



# Koleinu

## Temple Beth Emet

## קולנו

4807 South Flamingo Road, Cooper City, FL 33330 \* 954.680.1882

Synagogue \* Early Childhood Center \* Elementary and Middle School \* Religious School  
Youth Group \* Day Camp \* Teen Camp \* Sisterhood \* He'Bros \* Family Programs \* Adult Learning



[WWW.TEMPLEBETHMET.ORG](http://WWW.TEMPLEBETHMET.ORG)

SEPTEMBER 2023  
ELUL-TISHRI 5783-84  
VOL XXXVI NO 1

# September 2023 5783-84 Elul - Tishri

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><i>High Holidays</i> with Temple Beth Emet 2023/5784 Rosh Hashanah   September 15-17 Yom Kippur   September 24-25</p> <p>See Full Service Schedule on Page 8</p>					<p>1</p> <p>Shabbat Service 7:00pm</p> <p> 7:22pm</p>	<p>2</p> <p>Leah Johnston's Bat Mitzvah 11:00am</p>
<p>3</p>	<p>4</p> <p><b>Labor Day</b> Schools &amp; Offices are closed</p> 	<p>5</p> <p>Bookie Group 7:30am</p> <p>Shamash Tribe Meeting 9:00am</p>	<p>6</p> <p>Youth Group 7:00pm</p>	<p>7</p> <p>Finding Humor in Life 10:00am</p> <p>AA 7:00pm</p> <p>Meditation 7:00pm</p>	<p>8</p> <p>ECC Room Parent Meeting 9:15am</p> <p>Shabbat Service and Board Meet &amp; Greet Reception 7:00pm</p> <p> 7:14pm</p>	<p>9</p> <p>Nathan Goldberg's Bar Mitzvah 11:00am</p> <p>Rosh Hashanah Pray &amp; Play 11:00am</p> <p>Selichot Service 9:00pm</p>
<p>10</p> <p>Merkaz Limud-JTL Welcome Back Kickoff 9:00am</p> <p>Chalutzim Youth Group Begins 12:30pm</p>	<p>11</p> <p>Merkaz Limud- JTL 4:00pm</p> <p>Monday Night Football Kickoff Event 8:00pm</p>	<p>12</p> <p>Bookie Group 7:30am</p>	<p>13</p> <p>Youth Group 7:00pm</p>	<p>14</p> <p>Finding Humor in Life 10:00am</p> <p>AA 7:00pm</p> <p>Meditation 7:00pm</p>	<p>15</p> <p>Schools are closed, Temple office closes at 12:00pm</p> <p>Erev Rosh Hashanah Service 7:30pm</p> <p> 7:07pm</p>	<p>16</p> <p><b>Rosh Hashanah Day 1 Main Service</b> 10:00am</p> 
<p>17</p> <p><b>Rosh Hashanah Day 2 Main Service</b> 10:00am</p>	<p>18</p> <p>Merkaz Limud- JTL 4:00pm</p>	<p>19</p> <p>Bookie Group 7:30am</p> <p>Sisterhood Meet &amp; Greet 7:00pm</p>	<p>20</p> <p>Youth Group 7:00pm</p>	<p>21</p> <p>Finding Humor in Life 10:00am</p> <p>ECC PTO Open House &amp; Wine &amp; Cheese 6:30pm</p> <p>AA 7:00pm</p> <p>Meditation 7:00pm</p>	<p>22</p> <p><b>Shabbat Shuvah</b> 6:00pm</p> <p> 6:59pm</p>	<p>23</p> <p><b>Shabbat Shuvah</b> 10:00am</p>
<p>24</p>  <p>Kol Nidre 7:30pm</p>	<p>25</p> <p><b>Yom Kippur Main Service</b> 10:00am</p> <p>Yizkor 4:00pm</p>	<p>26</p> <p>Bookie Group 7:30am</p> <p>Board Meeting 7:00pm</p>	<p>27</p> <p>Youth Group 7:00pm</p> <p>Build the Sukkah 5:00pm</p>	<p>28</p> <p>Finding Humor in Life 10:00am</p> <p>Build the Sukkah 3:00pm</p> <p>AA 7:00pm</p> <p>Meditation 7:00pm</p>	<p>29</p> <p><b>Erev Sukkot</b></p> <p>Shabbat Service 7:00pm</p> <p> 6:51pm</p>	<p>30</p> <p><b>Sukkot</b></p> <p>Sukkot Pray &amp; Play 11:00am</p>

# Rabbi's Ramblings

Rabbi Bennett Greenspon



A duck and a dog walk into a bar. Oops wrong story!

But seriously, I recently learned a lesson from a duck and a dog about the High Holy Days.

Let's begin with the duck.

My neighborhood, like so many others, has a surfeit of ducks and geese. They are all over the place and they think they own the place. So, one day as I was driving to the Temple I had to slam on my brakes. A smallish duck started to cross the road in front of me. I had no choice. I either stopped or hit her (I assume it was a her). She walked in front of me and stared me down. But she didn't stop. She kept on going, looked the other way and made a truck stop as well. So, here was I in my car and a burly truck driver in his tanker truck stopped on a street with traffic now stopping behind us and a ten-pound duck daring us to move.

Then the strangest thing happened. A small duckling came out from the other side of the road and crossed the street. The first duck stood there like a safety patrol kid or crossing guard. When the duckling got to the flock on the other side, she turned and walked away. I hope her quacking was her way of saying "thank-you" to us.

So, what is the HHD lesson: WE NEED TO HELP OTHERS. Sometimes we need to do so even if it means inconveniencing ourselves. The duck gave up her foraging for a brief time to help another. Couldn't we give up a fancy restaurant meal to help feed the poor or support a charity? The duck actually risked her own life to do what she did. Was she cognizant of this? I don't know. Should we risk our lives to help another? I guess that depends on the time and the circumstances. But might we give up some comfort to do so? I leave that to you to decide.

The second lesson is from Georgie O'Keefe, our puppy. I was in the kitchen doing something when I stepped backwards and heard a cry and a yip. I had stepped on Georgie. He took one look at me and ran, rather limped away.

About ten minutes later I was sitting on the couch and he jumped up, gave me a lick on my face and cuddled up next to me, purred, fell asleep and began snoring.

So what lesson is the O'Keefe teaching? WE NEED TO LEARN HOW TO FORGIVE. We need to be open to forgiving especially if the hurt we received was unintentional. And of course, we need to be open to being forgiven, which is sometimes harder than forgiving.

A dog and a duck walk into a synagogue and each taught a lesson: we need to forgive and we need to care about others.

May we learn from them.

*Rabbi Bennett Greenspon*

**WE'RE  
ALWAYS  
HERE FOR  
YOU.**



**We are just a phone  
call (954-680-1882) or  
e-mail away!**

Rabbi Bennett Greenspon  
[rabbi@templebethemet.org](mailto:rabbi@templebethemet.org)

Rabbi Frank DeWoskin  
[rabbifd@templebethemet.org](mailto:rabbifd@templebethemet.org)

Cantor Jan Sheer  
[cantorjan@yahoo.com](mailto:cantorjan@yahoo.com)





## Rabbi's Writings

Rabbi Frank DeWoskin

Earlier this summer I went for a bike ride around my neighborhood. While riding down the street, I suddenly had a flashback to a family pandemic bike ride. It was a blessing to be able to spend that time together as a family. Between outdoor activities, games, an RV trip, outside of the forced time apart from the community, it was a bonding time for us together. The flashback brought me to a happy place filled with positive memories. It lifted my spirits. I feel this same kind of energy when I think about our Temple Beth Emet family.

In the Mishnah it reads, "Do not separate yourself from the community." We didn't have a choice during the pandemic but to separate ourselves. At this point, we don't need to wait to have both, time together in smaller groups and time together as a larger community. Spending time together is one way for us to be lifted. Your participation will allow you to grow personally and will lift all of us up. One way to do this is to join us for the high holy day services, or even Slichot services in advance of Rosh Hashanah.

Intentional time together can be a blessing. Have you thought about this blessing in your life? How can you utilize the idea of being together with others to lift yourself to new heights?

During Covid, we came together in smaller pods and attempted to stay connected to others from afar. Now, we can be together in person. When we end a book of the Torah, we recite the words, "*Chazak, chazek, v'nitchazeik* (be strong, be strong and we will strengthen one another)." Let us move from strength to strength and embrace both intimate family time and time with the larger community.

*Rabbi Frank DeWoskin*



**PIZZA IN THE SUKKAH**  
Followed by Simchat Torah Services

Family Sukkot Celebration  
Shake your Lulav and Etrog in the Sukkah!

Enjoy a pizza lunch in the Sukkah with activities, followed by dancing, torah and songs at our Simchat Torah Services

**OCTOBER 8 @ 12:30 PM**

**\$7 Per Child & \$10 per adult**  
(Child price for ages 1-12)

RSVP REQUIRED:  
[www.templebethemet.org/form/pizzainthehut](http://www.templebethemet.org/form/pizzainthehut)

Temple Beth Emet  
1001 17th Avenue NE, Seattle, WA 98107

Jewish Team Leadership



**T.G.I. SHABBAT**

**FAMILY SHABBAT EXPERIENCE**  
**Friday, October 20**  
**5:00 PM Shabbat Dinner, 6:00 PM Shabbat Service**

**Mehu**  
Adults \$18 per person  
Caesar Salad  
Roasted Apricot Glazed Chicken  
Roasted Potatoes  
Grilled Veggies  
Child \$15 per person (Ages 12 and under)  
Chicken Tenders  
French Fries

Come with your family and enjoy the beautiful experience of Shabbat with songs, stories and TBE traditions led by our clergy. Following the service enjoy an oneg & kid friendly activity.

To RSVP  
[www.templebethemet.org/form/FSE](http://www.templebethemet.org/form/FSE)

Questions contact Laura Goodman, [laura@templebethemet.org](mailto:laura@templebethemet.org)

Temple Beth Emet  
1001 17th Avenue NE, Seattle, WA 98107



As I write this article, we are approaching the Hebrew month of Elul, which is the month preceding our High Holy Days.

Our tradition is full of powerful ways to prepare spiritually for the huge act of “teshuva” that we are directed to do during these most awesome of days... Rosh Hashanah through Yom Kippur.

“Teshuva” is usually translated as a deep “turning within”... having the courage to take a good look at who and what we truly are in the depth of our innermost being. What emotional burdens are we carrying that we can let go of? How can we be the loving and forgiving person we know that we are deep down inside in a truly authentic way?

Our tradition offers us some guidelines to make this process more efficient and beneficial not only for us, but for everyone we interact with. Reading and reflecting on the words and spiritual significance of Psalm 27 once or twice a day during the month of Elul is a powerful tradition. Even the first sentence, “God is my Light and my salvation”, can be extremely comforting.

From there, we can look up the “middot” or character traits that most apply to us and set the “kavanah” (the intention) every day to work on developing at least one of the positive character traits, knowing (having read Psalm 27) that the strength and power of the Creator of the universe is with us.

Another powerful practice is to visit the graves of loved ones, reflecting deeply on the positive qualities they have left for us to emulate, as well as reflecting deeply on the qualities we are demonstrating for those we love.

We are taught that as we become better human beings, we are also performing the Holy act of “tikkun Olam” ... repairing our world.

May your Holy acts of “teshuva” bring you great peace.

G’mar Chatima Tovah (May you be inscribed and sealed in the Book of Life and Goodness),

*Cantor Jan*





## President's Message

Mackie Feierstein

*L'Shana Tovah...A sweet new year!*

I want to express my gratitude for the amazing people that make up our community: Rabbi Greenspon, Rabbi DeWoskin, Cantor Jan, our choir, our band, our office staff, our senior staff, our ECC & BES teachers, our Merkaz Limud staff, our youth staff and our congregants of Temple Beth Emet community. I also want to thank our Board of Directors that have spent countless hours behind the scenes to make TBE where you want to be!

Every holiday has certain observances and traditions. On Pesach we hold 2 seders, drink four cups of wine, and eat matzah. On Chanukah, we gather our families together, light the Chanukiah and celebrate the miracle of the oil lasting for 8 days...and yes, of course there are presents, too. **The High Holidays are different.** They have a deeper meaning for us. Lately I've been reflecting on what Temple Beth Emet means to my family.

Aimee & I joined Temple Beth Emet 12 years ago when she started as an ECC teacher, and our son Eliot started in a Pre-Nursery class. Eventually we took on a family membership, our daughter Ava started in the infant room, and over time I decided to become more involved. With each passing year, we made more and more connections.

**It is vital to TBE that we take every chance to make connections.**

For families with young children it could happen through our ECC, our Elementary and Middle School, our Religious School, or Youth Group. Or perhaps you will find your place within the He\*Bros, Sisterhood or any of the other amazing groups here at TBE.

I always wanted to perform Tikkun Olam for TBE and that officially began in 2018 as President of the He\*Bros. And even so, with my love of TBE for all those years, I didn't connect the sense of belonging by being a leader in our community. Instead I felt a sense of belonging because of the community as a whole.

Let the new year of 5784 focus on a deeper sense of engagement with your TBE community. Make one new connection. Call, email, or text a friend. Invite them to services, a Shamash Tribe event or a Shabbat dinner.

**See all that Temple Beth Emet has to offer you.**





# Welcome New Members!

Abotbol Family  
Amar Family  
Arana Family  
Arden Family  
Avidan & Ben David Family  
Aviv Family  
Azran Family  
Barbeau Family  
Ben-Ella Family  
Bercowicz Family  
Birman Family  
Bitton & Shraybman Family  
Castro Family  
Ceccon & Petrosino Family  
Cohen Family  
Dahabani Family  
Demesmin Family  
Davidoiu Familu

Dodgen & Bielorai Family  
Drash Family  
Elf Family  
Encinas Family  
Enslen Family  
Ettelman Family  
Fiallo & Cheema Family  
Flomenhoft Family  
Forman & Pressman Family  
Francisco Family  
Fraanco Family  
Glansberg Family  
Gommermann & Corcos Family  
Gonshor Family  
Greenstein Family  
Gulasa Family  
Hakimi Family  
Haskell Family  
Heskiel Family  
Hogan Family  
Jacobs Family  
Jonkers Family  
Kahana Family  
Kalis Family  
Kamal & Marwah Family

Krigun & Menashe Family  
Landy Family  
Levi Family  
Liapko & Mudrova Family  
Machanic Family  
Macias & Verzura Family  
Mantell Family  
Maor Family  
Mawhinney & Tellez Family  
Menghini & Zaidner Family  
Menon & Rajagopal Family  
Meroz Family  
Meyman Family  
Mitchell Family  
Morriello Family  
Muhlstein Family  
Nanavati Family  
Nayar Family  
Noriega & Gonzalez Family  
Novick Family  
Oz Family  
Pool Family

Pressman Family  
Rashtty Family  
Rosenberg Family  
Rozenberg Family  
Sahar Family  
Sela & Miltchin Family  
Sharff Family  
Shultz & Labia Family  
Shuman Family  
Silverman Family  
Simmons Family  
Smith Family  
Snyder & Mota Family  
Spencer & Talmay Family  
Stekel Family  
Suisa & Ronen Family  
Tron Family  
Wagner Family  
Vianna Family  
Waring Family  
Wendel Family  
Wetcher Family  
Yaakov & Tweg Family  
Yarkony Family  
Zarif Family  
Zholendz Family

JL  
EVENTS

EXCLUSIVELY AT TEMPLE BETH EMET

@JLR Events

INFO@JLREVENTS.CATERING

954.530.6970

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**MITZVAHS BY JLR EVENTS** offers a wide selection of unique and sophisticated menus. Our international culinary chefs combine their expertise with our professional management team in order to create menus inspired by cuisines from all around the world. Be it 40 or 300 guests, we assist in planning and organizing your event from start to finish. Our professional team will transform your thoughts and ideas into a complete event experience that will reflect your unique vision. We are looking forward to working with you and making your event a memory that will last a lifetime.

JOIN US AT THE MITZVAH EXPO

OCTOBER 1, 2023 • 12:30

DJ, VENDORS, GAMES, PRIZES, FOOD AND BEVERAGES



# High Holidays

with Temple Beth Emet 2023/5784

Connect to our in-person or virtual, live-streamed traditional & family High Holy Day services and sermons led by our rabbis, cantor, band and choir.  
Please note the following information: H= Hybrid (In-person and virtual), I = In-Person Only

## Selichot

Saturday, September 9 @ 9:00 pm - **H**

## Erev Rosh Hashanah

Friday, September 15

- 7:30 pm - Erev Rosh Hashanah Service - **H**  
(following the service Shanah Tovah Wine & Cheese with the Clergy)

## Rosh Hashanah (Day 1)

Saturday, September 16

- 10:00 am - Main Service - **H**
  - Tashlich following main service - **I**
- 10:00 am - Rosh Hashanah Experience for grades K - 5 (RSVP required) - **I**
- 2:00 pm - Young Family Program (Ages 2-6) - **H**
- 3:15 pm - Family Service (Grades K-5) - **H**

## Rosh Hashanah (Day 2)

Sunday, September 17

- 8:30 am - Meditative Walk - **I**
- 10:00 am - Rosh Hashanah Beach Service & Clean Up (RSVP required) - **I**
- 10:00 am - Main Service - **H**
  - Tashlich following main service - **I**

## Shabbat Shuvah

Friday, September 22 @ 6:00 pm - **H**

Saturday, September 23

- 8:30 am - Meditative Walk - **I**
- 10:00 am - Service - **H**

## Erev Yom Kippur/Hol Nidre

Sunday, September 24 @ 7:30 pm - **H**

## Yom Kippur

Monday, September 25

- 10:00 am - Main Service - **H**
- 10:00 am - Yom Kippur Experience for grades K - 5 (RSVP required) - **I**
- 1:30 pm - Family Service (Grades K-5) - **H**
- 2:30 pm - Study Sessions - **H**
- 4:00 pm - Afternoon Service, Yizkor & Neilah - **H**
- 6:00 pm (approximately) at the conclusion of Neilah Break the Fast Dinner (RSVP required) - **I**



### HIGH HOLIDAY APPEAL

Your generosity is needed more now than ever. Help keep Temple Beth Emet and its programs alive by giving today!  
[www.templebethemet.org/giving/donate-now](http://www.templebethemet.org/giving/donate-now)



### ROSH HASHANAH/YOM KIPPUR EXPERIENCE GRADES K-5

Must RSVP to participate:  
[www.templebethemet.org/form/HHK5](http://www.templebethemet.org/form/HHK5)



**BREAK THE FAST DINNER:** Join us for a break the fast dinner catered by JLR events. To make your reservation [www.templebethemet.org/form/BTF](http://www.templebethemet.org/form/BTF)

**FAMILY SERVICE (GRADES K-5) (ROSH HASHANAH & YOM KIPPUR):** Join the Clergy for a family friendly service with singing, prayers and stories.

**MEDITATIVE WALK** (Rosh Hashanah Day 2 & Shabbat Shuvah)

Join us for a short early morning meditative walk at Robbins Park (far parking lot).

**ROSH HASHANAH BEACH SERVICE & CLEAN UP:** Join us for a short Rosh Hashanah Service followed by a beach clean up. Location will be sent upon registration. [RSVP to laura@templebethemet.org](mailto:laura@templebethemet.org)

**ROSH HASHANAH/YOM KIPPUR EXPERIENCE FOR GRADES (K-5):** Students will join together in the multipurpose room to participate in a service led by Rabbi DeWoskin. Following the service students will have breakout sessions with different activities led by teachers. Check in for program from 9:45 - 10:15 am. Program takes place from 10:15 am - 12:30 pm. [MUST RSVP www.templebethemet.org/form/HHK5](http://www.templebethemet.org/form/HHK5)

**SHANA TOVA WINE & CHEESE WITH THE CLERGY:** The Clergy would love to greet you and wish you a Happy and Healthy New Year. Enjoy some wine and cheese to sweeten your New Year.

**STUDY SESSIONS:** Schedule and class listing TBD closer to Yom Kippur.

**TASHLICH:** Tashlich is a symbolic ceremony where we throw away our sins.

- Go to a body of water, even your pool (or maybe you have a big bathtub) toss away those sins and fears.
- Or come join us at the Temple along the canal for our brief service. We sing a song or two and say a prayer or two and symbolically toss our sins away. You need only a contrite heart and some bread crumbs or crushed crackers.
- You can also go to the beach and write your sins and failures in the sand and watch the ocean sweep them away.
- **MENTI TASHLICH PROGRAM** - Join our anonymous Menti.com program (info forthcoming) and list some of your failures, but also list your successes. No need to beat yourself up this year. WE'VE ALL BEEN BEATEN UP ENOUGH! Of course, this is only the start. The hard work now falls on you.

### YOUNG FAMILY PROGRAM

Geared to families of young children, ages 2 – 6. Join Cantor Jan and the Rabbis for a short service of song and story about Rosh Hashanah and Yom Kippur. Enjoy a honey tasting, craft and Tashlich by the pool as we throw away our sins with ping pong balls.



### HIGH HOLIDAY FOOD DRIVE

We will be accepting food donations for those in need. You can drop off Kosher and Non-Kosher Non-perishable food items under the overhang in front of the Temple. Dates and times to drop items:

Sept. 11 - Oct. 5, 2022

10am - 2pm or 4-6 pm.



Temple Beth Emet will be offering Hybrid High Holiday Services (virtual and in-person). All temple members will receive their High Holiday tickets in the mail. Member accounts must be in good standing with a payment plan set up on the account.



### YIZKOR MEMORIAL BOOK 2023

You can honor and remember your loved ones by listing them in our High Holy Day Yizkor Memorial Book. This book will be available for pick-up after the Yom Kippur Yizkor Services. [www.templebethemet.org/form/HHyizkorbook](http://www.templebethemet.org/form/HHyizkorbook)



### ADDITIONAL TICKETS & PRAYER BOOKS

**Temple Members:** To purchase a guest ticket or order a prayer book to enjoy services from home: [www.templebethemet.org/form/HHGP](http://www.templebethemet.org/form/HHGP)

**Non-Members:** To purchase a HH ticket or order a prayer book to enjoy services from home: [www.templebethemet.org/form/NMHH23](http://www.templebethemet.org/form/NMHH23)



### BABYSITTING FOR AGES 1 - PRE-K

Saturday, September 16 (Rosh Hashanah Day 1): 10:00am to end of service

Monday, September 25 (Yom Kippur): 10:00am to end of service

The cost for babysitting is \$10 per child per day. MUST RSVP:

[www.templebethemet.org/form/HHB](http://www.templebethemet.org/form/HHB)



### BREAK THE FAST DINNER

Join us for a break the fast dinner catered by JLR events on Monday, September 25.

To make your reservation: <https://www.templebethemet.org/form/BTF>





## BOARD WELCOME BACK SHABBAT

SPONSORED BY TBE BOARD

Please join the TBE Board for Shabbat Services followed by a catered Oneg. We look forward to meeting you and your family!

**SEPT**

**08**

**7:00 PM**



## ECC ROSH HASHANAH PLAY & PRAY

SPONSORED BY EARLY CHILDHOOD CENTER

Enjoy a morning of music with Miss Gayle singing Rosh Hashanah songs. Enjoy a craft, make a round challah and come play on our playground!

For more information [earlychildhoodcenter@templebethemet.org](mailto:earlychildhoodcenter@templebethemet.org)

**SEPT**

**09**

**11:00 AM**

**THE HE\*BROS**  
PRESENT

**MONDAY NIGHT FOOTBALL**

**11**  
SEP

**BILLS VS JETS**  
TEMPLE BETH EMET KIDDUSH ROOM | 8:00 PM

**FREE EVENT**  
Enjoy pizza, wings, beer and beverages while watching Monday Night Football

RSVP | [hebros@templebethemet.org](mailto:hebros@templebethemet.org)

The He'Bros Present

**THE 6TH ANNUAL TAKE RABBI FRANK TO THE BANK**

Calling all Football Pick 'Em Junkies.. Who wants a shot at reigning supreme at TBE? Every week Rabbi Frank will attempt to pick the winners of the NFL games. All you have to do is pick more winners than him. Weekly winner receives 25% of the pot. Tiebreaker is picking the score of the MNF game. Winners will be announced via email Tuesday mornings.

To register contact Kip Goulder, [hebros@templebethemet.org](mailto:hebros@templebethemet.org)  
Pay thru Venmo @hebros

**\$15/WEEK or \$180/18 WEEKS**



## SISTERHOOD MEET & GREET

We invite women of all generations to join us for a social hour. Meet our new board, new programs and just each other!

[sisterhood@templebethemet.org](mailto:sisterhood@templebethemet.org)

**SEPT**

**19**

**7:00 PM**



## BUILD & DECORATE THE SUKKAH

We need your help to build & decorate the Sukkah. Our goal is to create a large beautiful Sukkah for the schools and congregants to enjoy! 2 shifts available: Sept. 27 (5:00 – 7:00 PM) or Sept. 28 (3:00 – 5:00 PM). RSVP to Laura Goodman, [laura@templebethemet.org](mailto:laura@templebethemet.org)

**SEPT**

**27 & 28**





# Beth Emet School



Kindergarten to 8<sup>th</sup> Grade  
Noemi Gozlan, Director  
Michal Medina, Assistant Director

## Setting Up for Success

As teachers hang up their alphabet, parents are scrambling to find last minute school supplies and students are coming off of their summer fun gearing up for the next school year, back-to-school jitters are running high. What is this next school year going to bring?

As parents we think to ourselves, “What can I do to make this a successful year for my child?” Before we can address this question, we first need to look into the past. We need to figure out the challenges from the past so we can best create a plan for the future.

One of the most common challenges we face revolves around motivation. It happens far too often that we hear things like “Not, now!”, or “I can’t do this!” Hearing these words over and over again can upset any parent. Our instincts may be to scream out of frustration or walk away from the situation. What we don’t realize is that our reaction is their power. Our negative response actually reinforces their behavior.

One effective strategy to use is “stop, breathe, think”. We are so quick to react in the moment. When your child is showing frustration, make a conscious effort to stop and think before reacting. A deep breath helps to relax your body and gives you a moment to come up with a quick but calm plan of action.

Another strategy to keep in mind is that simple change in perspective can make all the difference for a child. Instead of saying “I can’t”, train your children to say “I will try”. When your child is feeling frustrated and cannot figure out what to do on the homework assignment, they may say, “I don’t know!” Teach them instead to say “I don’t know YET!” Once this terminology becomes habit you will be amazed at the switch in perspective!

A difficulty we commonly face at the beginning of the school year is the morning good-byes. It is hard for them to let go and sometimes even harder for us to let go. New school year, new teachers, new faces, new friends, and new routines. It can be overwhelming to any child. We all know that their heartbreak is our heartbreak. Here are a few tips to get us through it: Firstly, talk to your child with as much detail as possible so they know what to expect, including what the routines will look like. Secondly, it is helpful to be as prepared as possible the night before, with lunch packed, clothes picked out and backpacks by the door. This will eliminate some of the morning chaos and lessen the stress level for you and your child. Finally, when morning drop-off arrives, make the goodbyes quick and positive. This will evoke confidence in your child instead of hesitation. Together we can make your child more confident and successful.

Furthermore, at the end of the school day, engage with your child about their day. So often we have difficulty getting them to share details from their day. The trick here is to ask open-ended questions. Instead of asking “How was your day?”, ask “What did you do on the playground today?” or “What was the most fun thing you did today?” These open-ended questions foster good communication with your child, while getting the details we are craving.

Wishing you all a Shana Tova, a prosperous school year filled with love, learning, and growth!

# Early Childhood Center



Robin Sheridan, Director  
Dina Milgram, Assistant Director



## Returning to School...



As we begin a new school year we enter our classrooms, newly renovated with great storage and beautiful floors and cabinets. There is no better way to start a year. Clean and beautiful and with great opportunity to be fully organized! We have taken stock of our materials and supplies. Over the years we add to our inventory, thinking, "Oh, I may need this," or "I really like this." But this opportunity to clean out, reorganize, and declutter is truly liberating and allows us to take stock of all we have. So much of what we hold on to can become extra weight that is not needed and does not benefit us. At the same time, we may find items and materials that we are excited to use with our students!

We offer you the opportunity we had: take stock...what do you need, what do you like, and what can you get rid of? As we jump into our new year exploring with our students, growing and learning, we too are taking stock. What helps us enhance our learning experience, what contributes to great learning in the classroom and what do we need to let go of, physically and mentally? A new year, and a new school year begins like a fresh notebook and a new pen. There is nothing better than opening that first page and beginning.

What will this year look like at Beth Emet Early Childhood Center? We will dive deeper into understanding our students, and we will ponder the ways to create organic ripples in their learning that create joy and excitement. We will actively listen, watch, and participate alongside them as we grow together in 2023-2024.

As we introduce Rosh Hashanah and we taste apples, compare sizes with apples, measure our friends in apples, and chart our favorite color, we will ponder what this holiday represents to our school and individual classroom community. What is a New Year? What is a year to a preschooler? What is time to a preschooler? As we begin to build our understanding of time, we explore our Jewish holidays and what messages they provide to our heart and soul. As we bite into our different colored apples, we will find gratitude in being together. We will say a prayer of thanks that we have fruit and we will explore the holiday using math, science, literacy, and all the traditional "academics" that we aim to expose our students to daily. Learning will be integrated organically and with joy in all that we do! We will lean into the natural curiosity of our students as we stretch our minds and grow together.



Shanah Tovah.



## Merkaz Limud & JTL

Noemi Gozlan, Director  
Jennifer Schatz-Young,  
Assistant Director



### ***Mazal Tov to our very own Rina Yagerman!***



We are extremely happy to announce that our very own Miss Rina Yagerman is the newest Broward County recipient of the Dr. Sidney & Rose Esterson Award for Synagogue School Excellence. Miss Rina has been teaching Judaic and Hebrew studies in various grade levels in our Merkaz Limud since 2015. She is also a highly requested ECC teacher here at Beth Emet as well. For the past four years she has embraced the role of lead Kindergarten teacher in the Merkaz Limud and every year our graduating Pre-K students look forward to having her as their Sunday School teacher. For Rina, teaching is more than a profession – it is a passion that is apparent in every lesson. She cares

about all of her students and teaches them in a very original way, trying all the time to keep them focused and challenged. As one of her responsibilities, Rina is in charge of preparing the Kindergarten students to participate in their Ta'am Shel D'vash service – A Taste of Honey. This is their first introduction to Jewish studies. To be prepared for the service, Rina teaches the students about creation, bringing each of her lessons to life by incorporating art, cooking, music, games, and stories. They then create their own Torah illustrating what took place on each day. Rina provides the class with many different materials they can use to create their own Torah. Each student's Torah is unique to their understanding of the days of creation. Being that "Ta'am Shel D'vash" is the first service the students participate in, they learn the basic blessings for Shabbat, the Barchu, the Shema, and Shehecheyanu and what they mean. At the service the students go up to the bima for Kabbalat Shabbat and they present their understanding of the Creation and Torah knowledge through songs. This beautiful service is followed by a Shabbat "Beyond the Classroom" experience (family program). During the program, Rina explains to the families the ways in which she and her own family celebrate Shabbat. She connects with them on a more personal level and the families really appreciate that. Teaching about Eretz Yisrael is also very important to Rina and she infuses Israel into her lessons throughout the year, not only during Yom Ha'atzmaut. She uses her own experiences of living in Israel to bring her passion about Israel into the classroom. She gives the students the opportunity to explore and develop their own love of Israel in many creative ways. We are so happy that Rina was chosen as Teacher of the Year!

### ***As we warmly say good-bye to Ofri, please give a heartfelt TBE welcome to Mai Baum!***

Ofri Meirov spent this past year as our first Shinshin. She developed many lasting relationships with the TBE community and we wish her well on her next journey!



Our new Shinshin, Mai, is an 18-year-old Israeli High School graduate that is taking a gap year now before she enters the **IDF** – Israeli Defense Forces. Mai is also joining the TBE family as part of the Shinshin program – young Israeli ambassadors that educate people of all ages about Israel and Israeli culture. She has been a part of the Israeli Scouts since 4<sup>th</sup> grade and has volunteered with them for the past 3 years. Mai has become a Shlichah because she wants to preserve Jewish identities & connect Israel to communities abroad. All our students will have the opportunity to interact with Mai throughout the school year, helping to strengthen and grow their connection to Israel. *When you see her around campus, make sure to welcome her to our community!*

## **Are You Registered Yet?**



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Confirmation



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# Youth Group

Rayna Engle, Youth Director



## TEMPLE BETH EMET YOUTH SEPTEMBER CALENDAR

**06**  
SEPT

**BOGRIM & GESHER**  
"MIXERS" 7:00 - 8:30 PM

**10**  
SEPT

**CHALUTZIM**  
"MIXERS" 12:30 - 2:00 PM

**13**  
SEPT

**BOGRIM & GESHER**  
"9 SQUARE" 7:00 - 8:30 PM

**20**  
SEPT

**BOGRIM & GESHER**  
"MANHUNT" 7:00 - 8:30 PM

**27**  
SEPT

**BOGRIM & GESHER**  
"CHOPPED" 7:00 - 8:30 PM

**BOGRIM - GRADES 8-12**  
**GESHER - GRADES 6-7**  
**CHALUTZIM - GRADES K-5**

**FOR MORE YOUTH INFO**  
**CONTACT RAYNA ENGLE**  
**RAYNA417@ AOL.COM**

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# B'nai Mitzvah

---



## Leah Johnston

Leah Rose Johnston will be called to the Torah as a Bat Mitzvah on September 2, 2023. Leah is a fourth-generation member of Temple Beth Emet and is excited to continue the wonderful traditions of her family and community.

Outside of school, Leah's world revolves around dancing. For her Mitzvah Project, Leah has been collecting gently used costumes and dance shoes to donate to underprivileged arts programs so other kids can experience the joy of dancing and performing that she feels every day.

Leah would like to thank her parents, grandparents, family, Rabbi Greenspon, Rabbi DeWoskin, all of her Beth Emet School teachers, and especially Cantor Jan for helping her prepare for this special and meaningful milestone.

## Nathan Goldberg


Nathan will be called to the Torah as a Bar Mitzvah on Saturday, September 9, 2023. He's been a part of the Temple Beth Emet community since the age of 2 where he started in the Early Childhood program, then went on to spend his Sunday mornings at Merkaz Limud and Summers at camp. He also met his first friends at Temple Beth Emet, some of whom will be celebrating his special day with him.



Nathan is in eighth grade at Pioneer Middle School where he excels in all advanced classes. He is passionate about basketball and sneakers. He would spend every minute playing basketball if he could and hopes to play in the NBA one day. When Nathan is not playing, practicing, or studying he likes to watch old highlights of his favorite basketball players.

For Nathan's Mitzvah project he collected new backpacks and lunchboxes for JAFCO, Jewish Adoption and Family Care Options. With the help of his friends, neighbors, community, and camp families Nathan donated 56 backpacks, 19 lunchboxes and \$250.00 to help the over 200 children JAFCO is helping with their back-to-school needs. Nathan chose JAFCO because he feels kids should have things they need such as school supplies, and he wanted to be a part of making that possible.

Nathan would like to thank everyone who has supported him through his Bar Mitzvah journey starting with his tutor Paula Bergman. He would not have gotten this far without her patience and support and he is so lucky to have had her as his tutor! We would also like to thank Rabbi Greenspon, Rabbi DeWoskin, Cantor Jan and all of his ECC and Merkaz Limud teachers for helping him get ready for this special day. We are so very proud of him!



This year, when you hear the shofar, imagine it echoing through the years - powerful blasts that have stirred the souls of our Jewish people for generations.

Like the shofar blasts, your LEGACY GIFT will echo into the future and ensure that what you cherish most about Jewish life will resonate for generations to come.

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- **The Esther Ragosin Charitable Foundation**

*\*Names that are bold have formalized their gifts to Temple Beth Emet*



# HAPPY Anniversary

## September 1

Arthur & Marian Fishbein  
Frank Hull &  
Stephanie Silberman  
Scott & Jennifer Levine  
Stuart & Lois Slutsky  
Robert & Eleanor Wechsler

## September 3

Norman & Esther Freedman  
Neil & Debra Hornstein

## September 4

Ira & Janie Libanoff  
Steve & Nancy Winner

## September 5

Barry & Tara Issenberg  
Robert & Kathy Klausner

## September 6

Andrew & Melissa Feirstein  
Steven & Ann Yermish

## September 11

Steven & Nathalie Sloane

## September 14

Theodore & Susan Kaufman

## September 16

Tom & Tammy Kleinman

## September 18

Howard Forman &  
Sherry Pressman

## September 21

Andy & Lisa Wasserman

## September 22

Shimon & Adi Suissa

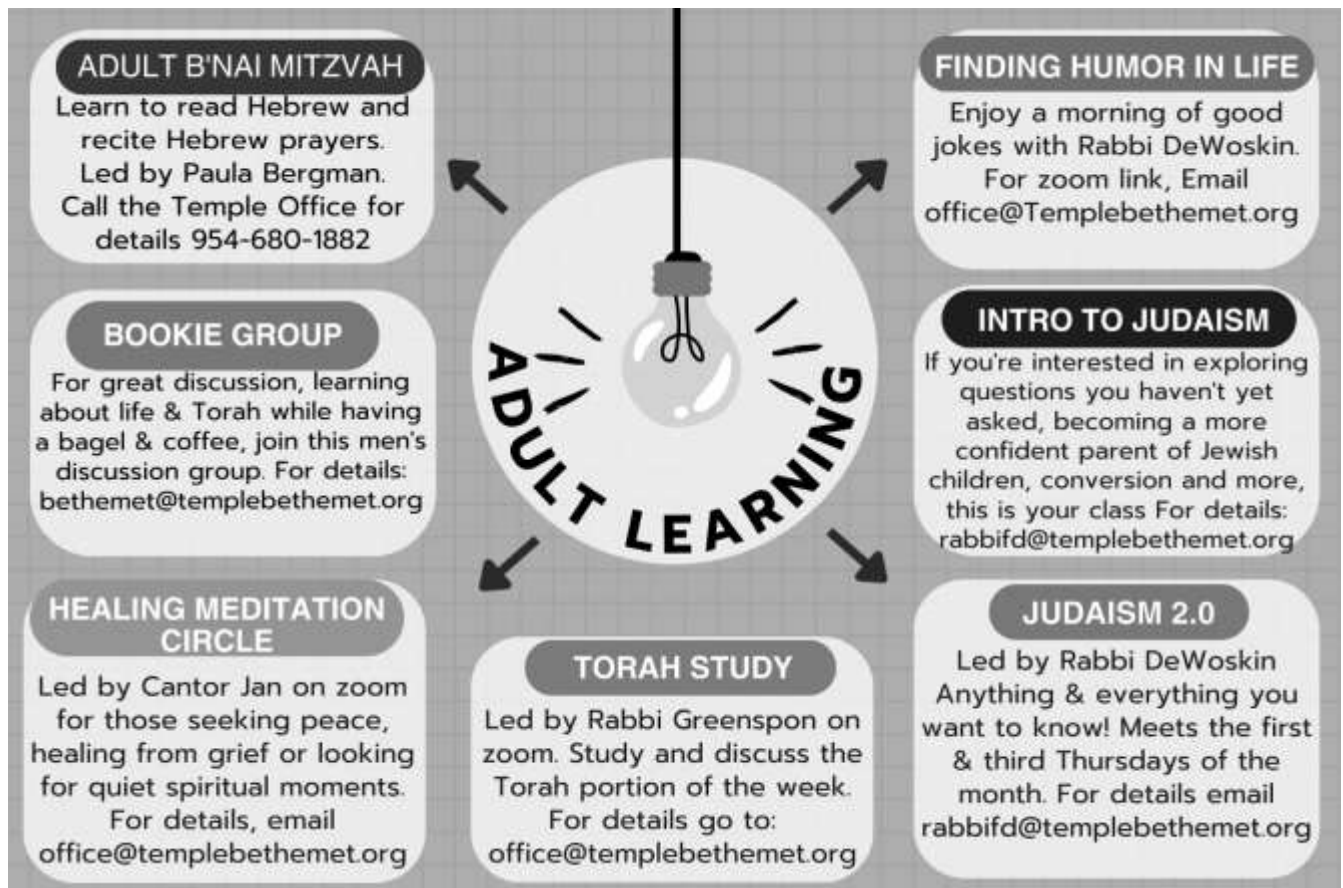
## September 28

David & Patty Kopelman  
Frank Scholl &  
Candice Wilson Scholl

## September 29

David & Francie Horvitz

## Adult Learning





### September 1

Stefano Batista  
Quintin Bernstein  
Amy Brodie  
Jackson Cooper  
Sandi D'Azevedo-  
Cimerberg  
Zachary Issenberg  
Ronald Jacobson  
Shaya Levi  
Savannah Moss

### September 2

Steven Mason  
Maxi Rapp  
Milo Rapp  
Daniel Shir  
Leonor Zamora

### September 3

Michael Bernstein  
Jackson Brenner  
Dylan Gara  
Jordan Gara  
Michael Ginsberg  
Bradley Krotowski

### September 4

Danielle Bush  
Ruthie Cooper  
Aidan Don  
Jordan Ellenbogen  
Lisa Horvitz  
Teri Kaye  
Alon Payenson  
Alana Rapp  
Eric Rappoport  
Eli Stewart

### September 5

Luisa Altman  
Emmy Hertz

Michael Mawardi  
Steven McCord  
Ella Noga Mulla  
David Spencer  
Brendan  
Wasserman

### September 6

Ela Gozlan  
Lucas Pitera  
Alice Soskin

### September 7

Brody Bayer  
Valentina Coyne  
Adriana English  
Jeremy Hunter  
Stacey Jerry  
Michelle Kobelin  
Melissa Libanoff  
Joshua Rubin

### September 9

Zachary Kopelman  
Daniel Medina  
Makartnie Meister  
Enna Miller  
Miriam  
Weinberger  
Jordyn Young

### September 10

Neal Bush  
Christi Desky  
Elijah DeWoskin  
Lexi Katzman  
Steven Schultz  
Joseph Vaknine  
Natali Webman

### September 11

Courtney Epstein  
Liam Osturkan

### September 12

Stacie Appel  
Larry Burke  
Rhoda Heyer

Sherry Pressman  
Frank Schreiber

### September 13

Shane Forte  
Sarah Gelabert  
Emmett Goulder  
Ethan Greenberg  
Luca Hirsch  
Ella Meros  
Shane Milestone  
Meeghan Moldof  
Lian Pena  
Sophia Steinman

### September 14

Arenette Samuel  
Sophia Schaub  
Eliad Suissa

### September 15

Ari Deuitsch  
Tara Issenberg  
Ben Riestra  
Denise Sherman  
Brooke Wood

### September 16

Robert Mahl  
Neri Meroz  
Heather Oken  
Grant  
Oppenheimer

### September 17

Lindsay  
Abbondandolo  
Noah Gad  
Ilana Kidwell  
Nicole Levy  
Richard Markowitz  
Garrett Poliakoff

### September 18

Jonah Emanó  
Julie Hernandez  
Kym Kaplan  
Eden Levi

Mina Mandel  
Sadie Siegel

### September 19

Justin Abitan  
Benjamin Barnes  
Bella Chironno  
Abigail Holz  
Jennifer Holz  
Claire Lipman  
Kennedy  
Pietroforte  
Andrea Steinberg

### September 20

Leeav Benharush  
Josh Cimerberg  
Jami Genson  
Rose Glicksman  
Adam Lazarus  
Ellen Schneider  
Robin Sheridan  
Joshua  
Tanenbaum  
Michael Zelitt

### September 21

Stephen Chaikin  
Rolando Nayar  
Judy Rappoport

### September 22

Emily Levine  
Lorraine Mahl  
Scott Nortman  
Sophia Portyansky  
Or Reizer  
Adrienne Rosen  
Michael Sheer  
Joshua Wolf

### September 23

Sara Geller  
Kevyn Markowitz

### September 24

Christopher Ashe  
Faith Bieda

Arya Dabush  
Howard Golden  
Aliza Novie

### September 24

Cheryl Smith  
Harel Ziony

### September 25

Robyn Cutler  
Rose Ann  
Eisenberg

### September 26

David Friedman  
Benjamin Milgram  
Marc Schreiber  
Brent Zimmerman

### September 27

Kurtis Gubnitsky  
Amy Hunter  
Nathan Reed  
Benjamin  
Tanenbaum  
Debbie  
Wasserman  
Schultz

### September 28

Logan Bratter  
Mason Feinberg  
Jacob Gomis  
Jacy Kruzel  
Donna Rabinowitz  
Robert Smolowitz  
Jodi Barnes

### September 29

Adrian Blanco  
Lisa Septoff  
Thomas Tron  
Robert Wechsler

### September 30

Aviv Amram  
Anne Koch  
Patricia Marks  
Ryan Schwartz  
Ashton Studnik

# Donations

Making a donation is a wonderful way to acknowledge a special occasion, important date, promotion or award; send get well wishes or condolences; express appreciation for an act of kindness; and honor or remember a special person in your life.

## Andrew Siler Playground Fund

### In Memory of:

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by Jill & Arnie Finkel

## Beth Emet Elementary School Fund

### In Memory of:

*Joan Kay* by Cindy & Jerry Lomastro  
*Nuchin Kaplan* by Lea Kowarski

## Camp Scholarship Fund

### Donation by:

Marisa & Ben Riestra

### In Memory of:

Israel Isaacson by Rochelle Singer

## Choir Fund

### In Honor of:

Frankie Kendra's baby naming  
by Mana & Michael Oken  
The birth of Cantor Jan's grandson,  
Lev Yehudah, by Rodica Bendor

## Early Childhood Center Fund

### In Memory of:

*William Friedman* by Gale & Joel Kaplan

## General Fund

### In Memory of:

*Bobby Powell* by:  
The Dolberg family  
The Haimo family  
Barry Schwartz  
Donna & Skip Straus  
Abby & Gregg Wilentz

## High Holiday Appeal

### Donation by:

Debra Dayan

## Rabbi DeWoskin's Discretionary Fund

### In Honor of:

Frankie Kendra's baby naming  
by Mana & Michael Oken

## Rabbi Greenspon's Discretionary Fund

### In Memory of:

*Rachel Demofsky & Arnold Zucker* by Shelley & Jerry Zucker  
*Sara Ribak* by Pamela Schepp  
*Frances Fineberg* by Rosemary Fineberg  
*Judy Becker* by Harriet Weiss  
*Robert Powell* by the Haimo family

## Richie Torrent Early Childhood Scholarship Fund

### In Memory of:

*Annette Spinelli* by Karol Naidus & family

## Shirley Wolfe Library Fund

### In Memory of:

*Shirley Wolfe* by Noah Wolfe

## The Past Presidents Fund

### In Memory of:

*Rose Reuben & Elias Rotker* by Nancy & Howard Golden  
*Rachel Baum & Gerald Shoib* by Susan & Bob Alterman

## Yahrzeit Fund

### In Memory of:

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*Stanley Brock* by Maria Brock  
*Evelyn Clein* by Carol Clein  
*Gisela Kupersmith Meade* by Amy Heywang

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Minor Meyers, Jr.



# Yahrzeits

The following Yahrzeits will be acknowledged and Kaddish will be said during Shabbat Services on the dates below.

## **September 1**

Gertrude Abrams  
Mac Balentine  
Harry Bandalin  
Jeannette Block  
Roberta Brazeal  
Lawrence Draizin  
Gerald DuBois  
Mort Feldman  
Elenor Greenberg  
Anna Grinblat  
Stephen Haber  
Leon Hyman  
Irwin Plotkin  
Laurence Rabin  
Claire Raskin  
Peter Sheintoch  
Herbert Sinkoff  
Mildred Strelzik  
Noel Uris  
Beatrice Weiss

## **September 8**

Sylvia Adler  
Martin Barrett  
Shirley Berlin  
Paul Bersach  
Sandra Bresnick  
Lena M. Cooke  
Popeye Feldman

Pauline Greenspon  
Lori Gudinas  
Harold Issenberg  
Josie Spierer  
Kupersmith  
Alice Lane  
Sam Leiss  
Susan Levy  
Robert Potts  
Julia Rabin  
Bernard Ross  
Joe Roth  
Frieda Rothman  
Elliott Saltzburg  
Risa Spira

## **September 15**

Sidney Baer  
Henrietta Barkey  
Melvin Burris  
Lawrence Cohen  
Stuart Cohen  
Harry Cooperstein  
Kathy Hatcher  
Davis  
Florence Gore  
Estelle Grossman  
Lily Hibnick

Pearl Hornstein  
Sally Ann Kleinman  
Evelyn Lenes  
Jerome Levine  
Ray Logan  
Izach Robert  
Marcus Benni Miller  
Chester Paul  
Ilene Phillips  
Ellen Pomerantz  
Rhoda Rankin  
Gustav Ross  
Gerald Schreiber  
Frances Shafa  
Morris M. Siman  
Jan Simon  
Anita Slapin  
Ruth Slutsky  
Allen Valinsky

## **September 22**

Allen Barkey  
Maxine Bartel  
Enid Berman  
Myron Deckelbaum  
Jackie Dobrinick  
Dora Elfenbaum

Pearl Ferer-English  
Martha Frank  
Donald Freeman  
Leo Friedland  
Ike Gochman  
Leonard Haft  
Guta Huppert  
Anne Laurence  
Leonard Lipsky  
Blanche Luxenberg  
Scott Margules  
Hilda S.L. Menzies  
David Meyers  
George Meyers  
Elizabeth Perl  
Tania Podell  
Gertrude Pollack  
Marvin Quittner  
Gordon Randell  
Fannie Rose  
Dorothy Roth  
Edward Rotker  
Robert Sarosi  
Martin Schott  
Jack Shurack  
Teddy Taubman  
Nancy Tsue  
Madolyn Ungar-Sakolsky

## **September 29**

Arnold Almeas  
Rachel Behar  
Nathan Agata  
Scott Brenner  
Joseph Abelow  
Stanley Cohen  
Fanny Faigin  
Edward Freedman  
Beatrice Ganz  
Ruth Goldenberg  
Ruth Hageman  
Abraham Huppert  
Werner Kahn  
Terry Lerman  
Ron Levy  
David Lippin  
Mattie Lipschitz  
Elsie Rosenberg  
Stanley Schoenberg  
Samuel Stadlen  
Arthur Whiteman  
Mickey Wolf  
Rose Wolfson  
Lindy Dorothy Wolin



*Yahrzeit Plaque*

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wedding, anniversary, or any  
special occasion**

**Call Debra in the Temple office for details  
954-680-1882**