

SCHEDULE

ליל שבת קדש

Candles 5:52 PM
Mincha & Kabalas Shabbos 5:52 PM

יום שבת קדש

Daf Yomi @Main Shul 7:30 AM
SHACHARIS

@Main Shul 6:50 AM

@Main Shul 8:30 AM

Netz - 7:31 am | Sof Zman K'S 9:30 א"ס | Sof Zman Tefilah - 11:03 א"ס

Followed by Kiddush

Mincha 2:15 PM

BNOS GIRLS GROUP - 2:15PM

Nursery - 5th Group - @Main Shul Classroom

Mincha 5:40 PM

Followed by Shalosh Seudos

Maariv/Havdala (50min) 6:59 PM

82/63 מזג האוויר בשבת
84/64 Ohel Moshe Weather

**CANDLES NEXT
SHABBOS - 5:44 PM**

WEEKDAY MINYANIM

SHACHARIS

Sunday - 6:50 & 8:30

Monday, Thursday - 6:35, 7:50

Tue, Wed, Fri - 6:45, 7:50

MINCHA & MAARIV

Mincha: Sunday - Thursday 1:45 PM

Mincha/Maariv: Sunday - Thursday 5:55 PM

Maariv: Sunday - Thursday 9:50 PM



SEE THE SHIURIM PAGE FOR THE LATEST
www.ohelmoshebaltimore.com/shiurim

AM Daf Yomi - Sha/Sun 7:30 AM ~ M-F 5:45 AM

PM Daf Yomi - Sun - Thu After Mincha/Maariv

Smichas Chaver Program - Sunday 9:15 AM

Royal Tea - Monday 8:15 PM

Daf Hashavua - Mon. & Wed. 9:00 PM

Breathing Life - Monday 9:10 PM

Holy Machlokes - Tuesday 9:00 PM

Begging For More - Tuesday 9:10 PM

Connections - Tuesday (For Women) 8:00 PM

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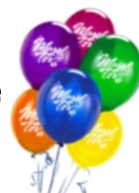
@Main Minyan

Sponsored by:

Josh & Jessie Cline

In honor of the
Bas Mitzvah of

Bayla Chaya!



SHALOSH SEUDOS

Sponsored by:

Bernie & Karen Lipman

In honor of the yahrzeit of Karen's mother,
Georgette Mirsky, Sarah Gitel bas Yaakov Moshe

מזל טוב

Bayla Chaya Cline
on her Bas Mitzvah this
Shabbos

Mazal Tov Josh & Jessie
and the entire family.

מזל טוב

Shul Contacts

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Gabbai@

Pinchas Friedman, Sasha Zakharin &
Ailon Marizan- Lain@

Repair & Maintenance:

Chaim Mordechai Meister - Fixt@

Bulletin & Announcements:

Shoshana Goldberg &
Ari Braun - Bulletin@

Sisterhood@

Adina Schwarzbaum, Tzipora Zeidel, &
Aliza Zirkling

Agudah Scrip

Sasha Zakharin - scrip@

Sponsorship & Hall rental:

Jake Kates - Kiddush@

Sforim & Siddurim:

Eilon Marizan - Library@

CONGREGATION OHEL MOSHE

שבת קודש

פרשת נח

ד' חשון תשפ"ג

אהל משה



Rabbi Zvi Teichman

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Issue #753

RABBI'S MESSAGE:

A Window to the World

Do you ever feel like the world is closing in on you, imprisoned in your predicament in life?

The word the Torah uses to describe a place of confinement is בית הסהר - *a prison*.

The Ramban asserts that the word סהר is like the noun צהר, the 'window' that was built atop the Ark, that served as a skylight, allowing outside light into the Ark. The letters ט and צ interchangeable as they are both in the group of letters that are expressed using the tongue.

It seems odd that a dungeon that serves as a cell of confinement below ground should be characterized specifically by the skylight that allows light to enter its space.

Might the window that shines light from the 'outside world', which serves as a painful reminder of the opportunities of life the prisoner is deprived of, that adds extremely painful frustration to his unfortunate situation, be deserving of this 'honor' due to it representing the deepest anguish of imprisonment?

Many of us sense we are imprisoned, not necessarily physically, but restrained from reaching our objectives and hopes, being held back by the circumstances allotted to us in life, that prevent us from achieving our ambitions.

We look out of the proverbial windows of our confinement that permit us to see outward at others and their visible successes and bemoan our plight feeling deprived from what we feel we deserve.

Noach too, the Midrash teaches, was 'incarcerated' in the Ark. He prayed the words recorded by King David, הוציא, *Take, ממסגר נפשי - my soul out of confinement.* (תהלים קמב ח).

The emphasis on his 'soul' being removed from confinement would seem to indicate that he wasn't begging G-d to simply alleviate his physical constraints, but rather his soul's anguish.

We are taught that there are two views of this צהר window that Noach built.

One says it was literally a window that permitted light to enter the Ark. While the other posits that it was a stone that generated its own illumination.

The great and brilliant rabbinic leader of pre- and post-World War II Paris, Rav Shmuel Yaakov Rubinstein, a Kotzker Chosid, who exhibited great warmth in serving his Kehilla, suggests that these two opinions represent two approaches to greatness.

One can look out a window onto the world surrounding oneself and observe the decadence and corruption and be compelled to commit to steering far away from those influences, feeling emboldened by the contrast of one's own aspirations and those who have strayed.

But then there are those who do not satisfy themselves with merely not being like others, but rather strive to discover their own inner illumination, not judging themselves worthy only in relationship to those around them but seek objective greatness.

In this second view Noach sought to find himself.

Perhaps when the Torah later reports how when Noach realized the waters subsided 'Noach opened the window of the Ark which he made', he was seeking to open a window to the world allowing his self-generated luminescence to inspire a new world.

צהר is also related to זהר - *radiance*, the letter ז also part of the group of tongue related letters, thus alluding to self-induced light.

It has been observed that the same letters that spell צהר - *window/radiance*, spell the word צרה - *misfortune/distress*.

The word צרה is related to צור - *compressed*.

It is only when we look through the window of our soul stingily that we feel walled in and experience moving - *distress*.

If we use that same window to elevate ourselves, transforming into veritable light, that is when we will radiate outwards, creating a צהר - *radiance* that will warm the world with inspiration.

באהבה,
צבי יהודה טייכמאן

MEMBER NEWS

!!!HAPPY HEBREW BIRTHDAY!!!

Shula Ankri, EB Tron, Shmuel Ross, Sivi Eskin, Noam England, Koby Rosinsky, Yoni Frager, Leah Meister, Ze'ev Katz, Avi Sassoon, Sarah Sobel, Lena Tova Sackett, Reuven Chapman

!!!HAPPY ANNIVERSARY!!!

Yitzchak & Ariana Burk, Ari & Suri Schwartz

!!!BAR/BAT MITZVAH PARSHA ANNIVERSARY!!!

Shaya Hutman, Josh Steininger

!!!BAR/BAT MITZVAH COMING UP SOON(ish)!!!

Akiva Leichter (Lech Lecha)

Yahrzeit

Karen Lipman, for her mother, Georgette Mirsky,
שרה גיטל בת יעקב משה

Janine Chapman, for her father - Bernard Rosin
דב בער בן אליהו שמואל

Members: Please keep your profile updated in Shul Cloud so we can celebrate and commemorate all our important dates with you! (And occasionally save you from forgetting one!!)

It's time to talk about the
family caregiving crisis.



CAREGIVER
a love story

BridgingLife and Living Well @ The J present
Love and Struggle: The Family Caregiving Crisis
An Evening with Dr. Jessica Zitter
Tuesday, November 1 | 7 p.m.
Rosenbloom Owings Mills JCC | FREE

Are you caring for a loved one? Could you be a caregiver soon? Learn about this important multi-generational health topic with **Jessica Nutik Zitter, M.D., MPH**, a national advocate for quality end-of-life care.

- Watch Dr. Zitter's *Caregiver: A Love Story*, an award-winning documentary following one couple's experience during end-of-life care at home.
- Hear Dr. Zitter present on "Conquering the Caregiving Crisis"
- FREE Continuing Education Credits available

Join registered nurse **Chaya Lason** of BridgingLife and **Sherri Zaslav** of LifeBridge Health for this incredibly moving evening with Dr. Zitter.

How do we best advocate for our loved ones and ourselves? We should never feel alone in this situation. Instead, we should have access to real information along with caring, professional support while navigating the complexities of caregiving—whether financially, emotionally, medically or halachically.



Chaya Lason, RN



Sherri Zaslav

Visit bridginglifecare.org/caregiver to register for the FREE event. Contact Chaya or Sherri for more information at clasong@lifebridgehealth.org or szaslav@lifebridgehealth.org



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