



WORSHIP SCHEDULE

EREV SHABBAT

Services are open to visitors of all ages.
Free childcare (ages 3-10) is available during the 7:30 service.

Every Friday

7:30 p.m. Service

2nd Friday: Sept. - June

6:00 p.m. Tot Shabbat

6:30 p.m. Shabbat Dinner

7:30 p.m. Service

SHABBAT MORNING

Every Saturday

9:00 a.m. Torah Study (Library)

10:30 a.m. Service



Rabbi **MONA ALFI**

Rabbi **LESTER FRAZIN**, Emeritus

Cantor **JULIE STEINBERG**

LESLIE OBERST, Executive Director

DENISE CREVIN, Director of Education

ADMINISTRATIVE OFFICE HOURS

Monday - Thursday

8:30 a.m. - 5 p.m.

Friday

8:30 a.m. - 3:30 p.m.

CONGREGATION B'NAI ISRAEL

3600 Riverside Blvd. Sacramento, CA 95818

916-446-4861 or email inquiry@bnais.com

www.cbisacramento.org



CONGREGATION B'NAI ISRAEL



Shalom!

Welcome to Congregation B'nai Israel, a vibrant Reform Jewish community with a history that dates to Sacramento's founding. Its membership reflects the diversity of today's dynamic Sacramento region.

We are an egalitarian, inclusive congregation committed to the joy and beauty of Jewish life. We are multi-generational and multicultural. We are married, single, with or without kids, LGBTQIA, Jews by choice or by birth, interfaith and differently-abled.

Each of us has an individual path to spirituality, and CBI offers worship, introspection, music, study, community and social action. Programs for all ages include multiple ways to create the holy in our lives and foster friendships in our community.

Since 1849, Congregation B'nai Israel continues to be a vibrant part of the Sacramento community. We honor our history as we create new traditions.

We hope you will find this your spiritual home.





WORSHIP

Worship can brighten the dark times, inspire gratitude for our blessings and help us feel closer to our community and our faith.

As a Reform congregation, we recognize that we each experience holiness differently. Some feel comfortable expressing faith in God or search for meaning through prayer and rituals, others seek a sense of awe and wonder through study or social action. Our worship community offers a variety of ways to experience that inner spark of holiness or to connect to the larger “awe” of the universe. Congregation B’nai Israel strives to bring us closer to the holy through worship, holiday observances and life cycle events.

Music is an integral part of our worship, from the warm alto of our cantor, the harmonies of the choir, the informality of our Tot Shabbat service or the camp style music of our religious school t’fillah service.

Shabbat and holidays are special and joyful. Our services are creative and spiritual; we unwind in a participatory service in Hebrew and English. Join us to celebrate the holiness in our lives.

LIFELONG LEARNING

As it has been for generations of Jews, education is a deeply-held value at B’nai Israel.

Learning begins with an array of programs for newborns and preschoolers. Tot Shabbat and holiday activities connect our youngest members to Judaism in fun and engaging ways.

Religious school (pre-kindergarten to 7th grade) stimulates a love for the values, history music and food of Jewish life. Keshet teen programs include confirmation and B’nai Israel Senior Youth group. These focus on Jewish experiences in a supportive community.

Camp Shelanu, our day camp, extends learning and friendships into summer for kindergarten through 10th grade.

Our commitment to learning is also evident in our adult education programs. Speakers and small groups explore today’s Judaism as we consider topics such as racial justice, religious ethics and Israel.

Our education is enriched by the Sosnick Library, one of northern California’s largest synagogue collections, with 7,000 books, DVDs and CDs.

COMMUNITY

Congregation B’nai Israel prides itself on being inclusive. Single, married, straight, LGBTQIA, with and without children. Non-Jewish partners and spouses are also members, actively contributing their talent and energy.

We learn, pray and grow together, offering many avenues to connection. We celebrate with individual life cycle events such as weddings, baby namings and B’nai Mitzvahs. We join for the Jewish holidays, whether exploring the personal significance of High Holy Days or the always entertaining Purim.

Brotherhood creates male fellowship. They serve and support CBI families and youth groups through fundraising and special events.

Women of B’nai Israel is a vital and supportive community of women in our congregation. WBI organizes and supports many CBI and community events and operates the Goldman Judaica gift shop.

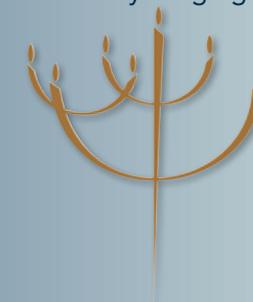
Sababah comprises people in their 20s and 30s who are interested in creating a fun and welcoming peer group within the Jewish community.

SOCIAL JUSTICE

We call it tikkun olam. Individually and collectively, it is our responsibility to work toward healing the world with peace and justice. We do it locally and globally. We plant a garden. We protest. We partner to build homes. We care for the stranger and comfort our friends. We stand up for the rights and dignity of others.

More than two dozen member-driven committees represent our passions. Racial Justice, Sustainability, Winter Sanctuary, Immigrant Rights and Refugee Assistance and many others reflect our congregation’s passion for creating a more peaceful and just world.

“Love thy neighbor as thyself” (Lev. 19:18) is a cornerstone of our values. With a deep understanding of how it feels to be the stranger in a new land; in 2017, Congregation B’nai Israel became the first in the Sacramento area to become a sanctuary congregation.



Keeping Tradition – Moving Forward