SCHEDULE

שבת קדש

Mincha Erev Shabbos 4:36 PM

Friday Night Learning (w/Chulent) 7:30 PM

Shacharis—Followed by Kiddush 8:30 AM

Sof Zman K"S מ"א 9:13 גר"א 9:49

Mincha- Followed by Shalosh Seudos 4:35 PM

Maariv 5:46 PM

Sunday

Shacharis 8:30 AM

-Followed by Shiur

יורה דעה, חולין New Topics from

Mincha / Maariv

4:45 PM

Weekday Minyanim & Shiurim

Monday—Friday

Shacharis

Mon, Thurs 6:40 AM, 8:10 AM

Tues עשרה בטבת **6:30 AM, 8:10 AM**

Wed., Fri. 6:45 AM, 8:10 AM

Dirshu Halacha Program 7:30 AM

Mincha 12:45 PM

Open Beis Hamedrash 7:00 PM

Rabbeinu Yonah Shaar Rishon 9:30 PM

Nightly Maariv (Mon-Thur) 9:45 PM

Thursday Night Shiur by Rabbi Teichman **After Maariv**

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Kiddush

Did you forget to call and sponsor beforehand? We saved this space for you. Still available... (\$100)

Shalosh Seudos

This ones got your name on it. (\$50)

Donations Can Be Made For Any Occasion

עשרה בטבת

Tuesday 1/6

עשרה בטבת

Divrei Hisorerus

Fast Begins: 6:15am

Monday Evening 9:30

Schacharis: 6:30am & 8:10am

Are You In The H.O.C.?

The Ohel Moshe <u>Hachnassas Orchim Cooperative</u> helps ensure that any time a new person in the neighborhood shows up in our shul, they feel truly welcome and get a chance to make connections in the community.

Visit www.ohelmoshebaltimore.com and click on "The H.O.C."

For more information: Rabbi Zvi Teichman ravzt@hotmail.com 410-570-3333

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שבת קודש פרשת ויגש

ז' טבת

אהל משה



Rabbi Zvi Teichman

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Volume #73

RABBI'S MESSAGE

Happy Ending?!

The descent by יעקב אבינו and the שבטים in joining מצרים, is the beginning of the process of מעשה, exile. אבות סימן לבנים, There is a portent for the future of כלל ישראל, that in גלות we are destined to experience a constant challenge to our sense of self confidence of who we truly are and where are indeed headed. We will be unsure of ourselves and be tested to see how well we will avoid succumbing to anxiety and fear. Part and parcel with the ourselves, in the events that occur externally, lies an equal concealment of finding Him within us internally. That is the nature of the self doubt we experience on a personal level.

The brothers go through three stages of emotional turmoil. Upon discovering איסף, the פסוק states יינבהלו מפניוי, they were disconcerted before him, in a state of shock. איס observing their being startled and fearing they will descend to self recrimination and ultimately despair, appeals to them, אל תעצבו, do not worry, or be angry with yourselves. The process towards hopelessness begins with dismay which leads to anxiety and ultimately to unhealthy guilt and dejection. He appeals to them, יעתה אל תעצבו, and now do not worry, one can't let oneself be paralyzed by fear, an abiding faith in Hashem who directs all events so willed it for the eventual good, כו האלוקים לפניכם לפניכם; G-d has sent me ahead of you to save lives! Realizing the purpose in G-d's plan they played, helped them deal healthily with their misdeed. The emphasis on אלותה now, is instructive, the mistake must be dealt with in time, but it can not immobilize you, you must go forward. You can't wallow in despair.

Even without direct and obvious guidance from on high, we must nevertheless chart the waters of אמונה and all it's tributaries with אמונה and בטחון. We must be aware that even when we err we can not allow ourselves to be susceptible to the pitfalls of dismay, fear and recrimination. Hashem expects of us to continue our growth towards; perfection, without getting discouraged even when we are imperfect and make mistakes.

When we find ourselves imprisoned in our emotions we have to remember that אין חבוש מתיר עצמו מבית האסורים; a prisoner can not release himself from prison. There are times when we must reach out with courage and pride to our friends, Rabbeim and professionals seeking their assistance. We are all in the same boat traversing the mighty currents of גלות, and only by being attuned to one another and honest with ourselves, will we succeed in reaching the shores of גאולה, with the greatest and eternal "happy ending"!

באהבה, צבי טייכמן



We now offer catering!
Check out our delicious dairy and meat menus at www.jcc.org or call Josh 443-928-5404 for more information.



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The Vaad HaRabbonim - Rabbinical Council of Greater Baltimore

Urges everyone to join in a COMMUNITY—WIDE

TEFILLAH GATHERING FOR ERETZ YISROEL

Tuesday, January 6 at 7:30 p.m.
At Bnai Jacob Shaarei Zion

Melaveh Malkah For Women

A melaveh malka for women is being planned for motzei shabbos, January 24th.

If you would like to help with the planning please contact Elisheva Rabinowitz.

For more information please contact Elisheva at (410) 484-3909.