

Cashlikh Peremony



Hinei Matov

הִנֵּה מַה טוֹב וּמַה נְעִים שֶׁבֶת אַחִים גַּם יַחַד.

*He-nay ma-tov oo-ma-nay-im Shev-et ach-im gam
ya-chad*

Look around! How beautiful and pleasant it is for
brothers and sisters to be all together!

Avinu Malkeynu

אָבֵינוּ מִלְּכֵנוּ חֲנֻנוּ וְעֲנֵנוּ, כִּי אֵין בָּנוּ מַעֲשִׂים,
עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד וְהוֹשִׁיעֵנוּ.

*Avinu mal-keynu, honey-nu va-aneynu,
Ki eyn banu ma-asim,
Asey imanu tz-dakah va-hesed v'ho-shi-eynu.*

Avinu Malkeynu, graciously answer us,
Although we are without merits;
Deal with us charitably and lovingly save us.

Mi El Ka-mokha

מִי־אֵל כְּמוֹךָ נִשְׂא עֶוֹן וְעֵבֶר עַל־פְּשָׁע
לְשִׂאֲרֵית נִחַלְתּוֹ לְא־הַחֲזִיק
לְעַד אִפּוֹ כִּי־חַפֵּץ חֶסֶד הוּא:
יָשׁוּב יִרְחַמֵּנוּ יִכְבֹּשׁ עֲוֹנֹתֵינוּ
וְתִשְׁלִיךְ בְּמַצְלוֹת יָם כָּל־חַטָּאתָם:
תִּתֵּן אֶמֶת לְיַעֲקֹב חֶסֶד
לְאַבְרָהָם אֲשֶׁר־נִשְׁבַּעְתָּ לְאַבְתֵּינוּ מִיָּמֵי קֶדֶם:

Who is like You, O God, forgiving iniquity and pardoning the transgression of the remnant of Your people!

You do not retain Your anger forever, for You delight in lovingkindness.

You will again have compassion upon us, subdue our iniquities, and cast all our sins into the depths of the sea.

You will show faithfulness to Jacob and lovingkindness to Abraham, as You promised our ancestors from days of old.

A Prayer for Tashlikh by Rabbi Rachel Barenblat

Here I am again
ready to let go of my mistakes.

Help me to release myself
from all the ways I've missed the mark.

Help me to stop carrying
the karmic baggage of my poor choices.

As I cast this bread upon the waters
lift my troubles off my shoulders.

Help me to know that last year is over,
washed away like crumbs in the current.

Open my heart to blessing and gratitude.
Renew my soul as the dew renews the grasses.

Walking Humbly with God
On Rosh Hashanah
Tashlikh

Standing by the water,
Emptying our pockets of the remaining crumbs of sin,
We turn to You, O God,
Creator of heaven and earth, Creator of the water.
We pour out like water the confession of our sin.
Hear our prayer, and
 “*Tashlikh*, cast all our sins
 into the ocean’s depths.”

As You appeared to grieving, exiled Hagar
(Who, in desperation,
Had cast her thirsting child under the bushes)
And assured her at the well of water
That You, the Living God, look mercifully upon the afflicted-
Look upon us in our affliction, and
 “*Tashlikh*, cast all our sins
 into the ocean’s depths.”

As Abraham and Isaac, on their way to Mount Moriah,
Confronted by an impassable river
(The guise that Satan took
To deter them from fulfilling the command of Your dread
test),
Marched boldly into the water-
So strengthen our faith and trust,
That we may pass whatever test You set for us, and
 “*Tashlikh*, cast all our sins
 into the ocean’s depths.”

As You sustained our people Israel, Your people Israel,
With the never-failing well of water
That accompanied them (through Miriam’s merit)
In their desert wanderings-
So save us and sustain us with your living water, and
 “*Tashlikh*, cast all our sins
 into the ocean’s depths.”

As fish in water are ever in danger
Of being caught and then devoured,
So are we in peril constantly.
We turn to You, our only sure protection.
Shelter us, and
 “*Tashlikh*, cast all our sins
 into the ocean’s depths.”

As in days of yore
A king was crowned at river’s edge,
So too do we at water’s edge renew Your coronation,
O Sovereign of the Universe,
And take upon ourselves anew
The blessed yoke of Your sovereignty.
Accept us as Your loyal servants, and
 “*Tashlikh*, cast all our sins
 into the ocean’s depths.”

As You promised through Your prophet Ezekiel
To sprinkle upon the people of Israel
Your pure and purifying water,
Do so now, we pray,
As we turn our hearts in penitence to You, and
 “*Tashlikh*, cast all our sins
 into the ocean’s depths.”

Let these waters be a token of Your covenant promise:
“As I swore that Noah’s waters
Never again would flood the earth,
So I swear that I will not be angry with you or rebuke you.
For though the mountains may move and the hills be shaken,
My steadfast love shall never move from you,
Nor My covenant of *shalom* be shaken,
Says *Ha-Shem*, your Compassionate One.”
So
 “*Tashlikh*, cast all our sins
 into the ocean’s depths.”

- Rabbi Hershel Matt

Shir Ha'Ma'alot

שִׁיר הַמַּעְלוֹת מִמַּעַמְקִים קָרָאתִיךָ יְיָ-הוֹה:

Out of the depths I call to You;
O Lord, hear my cry, heed my plea.

יְיָ-הוֹה שְׁמָעָה בְּקוֹלִי תְהִינָה אֲזִנְיֶךָ
קִשְׁבוֹת לְקוֹל תַּחֲנוּנָי:

Be attentive to my prayers,
To my sign of supplication.

אִם-עֲוֹנוֹת תִּשְׁמְרֶינָה יְיָ-הוֹה מִי יַעֲמֹד:

Who could endure it, O Lord,
If You kept count of every sin?

כִּי-עֲמֹד הַסְּלִיחָה לְמַעַן תִּנָּרָא:

But forgiveness is Yours;
Therefore we revere You.

קִוִּיתִי יְיָ-הוֹה קִוִּיתָה נַפְשִׁי וְלִדְבָרוֹ הוֹחֵלְתִּי:

I wait for the Lord; my soul waits.
Hopefully do I wait for His word.

נַפְשִׁי לִי-הוֹה מִשְׁמָרִים לְבֹקֵר שְׁמָרִים לְבֹקֵר:

My soul waits for the Lord
More eagerly than watchmen wait for dawn.

יַחַל יִשְׂרָאֵל אֶל-יְיָ-הוֹה כִּי-עַם-יְיָ-הוֹה
הַחֲסֵד וְהַרְבֵּה עִמּוֹ פְדוּת:

O Israel, put Your hope in the Lord,
For the Lord is generous with mercy.

וְהוּא יַפְדֶּה אֶת-יִשְׂרָאֵל מִכָּל עֲוֹנוֹתָיו:

Abundant is His power to redeem;
May He redeem Israel from all sin.

Let Us Cast Away Our Sins

Let us cast away the sin of deception, so that we will mislead no one in word or deed, nor pretend to be what we are not.

Let us cast away the sin of vain ambition which prompts us to strive for goals which bring neither true fulfillment nor genuine contentment.

Let us cast away the sin of stubbornness, so that we will neither persist in foolish habits nor fail to acknowledge our will to change.

Let us cast away the sin of envy, so that we will neither be consumed by desire for what we lack nor grow unmindful of the blessings which are already ours.

Let us cast away the sin of selfishness, which keeps us from enriching our lives through wider concerns and greater sharing, and from reaching out in love to other human beings.

Let us cast away the sin of indifference, so that we may be sensitive to the sufferings of others and responsive to the needs of our people everywhere.

Let us cast away the sin of pride and arrogance, so that we can worship God and serve God's purposes in humility and truth.

PAIR AND SHARE:

Please turn to someone near you (preferably someone you do not know, so you make a new friend) and share with each other something about yourself that you would like to cast away in the coming year, as well as something you would like to keep.

הַשִּׁיבֵנוּ יְיָ, אֱלֹהֵינוּ וְנָשׁוּבָה, חֲדָשׁ יָמֵינוּ כְּקֶדֶם.

*Ha-shiveynu Adonai eyelha v'na-shuva,
Hadeysh yameynu k'kedem.*

Turn us to You, O Lord, and we shall return;
Renew us as in days of old.

הַשְּׁלִיכוּ מֵעַלְיֵיכֶם אֶת-כָּל-פְּשָׁעֵיכֶם
אֲשֶׁר פָּשַׁעְתֶּם בָּם.
וַעֲשׂוּ לָכֶם לֵב חָדָשׁ וְרוּחַ חֲדָשָׁה:

Cast away from yourselves all your transgressions,
And create within yourselves a new heart and a new spirit.
-Ezekiel 18:31

We toss our bread into the waters.

וַשְׂאֲבֹתֶם מַיִם בְּשִׁשׁוֹן מִמַּעַיְנֵי הַיְשׁוּעָה:

Ushavtem mayam b'sasson mi-mainei ha-yeshuah

With joy shall you draw water from the wells of deliverance.

Tekiah Gedolah

תקיעה גדולה

Rabbi Stephen Weiss
Rabbi Hal Rudin-Luria
Cantor Aaron Shifman
Education Engagement Rabbi Josh Foster
Rabbi Emeritus Stanley J. Schachter

Rabbi Scott Roland
Cantor Emeritus, Gary D. Paller
Education Director, Rabbi Rachel Brown

