in-person and virtual programming that brings us spiritual support and community.

We urge you to make a Mahar pledge for 2023-2024. Whether you give \$18, \$36, \$50, \$100, \$1,000... any size donation goes a long way toward making B'nai Jeshurun the vibrant community that we have come to love. Thank you so much for your ongoing support. Call Lorna Siegal for more information.

Tax Advantaged Ways to Pay Your Synagogue Dues & Donations

There can be significant benefits to paying your dues, Mahar pledge and other synagogue donations with stock instead of cash. If you own stock or other securities that have appreciated in value and have been held for at least one year, you may be able to donate them to B'nai Jeshurun and receive credit for the current market value without having to pay any federal income tax on the gains. The process is not difficult and most often can be completed with just one phone call.

In addition, there is a wonderful opportunity for those currently required to be taking RMDs from retirement plans or may be required to do so during calendar year 2023. You can pay your synagogue dues and most of your other synagogue donations with required minimum distributions. The distribution (which may be up to \$100,000 per individual in each calendar year) is NOT subject to federal income tax. If you plan on transferring stock or other securities to us, please contact Marcy Stahm for instructions, to let us know that a transfer is on the way, or with other questions.

As with all tax-related matters, you should consider your individual situation and should consult your tax advisor for advice.

BIC Learning Institute



Zoom in via computer or phone in at (929) 205-6099, the Meeting ID is the number at the end of each link. Please check our website frequently for updates at https://www.bnaijeshurun.org/adult_ed. We look forward to seeing you in class! **These classes are brought to you through the generosity of the Fersky Fund for Adult Learning, Rabbi Michael and Sheila Hecht Limmud Fund and Nelson Pole & Betsy Greene.**

Staying Fit with Linda Schoenberg

Mondays • 11 am (no class September 4 & 25)

Join certified Silver Sneakers instructor Linda Schoenberg for her 60-minute total body work out for seniors. Please have a sturdy chair, light weights and a squishy ball handy. Sponsored by Na'amat USA.

<https://us02web.zoom.us/j/85880852411>

Bible Study with Susan Wyner

Tuesdays • 10:30 am

Join in for a close reading of the Bible as we make our way through our most central text. We are currently studying Samuel 1, Chapters 8-13.

<https://zoom.us/j/94519361768>

Mishnah: The Best Book You've Never Read with Rabbi Alan Lettotsky

Wednesdays • 10:30 am

A small group of rabbis, over the course of a couple hundred years, laid out entire systems of holiday observance, civil and criminal law and taxation, among many others. It is the core of what we think of as Jewish tradition today.

<https://us06web.zoom.us/j/87108945546>

Midrash: Stories to Live By with Rabbi Joshua Jacobs

Thursdays • noon

Midrash is a form of rabbinic commentary that comes in two forms, *halakhah* (law) and *aggadah* (narrative). Both, in their own way, offer guidance as to how to live a meaningful Jewish life. In these sessions, we will explore *aggadah* - the rabbinic tales that have impacted me on a soul level. My hope is that through our learning and discussions together, we will discover stories to live by - stories that stir the soul, inspire growth, and help us find ourselves in our ancient texts. This is a hybrid class and participants are encouraged to come in person. **Lunch will be provided**; voluntary donations welcome to cover costs.

<https://us06web.zoom.us/j/87277103560>

Torah Café

Saturdays • 9 am

Gain fresh insights into the Torah, and study with great teachers! Breakfast, coffee and tea are available.

<https://us06web.zoom.us/j/83603008490>

September 2 – Rabbi Peter Haas

September 9 – Rabbi Carrie Rose

September 16 – Rabbi Josh Foster (Rosh Hashanah – 8:30 am)

September 23 – Sylvia Abrams

September 30 – Rabbi Dan Utleigh



Rosh Hashanah Cooking Demonstration with Personal Chefs Eileen & David Brown

Thursday, September 7 • 6:30 pm • in-person only

Cooking for the High Holidays does not need to be stressful. Personal Chefs Eileen & David Brown, who have 30+ years in the food industry, will show us how we can prepare a simple and gourmet meal that will impress all of your guests from beginning to end. The menu will include: zucchini pancakes, apricot chicken, lemon potatoes with garlic and oregano, green beans almondine and apple crisp. We will also have wine for pairing. Volunteers will be called upon to assist and samples of everything will be provided. Everyone will also go home with the recipes. Free; spaces are limited. Register by September 1 at <https://cutt.ly/hhd-cooking2023>.



Mikvah and the Yamim Noraim: The Waters of Transformation with Rabbi Alex Rosenbaum

Monday, September 11 • 7 pm & Tuesday, September 12 • 5 - 8 pm
Charlotte Goldberg Community Mikvah

This is a two-part series, in person only. On September 11, join Rabbi Alex at the Mikvah to tour the facility and learn about the cleansing power of water in Judaism. On September 12, experience the power of the mikvah. Immerse yourself in our ancient tool for spiritual renewal to prepare yourself for the High Holidays. Sign up for your OWN 15-minute time slot at <https://cutt.ly/wwfJqanm>.

Tribute and memorial donations received from June 15, 2023 through July 14, 2023 total \$10,461.

To better manage administrative expenses, it is requested that contributions be at least \$10 or more each.
Thank you for helping us reduce the synagogue's cost, which increases the actual value of your gifts.

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Vol 97, No. 9 • September 2023
Elul 5783/Tishri 5784
(ISSN 2327-2341)
is published monthly by

B'nai Jeshurun Congregation
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Thank You to our August Kiddush and Flower Sponsors

August 4: The oneg was sponsored by an anonymous donor in honor of Tu B'Av Shabbat.

August 5: The extended kiddush was sponsored by the Officers, Board of Trustees and Rabbi Search Committee in honor of Rabbis Joshua Jacobs & Alex Rosenbaum.

August 19: The kiddush and congregational luncheon were sponsored by Linda & Charles Gruenspan and Karen & Michael Barson in honor of their milestone anniversaries.


August 26: The kiddush was sponsored by the Matasar Family on honor of the milestone birthday of Sheryl Handler-Mataras. The flowers were sponsored by Kimberly Favor & Jonathon Schonfeld in honor of the Mincha Bat Mitzvah of their daughter, Sadie; and by Linda & Gary Feldman in honor of the aufruf of their children, Danielle Feldman & Jeremy Winkler.

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September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 See page 6 for the High Holiday Service Schedule		 Opening Dates: Tuesday School – September 5 Shabbat School – September 9 Makom – October 2			1 10:30 am Kinder Shabbat 6:00 pm Service; Birthday Shabbat	2 9:00 am Service; Ungar/Milgrom Aufruf 9:00 am Torah Café Rabbi Peter Haas
3	4 Labor Day; office closed	5 10:30 am Bible Study 6:30 pm Stop the Bleed Training	6 10:30 am Mishnah class	7 12:00 pm Midrash class 1:30 pm Yiddish Club 6:30 pm Rosh Hashanah Cooking Demo	8 10:30 am Kinder Shabbat 6:00 pm Service	9 9:00 am Service; Jordan Polikoff Bat Mitzvah 9:00 am Torah Café Rabbi Carnie Rose 8:30 pm Selichot
10 Super Sunday 10:00 am Lake View Cemetery Tour	11 11:00 am Staying Fit with Linda 7:00 pm Mikvah & the Yamim Nora'im at the Mikvah	12 10:30 am Bible Study 5:00 - 8:00 pm Mikvah Opportunity 7:30 pm Board of Trustees Meeting	13 10:30 am Mishnah class	14 12:00 pm Midrash class 1:30 pm Yiddish Club	15 Erev Rosh Hashanah; office closes at noon 10:30 am Kinder Shabbat	16 1st day Rosh Hashanah 8:30 am Torah Café Rabbi Josh Foster
17 2nd day Rosh Hashanah	18 Fast of Gedaliya 11:00 am Staying Fit with Linda	19 10:30 am Bible Study 12:00 pm Sisterhood Lunch & Learn 6:00 pm Mindful Tashlikh	20 10:30 am Mishnah class 4:00 pm Sisterhood Book Discussion 6:45 pm Tashlikh at Shaker Lakes	21 12:00 pm Midrash class 1:30 pm Yiddish Club	22 10:30 am Kinder Shabbat 6:00 pm Service; Anniversary Shabbat	23 9:00 am Service 9:00 am Torah Café Sylvia Abrams
24 Kol Nidre 9:30 am Cemetery Memorial Service – Chesterland 10:00 Cemetery Memorial Service – Bet Olam 11:00 am Cemetery Memorial Service – Glenville	25 Yom Kippur; office closed	26 10:30 am Bible Study	27 10:30 am Mishnah class	28 12:00 pm Midrash class 1:30 pm Yiddish Club	29 Erev Sukkot; office closes at noon 10:30 am Kinder Shabbat 6:00 pm Service	30 1st day Sukkot 9:00 am Service 9:00 am Torah Café Rabbi Dan Utley 12:00 pm Sukkot Lunch at the Fosters



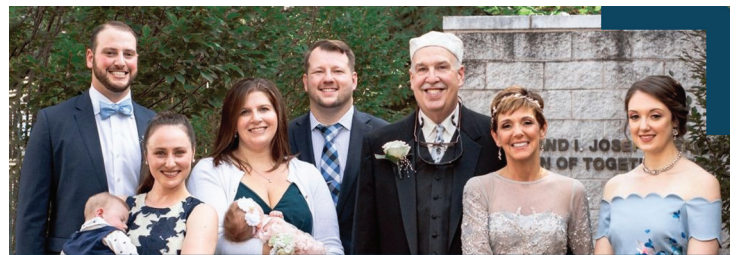
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