

Welcome to B'nai Jeshurun

*"Ensuring the flourishing of
Jewish life through educational
and Conservative religious experiences
in a warm and dynamic environment."*

Your presence adds to the joy of our service!

Senior Rabbi Hal Rudin-Luria
Assistant Rabbi Joshua Jacobs
Cantor Alyssa Rosenbaum
Education Engagement Rabbi Josh Foster
Wellness Center Director Rabbi Alex Rosenbaum
President Scott Matasar
Executive Director Jay Ross

27501 Fairmount Boulevard
Pepper Pike, Ohio 44124 | Tel: 216.831.6555
www.bnaijeshurun.org



Parashat Nitzvaim-Vayelech

נִצְבִּים-וַיֵּלֶךְ

September 8/9, 2023 - 23 Elul 5783

	<u>Etz Hayim</u>	<u>Verse</u>
Rishon	1165	Deut. 29:9 - 29:11
Sheni	1165	29:12 - 29:14
Shlishi	1166	29:15 - 29:28
Revi'i	1169	30:1 - 30:3
Chamishi	1169	30:4 - 30:6
Shishi	1170	30:7 - 30:10
Shevi'i	1170	30:11 - 30:14
Maftir	1170	30:11 - 30:14
Haftarah	1180	Isaiah 61:10 - 63:9

Thank you to our Torah readers: Shira Polikoff, Leah Eisenberg, Stephanie Berkowitz, Faith Eisenberg, Todd Polikoff, Zehava Galun and Jordan Polikoff. Thank you to Jordan Polikoff for chanting the Haftarah.

Thank You!

Thank you to Leah Eisenberg and Todd Polikoff for sponsoring the kiddush and congregational luncheon and Faith & Dean Eisenberg for sponsoring the flowers in honor of the Bat Mitzvah of their daughter and granddaughter, Jordan Polikoff.

Thank you to our ushers and greeters: David Cohen, Maury Greenstein, Harriet Rosenberg Mann, Paula Schaffer-Polakof, Dan Umansky and Lynn Katz Danzig; Zoom moderators: Eric Schechtman and Shani Kadis, Board member on the bima Viktor Kitsis and our oneg/kiddush team: Murray, Stephanie and Pam Berkowitz, Tova Cohen, Faith and Leah Eisenberg, Todd and Shira Polikoff, Cindy & Jerry Brodsky, Nancy Tresser Lipko and Yaacov Taxer.

Mazel Tov!

Mazel tov to Jordan Shoshana Polikoff on celebrating becoming a Bat Mitzvah, and to her parents Leah Eisenberg and Todd Polikoff, siblings Samuel and Shira Polikoff and grandparents Faith & Dean Eisenberg and Judy & Jack Polikoff.

For her Mitzvah Project, she is collecting cleaning supplies and gift cards for St. Herman House.



Upcoming Events



Mikvah and the *Yamim Noraim*: The Waters of Transformation

with Rabbi Alex Rosenbaum • in-person only

Monday, September 11 • 7 pm

Tuesday, September 12 • 5 - 8 pm

September 11: Join Rabbi Alex at the Charlotte Goldberg Community Mikvah to tour the facility and learn about the cleansing power of water in Judaism.

September 12: Experience the power of the mikvah. Immerse yourself in our ancient tool for spiritual renewal to prepare yourself for the High Holidays. Sign up for your OWN 15-minute time slot between 5-8 pm at <https://cutt.ly/wwfJqanm>.



Sisterhood Lunch & Learn: Ultra-Processed Foods Tuesday, September 19 • noon

Robin Rood will lead this talk on Ultra-Processed Foods: What are they and how does this affect my health? \$10/person. RSVP by September 14 to Robin Rood (rroodrd@gmail.com or 440-666-7658).



Sisterhood Book Discussion Wednesday, September 20 • 4 pm

September's book is *The Matchmaker's Gift* by Lynda Cohen Loigman. All are invited to join us at BJC or on Zoom. Contact Linda Schoenberg (drcats2224@gmail.com) or Sylvia Abrams (sylvia.abrams@gmail.com) with questions. October's book is *The Sweetness of Forgetting* by Kristin Harmel. <https://us06web.zoom.us/j/81885748539>

Selichot

THIS Saturday, September 9
starting at 8:30 pm

We are a people of stories. From the harrowing and heartbreaking to the inspiring and triumphant. Join us for an evening of music, renewal, prayer and powerful storytelling as we learn from tales of change which can inspire our own transformation for the coming new year.



Schedule:

8:30 pm Musical Havdalah

8:45 pm Selichot Stories: Tales of Transformation

9:45 pm Refreshments

10:00 pm Selichot Services led by Cantor Rosenbaum & the BJC Choir

Our Presenters:

Klementyna Pozniak grew up in Poland and Cleveland. She was awarded a Fulbright Scholarship to teach English in Ukraine in the Fall of 2021. As word spread of the impending invasion, the program was indefinitely suspended, and she accepted the fellowship and returned to Krakow.

Carl Cook started "sipping" alcohol "here and there" when he was 8 years old. It was nearly three decades -- and a life of lawlessness, addiction and, at times, homelessness -- before he got sober. Today, Carl feeds bodies and nourishes minds as he works every day with people who are now where he was.

Rob Ross dove into the waters of the Pacific Ocean, hit sand and instantly severed his spinal cord. Rob turned tragedy and heartbreak into opportunity, growth and song. Today, he is full of life, energy and enthusiasm, and his words and actions motivate people around him to recognize that they are more capable than they may have ever thought.

In person and on stream. Access the Reflection Sheet and Prayer Booklet at <https://www.bnaijeshurun.org/event/selichot2.html>

*This program is made possible through the generosity of the
R.H Mohrman Cultural Foundation.*

Super Sunday

September 10 • 10 am - 5 pm • JFC



Join the Jewish Federation of Cleveland for an all-day community-wide fundraising event that will celebrate everything that makes Jewish Cleveland so special and showcase the impact we make together. Together, we can – and will be – HERE

FOR GOOD! All ages can join the fun! Learn more and register at <https://cutt.ly/super-sunday2023>.

Zichronot: A Yom Kippur War Story Walk

This Yom Kippur, BJC commemorates the 50th anniversary of the 1973 Yom Kippur War with a “story walk” through history. Please join us in Gross Atrium beginning on Yom Kippur and throughout the week for an immersive exhibit that walks us through Egypt and Syria’s surprise attack on our holiest day of the year. Dive deeply into the war’s historical context, key figures and legacy. This exhibit is part of our Israel@75 programming.



If you have personal remembrances and/or photos, please share them with us. We are also looking for docents to greet and orient visitors. Submissions are due by September 11 at <https://cutt.ly/EwizV1EI>. Please contact Rabbi Jacobs for more information.

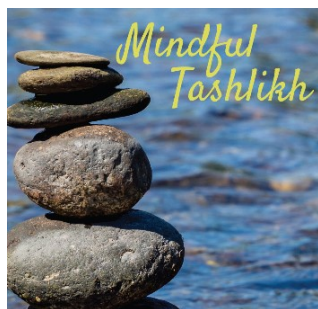
Yizkor Garden

Who are you remembering this

Yizkor? As part of our new wellness initiative, in partnership with Sisterhood, we are creating a memory garden for Yom Kippur – a place for stories and spirits to take root and blossom, allowing our loved ones to live on in our lives and in our community in new ways. We ask that you send in a picture and a memory or story of your loved one to populate our garden (1-2 submissions per person maximum). The garden will be open in our building all day long on Yom Kippur – visit when you need a break from the service, or come in the afternoon during the downtime. May all these memories be a blessing. Submit your photos and stories by September 14 at <https://cutt.ly/YizkorGarden>.



High Holidays 5784



Mindful Tashlikh

Tuesday, September 19 • 6 pm

Join us for a special Tashlikh program to begin the new year a new way. Through music, selfreflection, writing, mindfulness practice and prayer, we will focus on body, mind and soul in order to begin again in a holistic path to renewal. This program will take place in Solon and you will receive the location once you register at <https://cutt.ly/mindful-tashlikh2023>.



Tashlikh at Shaker Lakes

Wednesday, September 20 • 6:45 pm

We will gather together to cast our sins away and earn God's forgiveness as we approach the Jewish new year. All ages are welcome and we will conclude with the hearing of the shofar. (To respect the wildlife, we will provide bird seed to cast in the waters.) Meet at Shaker Lakes Nature Center, 2600 S. Park Blvd., Shaker Heights parking lot. Please register by Tuesday, September 19 at <https://cutt.ly/tashlikh-at-shaker>. We will email everyone if we need to cancel due to inclement weather.

Cemetery Memorial Services

Sunday, September 24

One of the customs of the High Holiday season is to visit the graves of our loved ones. Join our clergy for our annual memorial services.

9:30 am at Glenville Cemetery

10:00 am at Bet Olam Cemetery

11:00 am at Chesterland Memorial Park

Personal Prayer before the Ark

Sign up for a time slot between Rosh Hashanah and Yom Kippur to stand before the holy ark in the David J. & Ruth A. Moskowitz Sanctuary alone or with others in your home for personal prayer at

<https://cutt.ly/PersonalPrayer5784>. Bring a note with you or write on one of our notes, which will be sent to the Kotel.

Chesed Kosher Food Drive

During September, we ask each family to bring in one grocery bag of non-perishable food. Everything collected will be donated to JFSA. Please make sure everything is **kosher** and **not expired**. Collection bins are located in Gross Atrium. **Everything will be delivered on October 9.**

Shanah Tovah!

Schedule of Services In person and on stream

Learn more at <https://www.bnaijeshurun.org/high-holidays.html>

Erev Rosh Hashanah – Friday, September 15

Service..... 6:00 pm and 8:00 pm

1st day Rosh Hashanah – Saturday, September 16

Services (David J. & Ruth A. Moskowitz Sanctuary
& Gross Schechter Day School).....8:30 am

Torah Service.....9:15 am

Torah Café with Rabbi Foster.....8:30 am

Early Childhood Program (Halpern Hall).....9:45 am

Family Service (Halpern Hall).....11:00 am

Teen Program (Gottlieb Auditorium).....11:00 am

Mincha..... 6:00 pm

2nd day Rosh Hashanah – Sunday, September 17

Services (David J. & Ruth A. Moskowitz Sanctuary).....8:30 am

Torah Service..... 9:15 am

Shofar Service & Musaf..... 10:30 am

Kavvanah Minyan (Gottlieb Auditorium).....10:30 am

Family Service (Halpern Hall).....10:30 am

Teen Program (Youth Lounge)10:30 am

Mincha..... 6:00 pm

Kol Nidre – Sunday, September 24

Kol Nidre (David J. & Ruth A. Moskowitz Sanctuary &
Gross Schechter Day School)..... 6:30 pm

Candle Lighting & Fast begins..... 7:02 pm

Yom Kippur – Monday, September 25

Services (David J. & Ruth A. Moskowitz Sanctuary
& Gross Schechter Day School).....9:00 am

Torah Service.....9:45 am

Sermon & Yizkor..... approx. 12:00 pm

Early Childhood Program (Halpern Hall).....9:45 am

Family Service (Halpern Hall).....11:00 am

Teen Program (Gottlieb Auditorium).....11:00 am

Congregation Speaker from EDWINS..... approx.12:30 pm

Learning with Rabbi Carrie Rose..... 4:00 pm

Mincha..... 5:00 pm

Q&A with the Clergy..... 6:15 pm

Neilah-Ma'ariv..... 6:45 pm

Havdalah & Shofar (Yom Kippur ends)..... 8:03 pm

Staying Fit with Linda Schoenberg - Mondays at 11 am

Join certified Silver Sneakers instructor Linda Schoenberg for her 60-minute total body work out for seniors. Please have a sturdy chair, light weights and a squishy ball handy. Sponsored by Na'amat USA.

<https://us02web.zoom.us/j/85880852411>

Bible Study with Susan Wyner - Tuesdays at 10:30 am

Join in for a close reading of the Bible as we make our way through our most central text. We are currently studying Samuel 1, Chapters 8-13.

<https://us06web.zoom.us/j/88663421663>

Mishnah: The Best Book You've Never Read with Rabbi Alan Lettofsky Wednesdays at 10:30 am (no class September 20)

A small group of rabbis, over the course of a couple hundred years, laid out entire systems of holiday observance, civil and criminal law and taxation, among many others. It is the core of what we think of as Jewish tradition today. <https://us06web.zoom.us/j/87108945546>

Midrash: Stories to Live By with Rabbi Joshua Jacobs - Thursdays at noon (no class September 14 & 21)

Midrash is a form of rabbinic commentary that comes in two forms, *halakhah* (law) and *aggadah* (narrative). Both, in their own way, offer guidance as to how to live a meaningful Jewish life. In these sessions, we will explore *aggadah* - the rabbinic tales that have impacted me on a soul level. My hope is that through our learning and discussions together, we will discover stories to live by - stories that stir the soul, inspire growth, and help us find ourselves in our ancient texts. Lunch will be provided; voluntary donations welcome to cover costs. Hybrid.

<https://us06web.zoom.us/j/87277103560>

Torah Café - Saturdays at 9 am

Gain fresh insights into the Torah and study with great teachers! Rabbi Carnie Rose teaches this week. Hybrid.

<https://us06web.zoom.us/j/83603008490>

Service Schedule:

Mondays - Fridays: 7:15 am, 6:00 pm

Saturdays: 9:00 am, 6:00 pm

Sundays & Holidays: 8:00 am, 6:00 pm

High Holidays Service Schedule:

<https://www.bnaijeshurun.org/high-holidays.html>

MISHABERAH

HARAV TZVI AVRAHAM BEN YEHUDASIL
MATANA DVORAH BAT SARAH
DINA RIVKA BAT LEAH
GITTEL CHANA BAT ESTHER
YAKOV BEN MIRIAM
RONI BEN RACHEL
AVRUM REUVAIN BEN NAOMI
YAKOV BEN SARA
DANIEL BEN LEAH
ZALMAN SHMUEL DOV BEN
RUVENA SHIFRA
EZRA SHAMIR BEN SIMCHA
MASAHIRO UENO
MICHAL VERED TOVA BAT SARAH GILA
SARAH GILA BAT LEAH
PINHAS SIMCHA BEN PNINA
ADIN RONEN BEN SARAH GILA
WAYNE EHRMAN
MASHA BAT HEINCHA
PEREL SARAH BAT DVORAH
MALKA BAT BATYA
MORDECHAI DOVID BEN LEAH
RAPHAEL BEN MASHA GOLDA
MARY ELIZABETH GREENE
DAVID SHIMON BEN RENAH
SARAH BAT ROIZA
HASKEL TZVI BEN MALKA
MARIE BAT MARIE
TZIVIA AVIVA BAT MINDEL HANA
MINDEL HANNA BAT RACHEL
GERSHON BEN HANA
HAYA DEVORA HANA BAT SORA BLUMA
MIRIAM ESTHER BAT MALKA LEBA
JONATHAN BEN RUCHEL LEAH
ESTHER BAT SARAH YA'CHET
SHEVA BAT EDYAH
ARLENE LESSER
HAYA BAT ESTHER
ELIEZER ZEV BEN RIVKA MINDEL
BILHAH BAT MIRIAM
MEIR BEN SPRINTZER
HERSHEL BEN PESHA LEAH
CHANNAH HINDE BAT HAYA BLUMA
HESIA HINDA BAT YAFFA
SHIFRA BAT RIVKA ZLATA
AYALA RACHEL BAT SHIFRA
Yael BAT BRAYNLEH
TVI BEN HAYA
EFRAIM BEN SARAH

ASHER REUVEN BEN LILA
MIRIAM MALKA BAT CHANA LEAH
ADAM MOSHE BEN MICHLEE
AVRUM WOLF BEN YAKOV
MOSHE BEN RIVKA
ASHER ZELIG BEN FEIGEL
AVRAHAM BEN SHOSHANAH
AVRAHAM SHMUEL BEN ZENDLE
LAZER BEN MATILDA
YECHIEL YITZHAK BEN FEIGLE
YAAKOV BEN AIDA
YAAKOV SIMCHA BEN CHANA ROCHEL
BENSION BEN ROCHEL
YISROAEL BEN GITTLE
LABEL DOVID BEN LIBBA
YAAKOV BEN FAIGA LEA
MOSHE BEN ANNA
NACHUM BEN SORKA
MASHA BAT PESHKE
FISHEL MENDEL BEN FRAIDEL
IMI SCHNEIDER
YONATON BEN SARA
ELI MENACHEM BEN CHANA
SHOSHANA BAT RUSHKA
BAYLA BAT PEARL SHEINDEL
HENYA RACHEL BAT FRUMA
HINDA BAT BATSHEVA
MURIEL GLUCKMAN
MARIA THERESA TEJADA
AVRAHAM MOSHE BEN SARA ETYL
SHIFRAH BAT HASHALAH
DONIEL BEN ADINAH
ELANA CHANA BAT GILA
ELIT BAR RUT
CHANAH BAT MASHA
SOPHIE LEAH BAT KAREN
SHOSHANA BAT RIVKA NESHAMA
ELLEN BAT SHIRLEY
PINCHAS BEN LIBA
WILLA SARDON
CHAYA FREIDEL BAT VITEL
JOSEPH AMBROSE
MOSHE TZVI BEN SARAH RUCHEL
MIRIAM LEAH BAT SHINDEL
MOSHE YOSEF HALEVI BEN CHANA
YEHUDIT BAT FAYGA
MALKA BAT HAYA SARAH
ADAM BEN SHOSHANAH
CAMERON MONESMITH
TZVIYAH YEHUDIT BAT SHULAMIT

AVRAHAM DOVID BAT SARA RIVE
IRENE BAT LIZA
DOVID HAKOHEN BEN
MIRIAM RAISEL
RACHEL HAVIVA BAT RUT
CHAIM AVRAHAM BEN BAYLA
AVRAM BEN LEAH
BRACHA LEAH BAT BATYA
ESTHER BAT MINUCHA
RIVKA BAT PESACH
YISRAEL GIDEON BEN SHULAMIT
SHLOMO DAVID BEN LAYA
SARAH LEAH BAT MIRIAM
GITTL PESSIE BAT HANNAH LEAH
SHOSHANA BAT SABINA
SAMARA CHAVA BAT SARAH
DAN-I-EL BEN YAFFA
YEHUDIT BAT MOSHE
ELLEN BAT DISPENZA
SUCHER BERYL BEN
SCHPRINTZE LEAH
BLUMA BASHA BAT FRAYDEL SURA
TZADIK BEN NEZCHA
ASHER REUVEN BEN LILA
BRACHA BENYAMINA BAT HAYA
BLUMA ZISSEL BAT RACHEL
AHARON MAYER BEN BAYLA
DOV CHAIM BEN ESTHER
YISRAEL BEN GITTEL
NATAN BEN MIRIAM
TZVI BEN GERSHON
BENYAMIN YEHUDAH BEN DEVORAH
YEHUDIT BAT CHANA
RACHEL BAT SOREL LEAH
FEIGE BLIMA BAT SHOSHANA
VERED BAT SARA
DAVID BEN SARAH
MICHAL MENACHEN BEN ESTHER
YEHUDA LEIB YISRAEL BEN LEAH
PESHE BAT SARAH
MEYER YITZHAK BEN ILANA
ETEL SONIA BAT ESTHER
LEAH SARA BAT RUTH
FRAYDEL CHERNA BAT BRACHA
HAYNA BAT MARIAN
EVELYN WIESER
EVY BAT DOROTHY
YISRAEL BEN DEVORAH
BRIAN HARRIS

May G-d who blessed our ancestors
and is the source of all healing bless
and heal all those who are ill. May the
Holy One mercifully restore them to
vigor and lift the burden of anxiety
from their loved ones and friends.

On this Shabbat, we pray that they be
spared further pain. May G-d grant
them health of body and health of
spirit and mind. May we speedily be
privileged to greet their return to good
health by welcoming them once again
into our midst. Let us say: Amen.

Anyone wanting to add a name to the
list should contact Diane Dronzek
(216-831-6555 ext. 104 or
dianedronzek@bnaijeshurun.org) by
Thursday afternoon at the latest for
inclusion in that Shabbat's program.
We will also pause during the prayer
for people to recite additional names.

What's Coming Up

Friday, September 8

10:30 am Kinder Shabbat

6:00 pm Service

Saturday, September 9

9:00 am Service; Jordan Polikoff Bat Mitzvah

9:00 am Torah Café with Rabbi Carnie Rose

8:30 pm Selichot

Sunday, September 10 - Super Sunday

10:00 am Men's Club Lake View Cemetery Tour

Monday, September 11

11:00 am Staying Fit with Linda Schoenberg

7:00 pm Mikvah & Yamim Noraim with Rabbi Alex Rosenbaum

Tuesday, September 12

10:30 am Bible Study with Susan Wyner

5:00 - 8:00 pm Mikvah Opportunity

7:30 pm Board of Trustees Meeting

Wednesday, September 13

10:30 am Mishnah class with Rabbi Alan Lettofsky

Thursday, September 14

1:30 pm Yiddish Club

Friday, September 15 - Erev Rosh Hashanah; office closes at noon

10:30 am Kinder Shabbat

Saturday, September 16 - 1st day Rosh Hashanah

8:30 am Torah Café with Rabbi Josh Foster

Sunday, September 17 - 2nd day Rosh Hashanah

Monday, September 18 - Fast of Gedalia

11:00 am Staying Fit with Linda

Tuesday, September 19

10:30 am Bible Study with Susan Wyner

12:00 pm Sisterhood Lunch & Learn

6:00 pm Mindful Tashlikh

Wednesday, September 20

4:00 pm Sisterhood Book Discussion

6:45 pm Tashlikh at Shaker Lakes

Thursday, September 21

1:30 pm Yiddish Club

Yahrzeits: September 9 - 15, 2023

Rae Stone Abraham	Clarence Gould	Phyllis Ross
Dr. Herbert L. Adelstein	Michael Greenwald	Sandra Roth
Jay Barron	*Max J. Greenwald	Bennie Rothenberg
Michael Benjamin	David Handler	Meyer Rubin
Lois Bernbach	Harvey Himmel	Paul P. Rutsky
Stella Bernstein	Mike Ickowicz	Marcus Saphire
Albert Blaize	Jacob Joseph	Rose Savitt
Benjamin L. Bonn	Isadore Kadis	Simon Schneps
Irwin Borover	William Kagan	Donald B. Schultz
Jack Borwick	Florence Kaplow	Gerald L. Schwarz
Edward Aaron Botnick	Samuel Katz	Victor Seiden
Bernice S. Bott	Harry Kessler	Beatrice K. Shafron
Hyman Bresin	Adolph Kirtz	Samuel G. Shapiro
Tillie Cutler	Esther Kleinman	Bernard (Berny) Shepard
Ben De Vore	Florence Fay Kottler	Harry Shizgal
Malva R. Dunn	Carl G. Lampl	Nelya Shumyatcher
Morris S. Endlich	Melvin Lauer	Nathan Solof
Richard Engel	Hyman Lederman	Dorothy Solof
Bertha Faigin	Marvin M. Lerman	Max Solon
Hannah K. Feierman	Morice Levin	Pearl M. Stein
Helen Feinstein	Nettie Levy	Pearl B. Strauss
Jack Feldman	Joseph Lukin	Fannie Sara Tarletz
Toby Feldman	Lillian R. Markowitz	Joseph Tramer
Kelly Firestone	Jerry Marks	A. Richard Ulmer
Leonard M. Fishel	Dr. Lawrence M. Meckler	Dr. Eugene Valins
Harold Fried	Louis Mendelson	Ruth Vinney
Maurice Friedman	Mildred Mintz	N. Sue Weiler
Rebecca Fuerst	Robert H. Olen	Morris Weinberg
Sam Garaway	Lillian Ozan	Morris Weisberger
Julia Gelb	Emanuel (Sonny) Pearlman	Helen Weiss
William A. Gibberman	Clara Perla	Sylvia Weiss
Louis Gilbert	William Peterfreund	Florence Weissman
Nat Gilbert	Alan R. Piccus	Mania Wikas
Harry L. Gips	Sarah Polster	Beth Wocjiak
Max Glick	Pearl Pufeles	Lydia Woldman
Jack David Golland	Jon Redlich	Dorothy Wolinsky
Irving A. Goodman	Louis Robbins	Anna Wolkoff
Elias Goodstein	Jerome E. Rose	Helen Wynbrandt
Annette Gottsegen	Sol Rosenberg	*Edward D. Wyner
Sanford Gottsegen	Harry Rosenthal	Anna Inda Zamok

**past president*

Sponsor a Kiddush or Oneg

Are you thinking of a beautiful way to share the happiness of a milestone or remember a loved one? Consider sponsoring the oneg or kiddush. Full and partial sponsorships are available and they are tax deductible. Please contact Joscelyn Harris to arrange or for more information.