

## **Return Again**

Return again, Return again  
Return to the land of your soul  
Return again, Return again  
Return to the land of your soul  
Return to what you are, return to who you are  
Return to where you are  
Born and reborn again  
Return to the land of your soul  
Return again, Return again  
Return to the land of your soul

## **My Light (Adonai Ori)**

*Music by Beth Styles*

*Hebrew source: Tehilim 27:1*

*English lyrics: Beth Styles & Neshama Carlebach*

Adonai ori, v'yishi

Adonai ori

Mi efchad

Adonai maoz chayai

Mi eera

Adonai maoz chayai

You are my light

My hope

My guide

I'm not afraid

With You by my side

Oh, show compassion

On every soul

The world is waiting

To heal, to be whole

Mi efchad

Adonai maoz chayai

Mi eera

Adonai maoz chayai

Adonai ori, v'yishi

Adonai ori

*God is my light and my salvation.*

*What do I have to fear?*

*God is the strength and foundation of my life.*

*Who could I possibly fear?*

יהוה, אורי וישע-ממי אירא  
יהוה מעוז-חי, ממי אפחד

## **Soul (Elohai Neshama)**

*Music by Beth Styles*

*Hebrew Source: Morning Prayers*

*Music arranged by Beth Styles & Neshama Carlebach*

Elohai Neshama

Shenata bi

Tehora hi

Ata b'rata

Ata yatzarta

Ata n'fachta

N'fachta bi

V'ata m'shamra b'kirbi

Elohai Neshama

*Holy One, the soul you have given to me is pure.*

*You created it, you formed it, you breathed it into me, you safeguard it within me.*

אֱלֹהֵי. נִשְׁמָה שְׁנַתַּת בִּי טְהוֹרָה הִיא. אֶתְּהָ בְּרָאתָהּ. אֶתְּהָ יִצְרָתָהּ. אֶתְּהָ נִפְחָתָהּ בִּי. וְאֶתְּהָ מְשַׁמְרָה בְּקִרְבִּי.

## **Hear Our Prayer**

*Adapted from "Mi Shebeirach" by Beth Styles*

*Music & Lyrics: Beth Styles & Neshama Carlebach*

*Additional Melody: Rabbi Shlomo Carlebach*

May we be blessed

May we be blessed

Oh hear our prayer

May we be known

May we be heard

Please hear our prayer

And let us say Amen

May we be blessed

May we be blessed

Please hear our prayer

May we be known

May we be heard

Please hear our prayer

May the source of life

Who blessed the ones before us

Heal us now

Bring us healing light to shine upon us  
Oh heal us now  
And let us say Amen  
Hear our prayer  
And let us say Amen

### **Praise (Adonai S'fatai)**

*Music: Beth Styles*

*Hebrew Source: Psalm 51:17*

*Music arranged by Beth Styles & Neshama Carlebach*

Adonai s'fatai tiftach

Ufi yagid t'hilatecha

*Holy One, open my lips so that my mouth may declare your praise.*

אֲדֹנָי שְׁפֹתַי תִּפְתָּח וּפִי יַגִּיד תְּהִלָּתְךָ:

### **Yehi Shalom**

Y'hi shalom becheilech

shalvah be'arm'notaich

(Let there be peace in your stronghold  
serenity in your palace)