

GUIDELINES for Sponsors  
of  
Congregation B'nai Israel Oneg Shabbats

Thank you for supporting the Congregation B'nais Israel community by sponsoring an Oneg shabbat! These guidelines are intended to assist in providing guidance to you for this wonderful mitzvah.

If you are providing food, please bring sweet and savory treats for approximately 75 people. Sweet and savory treats include finger foods, cookies, fruit, veggies, hummus, nuts, crackers and cheeses and more. Really, be as creative as you would like, but please no pork or shellfish. CBI provides water, coffee and lemonade, as well as plates and cups.

When providing food, please items to CBI on Friday before 3 pm. Check in with Dean in the office and let him know you are dropping things off. He will likely have you put items in the kitchen. Please make sure everything is clearly labeled "Friday (date) Oneg". Ideally, all items will be dropped off by 3, but we realize that if you are attending the service that evening that may not be practical. If this is the case, please bring items to the kitchen prior to the service as early as possible.

If, as a sponsor, you are donating funds (instead of food) for the Friday night Oneg, your donation of \$100 should be clearly labeled for the Oneg Fund and can be given to Dean, Leslie or whoever is at front desk. You can also call the office at 916.446.4861 and speak to Leslie or Melissa to arrange payment via credit card. Please provide the funds no later than the Monday before the Friday you are sponsoring.

As a sponsor, you will be acknowledged in the Friday night flyer and Chadashot, We should already have this information but please verify how you would like to be acknowledged as a sponsor (with correct spelling) when you make your payment. *For example "your name" in honor of "\_\_\_\_\_".*

If you would like to do anything special, unusual or out of the ordinary, beyond the food at the Oneg, please speak with Rabbi Alfi in advance.

You are encouraged to help set up the oneg, especially if you bring in treats that are a bit out of the ordinary and want items displayed a particular way. Please let CBI staff know if you will be doing this.

If you have any questions, please contact Dean in the office. Call or email him at [operations@bnais.com](mailto:operations@bnais.com) or Terri Gaines at [tlgaines0@gmail.com](mailto:tlgaines0@gmail.com)

Todah rabah from the entire CBI community for your support of delicious oneg treats!