

Tiny Tots & Ready Set Go

PLAY-BASED ACTIVITIES TO ENJOY AT HOME
BROUGHT TO YOU BY YOUR
BETH EMET TEACHERS



WEEK OF 5/18

Here you will find some ideas to play, exercise and work with your child at home.

These activities are age-appropriate and we hope you and your child enjoy them together!

Suggested prompt for introducing this book to your child...

"Your teachers made a book for you. Can you read through it and let me know which ideas you would like to try? I am wondering what page will interest you..."

(We do not expect your child to read this; encouraging reading and allowing them the opportunity to begin to understand this suggestion is important!) We present activities such as these to Tiny Tots & Ready Set Go students every day in school...sometimes they do exactly what we ask or expect from the activity, and sometimes they have their own creative thought. We see where this creative thought takes them and we follow their interest. Enjoy these activities...more to come next week!

Flashlight Shadow Play



PIC•COLLAGE

This activity provides the kids the opportunity to explore concepts like shadows, luminosity, radiance, silhouettes, and learning about the element of light. It contributes to develop their attention, concentration, imagination, creativity and curiosity. Appreciating the wonder of the world around them.

During this activity you can ask them:
What do you see? Is it light or dark? I'm wondering what happen if I put the light on this object?

You can do this activity outside as well, go for a walk and show them their own shadows, or take a bottle filled with water and food coloring and put it to the sun to make different colors appear.

Let's shine!!!

Sensory Bin Activity



For this activity you will need a container and uncooked oats. The rest is up to you!

Some suggestions are: measuring cups, spoons, strainers, sticks, stones, flowers, the list is endless.

This activity is great for increasing fine motor skills as well as hand eye coordination. Have fun and add some special touches that you know your little one will love

Exploring Color Mixing



Materials:

1. Red, Blue, and Yellow Paint (Any colors you have is fine too)
2. Toy Car
3. Small Ball (golf ball, ping pong ball)
4. Zip lock Baggie
5. Paper
6. Box
7. Aluminum foil

Have fun exploring color mixing with your favorite primary colors, red, yellow, and blue!

Have your child place a piece of paper inside a zip-lock bag and squirt 2 different colors on the inside. Zip the bag shut and have

your child roll his or her favorite cars and balls over the bag! Your child will discover the magic of creating a brand new color by blending 2 primary colors together! They will also explore different shapes, prints, textures, and movement!

To extend the play, take any box, a shoe box works super well, and cover the inside with aluminum foil (this will keep the inside of the box clean so you can do this activity multiple times). Place a piece of paper inside, squirt 2 colors, and throw in your ball. Have your child blend the 2 colors together by maneuvering the box so the ball rolls over the paint, back and forth! Add more colors, explore throwing in different objects into the box, and observe what happens!

Frozen Flowers Sensory Ice Play



This activity is so easy to prepare for. Enjoy a nature walk with your child to find some flowers, grass or leaves.

Place your finding in an ice cube tray or any container with some water. Freeze them overnight and they're ready in the morning.

This activity is great for creativity and imagination. Using different size containers kids can build whatever they can think of. You can even add water into play and have fun melting the ice away from the petals.

Animal Tape Rescue



Learning Opportunities

- Pincer grip
- Hand strengthening
- Hand/eye co-ordination
- Language development
- Color recognition
- Cause and effect
- Animal names

This activity is great for helping younger children to develop pincer grip by trying to remove the tape and also when they grasp the animals to pick them up. At first kids may just try and grab the animals off the table, however they'll soon realize that they're stuck down and they need to work at getting them free.

This activity is also great for learning cause and effect and helping to improve concentration as they'll have to concentrate on picking up the edge of the tape in order to pull it all the way off to release the animals. You might have to pull up the very edges of the tape at first so that they can grab onto it, but once they've done it a few times they should be able to work it out themselves. You can also add in some language development by saying the animal names as they're removing them.