

**MORNING ~ OPTIONAL ENGLISH READINGS:
FOR FAMILY MEMBER(S), GUEST, BM STUDENT OR RABBI**

1)

p. 193 MAY THE ONE

**May the one whose spirit is with us in every righteous deed,
be with all who work for the good of humanity
and bear the burdens of others,
and who give bread to the hungry,
who clothe the naked,
and take the friendless into their homes.
May the work of their hands endure,
and may the seed they sow bring abundant harvest.**

2.)

P. 225 WHAT MAKES A FIRE

**What makes a fire burn,
is the space between the logs, a breathing space.**

**Too much of a good thing, too many logs, packed in too tight
can douse the flames almost as surely
as a pail of water would.**

**So building fires requires attention to the spaces in between,
as much as to the wood.**

**When we are able to build open spaces
in the same way we have learned to pile on the logs,
then we can come to see how it is fuel, and the absence,
together, that makes the fire possible.**

We only need to lay a log lightly from time to time.

**A fire grows simply because the space is there,
with openings in which the flame that knows just how it wants to
burn
can find its way.**

3.)

P. 237 LIFE WITHOUT INTEGRITY

Life without integrity

is like loosely hanging threads,

easily fraying from the main cloth,

while in acts of piety we learn to understand that

every instant is like a thread

raveling out of eternity to form a delicate tassel.

We must not cast off the threads

but weave them into the design of an eternal fabric.

Each day points to eternity;

the fate of all time depends upon a single moment.

4.)

P. 255 ON THIS HOLY SHABBAT:

**On this holy Shabbat,
may we draw nearer
to life, to peace and to joy.**

**May we find true rest,
holiness in our deeds,
worth in our study of Torah.**

**Let us feed on the love of goodness,
let us drink from the love of goodness,
restrain our thirst for excess,
and cleanse our hearts to serve life well.**

**On this holy Shabbat
may we draw nearer in life, in peace and in joy.**