

# Pre-K learning material



Sharing some ideas from your Beth Emet Teachers!

# Pre-k learning journey...

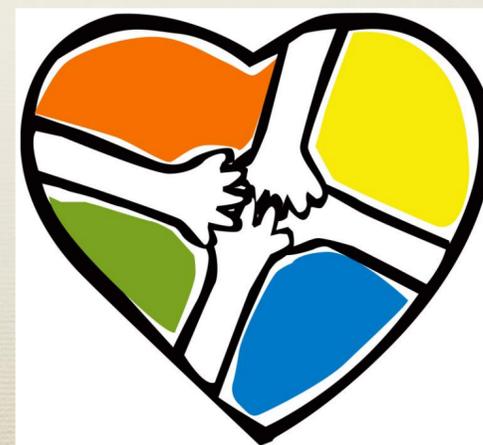
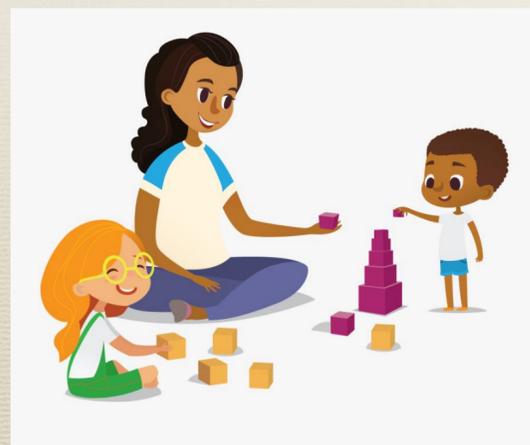
Here you will find some ideas to play, exercise and work with your child at home. These activities are age-appropriate and we hope you and your child enjoy them together!

## **Suggested prompt for introducing this book to your child...**

“Your teachers made a book for you. Can you read through it and let me know which ideas you would like to try? I am wondering what page will interest you...”

(We do not expect your child to read this, encouraging reading and allowing them the opportunity to begin to understand this suggestion is important!)

We present activities such as these to Pre-K students every day in school...sometimes they do exactly what we ask or expect from the activity, and sometimes they have their own creative thought. We see where this creative thought takes them and we follow their interest. Enjoy these activities...more to come next week!



# Scrambled Words

## Materials needed:

-paper and markers

1-cut up sheet of construction paper into rectangular shapes about 3"x 5" (or use index cards)

2-spell out family names, names for objects around the house or sight words (one letter on each card)

3-scramble the cards and ask your child to unscramble them and read the words



# Enjoy the World Upside-Down

Pick one piece of furniture or object and turn it upside-down. What new things can you create? Can you build a house? Can you create a race car track? Can you build a land for trees and animals? The idea of this activity is letting your imagination conduct your play time, and see how different objects can be upside-down!



# Spice Play-doh

This dough is super soft.

The corn starch provides the softness and the lime juice acts as an alternative preservative to salt.

## Materials needed:

1 cup all purpose flour,  
1 cup corn starch,  
2 tbsp vegetable oil,  
1 cup boiling water (it's important that it be really boiling),  
2 tbsp lime juice,  
Spices like: Cinnamon, Turmeric, Paprika, etc

## Instructions:

- 1) Add the flour and the corn starch to a medium bowl. Mix well.
- 2) Add the oil but don't mix it yet.
- 3) Add the lime juice and the spice to the 1 cup of boiling water.
- 4) Pour it into the bowl and start mixing immediately. Mix until it all comes together.
- 5) Once it's cold enough to touch, take it out and knead with your hands. You want to knead it while it's still warm.

If it's too sticky after it's completely cooled, add some more flour one tbsp at a time.

Place in a plastic zip bag or an air-tight container. Store in the refrigerator for about 6 months.



# Three-legged Race

**Skills practiced:** Gross motor, communication, working with a partner

**Equipment Needed:**

- a scarf or long piece of fabric to tie around the ankles
- few letters, numbers, sight words, any words written on a small piece of paper

Stand next to your partner and tie the fabric to the inside leg of both people.

Talk to your partner about how you should cooperate so that no one gets hurt.

Practice walking around the room, working together with your partner to walk at the same time.

Try to walk across the room. Can you race your parents or siblings?

**Variations:**

Once you have mastered walking together, try running slowly.

Practice walking backwards with your partner.

Try being blindfolded and walking.

Have one person face forward and the other backward, how can you walk if you're not facing the same direction?

Someone has to walk backwards.

Write letters, numbers, words on a piece of paper, scatter them around the room, say a letter/number/word and the kids have to walk with their partner to pick them up.



# Fun Slime

## Materials needed:

- 1- ½ cup of glue
- 2- 1 Tbsp saline solution
- 3- ½ cup water (warm)
- 4- ¼ - ½ tsp baking soda
- 5- Food coloring

Mix glue and water together. Add your favorite color.  
Add baking soda and mix.  
Slowly add saline solution  
Can you see what's happening???



# Sink and Float

What items will sink? Which will float? Why?

Materials needed:

- Bowl of water
- Any objects you want to find out if they sink or float. Pencils, Legos, spoons, etc.



# Rainbow Activity

What happens after the rain? How do rainbows make you feel?

## Materials needed:

[Shaving cream](#)

Water

Clear cups or jars

Blue [food coloring](#)

[Pipettes](#) or [droppers](#)

## Method:

Fill the jars or containers you are using with 3/4 of water.

Then, carefully add the [shaving foam](#) to the water surface so that it resembles a cloud.

After you can drop the food coloring of your choice and see the experiment.



# Websites we Recommend

\* [ABCmouse.com](http://ABCmouse.com)

\* [starfall.com](http://starfall.com)

\* [pbskids.org](http://pbskids.org)

\* For Bedtime surprise have your child call 877-7 Mickey

