DAVENING TIMES

Mincha Erev Shabbos

7:00 PM

Shacharis

8:30 AM

Sof Zman K"S

9:48 מ"א 9:12 גר"א

Pirkei Avos Shiur

6:50 PM

Mincha

7:25 PM

Followed by Shalosh Seudos

Maariv

8:38 PM

Mincha Next Shabbos

7:00 PM

Weekly

Open Beis Hamedrash

9:00 PM

Shiur

£ 1

9:30 PM

Elul related topics followed by Maariv

Nightly Maariv

9:45 PM

Sunday Morning Shacharis

8:30 AM

Followed by a shiur and light breakfast

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Sunday Breakfast

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שבת קודש

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ל"א אלול

אהל משה



Rabbi Zvi Teichman

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Volume #7

RABBI'S MESSAGE

לך אמר לבי..... Following our hearts

Each day during אלול and continuing through שמיני עצרת we recite "לדוד...", פרק כזי once in the evening and after the blowing of the שמיני מצרת. This תפילה expresses our deepest yearnings to find ourselves under the protection of Hashem." שבתי בבית השם".

There is one intriguing פסוק that needs elucidation. We state לך אמר לבי בקשו פני את פניך הי אבקש. Loosely translated this means "to you our heart says, seek my presence, your presence, Hashem do I seek". This seems strange, awkward and presumptuous, as if we are asking Hashem to seek us out?!

Rashi interprets this פסוק very differently. אמר לבי; my heart speaks (to me), אמר לבי; my heart speaks (to me), את פניך הי אבקש פני; your presence Hashem I seek.

What דוד המלך is teaching us is that our "hearts" speak to us. Our instinctive desire to do what is right stems from Hashem sending us those messages via our hearts.

So often our instincts tells us to act and initiate מעשים טובים for the sake of Hashem yet equally often our "שכלי";our intellect, all in the name of practicality, deters us from carrying out our deepest and sincerest wishes.

We want to add time to our learning schedule and we convince ourselves we don't have the time. We want to do that special act of חסד and we delude ourselves that we aren't really capable or that it is not really necessary. We want to daven with a little more מונה and we fool ourselves into thinking it wouldn't make a difference. And so on.

ומל הי אלוקיך את לבבך ואת לבב זרעך [דברים ל,ו]; Hashem will circumcise your heart and the heart of your offspring. In this verse is embedded an allusion to the month of אלול.

is the month when our hearts speak to us more clearly and directly than during the rest of the year. Our hearts summon us to become ever closer to Hashem. Our hearts tell us we are capable, we are worthy, we are ready to make major changes and strides in our lives. We just have to follow our hearts and act accordingly with confidence and hope and not allow "חשבונות" to get in our way.

May we succeed in following our instincts in seeking Hashem in every moment and activity of our lives

May we merit to sense the שבתי בבית הי in everything we do.

בכל לבי ומכל הלב, צבי טייכמו

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THANK YOU

Rabbi Dani Kermaier and Akiya Shmidman

for all of their generous help with finishing touches on the men's section

Jeremy Staiman and Staiman Design for our brand new Aliyah cards

מזל טוב

Deena & Dr. Ben Jakob

on the birth of a Baby Boy

The Shalom Zachar will be at 6333 Green Meadow Parkway after 9:15 pm.

Shira and Shmuel Perlman

on the birth of a Baby Girl Devorah Mirell

Benyamin Insel and Rachael Jacobson

on their upcoming marriage